

Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

From the Principal:

Overland Jack Documentary:

THIS WEDNESDAY 19th August SOUTHERN CROSS IS AIRING 'OVERLAND JACK' AT 7:30 p.m.

Congratulations again to Rachel Williams and Damon Goody for their work in filming and producing the documentary. I really encourage as many parents and families in SHS to watch the documentary.

What is it specifically that you would celebrate and recognise about our catholic schools in Tasmania?

What is good, great and worthy of note?

What people in-particular this week should we recognise along with their impact on catholic education?

In a Mass attended by Grade 6 students from catholic schools in Launceston and representative students from St. Patrick's College, the Archbishop asked our students to do one small deed each day. Say a Hail Mary each day. Find time to devote 20 seconds at best to prayer.

Prayer appears to be a forgotten part of many of our lives. Everyday prayer I am talking about, not the prayer when you want something, there is serious illness of a loved one or you are really worried and stressed about something. A moment that you can find to be with your God. It doesn't have to be in the Church, it can be anywhere. The God I believe in, isn't precious if you are saying a prayer in the car, on the way to work, or in the bathroom. All that matters is that you want to pray and have a relationship in your faith.

We at home, not as regularly as we should, try to talk about 'God Moments' when having dinner of a night, where everyone shares those moments with each other. For me it is just as much about having everyone focus on the 'good bits' of the day not the ordinary ones. But it is also prayer!

As a school we need to improve, I think in providing a variety of prayer experiences to our students, even the prayer experiences our students may not naturally find as engaging as more popular options. Yes kids might prefer to find a song or youtube clip to then share as a prayer to start the day. Yes this is valid and important as it is important to them and their lives now. At the same time so is formal prayer, meditation, gratitude journals. What we want and what we need are not always the same thing. Being prayerful people is what is core to being catholic people.

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From the Principal:

This week Simon Wood and Helen Halley were recognised along with other staff in catholic schools in the North, South and North West for 25 years of service to catholic education in Tasmania. Other S.H.S. staff in previous years have been recognised for their service and commitment. We are blessed to have people who are prepared to give of themselves personally as well as professionally in the formation of your children into adults.



Catholic Education Week is a celebration of our history and our future, people who have been of great service and those that will be in the future, of our children and young adults from Kinder to Year 12. It is all about what is right and working, not what is wrong and needing fixing.

Formation and Communication

Families who have applied for Kindergarten 2016 classes in Catholic Schools in Launceston have received letters of where they will be offered a place for next year. There has been some anxiety and nervousness in waiting for this. Families with students in Grade 7 at St. Patrick's are currently having to make decisions about subject and curriculum choices for Grade 8. There is already some thought about future career choice and what subjects might need to be considered.

Parenting a child starting school to parenting a child around subject choices in Grade 8 requires different approaches. If we don't change our approach then we can't support our children in the best way possible.

The same applies to schools. How we approach students and their needs in Kindergarten or Prep will vary from Grade 4 or even our upper primary classes.

At S.H.S. we are focused on supporting our children to be ready for High School. For us this means that from Grade 4 on we place more responsibility on the students to think carefully and reflect on their actions, to organise themselves more independently and just as importantly build trusting and open relationships with their parents about how school is going.

Parents who have experienced Year 7 and High School know the high levels of communication and engagement that our school offers compared to a High School setting. It is not a criticism, it is a reality of the different age of students and the different model that High School is. I have personally been reminded how important the relationship is between your child and you as a parent.

As a parent knowing what is actually happening in the school and how your child is coping will come down primarily to how open and trusting the relationship is with your child. You cannot get the same access and immediate access that you do in a primary school.

Our approach with students in Grade 4 onwards is to ask them to sometimes speak with home before we contact you. We may sometimes not contact parents about very small issues in these grades initially compared to what we would do in younger grades. The students at times need to be left to try and find solutions to situations a little longer than we would for students in younger grades. Parents cannot be there as easily for their children or in the same ways for their children, once they are in High School.

Whether we like it or not, we have to be what our students need and what they need us to be as they get older. It is harder for us to let go and we do not want parents to be less supportive or less engaged, however how this is done has to evolve and grow, as our children evolve and grow too.

