23RD JULY 2015 "BE-ATTITUDES" (THE BEATITUDES) 1873-2015 OUR 142ND YEAR

# **Sacred Heart School Newsletter**



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Please visit our website for more detailed information, video and photo galleries of our school: <a href="https://www.sacredheartl.tas.edu.au">www.sacredheartl.tas.edu.au</a>

OUR P.B.S. VALUES ARE:
Respect for Ourselves
Respect for Others
Respect for our Learning

## From the Principal:

BeAttitudes: Be Humble

'Being negative only makes the journey more difficult.

You may be given a cactus it doesn't mean you have to sit on it!'

anon

A new term brings renewed energy and optimism. We are closer to Spring than Winter, the days will continue to get longer and in a little under 10 weeks our students can be wearing summer uniform again. It is a chance for all of us to make renewed efforts to be our 'best self'.

There is no better teaching or learning our students can get than from their parents and teachers living out the motto 'expect of ourselves what we expect of our children.' Below is one of the many 'life lessons' you can find across social media. Even if we all made the effort to focus on improving with one of the 12, it would make a genuine difference to our happiness and the happiness of those around us. I am focusing on numbers 8-12.

#### 12 things to start doing:

- 1. show respect and kindness to all people
- 2. give people you don't know a fair chance
- 3. accept people the way they are
- 4. do little things for others everyday
- 5. pay attention to who your real friends are
- 6. stay in touch with people that matter to you
- 7. keep your promises and tell the truth
- 8. say what you mean and mean what you say
- 9. allow others to make their own decisions
- 10. talk a little less and listen a little more
- 11. leave petty arguments and opinions and comments alone
- 12. ignore un-constructive and hurtful commentary alone

# From the Principal:

#### **THANKS**

- Thanks to Mrs. Reid who organised our NAIDOC Week activities towards the end of last term. Thanks to
  our students who, as they usually do, entered into the experiences with reverence, respect and a sense of
  welcome.
- Thanks to Owen Milbourne and his team at Paving & Retaining Solutions. They provided support to SHS
  during the school holidays while we were without a Utility Officer. They helped maintain the school and
  addressed several jobs that were needed.

# Paving & Retaining Solutions for all your paving, landscaping and gardening requirements phone Owen on 0417 331 512

### **WELCOME**

Welcome to Mr. Phil Illingworth who started in the Utility Officer Position this week. We welcome Phil to the staff of S.H.S. and we look forward to Phil, through this role enhancing the appearance, maintenance and grounds of our school over time.

## GR. 5 VINEY/SYDES TERM 4

It is with mixed emotions that I inform you that Mrs. Linda Sydes and her family will be relocating to Queensland at the end of this term. The move is for family reasons and the benefits that a warmer climate will bring for the children and their wellbeing.

There will be opportunities later in the term to offer farewells however I wanted to take this opportunity to thank Linda for her commitment to our school as a staff member and to the Sydes family for their engagement and support as part of the wider S.H.S. Community.

### TERM 3 FOCUS AND KEY EVENTS

- Supporting our new Utility Officer to transition into a new role.
- Have our Homework Survey ready to share with students, parents and staff to complete to help us gather valuable information on our approach to homework as it stands now and how it can look going forward.
- Celebrations of Catholic Education Week, Book Week and our SHS Athletics Carnival.
- Family Life Nights for students in Grades 1- 6 who come along to sessions run by Centacare, with their parents to greater understand our sexuality and what is happening and will happen as we grow physically.
- Mid year conversations with staff. Each year I meet with each staff member to identify plans for the following year, their celebrations and areas of development.

### **CORK TREE**

As parents may be aware our Cork Tree between Grade 6 and Toilet block has been around for a significant period of time and is iconic in association with our school and the view. Our system conducts regular checks of trees and grounds and during holidays a thorough checkup was given.

The prognosis was far from positive for the cork tree. You will notice it has been given a prune as some of the branches were a WHS issue in terms of risk of falling or dropping. We are currently investigating what else we can do to support maintaining the cork tree, with this Spring being a critical period of time.

# From the Principal:

# STUDENT/PARENT/TEACHER INTERVIEWS

Dates for Student/Parent/Teacher Interviews are next week from Tuesday 28th - Thursday 30th July. If you are wanting to meet with specialist teachers or co teachers have we have organised them to be available on the Wednesday night.

