

Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

From the Principal:

'Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings'

William Arthur Ward

Having an 'attitude of gratitude' and saying Thank you was a non negotiable, drummed into me as a young child by my parents. From what I can remember it was no different for other children and their parents. As society evolves this appears to be something that needs to be 'recultured' back to the times of my childhood and further back. As adults we need reminding to have our actions do the talking and not have a 'do as I say not as I do' attitude to saying thanks, recognising what you are grateful for and, more importantly, telling the people around you!! In doing this you are not ignoring the flaws and gaps just reminding yourself of what is working, so people are energised to keep doing it, knowing they are appreciated.

Last Friday was another successful School Fair. We continue to encourage 'an attitude of gratitude' amongst our school community for all that we are lucky and privileged to experience, often taking much for granted in our lives and the lives of our children. So...

- ✚ Thank you to Kelly Cox for the hours of work you have put into this and all other school fairs. Most of our school community will have no idea how much effort you put into co-ordinating this fair. Often you receive no feedback recognising successes just what could be done better. From my point of view there are so many positives that they completely shadow the things that could be changed.
- ✚ Thank you to Mr. Mike Bennett for the work and support you give Kelly particularly in preparing the Fair. Licensing, permits from Council and maps to meet requirements.
- ✚ Thank you to Kate Leonard, Vice President of our School P & F along with our Executive, Thank you to Tracy Meeks and Fiona Bennetts-Menis.
- ✚ Thank you to our Stall Convenors: Emily Tys, Melissa Bushby, Rachael Roney, Isobel & Elizabeth Stevens, Barry Nas, Maree Wright, Jodie Campbell, Jo Fagan, Gina Campbell, Simon Wood, Paula DeCani, Tina Jenkins, Beth & Shane Rickerby, Beth Johnston, Pru Powell, Wendy Nas, Tony Claessens, Nic Duffy, Jo Marsden, Nick Roney, Fiona Bennett-Menis, Tracy Meek, Maree Mills, Natasha Brewer & Rebecca Millwood
- ✚ Thank you to parents who donated prizes, gift vouchers, helped with donating of burgers or sausages, helped organise stalls, helped with organising beverages etc. These small efforts make a big difference when put together.
- ✚ Thank you to Marja Garwood and Lidia Williams for collating, counting and organising the money to be sent to the Night Safe at the end of the night.
- ✚ Thank you to staff who attended on the evening working stalls, helping collect money or just came along as members of our SHS Community. Your presence is noticed and appreciated.
- ✚ Thankyou to any people I have forgotten to thank – it is not deliberate to not mention you, just difficult to name everyone who has made an effort to contribute to the running and organising of our School Fair in 2015.

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From the Principal:

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

Camp Program

Parents willing and able to attend camps often make comment of how fantastic the students were. These last two weeks has been no different. We experience feedback from members of the community who comment on the manners, behaviour and positive attitudes of our students who they see on camp.

It is a shame that all parents do not get the chance to see their children and their 'best selves' that happens not just on camp but by and large on a daily and weekly basis at school. It is not quite the reality of 'school angel, home devil' however there is a sense of this. You, as parents, when unable to be part of day to day experiences in school believe teachers and staff when we say that students overall do an outstanding job at school. The camp program is just a bigger test of 'raising the bar' for our students which they continually prove they can achieve.

School Families Kinder 2016

All school families who have a child who is 4 years of age as of the 1st January 2016, please complete an enrolment form from our school office ASAP. I would also encourage you to make contact with families and friends who you know are looking at enrolling their children at S.H.S. to also make contact with the school as soon as possible. Enrolments close on Friday 29th May

Tuning In

We have had several 'Tuning into Kids' sessions facilitated by Fiona Labusagne. We have another session this coming Wednesday 1st April in Kinder Halley from 9-11am.

Winter Uniform-Transition

Students are able to wear winter uniform from start of next week or remain in their summer winter uniform. From the start of Term 2 all students are to wear full winter uniform. There may be a slight delay on some orders from Uniform Shop - if this is the case students can continue in summer uniform until they arrive. Term 1 and Term 4 are full summer uniform. Term 2 and 3 are full winter uniform.

Dance Fever

I am sure our children have been sharing the positive experiences of Dance Fever: Skipping during this term. The feedback from parents and staff has been overwhelmingly positive. Our instructors have been fantastic, relational and engaging with our children. The good news is they will return in Term 4 with a Dance program. Our school this year has made a significant financial commitment to have Dance Fever at SHS. Our hope is that this program will become a bi-annual event for our students.

