

# Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

## OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

## From the Principal:

### BeAttitudes: Be Compassionate

‘ Some people are grumbling because roses have thorns. I am thankful thorns have roses.’

The quote above along with some other readings were part of the reflections and retreat Catholic Principals from across Tasmania attended, facilitated by Fr. Richard Ross. The research around Principal Wellbeing at the moment is very, very concerning in terms of physical, emotional and mental wellbeing. I think some of the wisdom and self learning from these reflections could be relevant to many of us. I have included several passages below that were also part of the Principal Retreat, I hope that there is something of value in them for you too:

“ heroism begins with each person considering, internalizing and shaping his or her own mission. Whether one works in a large organisation or alone, no mission is motivating until it is personal. It is sustainable only when make the search for magis a reflective, daily habit. A magis-driven leader is not content to go through the motions or settle for the status quo but is restlessly inclined to look for something greater. Instead of wishing circumstances were different, magis driven leaders either make them different or make the most of them. Instead of waiting for golden opportunities, they find the gold in the opportunities at hand. Heroes lift themselves up and make themselves greater by pursuing something greater than their self interest. Our classic heroic role models do so through extraordinary bravery, but heroism is not limited to these rare and privileged opportunities. They are also heroes who demonstrated the courage, nobility and greatness of heart to pursue a personal sense of magic, to remain pointed towards goals that enhance them as people..”

### Chris Lowney Heroic Leadership

“If one is involved in much business, even though his intention be good and holy, he must make his mind up to do what he can, without afflicting himself if he cannot do all that he wishes; let him do all that one ought to do whole follows the dictate of good conscience. There is no need to weary yourself out, but make a genuine and true effort, and leave the rest to God who can do all he pleases.” *Ignatius of Loyola.*

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## From the Principal:

Fr. Richard wrote an article in 2012 after finding that his two year scans from cancer had come back clear. Here is part of the article that particularly resonated with me:

*"What have I learned from this experience? How am I changed by it? What do I do now? My answers to those and other questions will continue to unfold over time, but I can definitely say I feel different. I have discovered a whole new level of gratitude. I no longer think of my relationship of priest to people in terms of 'what I am for you' but am so much more aware of 'what you are for me' if that makes any sense? I find myself more aware and grateful for what I do have in my life than for what I don't have. I count my blessings and enjoy the simple things. I don't sweat the small stuff. I do feel a certain freedom to be who I am, not who I think others expect me to be; a freedom to value my time for rest and recreation, despite the demands around me the freedom to appreciate the good things in my life and to let go of those things that are not life giving. I wish it didn't take a life threatening disease like cancer to teach me these things, but I am grateful nonetheless..."*

## GOD MOMENTS

**Several outstanding God Moments this week from our school:**

- Joe Robinson in Grade 6 who came up to the staff room to help comfort a student (who thinks really highly of Joe) who was upset and injured. The way Joe talked and took the time to support this student, literally brought tears to several staff members in our staff room at the time.
- Nieve Halley, Nicholas Collins, Kara Hennessy, Emma Madden, Isabella Tys who were asked to come to the library and give feedback to Principals, CEO staff, teachers, Publishers and Mitch himself on what they like about the current MJR Book they use, as well as what they would like to see change, added, deleted and kept. Our students ability to articulate this, show interpersonal skills and self confidence to give honest feedback was outstanding, impressing all the adults in the room. To be brutally honest we achieved more from the 30 minute conversation with the children than we had achieved in the 2 hours before they arrived, when it was only adults talking!

### INSERT FROM THE MRE NEWSLETTER

#### MJR Reimaginings

A very successful planning day was held on 2 June to reimagine the direction of MJR with 2020 vision. Mitch and a number of key practitioners met with two Garratt Publishing representatives and heard feedback on publishing ideas from five impressive students from Sacred Heart, Launceston.

