

Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton (129 families following)

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

"To share your weakness is to make yourself vulnerable; to make yourself vulnerable is to show your strength"

–Criss Jami

"What it means to be authentic and vulnerable is to be more concerned with truth than opinions, to be sincere and not pretend, to be free from hypocrisy: "to walk your talk". It means to know who you are and to be that person, to not fear others seeing your vulnerabilities, being confident to walk away from situations where you can't be yourself, being awake to your own feelings, being free from others' opinions of you, accepting and loving yourself"

Sue Fitzmaurice

I am quietly confident that when we hear the word vulnerable, we more often than not see it as a weakness or flaw, rather than a strength. There are different contexts in applying the concept of vulnerability. I am interested in writing this newsletter, at the concept of us being vulnerable in our relationships with others and ourselves.

On the long weekend my family spent some time with friends down at their shack. We had a fantastic time particularly out on the water taking turns on a blow up banana boat trailing behind a speed boat. Not everyone wanted to have a go and I can fully understand why, (particularly seeing the great enjoyment others took in seeing me struggle to get back up on the banana boat, every time we fell off). If I had allowed myself to opt out because I would be embarrassed or vulnerable to being made fun of then I would have missed out on a fantastic experience. I cannot remember laughing so hard at the pure joy of 'good clean fun' in years. It was long overdue and badly needed!

In the school setting I have always believed it is better to plan broadly, start and try seeing what happens rather than plan, plan some more and then plan again, waiting until things are perfect. When we do this as a school we open ourselves to be vulnerable. Vulnerable to getting it wrong, not knowing all the pitfalls ahead of time and to not always getting things going smoothly. Now of course I am not advocating being unprofessional or irresponsible in decision making but rather learning from the 'doing' than the theory or 'textbook'. It is often only in the doing that we really see what the planning can never tell us. This vulnerability then leads to improvement because we have not narrowed down the potential of the idea for fear of others and their opinions.

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From the Principal:

When you are an employee in a school, particularly in terms of leadership, your private life and decisions are vulnerable to the judgement of others. Spending time with friends or members of the school community outside of school you are vulnerable to how others see this or how others see you with your professional 'hat' off. While frustrating, this is life and each job has its benefits and its frustration.

At the same time as members of a Catholic community based on clear values, I think we do have a responsibility to model what we say and 'preach' in our workday, outside in our personal lives. If we espouse kindness, justice, fairness, treating others with respect and solving problems in calm respectful ways without resorting to personal and harsh words, then surely we need to make a real effort to do this ourselves as parents and teachers.

Not everyone would agree with me on this and that is ok. Do I always meet these standards myself? Absolutely not? Is it ok to keep making the same mistakes? No! At the same time being vulnerable in living your life provides you with great opportunities to learn about yourself and, just as importantly, others (friends, parents, staff and wider community) in how they respond to different situations.

I think it would be so sad that our children were so frightened of being vulnerable that they did not make the most of what life offers them. Too worried that others would ridicule them because, as we know, often those that ridicule are just insecure about their own flaws and insecurities not willing to take the chance themselves.

For me, the most powerful teaching our children witness is the teaching adults in their lives provide. The actions, words and behaviours they see us live out. If we want our children to be more vulnerable and in the process actually gain great strength of character and belief then the first step is being vulnerable ourselves.

Matt during March

- ❖ The week starting 16th March I will be on Grade 6 Davie camp from Monday to Wednesday. Our school policy is that any camp must have at least two teaching staff in attendance and a vehicle other than bus accessible for the welfare of staff and students.
- ❖ The week starting 23rd March I will be on Grade 6 Claessens camp from Monday to Wednesday.
- ❖ Each Friday from 12:30 onwards I help coach one of our 5 /6 Cricket teams

Please still do not hesitate to contact me directly during these times via email or if needed mobile phone. Mel Beety, Helen Halley and Jane Hills can also be points of contact during this time as well.

Before and After School Expectations

Mrs. Deb Scott will be at school from 8am each school day for any students not under supervision of their parent/guardian. Students will continue to go to our Presentation Gym, as is the case now.

- ❖ If a student is here before 8:20 a.m. without their parent/guardian, they need to go to the Gym. **The cost will be \$2 per child per day, paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

Students leaving with non parent / guardians

A reminder if parents are taking other students other than their own children early from school, written permission is needed from that child's parent before the school can let them leave with someone other than their parent/guardian.