Mrs Nas has lots of clay butterflies and eggs left from the Fair. She is having 2 sessions on **Monday 30th March** at 11:00am and 1.30pm so that any children can come to Kinder and decorate one.

The cost is \$2 each shape.

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Uniform Shop News

Pre-ordered winter tunics are available for collection from the Uniform shop on Thursdays from 2pm-4pm. Please contact shs.clothingpool@catholic.tas.edu.au if you need to organise collection from the school office

The new stocks of **boys loop style ties** (already tied) are **due to arrive** on the **20th of April**. Orders can be made now for boys ties ready for full winter uniform. **Traditional style ties** are **in stock now** for older boys.

~ March 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
22nd	23rd Gr 6C Camp	24th Gr 6C Camp 7pm P & F Meeting	25th Gr 6C Camp	26th 10am Strings program 1.30pm Band program	27th 9am Assembly 12.30pm Gr 5/6 Summer Sport	28th
29th	30th Transition to winter uniform	31st 3.15pm Gr 5/6 Book club	1st April	2nd April 10am Strings program 1.30pm Band program END OF TERM 1 BBQ & Plain clothes day	3rd April GOOD FRIDAY	4th

~ April 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
19th	20th STUDENT FREE DAY	21st Term 2 Begins Full Winter Uniform 6pm Board report	22nd	23rd 10am Strings program 1.30pm Band program Grade 4 Camp	24th 9am Assembly Grade 4 Camp	25th

End of Term 1 BBQ

Thursday 2nd April

Sausage/Hamburger orders along with payment need to be given to the class teachers by Friday 27th March

Hamburgers \$2.00

Sausages \$1.50



Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

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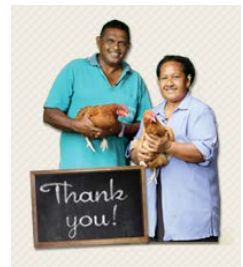
R.E News

Live Life Simply So Others May Simply Live

As a school, we celebrated Live Life Simply Day yesterday, 25th March. Thank you to all those who participated and made a donation towards Project Compassion. It's not too late to consider having a Live Life Simply time at your home with your family by having a very simple meal together (eg: rice) and giving the money that you would have spent on that meal to Project Compassion.

Project Compassion during Lent

Just a reminder to please return your Project Compassion boxes to the office or classroom by end of this term. Your donations to Caritas' Project Compassion give expression to the Gospel imperative to pursue justice and help those who are the most vulnerable to extreme poverty and injustice.



Helen Halley – Faith, Mission and Wellbeing

ART CLUB

Dear parents and students,

We are taking expressions of interest for an after school Arts Club, starting Term 2, for any students in Grades 3 to 6. The proposed day and time will be every second Tuesday from 3:15pm - 4:15pm. Please note that there will be a small cost involved to assist with purchasing the art supplies.

If you are interested in joining Arts Club, could you please email me with the following details:

Name & Class

Which mediums/areas of art would you enjoy learning about?

This is purely an expression of interest to gain an idea for possible numbers of students and preferred mediums in Arts Club. It will not guarantee the student a place in the club. Registration forms will be sent out later in the term.

Sincerely,
Melissa Heathorn
Art Teacher
melissa.heathorn@catholic.tas.edu.au

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NIJSSA SWIMMING CARNIVAL 2015

On Thursday 19th March the Sacred Heart swimming squad contested the NIJSSA Swimming Championships at the Riverside Pool. The inclement weather didn't stop some excellent individual and team performances. In particular, we congratulate Jonte Adams who was the winner of the Division 1 Grade 6 Boys 66m freestyle and 33m freestyle. Other strong Division 1 performances were displayed by Hamish McKenzie, Oliver Baldock, the Grade 3 girls 4 x 33m freestyle relay team and the Grade 5 girls 4 x 33m freestyle relay team. Thank you to all students who represented our school so well and helped the SHS swimming team finish 3rd overall. Finally, a big thank you to the following parents who helped out on the day: Linda Sydes, Gina Campbell, Mel McKenzie and Magriet van Niekerk.