## INTER-SCHOOL CROSS COUNTRY CARNIVAL

Wednesday 17th June is Inter-school Cross Country Carnival. We wish all of our students all the best particularly our Grade 3 students who are very excited to be participating for the first time. This coming Monday 15th June there is Cross Country Training at 8am at the Brickfields, for students selected in the Inter-school

## CLEANING SERVICES SHS

Our current cleaning service provider has decided to not continue beyond 30th June this year. We are currently communicating with several businesses who will tender for the contract of cleaning toilets, cleaning classrooms and learning spaces in our buildings from the start of the new financial year.

## PRIMARY SCHOOL BASKETBALL TOURNAMENT : POSSIBLE COACHES

The tournament is in October. Our school historically has a large number of students and teams participating. Any parents wanting to help coach one of our many teams will need to have WWCC (Working with Children Check) registration. Information about this has been included in previous newsletters and is part of the newsletter today as well.



# Sacred Heart School Newsletter

## From the Principal:

### SACRED HEART FEAST DAY

Friday 19th June we celebrate our Feast Day. Our whole school gather in the morning to celebrate with a Mass in Church of the Apostles. Between 11:30-1pm we have the SHS Cup - with students in teams competing in fun activities. In the afternoon we have our traditional SHS Got Talent. This day is such a positive, affirming and important day for the maintaining of the culture and ethos of our school.

~ June 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>14th</b>	<b>15th</b> 8am NIJSSA training	<b>16th</b> <b>NIJSSA Cross Country Carnival</b> 3.10 Art Club	<b>17th</b>	<b>18th</b> 10am Strings program 1.30pm Band program	<b>19th</b> 9am Assembly Sacred Heart Feast day	<b>20th</b>
<b>21st</b>	<b>22nd</b>	<b>23rd</b> All Schools Cross Country @ Symmons Plains 7.30pm P & F Meeting	<b>24th</b>	<b>25th</b> 10am Strings program 1.30pm Band program	<b>26th</b> 9am Assembly	<b>27th</b>

**We encourage parents to let us know if you have any issues regarding WHS, please contact the school office.**



### "Walking God Moment"

**Layla Brown** - for doing up a grade six's shoe laces so that she wouldn't trip.

**Jackson Armour** - for helping Will and Campbell set up.



Art club will be held next week.

Date: Tuesday 16th June

Time: 3.10pm - 4.10pm

Room: Art room (Below the Office)

Pick up from the York St gate.

Please email [melissa.heathorn@catholic.tas.edu.au](mailto:melissa.heathorn@catholic.tas.edu.au) for details

### Student absences

Please remember to call the School office on 63311011 or email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au) if your child will be absent from school.

### CATHOLIC SCHOOLS 2015

**TERM 1** Thursday 5.2.15 to Thursday 2.4.15

**TERM 2** Monday 20.4.15 to Friday 3.7.15

**TERM 3** Monday 20.7.15 to Friday 25.9.15

**TERM 4** Monday 12.10.15 to Wednesday 16.12.15

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** Sacred Heart Catholic Primary School

**S.H.S. Parents and Friends email** [shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

# Sacred Heart School Newsletter

## ALL SCHOOLS CROSS COUNTRY

This event is on Wednesday 24th June @ Symmons Plains. If your child is interested in participating please email: [john.anderson@catholic.tas.edu.au](mailto:john.anderson@catholic.tas.edu.au) The school will organise the on-line registrations and cover the cost of the \$12 entry fee. Your child must be born in 2003, 2004, 2005 or 2006 to enter.



### REMINDER : BEFORE SCHOOL EXPECTATIONS

- ❖ Mrs. Deb Scott will be at school from 8:00am each school day for any students arriving before 8.30am
- ❖ Students will continue to go to our Presentation Gym.
- ❖ **If a student is here before 8:20am the cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

### GRADE 5/6 FRIDAY SPORT

We would like parents and students to be supportive of the following points regarding Friday Sport:

1. We have provided students with access to the roster and they can check where their games are each week.
2. Students are expected to remember their shin pads and mouth guards every week. It is part of our focus on being responsible. If they forget, they will unable to play that day. Gear is not to be dropped off at the office.
3. We depart school no later than 12.45 each week and games begin at 1pm. If parents intend to take their child home from the venue, please write a note to your child's teacher in the diary that morning.