Camps

This coming week our Grade 5 classes and Grade 6 Davie head off on their camps. We wish the students all the best, thank parents who have volunteered to be part of the experience and look forward to what they have learned and experienced when they return.

Best Wishes to Angie Burnell

Angie Burnell, who has been working as our Grade 3/4 co-teacher, unfortunately is unable to continue in this role. I want to thank Angie for her time at SHS, albeit shorter than planned, and on behalf of our school wish her and her family all the best in the coming weeks with the arrival of their baby.

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From the Principal:

SHS Community Facebook

We now have over 200 people accessing our Community Facebook page. It is a newsfeed to see what is happening in the school each day that probably you are not aware of or get access to, as well as important news and information when needed.



Kinder 2016

I encourage all existing families who have a child who is 4 years of age on the 1st January 2016 to get an enrolment package from our school office. I would also encourage you to make contact with families and friends who you know are looking at enrolling their children at S.H.S. to also make contact with the school as soon as possible.

Early Numeracy Interviews

All Prep to Grade 3 classes have completed the Early Numeracy Interviews. Feedback from these 1:1 Numeracy interviews has been sent home with your child earlier in the week. I encourage parents to read the information carefully and direct any questions to their child's teacher.

**The Uniform Shop will be closed on
Thursday 19th March**

**Orders can be emailed to
shs.clothingpool@catholic.tas.edu.au**

**No lunch orders on Friday 20th March due
to the School Fair**



~ March 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
15th	16th Gr 5 Camp Gr 6D Camp	17th Gr 5 Camp Gr 6D Camp	18th Gr 5 Camp Gr 6D Camp	19th NIJSSA Swimming Carnival 10am Strings program 1.30pm Band program UNIFORM SHOP CLOSED	20th 9am Assembly 12.30pm Gr 5/6 Summer Sport SHS School Fair NO LUNCH ORDERS	21st
22nd	23rd Gr 6C Camp	24th Gr 6C Camp 7pm P & F Meeting	25th Gr 6C Camp	26th 10am Strings program 1.30pm Band program	27th 9am Assembly 12.30pm Gr 5/6 Summer Sport	28th
29th	30th Transition to winter uniform	31st 3.15pm Gr 5/6 Book club	1st April	2nd April 10am Strings program 1.30pm Band program END OF TERM 1 BBQ & Plain clothes day	3rd April GOOD FRIDAY	4th

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

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CELEBRATING HOLY WEEK & EASTER 2015

LAUNCESTON PARISH

PARISH LENTEN RECONCILIATION (2ND RITE)

7.30PM, WEDNESDAY 25TH MARCH AT ST FINN BARR'S CHURCH, INVERMAY

HOLY THURSDAY, 2nd April

MASS OF THE LORD'S SUPPER

- 7.30pm Church of the Apostles
44 Margaret Street, Launceston
- 7.30pm Carmelite Monastery
7 Cambridge Street, West Launceston

GOOD FRIDAY, 3rd April

STATIONS OF THE CROSS (OUTDOORS)

- 10.30am Church of the Apostles
- COMMEMORATION OF THE LORD'S PASSION
- 3.00pm Church of the Apostles
- 3.00pm Carmelite Monastery

HOLY SATURDAY, 4th April

1ST RITE OF RECONCILIATION (CONFESSIONS)

- 10.00am Church of the Apostles

EASTER VIGIL & MASS OF THE RESURRECTION

- 7.30pm Church of the Apostles
- 11.00pm Carmelite Monastery

EASTER SUNDAY, 5th April

- 8.30am Carmelite Monastery (Please note time)
- 9.00am St Patrick's College Chapel (Family Mass)
Cnr Mt Leslie & Westbury Roads, Prospect
- 9.00am St Finn Barr's Church
247 Invermay Road, Invermay
- 10.30am Church of the Apostles

Please Note
NO 6.30pm EVENING MASS
at Church of the Apostles on Easter Sunday

Tuesday Book Club 2015

WONDER BY R J PALACIO

*You can't blend in
when you were born
to stand out.*

*My name is August. I
won't describe what I
look like. Whatever
you're thinking, it's
probably worse.*