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Congratulations to Harry Page who opened the Treasure Chest with his winning key. Can any remaining treasure chest keys please be returned to the school office by the end of term

Tuesday Book Club 2015

WONDER

BY
R J PALACIO

*You can't blend in
when you were born
to stand out.*

*My name is August. I
won't describe what I
look like. Whatever
you're thinking, it's
probably worse.*



The next meeting is
Tuesday 31st March
from 3.15pm - 4.30pm.
in the staff room
Everyone welcome from
Grades 5 & 6

CELEBRATING HOLY WEEK & EASTER 2015

LAUNCESTON PARISH

PARISH LENTEN RECONCILIATION (2ND RITE)
7.30PM, WEDNESDAY 25TH MARCH AT ST FINN BARR'S CHURCH, INVERMAY

HOLY THURSDAY, 2nd April

MASS OF THE LORD'S SUPPER

7.30pm Church of the Apostles
44 Margaret Street, Launceston
7.30pm Carmelite Monastery
7 Cambridge Street, West Launceston

GOOD FRIDAY, 3rd April

STATIONS OF THE CROSS (OUTDOORS)

10.30am Church of the Apostles
COMMEMORATION OF THE LORD'S PASSION
3.00pm Church of the Apostles
3.00pm Carmelite Monastery

HOLY SATURDAY, 4th April

1ST RITE OF RECONCILIATION (CONFESSIONS)

10.00am Church of the Apostles
EASTER VIGIL & MASS OF THE RESURRECTION
7.30pm Church of the Apostles
11.00pm Carmelite Monastery

EASTER SUNDAY, 5th April

8.30am Carmelite Monastery (Please note time)
9.00am St Patrick's College Chapel (Family Mass)
Cnr Mt Leslie & Westbury Roads, Prospect
9.00am St Finn Barr's Church
247 Invermay Road, Invermay
10.30am Church of the Apostles

Please Note
NO 6.30pm EVENING MASS
at Church of the Apostles on Easter Sunday

Family Mass 6pm Saturday Newstead Church

21 March
25 April
16 May
27 June
25 July
22 August
19 September
17 October
21 November

If you or your child/ren would like to
help with our family Masses please
contact your school's APRE or
Jacquie Wood 6344 5714 or
wood1991@bigpond.net.au

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Sacred Heart School Fair

THANK YOU TO ALL FOR A SUCCESSFUL 2015 FAIR



Thank you to everyone who made Friday night's Fair a success. There is a lot of planning and preparation leading up to the Fair, that comes together on the day to bring all the stalls, food and rides together to make our school Fair. We thank everyone for their donations, time and attendance at the fair, we hope you had an enjoyable night. During the day on Friday we had many parents volunteer their time to help set up the Fair, it was great to see this team of parents have the stalls and grounds basically set up by midday and then work on fine tuning the stalls in the afternoon. We had a group of Dads assist Mike Bennett with the heavy work of putting up gazebos, placing fryers and BBQ's, putting up tables, etc. Our thanks to Scott Alexander, Brett Cox, Darren Harvey, Dan Menis and Michael Whitchurch for their assistance with this heavy work and also our thanks to the many Mums who set up the stalls, collected supplies and equipment and assisted with food preparation etc on Friday. The grade 5 and 6 students set up the seating during the day which was greatly appreciated, thank you.

The students embraced the Fair this year with enthusiasm and their excitement was palpable on Friday. Our thanks to all the students, particularly grade 5 Mcleod who sold the treasure chest keys in the weeks leading up to the fair and grade 6 Claessens who organized and run their own Lucky Envelope Stall. A group of grade 6 girls have spent many hours making signs, assisting with the raffle tickets and other fair preparations. The girls helped during their recess and lunch breaks for several weeks leading up to the fair. Isobel Stevens in grade 4 asked to have an origami and card stall and along with Emma and Lauren Wright they made the cards and sold them on the night and donated all the money to the fair having raised over \$80. The Parents and Friends greatly appreciate all the effort made by the students and commend them on the school spirit they have shown supporting their school fair, thank you.

The parents who volunteered to convene class stalls have fielded questions, made preparations and managed their stalls on the night, we thank you for your tireless work and commitment to have offered delicious food, craft, activities and items for sale at our school fair. The stall conveners and P&F would like to thank the parents, grandparents, students, ex students and staff who helped run the stalls on the night. The class rosters were near to filled by fair day, thank you to those who signed up last week or did extra time slots. The St Pat's REMAR group students again volunteered their time and helped with running stalls and cleaning up. Their help is invaluable, our many thanks.

Just Imagine Drama School, generously volunteered their time to perform a range of acting games. Our thanks to the school director Ms Rubi Stockman and her students who performed in groups for 30 min each, throughout the school fair. Our sincere thanks to everyone at Just Imagine Drama School for their entertaining performances.

The school staff support the fair and assist with many aspects and volunteer their time on the night, we thank them for the support and assistance with organizing and running the fair. In particular we would like to thank the school office staff Marja Garwood, Lidia Williams, Maree Mills and Karen Cettolin for the extra work they do leading up to the fair and for volunteering their time and skills to manage the floats and count the takings etc on fair night.