Thanks 5 /6 team

Date		Sport	Venue	Teacher
12th June	SHS1	Football Div 1	Broadland Park	Julian
	SHS2	Football Div 1	Broadland Park	Julian
	SHS1	Netball Div 1	Hoblers Bridge	Sarah
	SHS1	Netball Div 2	Hoblers Bridge	Sarah
	SHS	Hockey	SOC	Liz
	SHS1	Soccer Div 1	STM	Tony
	SHS2	Soccer Div 1	Birch Avenue	Teresa
	SHS1	Soccer Div 2	SOC	Liz
	SHS2	Soccer Div 2	SOC	Liz
	SHS3	Soccer Div 2	STM	Tony



# Sacred Heart School Newsletter

## R.E NEWS

### The Power of Prayer

Last week our students were encouraged to write prayer intentions for the 'Book of Life' as part of the 'Walk for Christ' walk that was celebrated in Hobart over the weekend. These prayers formed part of the procession of prayers from around our catholic schools and parishes. After the procession the prayers are being sent to the Carmelite Monastery where the Sisters there will continue to pray these prayers.

Before sending the book to Hobart, I was drawn to read through each of the prayers and I was very touched by the prayers that were written. Simple and beautiful, thoughtful and faithful. They were heartfelt. Prayers for the homeless in winter, for those sick and old in their lives, for those with cancer, prayers for their family members, for their friends, for those who they loved but now have died, prayers for those devastated by natural disaster or prayers for those in places of war. They also prayed for hope and goodness, and help for making better choices, for joy and peace and love in their lives and in the lives of others around our world.

It made me really consider the power of prayer and faith in prayer. The theme 'Be Prayerful' has been part of our Beatitudes whole school focus and I was reminded that we really should not under estimate the act of praying - for real, heartfelt intentions in the here and now. Sometimes our prayers may be answered the way we hope, sometimes (and perhaps more often) quite differently. But the simple act of praying is something we always have - this is pure gift. And it is in the waiting for the response that is pure faith.



### Pilgrimage Tour of 750 year old relic of St Anthony of Padua

A special mass will be celebrated at the Church of Apostles at noon and 6.30 pm on Wednesday, 17<sup>th</sup> June in celebration for this occasion. All are welcome to attend.

The tour of this Relic is occurring in our Archdiocese from 16<sup>th</sup> to 18<sup>th</sup> June. We may be fortunate to have the Franciscan Priest visit our school and speak about the life of St Anthony.

He is especially invoked and venerated all over the world as the patron saint for the recovery of lost items, and is credited with many miracles involving lost people, lost things and even lost spiritual goods.



Helen Halley ~ Faith, Mission and Wellbeing

# Sacred Heart School Newsletter

## SHS GRADE 3-6 CROSS COUNTRY

Last Thursday our grade 3 – 6 students participated in the Sacred Heart Cross Country Carnival at Royal Park. It was a wonderful day for our school with some terrific individual running performances. The most pleasing aspect of the carnival though was the way our students support each other and genuinely care for others. The “spirit of Jesus” was clearly evident throughout the day.

Thank you to all the families that came down to watch the running and well done to Rice house who are the 2015 SHS Cross Country champions.

Finally, a big congratulations to the following students who will represent Sacred Heart at the NIJSSA Cross Country Carnival on Tuesday 16<sup>th</sup> June.