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From the Principal:

LIBRARY

As we started this year we haven't had a set timetable in place for the use of the library. We were expecting the building program to start sooner and with some other reasons left the visits more informally to teachers to organise. With our building program confirmed not to start this year we will have a more set timetable for accessing and using our library for the remainder of the year.

BIRTH - 4 PROGRAM

We have offered Kinder placements for 2016 and would like to provide the afternoon sessions for 3-4 year old children to support them in their transition into next year. Existing families it would be good if you could also start attending some of these sessions as it is a great chance to have your child get to know new children and families to the school next year.

DEFIBRILLATOR

The Defibrillator purchased by the P & F has arrived. We are in the process of registering and organising with St. John Ambulance training for up to 10 staff. We are choosing staff who are not on a class e.g. office staff, leadership staff and some ancillary staff.



Last weeks assembly, medals were presented to the Gr 3 Girls, Gr 3 Boys, Gr 4 Girls and Gr 5 boys teams event from the All Schools Cross Country

WORKING WITH CHILDREN CHECKS

****THIS IS IN ADDITION TO THE POLICE CHECK THAT HAS PREVIOUSLY BE REQUIRED****

The feedback from parents who have completed the process is that it is quite quick to complete. It is more just a matter of getting into Service Tasmania to process the application. As stated in many of the newsletters it is important to have this addressed if wanting to coach teams in basketball in October.

How to apply for a WWCC and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

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Book Week 2015 22nd-28th August

Buddy book reading Wednesday 26th August

Everybody brings in their favourite book.
Buddy book reading in the Presentation Hall at 2pm

Books Light Up your world display Wednesday 26th - Friday 28th

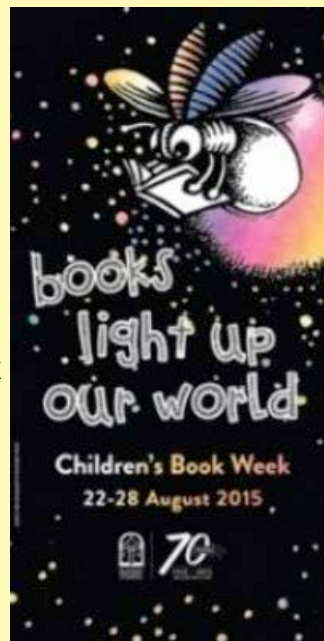
Book week displays in each classroom

Display in Foyer

Mrs McIntee is preparing a cool display for the office foyer area for book week
Please call in and have a look!

Great Book Swap Wednesday 26th - 11.30am - 1.30pm

Bring a Book
Bring a Gold Coin and swap your book for another
Money raised will go to the Indigenous Literacy Foundation



What's coming up at Birth - 4?

National Science Week at the Museum AND Book Week....



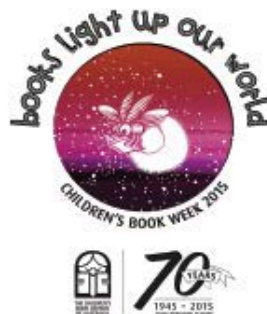
National Science Week

For Science week (Tuesday 18th August) we are meeting at the Museum to spark those little ones imaginations in the Science Week playzone. Meeting time will be either **10:00** or **12:15** in the Museum foyer. **NOTE** change of usual times.

Bring a small snack & a drink bottle.

Please RSVP with your chosen time directly at Birth - 4 or to Beth via email

beth.rickerby@catholic.tas.edu.au



Children's Book Week

Come along in your PJ's with a torch, blanket, teddy & your favourite book (we will also have some torches & blankets). We will be snuggling in reading our books by torchlight & enjoying a cup of milo! Tuesday 25th August in Kinder Nas classroom

*All welcome - if you know of a little one who may love to experience the Birth - 4 program at Sacred Heart please invite them along.

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From the Principal:

~ August 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
16th	17th	18th Gr 3/4 Basketball Trials 3.10 Art club	19th Gr 5/6 Basketball Trials	20th 10am Strings program 1.30pm Band program	21st 2.15pm Assembly	22nd
23rd	24th Book Week - Books Light Up Our World	25th 7.30pm P & F Meeting	26th	27th 10am Strings program 1.30pm Band program Gr.3 Excursion to Planetarium	28th 2.15pm Assembly 5pm Rock'n'Roll Night	29th

"Basketball Trials"

Grade 3/4 - Tuesday 18th August

Grade 5/6 - Wednesday 19th August

Please note children participating in the basketball trials can wear their P.E gear all day



Emergency Practise

We will soon hold an unannounced emergency practise with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation).