Our many thanks to Mike Bennett who volunteers countless hours preparing for the fair assisting with planning, licensing, logistics etc using his skills and knowledge of the school to safely set up and run the fair on the day. He also generously donated through his business 15 hours of cleaning staff, to manage the garbage and toilet cleaning requirements during the fair. We greatly appreciate all the time and support you give to the P&F in preparing and running the school fair.

Once again, thank you to everyone for making the 2015 School Fair a great night.

Regards, Kelly Cox Fair Coordinator on behalf of the SHS P&F

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Our Sincere thanks to all of our stall conveners

Beer and Wine - Emily Tys
Cakes - Melissa Bushby
Calamari - Rachael Roney
Cards - Isobel & Elizabeth Stevens
Chocolate Wheel - Barry Nas & Maree Wright
Craft - Jodie Campbell
Crazy Hair - Jo Fagan
Face Painting
Fair Bags - Gina Campbell
Fairy Floss - Simon Wood
Festival Foods - Paula DeCani
Food Donations & supplies - Tina Jenkins

Garden Stall - Beth & Shane Rickerby
Hot Chips - Beth Johnston
Ice Cream & Drinks - Pru Powell
Lucky Dip - Wendy Nas
Lucky Envelopes - Tony Claessens
Pancakes - Nic Duffy & Jo Marsden
Photo Booth - Nick Roney
Raffle - Fiona Bennett-Menis & Tracy Meek
Treasure Chest - Teresa Mcleod
White Elephant - Maree Mills & Natasha Brewer
Stall organization - Rebecca Millwood

Our sincere thanks to all of our donors and sponsors



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6 DAVIE CAMP 2015

From the 16th to the 18th of March 2015, Grade 6 Davie went on camp. It was a great experience for all of us and we learnt a lot about our peers and teachers along the way. These were the highlights.

Our first stop in Hobart was the Hobart Aquatic Centre. We had a brilliant time! We jumped off the diving boards, went down the waterslide and played in the pools. A couple of God Moments were when people were encouraging each other to jump off the diving boards and when everyone was laughing and playing games.

The second activity was at the ice skating rink. We all had a good time. At the start we were all hanging onto the wall but by the time we were almost finished most of us were off the wall, some even managed a turn, but we were covered in water and loose ice. We had a fantastic time encouraging each other and helping one another skate.

On the second night we had a very emotional liturgy, followed by 6 DAVIE'S GOT TALENT! There were some hilarious plays that made us fall over laughing. There were some cream pies (which Mr Davie found out the hard way were shaving cream pies), old ladies and gangsters.

We had a great time doing the activities at Woodfield Lodge. Things like the team building challenges, the flying fox, the waterslide, archery, the waterfall walk and the games room. The food was really good too! We would like to thank the teachers and parents that came on camp with us. Miss Jenkins, Mrs Hyland, Mrs Sulzberger, Mr Jones and Mr Davie.

It was an amazing experience and we're sure we will all remember it forever.

By Ally Brown, Isobelle Mathers and Kate McLeod



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Talented and Gifted Workshop

29 of our students from Grades 3 to 6 met with other students from around the state last Wednesday at the Gifted and Talented Workshop held at Larmenier Catholic Primary School. The workshop provided an opportunity to challenge students in areas of their personal interests and talents. Workshops were run by local experts in their given field and experienced teachers. They included the learning areas of drama, science, mathematics, lego robotics, art, music, extreme sports and creative writing. The students made the most of the opportunity to cement their passion and enthusiasm for their particular learning area. We are all hopeful the program returns again next year.



UNSW Exams

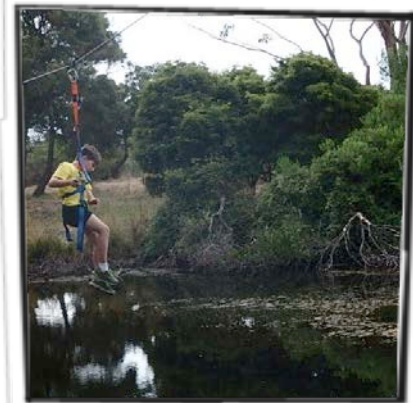
The University of New South Wales Exams in Writing, Maths and English are conducted every year at our school for interested Grade 4 to 6 students. These exams are designed to extend students in these areas and are conducted in formal exam conditions. If your child is interested in participating in the UNSW Exams this year, can they please see Mrs Sydes for further information. The exams do come with a cost and this will be detailed on the parent letter.