### Grade 3

Girls	Boys
Annaliese Leeftang	Max Roney
Mia Goody	Oliver Baldock
Ava Jones	Alex Zegveld
Ruby Dawkins	Spencer Drew
Zoe Gillow	William Saltmarsh
Asha Lowe	Sam Dick

### Grade 4

Girls	Boys
Isabella Davie	Fletcher Harper
Shae Nichols	Sam Cowley
Liliana Ercole	Max Marsden
Lauren Wright	Tito Brown
Emma Wright	James Leake
Ella Feely	Jackson Northeast

### Grade 5

Girls	Boys
Sophie Illingworth	Connor Leeftang
Isabella Johnston	Liam Jones
Mia Baldock	Josh Gillow
Ebonie Agostini	Mitchell Nicholas
Kalani Ciantar	Will Fox
Haylie Lehner	Hamish McKenzie

### Grade 6

Girls	Boys
Jade Nichols	Jack Ross
Evie Dawkins	Blade Sulzberger
Kara Hennessy	Stefan Tantari
Kaitlyn Rice	Thomas Feely
Esmee Morrow	Bradley Morgan
Ella Millwood	Oscar Mansell



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## SHS GRADE 3-6 CROSS COUNTRY





# Sacred Heart School Newsletter

## The Spirit of Jesus is Alive in:

Prep Best	<b>Colby Crawford</b> For being ready to lend a hand. is always helpful in class	<b>Jasper lee</b> For great use of the Counting On Strategy when solving addition problems
Grade 1 Crawford	<b>Quentin Jones</b> For being an extremely helpful class member and respecting property	<b>Miller Page</b> For excellent work in Geography
Grade 1 Underlin	<b>Alex Woolley</b> For his creative approach to learning	<b>Heidi Brewer</b> For her positive attitude
Grade 2 Reid	<b>Charlotte Conway</b> For great descriptive writing this week	<b>Averyl Quinn</b> For great descriptive writing and fantastic illustrations
Grade 2 van Ryn	<b>Emilia Macri</b> For making great progress in reading	<b>Lilia Colgrave</b> For great work in number this week
Grade 3 Hood	<b>William Andrews</b> For excellent historical knowledge of our states and cities	<b>Jett Hill</b> For always seeing a need and doing something about it
Grade 3 Symons	<b>Torie Mansell</b> For a wonderful attitude to everything she does	<b>Max Maloney</b> For his enthusiastic attitude to learning
Grade 4 Wood	<b>Jorja Groeneveld</b> For the excellent presentation of your written work	<b>Fletcher Tyson</b> For your progress and good skills in mental computation
Grade 4 Hegarty	<b>Xavier Barker</b> For having a positive attitude to all aspects of school	<b>Samuel Barrett</b> For your creative ideas in narrative writing
Grade 5 McLeod	<b>Lucy Petrack</b> For outstanding effort in the cross country	<b>Hamish McKenzie</b> For his have a go attitude and always doing his best
Grade 5 Viney/Sydes	<b>Ella Pursell</b> For the persistence and dedication she shows to her learning	<b>Laura Hodgetts</b> For always giving her absolute best effort
Grade 6 Davie	<b>Jesse Madden</b> For his concerted effort and attention he is displaying towards all tasks. Well done Jesse!	<b>Harry Tsakaris</b> For the thorough and well planned responses he is providing in his written work. Keep it up Harry!
Grade 6 Claessens	<b>Wae-Mico Miller</b> For always being friendly and approachable and participating well in class discussions	<b>Jacob Zupan</b> For his sense of fairness and consideration toward others



# Sacred Heart School Newsletter

## Bookmark this Date

Wednesday July 1<sup>st</sup> @ 7:00pm

A fantastic opportunity for all Sacred Heart parents to attend the Cybersmart Program - a national cybersafety education program.

The online world is powerful and engaging for young people and adults alike, offering a wealth of opportunity. The Cybersmart program aims to inform parents about cybersafety issues and help us to empower our children to be safe online.

Put this date in your calendar - a great opportunity for all parents.

Have a look at the ACMA site online: [www.cybersmart.gov.au](http://www.cybersmart.gov.au)



### Move Well Eat Well



## Get out and about!

Leave the car at home and travel on foot or by bike

Walking and riding allows children to:

- Be more active
- Learn how to find their way around the neighborhood
- Understand and learn about road and pedestrian safety



For more information and for family ideas on healthy eating and physical activity visit:  
[www.movewelleatwell.tas.gov.au](http://www.movewelleatwell.tas.gov.au)

Department of Health and Human Services Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - 'Go for your life' Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.



