

Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

From the Principal:

BeAttitudes: **Be Humble**

'Go forward and share God's gift of love to make our world a better place'

God loves you absolutely as you are.

At Sacred Heart we love each other as God loves us.

To love and be loved allows all of us to flourish and become the best people that we can be; in ourselves, in our relationships, and in our learning.

SHS Vision and Mission Statements

A little boy plays a chasing game with friends in the playground. The boy in the past has annoyed his peers, been too easily upset and complained about others not 'being fair'. He is not one of the popular group and therefore his 'voice' is rarely heard when disputes come up. The group now find opportunities to annoy the boy each time he plays. New people to the game, not knowing how this started, still join in with the low level teasing. The young boy is now crying at home and just wishes it would all stop!

A group of girls play downball. The group find one girl hard to get along with. The girl has 'dobbed' on one of the girls to their teacher in the past but hasn't done it since. The young girl speaks up when she sees things as unfair and doesn't always accept what the others say. The group have worked with their class teacher to 'move on' starting anew, this term. The young girl's mistakes have not been forgotten and any time there is an umpiring decision needed, the others vote against her. The young girl is now becoming really anxious at home, not sleeping and has wet the bed regularly in the last week.

While these two scenarios are made up, they would and do happen in any school, in the past, present and into the future. In the Gospel of Luke Jesus is quoted as saying: *"Give to everyone who asks of you, and whoever takes away what is yours, do not demand it back. Treat others the same way you want them to treat you."*

We are all familiar with the idea of treating others how we want to be treated. Our Vision and Mission Statements as written above clearly and explicitly name what we should do and expect of ourselves in addressing these two scenarios. As members of SHS Community: paid employees, parents who choose to send their children to S.H.S. and the children themselves all commit to live the Vision and Mission out. This is part of the 'gig' in choosing to be part of the community.

Sacred Heart School Newsletter

From the Principal:

Imagine if you are the parent of the girl or boy in the examples above. Imagine if my reply to you when raising your concerns was:

'.. well what does your daughter expect when she dobs on her friends!'

OR

' Well this is what your son gets by complaining all the time when things don't go his way!'

My career as a Principal would be very short lived and rightly so! I would be not living out the Vision and Mission statements. We accept what behaviours led to this situation, however, more importantly, knowing the stress the boy or girl is under, all must take responsibility to fix it going forward.

Imagine, if then, I had started this article not with the two hypotheticals but rather with the words **ADAM GOODES?**

I am confident now, that the responses would not be as unanimous, supportive or as clear. I am not writing to take a side, share my view or make comment. Rather, as people we can often take very opposing views and stances on issues depending on where we sit in the situation or how it suits us at the time. It is always easier to expect responsibility from others in respecting our rights than it is to take responsibility ourselves for what we can do. This applies to all aspects of any scenario. Our response as parents to our child can be different depending on whether our child is the 'victim' or the 'perpetrator'. Our response should always be doing what is right or fair not what our child would always like us to do, however, it is easier to be the popular parent than the parent doing the right thing for their child!

**Imagine if the adults of the world expected of ourselves what we expect of kids and schools?
Our world would be an easier place to navigate through day to day for sure!**

FAMILY LIFE NIGHTS

For the families that attended the Evening sessions I hope that they provided a starting point or doorway into conversations with your child about their development into adulthood. The sessions in class also provided a chance for students to understand and know what is happening and is going to happen as they move from childhood to adolescence to adulthood. We offer these sessions every second year hence why we structure them in the 1 /2, 3 /4 and 5 /6 grade levels.



Sacred Heart School Newsletter

From the Principal:

CURRENT PLAYGROUND OPPORTUNITIES

- Our Loose parts trailer set up at the back of grade 6 is proving very popular for students to use and be 'creative'.
- Mr. vanRyn is starting a Coding Club one lunchtime a week, helping students learning to code - computer program games etc. Students sign up for a period of time and need to complete some set units and challenges to 'Graduate' from the club.
- Mr. Claessens is offering Science Club once a week during lunchtimes, where students can be part of safe, supervised but exciting science experiments.
- In all of these clubs we will work through giving all children opportunities if interested across each term but cannot always accommodate all interested students at once.

LIBRARY

As we started this year we haven't had a set timetable in place for the use of the library. We were expecting the building program to start sooner and with some other reasons left the visits more informally to teachers to organise. With our building program confirmed not to start this year we will have a more set timetable for accessing and using our library for the remainder of the year.

DEFIBRILLATOR

The Parents and Friends association has purchased a Defibrillator that will be kept on school premises and be registered so that the wider community knows that if needed there is a defibrillator on site if a serious need arises to use it and they are near the school. St. John's ambulance, in coming weeks, will train up a few of our staff to be able to use the device. The Defibrillator that has been purchased has recorded voice that instructs you what to do and will tell you if you have not done what is needed correctly.