### **FAMILY LIFE NIGHTS**

These nights are a valuable opportunity to have Centacare, with trained facilitators provide information to parents and students (age appropriate) around their sexuality and the changes they are and will experience in moving into adulthood. These sessions really help open up the opportunity for conversation between parents and children, as much as we may prefer to avoid the topic, they really are worthwhile attending.

#### **Dates and Times:**

Monday 3rd Aug Grade 5/6 - 6:30pm in our Library Tuesday 4th Aug Grade 3/4 - 6:30pm in our Library Wednesday 5th Aug Grade 1/2 - 6:30pm in our Library

## **CLASS REQUESTS 2016**

The last two newsletters have highlighted that, as of this year, we won't be going through the same process as in the past in allocating students, and as a result, will not be offering opportunities for parent requests as has been the case in the past. If you need more information please access our webpage for the last two newsletters.

### MESSAGES TO STUDENTS AND CATCHING BUSES

Please, if you need to get an Urgent Message to your child ring the office. If messages can be rung through before 2:00pm this is most helpful. On a Friday, we have an assembly at 2:00pm and office staff may not be able to get to your child or their teacher to pass on any messages. Especially for our younger students who catch buses, a suggestion has been made to us, that parents write an emergency mobile number onto their child's metro card so if needed contact can be made with the parent easily. It is a good idea to have conversations with your child/children around what to do if they are unsure about how to get home, where to go or if something does not feel right to them. Having these conversations regularly helps to build resilience in our children.

#### STAGE 2 BUILDING PROGRAM

Updating parents around our Stage 2 Building Program, which involves refurbishing the Grade 3/4 building and connecting the Library and P-2 building to the 3/4 building allowing pedestrian access. The program is over one million dollars, having allocated a similar amount to the P-2 building.

While there has been no definite confirmation, it is looking an increasing possibility that we may not start building/renovating the building in this school year.

The Prep classrooms have also had some challenges around dampness to the walls closest to Bourke Street, with the underground run off of water down the hill. Having tried several options, it is looking like we will need to do some extensive work to address the problem during the January holidays coming up. More information will be shared once finalised.

### **CAN DRIVE**

We have participated in previous years and the donation of canned goods go to very needy people within our community. The Can Drive this year has the added incentive of Launceston Aquatic Centre passes given out to classes who do a great job donating the canned goods.

#### Can Drive finishes this week.



## SHS UMBRELLA'S

Orders will be made in the next week so please if interested in purchasing a SHS Umbrella place your order with our office. They will cost \$30 which would cover cost, freight etc.



### **WORKING WITH CHILDREN CHECKS**

The feedback from parents who have completed the process is that it is quite quick to complete. It is more just a matter of getting into Service Tasmania to process the application. As stated in many of the newsletters it is important to have this addressed if wanting to coach teams in basketball in October.

### How to apply for a WWCC and Number

- 1. Complete the online application form <a href="https://www.justice.tas.gov.au/working\_with\_children">www.justice.tas.gov.au/working\_with\_children</a>
- 2. Print the "Application Receipt" which is generated when the application has been completed in full
- Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

# Mini Vinnie's

#### Winter Warmers

This term we would like students to bring in old clothes, blankets and non-perishable food items. The students can leave their items in their classes and the Vinnie's team will come and collect them. Thank you for helping to make a homeless person a little more comfy this winter





From The Mini Vinnie's team

# From the Principal:

## Assembly 2pm Term 3 & 4:

With Grade 5 /6 Friday Sport finished for this year, we now have our Assembly at 2pm on a Friday starting tomorrow.