### Move Well Eat Well



## Teach road safety from an early age

Walking and cycling helps children learn how to be safe around roads.

- Help your child learn about road safety by:
- Using pedestrian crossings, traffic lights and footpaths.
- Teaching road and pedestrian rules.
- Supervising children at pedestrian crossings.
- Making sure that protective gear such as helmets are worn when riding.
- Holding hands to cross roads.



For more road safety ideas visit:  
[www.movewelleatwell.tas.gov.au](http://www.movewelleatwell.tas.gov.au)

Department of Health and Human Services

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**MJR  
(MAKING JESUS REAL)  
WITH MR DAVIE**

**1ST JUNE**



**We talked about how  
we can be loving just as  
Jesus was loving. When  
we show love to others  
the other person feels  
good and we feel good  
too. We can be loving  
by :)**

**Being kind  
Including others  
Helping each other  
Sharing  
Listening  
Smiling**



# Sacred Heart School Newsletter



FACULTY OF HEALTH

University Psychology Clinic  
Sandy Bay Campus

## FREE Cool Kids® Anxiety Group Programs August – November 2015



### COOL KIDS®

10 Week Anxiety Management Group Program  
for parents and children aged 8 – 12 years

Program 1 Commencing Monday 31<sup>st</sup> August 2015 4.00pm – 5.30pm

Program 2 Commencing Wednesday 2<sup>nd</sup> September 2015 4.00pm – 5.30pm

Registrations for Cool Kids® close Wednesday 1 July 2015.

### COOL LITTLE KIDS®

6 Week Anxiety Prevention Group Program for parents only  
of children aged 3 – 6 years showing early signs of anxiety

Program 1 Commencing Tuesday 13<sup>th</sup> October 2015 9.30am – 11.00am

Program 2 Commencing Thursday 15<sup>th</sup> October 2015 9.30am – 11.00am

Registrations for Cool Little Kids® close Wednesday 5 August 2015.

For further details and registrations please see our website:

[www.utas.edu.au/psychology-clinic](http://www.utas.edu.au/psychology-clinic) or contact us by phone on 6226 2805.

## Tuesday Book Club

20

15

**RULES**

BY  
**CYNTHIA LORD**

"Twelve-year-old Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules — from "a peach is not a funny-looking apple" to "keep your pants on in public" — in order to stop his embarrassing behaviors. But the summer Catherine meets Jason, a paraplegic boy, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?"



The next meeting is

Tuesday 30<sup>th</sup> June

from 3.15pm - 4.30pm.

Everyone welcome from Grades 5 & 6

## The Commonwealth Bank School Banking program is coming!

The School Banking program includes an exciting Rewards Program designed to encourage children to get into the habit of making regular saving. Every time your child makes a deposit at school they receive a silver coloured Dollarmites token. The first token will be received upon the first deposit at school. Once your child has individually saved 10 tokens they can redeem them for an exclusive Dollarmites reward item. Students will have lots of fun saving their tokens for these cool rewards items.

School Banking is also a great fundraiser for our school. The school receives \$5 when children make their first deposit at school and a commission on every deposit made through the School Banking program.

Taking part in School Banking is easy.

- If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week using their Dollarmites deposit wallet. If your child has misplaced their Dollarmites deposit book or deposit wallet, they can request a new one from either the local branch or contact the School Banking Co-ordinator.

- If your child does not have a Youthsaver account, you can open one at any Commonwealth Bank branch, no forms to fill in! Alternatively, if you are an existing Commonwealth Bank customer with access to NetBank you can apply online. Another option is to download a paper-based application form from [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking), or attend an account opening session at the school.



# Sacred Heart School Newsletter

## STUDENT REPORTS

### The Purpose of Student Reports

Student reports do a lot more than simply inform parents of their child's achievement rating. Student reports also help parents/carers identify weaknesses and target areas for improvement in their child's academic performance, engagement, application, and behaviour. They are useful tools for fostering communication between parents/carers and teachers, and also, between parents/carers and their child.