Like for fire evacuation drills, we recognised the worth to test this process.

We have plans in place to make this practice as least disruptive to students as able.

If you have queries you are welcome to call our Safety Officer Simon Natoli on 0400 105 476

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Monday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

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Thursday Lunchtime

A Science Club will be starting this Thursday at lunch time in the Cellar for those children interested in the subject. We should have lots of fun conducting educational experiments and hopefully this will help foster enjoyment as well as a spirit of enquiry. Children will be reminded not to conduct these experiments at home without parental supervision. In the interests of safety it would be appreciated if parents could also stress this point with children.

Kind regards,
Tony Claessens

Grade 5 and 6 Tuesday Book Club

2015

THE LAST THIRTEEN

James Phelan



The next meeting is
Tuesday 25th August
3.15pm - 4.30pm.

Move Well Eat Well



Healthy food *FAST!*

Quick meals for your family:

- Pizza with less meat and more vegetables 
- Pasta with tomato based sauce
- BBQ chicken and vegetables 
- Grilled fish and salad 
- Lean meat or vegetable burger with salad
- Jacket potato with vegetables in the topping

Enjoy a cold glass of water with meals.

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

Move Well Eat Well



Beware of food advertising

Many TV ads promote 'occasional' food and drinks that are high in salt, fat and sugar.

What families can do:

- Limit your child's TV viewing to less than 2 hours each day.
- Talk to your child about why food advertisements are made.
- Discuss why you are choosing not to buy the foods or drinks advertised.
- Discuss some 'everyday' foods that are better choices than the 'occasional' foods seen on TV.



For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

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The Spirit of Jesus is Alive in:

Prep Hills	Molly Dick For great work in maths this week	Daisy Johnston For great thinking in maths this week
Grade 1 Crawford	Alice Fox For fantastic narrative writing	Hamish Gardner For being resilient when things don't go his way
Grade 1 Underlin	Amber Hill For awesome writing	Oliver Woolley For making great choices
Grade 2 Reid	Molly Ross For being a consistently polite and helpful class member	Elen Johnson For a great first week at Sacred Heart . Welcome to our school!
Grade 2 van Ryn	Olivia Worley For a great effort with her mystery narrative	Matthew Williams For making good decisions in the classroom
Grade 3 Hood	Asha Lowe For making good connections in her maths	Oliver Baldock For working well in maths extension groups
Grade 3 Symons	Charlotte Cox For excellent report writing this week	Oliver Hughes For always trying his best
Grade 4 Wood	Corey Guiver For your excellent report on Falcons	Nickolai Miller For your great report on Frogs
Grade 4 Hegarty	Ruby Howe For your hard work in maths	Cayley Quill For always being a kind and helpful class member
Grade 5 McLeod	Ben Armour For consistent, outstanding learning choices	Grace Wesley For always being determined, trying her best and being a terrific contributor to our class
Grade 5 Viney/Sydes	Georgia Hoyland For the application and effort she gives to everything she does	Aidan Krushka For presenting a great class prayer session and being on top of all tasks this week
Grade 6 Davie	Kate McLeod For the attention to detail, extensive vocabulary and imaginative ideas in her descriptive writing	Matthew Saunders For his carefully planned descriptive writing, using excellent vocabulary
Grade 6 Claessens	Jack Ross For showing a very good attitude and application to his work	Kara Hennessy For taking pride in a job well done and always giving her best

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Exciting news and back due to popular demand is the



Market on the Green
Sunday 15th November
On the School Oval from 12 noon.

Parents and Friends Assoc are pleased to be holding this successful event again for 2015 and say thank you to those parents who expressed interest to assist with the planning.

Stall bookings are now available at \$25.00 per trestle table or \$15.00 if you supply your own trestle table. To secure your booking contact Tracy on 0419 568 598 or email shsl.pnf@catholic.tas.edu.au

For further information contact Rebecca on 0418 721 952.

A Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.



An Invitation for the whole Family

Come and join the fun at the ever popular

ROCK AND ROLL NIGHT

Do the Macarena or get your Grease Lightening moves going.