~ July 2015								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
26th		3.15pm Bookclub 7.30pm P & F		30th 10am Strings program		1/8		
		Meeting Paren	nt /Student /Teacher	1.30pm Band program meetings				

~ August 2015								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
2nd	3rd	4th	5th	6th	7th	8th		
	6.30pm Centacare Family Life Parent / Child	Family Life Parent / Child		10am Strings program 1.30pm Band program	2.15pm Assembly			
9th	10th	11th	12th	13th	14th	15th		
		6.30pm Board Meeting		10am Strings program	2.15pm Assembly			
				1.30pm Band program				

## **CATHOLIC SCHOOLS 2015**

**TERM 1** Thursday 5.2.15 to Thursday 2.4.15

**TERM 2** Monday 20.4.15 to Friday 3.7.15

**TERM 3** Monday 20.7.15 to Friday 25.9.15

**TERM 4** Monday 12.10.15 to Wednesday 16.12.15

### **CATHOLIC SCHOOLS 2016**

**TERM 1** Thursday 4.2.16 to Friday 8.4.16

**TERM 2** Monday 26.4.16 to Friday 1.7.16

**TERM 3** Monday 18.7.16 to Friday 23.9.16

**TERM 4** Monday 10.10.16 to Thursday15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: <a href="https://www.facebook.com/sacredheartl">www.facebook.com/sacredheartl</a>
Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

## PARENT/STUDENT/TEACHER NIGHTS

Tuesday 28th, Wednesday 29th and Thursday 30th July

In a follow up to our Term 2 School Reports, we are conducting Parent Student Teacher Nights next week.

We think it is really important to catch up with all families to discuss each student's progress.

Thank you to all families who have returned their booking forms.

If you have returned your sheet, your child should have brought home a confirmation of your booking time.

If this has not occurred please check with your child's teacher.

If you have not yet returned your form please do so as so as possible.

Thankyou Liz Illingworth AP/TL

#### PLEASE KEEP SICK CHILDREN AT HOME

Due to the nature of the season cold and flu viruses are naturally circulating within our community. Some of our students have specific medical conditions which puts them at much greater risk of significant health issues if exposed to such viruses. For the health of all students we request that children who are unwell are kept at home.

#### Parents & Friends News

Last year Parents & Friends organised a successful "Market on the Green". P & F have received requests to again hold this event for 2015 and are looking for helpers to join a sub committee to assist with the planning. Please if you have free time to be involved contact Rebecca on 0418721952. The Market will only go ahead if enough help is available.



## **LOST PROPERTY NEWS**

There are lots of unnamed items in Lost Property, if you are missing any items of clothing, lunchbox's etc, please check the Lost Property at the bottom of the stairs below the office.

Lost property items will be cleaned out this Friday 24/7 and anything not collected will be donated to charity

Please make sure you name your children's clothing/lunch box's/drink bottles etc

Please check if your child has accidentally picked up a rugby to with Connor Dobson labelled on it.







## PHOTOS FROM BAND WORKSHOP DAY LAST TERM





# HEALTH ADVICE CHICKEN POX

Chicken Pox have been identified at Sacred Heart School Here is some information which may be useful.

### CHICKEN POX (VARICELLA)

Description: An infection starting with a cold, headache and temperature. Small red pimples appear on the limbs changing to yellow blisters that then scab and drop off after about 12 days.

## INCUBATION PERIOD:

2 to 3 weeks, commonly 13 to 17 days. This is the time between exposure to an infection and appearance of the first symptoms.

### INFECTIOUS PERIOD:

The child will need to be at home until at least 5 days after the last spot appears or later if child is still unwell. (Some scabs may still be present when the child returns to school).

### **NOTIFICATION OF SPREAD:**

Highly advisable. The school needs to be aware of contagious illnesses in the community.

### TREATMENT:

Calamine or soothing solution to relieve itching. See your doctor if concerned.

# **Clever Preps**

This week Prep Hills students were working on ordering numbers from smallest to largest.

They were also practicing using the words more than and less than.

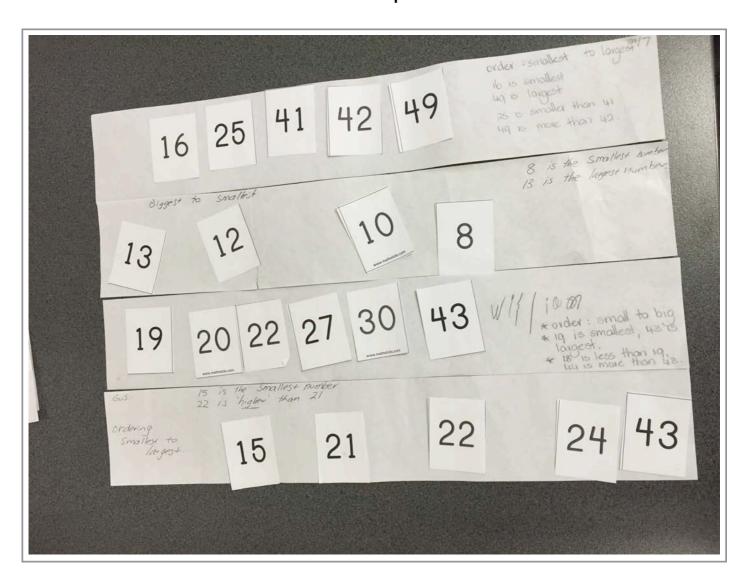
William said that 18 is less than 19 and that 44 is more than 43.