### Reporting Achievement

In line with Federal Government legislation, Tasmanian Catholic schools report achievement using a five-point rating scale. From years 3-10 the 5-point scale is an A-E rating. Students from Prep to year 2 receive written descriptor rather than the A-E.

It is important to understand that a 'C' is not a disappointing result. A 'C' on the report card indicates that a student's learning is on track and they are achieving the standard that is expected of them at the time of reporting. In the past, a 'C' might have not have been seen as an indication that a student's learning is at a desired level. This is no longer the case.

For some students the A-E rating is not appropriate for reporting achievement and an alternative narrative report is provided. All students receiving narrative reports have an Individual Education Plan (IEP).

### Achievement Standards

It is a federal requirement that student achievement is reported against recognised achievement standards. Achievement standards outline the knowledge, skills and understanding important for students at each year of schooling level Prep to Year 10.

In 2015 all Tasmanian Catholic schools and colleges are required to report student progress against the Australian Curriculum Achievement Standards in English, Mathematics, Science, History, Geography and Health and Physical Education. Achievement in Religious Education is reported against the Tasmanian Catholic Standards for Religious Education.

### Beyond the A-E Grading

While the A-E rating conveys important information about where a child is in their learning at a given moment in time, it does not tell the whole story when it comes to student achievement. The Tasmanian Catholic schools report includes an indication of areas of strength and weakness within each learning area using a continuum of developing, consolidating and extending. The report also includes an indication of student application and attitude to learning. The information included in this section is a critical lens for interpreting the A-E grading.

A student who receives a 'D' for their achievement rating and whose attitude and application is meeting or exceeding expectations may be achieving their full potential and this result is cause for celebration. Alternatively, a student with an 'A' for achievement but, whose attitude and application is not meeting expectations, may not be working to their full potential.

### A Final Thought

Whether a student is working at, above or below the level of their peers is not the most important piece of information. What is important, is that they are making progress towards the identified goals for their learning and that those goals allow them to reach their full learning potential. It is this that deserves celebration and investigation, not 'A-E's.

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## WORKING WITH CHILDREN CHECK (WWCC)

In July 2014 Tasmanian State Government legislation for Working with Vulnerable People was enacted and all Schools and Colleges must comply with the new legislation. The purpose of the legislation was to significantly improve the safeguards and child protection processes to help keep children safe from harm.

No volunteer will be able to commence until they have received a satisfactory WWCC. There are no exceptions under any circumstances. If you wish to help in any of the school, classrooms or camps please make sure you complete the WWCC in plenty of time.

**All previous Police Check registrations will be voided as of 30th September 2015 and everyone who volunteers in the school must have a WWCC in place by the 1st October 2015.**

### How to apply for a WWCC and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

*"Thank you for your continued support to the children of Sacred Heart School"*

## July

### School Holiday Program

Looking for something exciting for your kids to do these school holidays? Well come and join us for 2 big weeks of circus fun, where they can learn some great skills involving:  
Hula Hoops ~ Diabolo ~ Rolla Bolla ~ Silks ~ Trapeze and much more!

**Dates:** Monday 7 July - Friday 11 July  
Monday 14 July - Friday 18 July  
**Time:** Full Day - 9am - 3pm \$50 (7-15 years)  
Half Day - 9am - 12pm \$30 (5-6 years limited spaces)

**What to bring:**  
A packed lunch and bottle of water (please no nut products)

**What to wear:**  
Comfortable, stretchy clothes. Please note that for aerial a long sleeved top that you can tuck in and some flexible pads that cover backs of knees are required and hair needs to be tied back. NO skirts, low cut tops, jeans, belts, zips, buckles or jewellery. Enclosed shoes are required for some of the activities.

**NOTE:**  
If a class is cancelled due to the minimum number of participants not being met you will be notified and payment refunded. Otherwise we have no refund policy.

**How to enrol:**  
Email us your details and we can send you an enrolment form. Booking advised as spaces are limited.

**Email:** [circscool@hotmail.com](mailto:circscool@hotmail.com)