Friday 28th August

Doors open 5.45pm

6.00pm-8.00pm

St Ailbes Hall

\$10.00 per family

BYO Takeaway Tea/Snacks and Drinks

Your child/ren have been practising their dance moves for weeks and are ready to ROCK the night away with Mr Nas's great music.

Parent/Guardian supervision is essential, not the responsibility of staff or P &F.

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- 1. Shop at Woolworths and get 1 Earn & Learn sticker for every \$10.00 spent**
- 2. Stick them on the Woolworths Earn & Learn Sheet**
- 3. Once the sheet is full put it in the collection box at the School office**



Changes to Fare Structure

METRO is planning to make changes to our fare structure from **1 October 2015**. Greencards are cheaper, easier, and help us run more efficient services so we are:

- making **standard daily caps** even lower
- discontinuing Day Tripper and Day Rover all-day tickets
- ceasing 90-minute transfers on cash tickets

With free Greencards between 2 August and 30 September 2015, low **daily caps** and discounted fares, there's never been a better time to get on-board.

For more information on these changes get in touch with our customer service team by emailing correspondence@metrotas.com.au or calling **13 22 01**.

Change is always challenging, and we want to ensure that Metro's considerable customer-base of travellers is well informed and understands how these changes can benefit them!

Getting a Greencard is easy and we'll make it even easier as we bring in these changes by waiving the \$5 issue fee for a new card between 2 August and 30 September 2015. We will also remove the \$5 minimum top up when recharging your Greencard.

Apply for your **FREE** Greencard online at metrotas.com.au, or in person at a **Metro** Shop or depot. Other Greencard agents can only issue unregistered Adult cards, however they can provide information and application forms for other card types. We can even send you out an application form when you call us on **13 22 01**. Keep an eye on our website for details of when the **Metro** team will be in your area to distribute Greencards.

We're all short on time and the Greencard makes it easier and quicker to board a bus – you won't need to worry about finding the right change, demonstrating a concession, or knowing which kind of ticket to ask for. Greencard also saves you 20% on any fare, any time, as well as capping the amount your travel will cost each day.

Once you've got your free Greencard, you can easily top up your credit:

- At a Greencard agent (using cash, credit card or EFTPOS)
- On a bus (giving cash to the driver)
- Online (using your credit card) – for registered Greencard holders only
- On the **Metro Tas App** (free download from the App Store for iOS users).

Effective
1 October 2015



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Hook in2 Hockey 2015

Hook in2 Hockey

When: Friday 28th August – 18th September

Where: St Leonards Hockey Centre, St Leonards

Time: 4.30pm – 5.30pm

Cost: \$30 for four week program

- Suitable for children age 5 -12 years
- Learn the hockey skills, play modified games and have fun.
- Sticks and shin pads available

For more information and to register, please contact:

helen@hockeytasmania.com.au

or Helen Partridge 0448 808 985

LAUNCESTON MUSICAL SOCIETY
presents

LEGALLY BLONDE

The Musical

Music and Lyrics by
Laurence O'Keefe and Nell Benjamin

Book by
Heather Hach

Based on the novel by Amanda Brown
and the Metro-Goldwyn-Mayer motion picture

2-5 SEPTEMBER

PRINCESS THEATRE

Bookings 6323 3666 or theatrenorth.com.au

By arrangement with Hal Leonard Australia Pty Ltd. Exclusive agent for Music Theatre International (NY)

LAUNCESTON Absolute Beauty THE HERALD ALBAZARD BENDIGO BANK Circa41 stukeshealth EXAMINER

LAUNCESTON YOUTH THEATRE ENSEMBLE

proudly present

THE LION, THE WITCH AND THE WARDROBE

LYTE's 2015 Senior Company are proud to present *The Lion, The Witch and The Wardrobe*.

The Lion, The Witch and The Wardrobe is a magical tale that has enchanted generations of children. Epic in story, design and performance, Launceston Youth Theatre Ensemble are thrilled to be lifting this masterful work from the page to the stage. Performances on August 20, 21 & 22 @ The Earl Arts Centre. Bookings at www.trybooking.com/149150

LYTE is also now taking new enrolments for our Senior Company. If you'd like to be part of this extraordinary ensemble of young performers please contact LYTE today.

Contact:

Jane Johnson

P> 0402 634 820

E> 0janejohnson@gmail.com

VV> lyte.virb.com

FB> Launceston Youth Theatre Ensemble