I.C.T EXPECTATIONS

A letter has been sent home as a reminder around expectations of using School iPads in the home setting. Parents and children signed an agreement on how the school device should be used and in the letter it gives some key messages to remind parents what is expected.

The school has high expectations with how they should be used and we need parents and children to support these consistently to help develop cyber safe behaviours and attitudes in our students before they enter High School.

If children are not following these expectations please let us know and they will not be able to use the school property (iPad) for a period of time.



BIRTH - 4 PROGRAM

In coming weeks the B-4 program will focus the afternoon sessions on 3-4 year olds. **We will, by then, have offered Kinder placements for 2016 and would like to provide the afternoon sessions for 3-4 year old children.**

STUDENT/PARENT/TEACHER

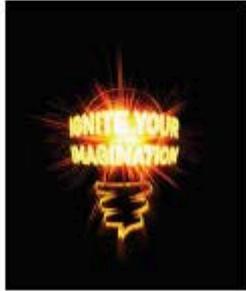
INTERVIEWS

I hope that families have taken up the opportunity to meet with teachers, including specialist and co-teachers to keep you involved and informed in the learning journey of your children.

Sacred Heart School Newsletter

What's coming up at Birth - 4?

National Science Week at the Museum AND Book Week....



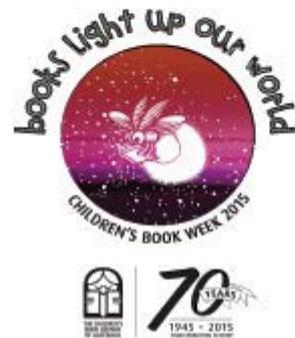
National Science Week

For Science week (Tuesday 18th August) we are meeting at the Museum to spark those little ones imaginations in the Science Week playzone. Meeting time will be either **10:00** or **12:15** in the Museum foyer. **NOTE** change of usual times.

Bring a small snack & a drink bottle.

Please RSVP with your chosen time directly at Birth - 4 or to Beth via email

beth.rickerby@catholic.tas.edu.au



Children's Book Week

Come along in your PJ's with a torch, blanket, teddy & your favourite book (we will also have some torches & blankets). We will be snuggling in reading our books by torchlight & enjoying a cup of milo! Tuesday 25th August in Kinder Nas classroom

*All welcome - if you know of a little one who may love to experience the Birth - 4 program at Sacred Heart please invite them along.

WORKING WITH CHILDREN CHECKS

The feedback from parents who have completed the process is that it is quite quick to complete. It is more just a matter of getting into Service Tasmania to process the application. As stated in many of the newsletters it is important to have this addressed if wanting to coach teams in basketball in October.

How to apply for a WWCC and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Sacred Heart School Newsletter

From the Principal:

~ August 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
9th	10th	11th 6.30pm Board Meeting	12th	13th 10am Strings program 1.30pm Band program	14th 2.15pm Assembly	15th
16th	17th	18th Gr 3/4 Basketball Trials 3.10 Art club	19th Gr 5/6 Basketball Trials	20th 10am Strings program 1.30pm Band program	21st 2.15pm Assembly	22nd

BASKETBALL TOURNAMENT FORMS TO BE RETURNED BY TUESDAY 11TH AUGUST

SCHOOL BANKING

Reminder - School Banking every Thursday

Interest is now payable on CDF bank accounts, please send your child's bankbook in next Thursday if you wish to have it updated



CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Monday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

Sacred Heart School Newsletter



Thursday Lunchtime

A Science Club will be starting this Thursday at lunch time in the Cellar for those children interested in the subject. We should have lots of fun conducting educational experiments and hopefully this will help foster enjoyment as well as a spirit of enquiry. Children will be reminded not to conduct these experiments at home without parental supervision. In the interests of safety it would be appreciated if parents could also stress this point with children.

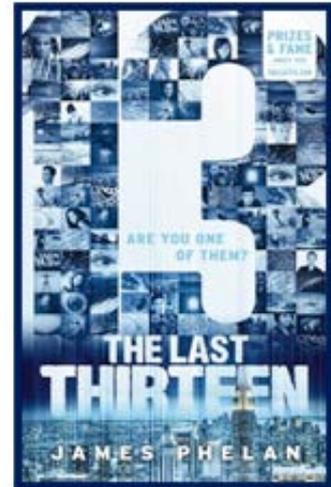
Kind regards,
Tony Claessens

Grade 5 and 6
Tuesday Book Club

2015

THE LAST THIRTEEN

James Phelan



The next meeting is
Tuesday 25th August
3.15pm - 4.30pm.

Move Well Eat Well 

Healthy food FAST! **LIMIT OCCASIONAL FOODS**

Quick meals for your family:

- Pizza with less meat and more vegetables 
- Pasta with tomato based sauce
- BBQ chicken and vegetables 
- Grilled fish and salad 
- Lean meat or vegetable burger with salad
- Jacket potato with vegetables in the topping

Enjoy a cold glass of water with meals.