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GRADE 5 CAMP

On the 16th – 18th of March, the Grade 5 classes headed to Camp Clayton for their camp. We were not lucky with the weather but that did not dampen the energy and the fun that we were still able to have. We all enjoyed the group and individual pursuits. The highlight for most was the giant swing. We would sincerely like to thank the amazing parents who came with us on the camp. We cannot have such a wonderful experience away without their help. So special thanks to Mr Shaun Slevac, Mrs Erin Duffy, Mr Ivo Agostini, Mr Andrew Cowley, Mrs Selina Elmer. We would also like to thank the fantastic bunch of children in Grade 5 and we hope that the memories and moments from your Grade 5 camp are happy ones.

Mrs MCleod, Mrs Viney and Mrs Sydes



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National Assessment Program – Literacy and Numeracy (NAPLAN) 2015

NAPLAN (National Assessment Program – Literacy and Numeracy) commenced in Australian schools in 2008. Each year, all students in Years 3, 5, 7 and 9 participate in common national tests which assess:

- Reading
- Writing
- Language Conventions (spelling, grammar and punctuation)
- Numeracy.

The scheduled dates for the tests in 2015 are Tuesday 12 May, Wednesday 13 May and Thursday 14 May.

The benefits of participating in NAPLAN testing:

- NAPLAN tests the skills that are essential for every child to progress through school and life such as reading, writing, spelling, grammar and numeracy.
- NAPLAN results provide valuable information on how your child is progressing against national minimum standards of literacy and numeracy skills expected for each year level.
- The NAPLAN tests provide you as parents with an individual report that shows your child's results and a comparison of your child's performance against all other Australian students in their year level.
- Teachers use the NAPLAN results to determine your child's areas of strength and where future focus is required and how best to provide support or extension activities.
- School teachers use the online NAPLAN Toolkit to analyse your child's results. The Toolkit provides detailed information right down to the individual question with links to teaching strategies.
- Principals, senior staff and others use NAPLAN results to inform school planning and to allocate resources and support including informing decisions around targeted programs and initiatives for individuals and groups.

The best way you can assist your child is by helping them to feel comfortable about the nature and purpose of the tests, and assure them that the tests will give them an opportunity to show what they have learned in class.

For more information about the national tests, please visit the national NAPLAN website at: <http://>



DSi Down Syndrome International

World Down Syndrome Day

For further information on our WDSO 2015 campaign or Down Syndrome International visit www.worlddownsyndromeday.org or www.ds-int.org.

World Down Syndrome Day


21 March 2015

21 March 2015 marks the 10th anniversary of World Down Syndrome Day (WDSO) and each year the voice of people with Down syndrome, and those who live and work with them, grows louder.

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Carswell Coaching Holiday Tennis Clinic
Wednesday 8th April to Friday 10th April
9am to 11 am each day

Newstead Tennis and Squash Centre, Olive Street Newstead
enquiries or enrolments phone Mat 63261020 / [0417390261](tel:0417390261) or e matcarswell@yahoo.com.au



FROM SELFIES TO SIX PACKS


UNDERSTANDING ADOLESCENCE TODAY

Dannielle Miller
Maggie Dent

Two of Australia's leading adolescent authors and educators — Dannielle Miller and Maggie Dent — have created an inspiring seminar that explores the dynamic, confusing time of adolescence in today's modern context. Maggie will explore the unique changes that occur during adolescence, which explain why bedrooms go off, things get lost and communication can become a challenge. As a boy champion she will cover the 'six packs' aspect of the evening. Dannielle is recognised as a passionate girl champion and she will explore this time of transition with information that will help you guide your adolescent girl towards adulthood with self-respect, assertiveness and self-esteem. This seminar is excellent for parents, educators, youth workers, allied health professionals, doctors and anyone who gets to live with or work with adolescents.

Date: Monday 27th April 2015
Venue: The Tramsheds Function Centre, Auditorium, 4 Invermay Rd, Launceston, Tasmania 7248
Time: 7pm-9pm
Cost: \$30 per head
Bookings: www.trybooking.com/HENY
Books & resources available for purchase at the event.

The Launceston presentation of this event has been made possible through the support of the following organisations:



ABOUT THE SPEAKERS

Dannielle Miller is an author, educator and media commentator. She is the co-founder and CEO of Australia's largest provider of workshops aimed at empowering teen girls, Enlighten Education, and the founder of Goodfellas, a new initiative supporting teen boys. Her books include *The Butterfly Effect*, *The Girl with the Butterfly Tattoo* and *Loveability*.

Maggie Dent is an author, educator, and parenting and resilience specialist. She has extensive experience as a high-school teacher, and counsellor with young people and their families, in suicide prevention and palliative care. She is the mother of four adult sons. She has written seven books including *Saving Our Adolescents*.

enlighten education **Maggie Dent** positively improving lives