Oliver told Mrs Hills that 25 is smaller than 41 and 49 is more than 42.

Roma was right in thinking that 16 is more than 15 and 5 is less than 6.

Frankie thought that 29 and 50 are more than 26 and that 18 and 23 are less than 29.

**Great work Prep Hills!** 



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# **Sacred Heart School Newsletter**



Dear Parent/Carer,

Your child is special and loved. But sometimes your child may feel worried, upset, confused, guilty or angry because your family has changed. They may feel out of place or overwhelmed in your new family situation. Or they may be grieving and sad because of a painful loss in your family.

At school we would like to offer time for your child to get together with other children their age and talk about what is happening in their life. This group is called "Rainbows", based on God's promise of the Rainbow after the storm.

If you think your child would benefit from such a program, please fill out the registration form below and return via your child's class teacher or at the School Office or email consent to the email address below.

Please don't hesitate to contact Helen Halley if you require any further information either in person or at <a href="mailto:helen.halley@catholic.tas.edu.au">helen.halley@catholic.tas.edu.au</a>

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Cl-:1-1		_			
Chila	's Name	_ Age	Class		
Parer	nt's name/s				
Parer	nt's signature				
Pleas	e tick appropriate box				
0	Family member has died				
0	Parents are separated or divorced				
0	My child's experience is				

# **Family Life Program**

In term 3, Centacare will be running their Family Life Program in our school. The Family Life Program was developed to assist parents:

- To encourage the development of positive attitudes towards growth and development of sexuality in children
- To promote discussion between parents and children
- To provide accurate and up to date information
- To help children to develop positive relationships

There will be Parent/Child Evenings on the following days:

Monday August  $3^{\rm rd}$  for Parents and children of Grade 5 and 6. Tuesday August  $4^{\rm th}$  for Parents and children of Grade 3 and 4. Wednesday August  $5^{\rm th}$  for Parents and children of Grade 1 and 2.

The Parent/Child Evenings will be followed up by in class sessions for students in Grade 6 on Tuesday 4<sup>th</sup> August and students in Grade 4 on Wednesday 5<sup>th</sup> August.

All Centacare programs are designed to be age appropriate.

We strongly encourage you to take part in these Parent Child sessions with your child. Centacare ask for a \$10 donation per family to cover costs (only one payment required if you attend more than one session).

When: Monday August 3<sup>rd</sup> Grade 5 and 6 Tuesday August 4<sup>th</sup> Grade 3 and 4 Wednesday August 5<sup>th</sup> Grade 1 and 2

Where: School Library, 6:30-8:00





It's simple to participate. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There'll be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, at the school office.

## Proposed changes to the location of CBD Metro buses

The City of Launceston has for the last three weeks been asking the Launceston community to have a say on changes to the CBD that the Council is considering. These changes include relocating some Metro bus stops and changing the traffic flow in some streets, from one way to two way.

Anyone who catches a bus near Tatler Parade will be affected by the bus stop location changes. And anyone who catches a bus from outside Allgoods in York Street will also be affected. That includes ALL SCHOOL CHILDREN. We need to hear from YOU! Please have your say. You can do so at <a href="www.yourvoiceyourlaunceston.com.au">www.yourvoiceyourlaunceston.com.au</a> where you will find information and a survey and quick polls to complete. If you prefer, you can pick up a hard copy of the survey at the Council's Customer Service Centre or send us an email at <a href="council@launceston.tas.gov.au">council@launceston.tas.gov.au</a> for the attention of Launceston City Heart Project. Consultation closes on Monday 3 August 2015.