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleatwell.tas.gov.au

2014
Department of Health and Human Services
Population Health Services
Tasmanian Government

Move Well Eat Well 

Beware of food advertising **LIMIT OCCASIONAL FOODS**

Many TV ads promote 'occasional' food and drinks that are high in salt, fat and sugar.

What families can do:

- Limit your child's TV viewing to less than 2 hours each day.
- Talk to your child about why food advertisements are made.
- Discuss why you are choosing not to buy the foods or drinks advertised.
- Discuss some 'everyday' foods that are better choices than the 'occasional' foods seen on TV.

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleatwell.tas.gov.au

2014
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The Spirit of Jesus is Alive in:

Prep Hills	Jordan Baker-Law For being a kind and caring friend	Giarna Acquarola For great thinking and contribution to discovery time
Prep Best	Grace Martin For great thinking and recording in mathematics	Thomas Tanton For amazing effort and progress with his writing
Grade 1 Crawford	Elizabeth Hoyland For excellent work across all areas of school	Lucas Mineall For always making good choices
Grade 1 Underlin	Jasmine Graham For her excellent work ethic	Tyler Scolyer For his awesome work in Maths
Grade 2 Reid	Chinalle Miller For excellent note taking and poster about apples	Layla Brown For a fantastic attitude towards learning and always ready to help others
Grade 2 van Ryn	Tanishka Shukla For being a good helper	Lucy Van Zetten For great work in Literacy
Grade 3 Hood	Noah McCullagh For your improvement in story writing	Will Saunders For your care and application to your handwriting
Grade 3 Symons	Dillan Norton For remembering the Beatitudes and being humble	Claudia Kirk For using great strategies in Maths
Grade 4 Wood	Brady Meek For your outstanding work ethic Sam Carins For being a consistently polite & helpful class member	Liliana Ercole For your outstanding work ethic Isabel Steven For excellent work and very polite class member
Grade 4 Hegarty	Evan Pereira For your excellent Maths skills	Sienna Foster For always completing the set homework tasks
Grade 5 McLeod	Joseph Mineall For improved effort and attitude to complete tasks to the best of his ability within a timeframe	Lucie Slevac For an outstanding effort to confidently present a report on a social justice crusader
Grade 5 Viney/Sydes	Kalani Ciantar For always striving to exceed her own and our expectations	Reece Crocket For his enthusiastic attitude towards his learning
Grade 6 Davie	James Culpeper For his improvement with his time management	Billee Hannah For his kind thoughtful nature. A WEST person!
Grade 6 Claessens	Lochlan Norton For applying himself well and always being friendly, caring and considerate toward others	Jackson Armour For listening to advice and giving his work his best shot

Sacred Heart School Newsletter



- 1. Shop at Woolworths and get 1 Earn & Learn sticker for every \$10.00 spent**
- 2. Stick them on the Woolworths Earn & Learn Sheet**
- 3. Once the sheet is full put it in the collection box at the School office**



Changes to Fare Structure

METRO is planning to make changes to our fare structure from **1 October 2015**. Greencards are cheaper, easier, and help us run more efficient services so we are:

- making **standard daily caps** even lower
- discontinuing Day Tripper and Day Rover all-day tickets
- ceasing 90-minute transfers on cash tickets

With free Greencards between 2 August and 30 September 2015, low **daily caps** and discounted fares, there's never been a better time to get on-board.

For more information on these changes get in touch with our customer service team by emailing correspondence@metrotas.com.au or calling **13 22 01**.

Change is always challenging, and we want to ensure that Metro's considerable customer-base of travellers is well informed and understands how these changes can benefit them!

Getting a Greencard is easy and we'll make it even easier as we bring in these changes by waiving the \$5 issue fee for a new card between 2 August and 30 September 2015. We will also remove the \$5 minimum top up when recharging your Greencard.

Apply for your **FREE** Greencard online at metrotas.com.au, or in person at a **Metro** Shop or depot. Other Greencard agents can only issue unregistered Adult cards, however they can provide information and application forms for other card types. We can even send you out an application form when you call us on **13 22 01**. Keep an eye on our website for details of when the **Metro** team will be in your area to distribute Greencards.

We're all short on time and the Greencard makes it easier and quicker to board a bus – you won't need to worry about finding the right change, demonstrating a concession, or knowing which kind of ticket to ask for. Greencard also saves you 20% on any fare, any time, as well as capping the amount your travel will cost each day.

Once you've got your free Greencard, you can easily top up your credit:

- At a Greencard agent (using cash, credit card or EFTPOS)
- On a bus (giving cash to the driver)
- Online (using your credit card) – for registered Greencard holders only
- On the **Metro Tas App** (free download from the App Store for iOS users).

Effective
1 October 2015