The next meeting is
Tuesday 28th April
from 3.15pm - 4.30pm.
in the staff room
Everyone welcome from
Grades 5 & 6

PALM SUNDAY PILGRIMAGE – Sunday 29th March

Every member of our school community – students, staff, families and friends are encouraged to join with other school and parish communities from right around Tasmania for the sixth Palm Sunday Pilgrimage event! Filled with energy, hope and faith, this is a celebration of World Youth Day 2015, Palm Sunday and all Catholic schools, parishes and organisations! This massive celebration includes something for everyone: Pilgrimage Walk from Lindisfarne to St. David's Park (Hobart) for Festivities rachelle.smith@aohtas.org.au in the Park; Free music, dancing, giant slide, sumo suits, kid's activities. Food and Drink available for sale; Street Procession to St. Mary's Cathedral for an inspiring celebration of Palm Sunday Mass! Great opportunity to unite as one Archdiocese and have loads of fun! **Bus available from Launceston**, but you **MUST BOOK!** For more information and to register go to: www.cymtas.org.au or contact Rachele Smith: or 0400 045 368

Bus from Launceston (Palm Sunday Pilgrimage)

We really appreciate the effort that those from the north of the state make to travel to be a part of this state-wide celebration – it isn't a celebration of all our Tasmanian Catholic schools and parishes without you!! To try and make it as easy as possible we have a subsidised bus travelling from Launceston to Palm Sunday Pilgrimage and return. Bus will depart Church of the Apostles, 44 Margaret Street, Launceston at 7.00am and return departing Hobart at 4.45pm. Return single ticket is \$15 or Family Ticket \$50. **PLEASE BOOK** your seat on the bus by no later than **20th MARCH**. Book at: www.cymtas.org.au

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ATWTP

Thursday 26th February

Congratulations to the "Welcoming and Wearing Uniform with Pride" students who celebrated ATWTP

Thank you to Mrs.Northeast for making yummy and healthier food



Prep Hills
PAYTON HEYWARD
HAMISH GOODY

Prep Best
COLBY CRAWFORD
AIDEN ILLINGWORTH

1 Underlin
ELARIA ACQUAROLA
ORLA KELLY

1 Crawford
STELLA TYSON
HARRY CIBIK

2 van Ryn
EMELIA MACRI
CHRISTIAN DORAN

2 Reid
JAMES HOGARTH
EVA O'SHEA

3 Hood
MIA GOODY
JETT HILL

3 Symons
MONTANA DI MAIO
SETH CLARKE

4 Wood
EMILEE FAULKNER
COREY GUIVER

4 Hegarty
ELLA FEELY
JACKSON NORTHEAST

5 Viney/Sydes
ELIZABETH HANNAH
PARKER SHEA

5 McLeod
LUCY PETRACH
SOPHIE ILLINGWORTH

6 Claessens
PHOENIX ADAMS
ABBY DONALD

6 Davie
JOE ROBINSON
PIAF GEORGE

Live Life Simply Day

*Live life simply day is a day
where instead of spending money on
things that are not necessary,
we live simply and give the money
we would have spent to others in need,
so that they can simply live.*

*Live Life Simply Day on
Wednesday, 25th March.*

*Instead of having your normal recess/lunch
bring the money you would have spent on it
and have a bowl of rice instead
* Bring your own prepared rice or
rice substitute meal.*

All donations go to Project Compassion.

Thanking you in anticipation ☺

Move Well Eat Well

**Less screen time =
more time for play!**



TURN OFF,
SWITCH
TO PLAY

Screen time is:

- watching TV and DVDs
- playing computer games
- playing electronic and hand held games

**Too much screen time can mean less time
to be active and play with friends and
family.**

**Turn off the screen and switch
to play!**



For more information and for family ideas on
healthy eating and physical activity visit:
www.movewelleteatwell.tas.gov.au

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Grade 2 Fishing excursion to Beauty Point



SOS

Dear parents,

In **Prep** we are building a castle. We want it to be gigantic and awesome. If you have any boxes or 1 litre milk cartons could you please bring them in tomorrow and over the next few weeks. Also we have discovered that castles have turrets. So if you have any cardboard rolls, please bring them in too. So anything that can help would be very much appreciated.

Springs
Chains
Wood
Boxes
Cartons
Tubes
Foil



Thank you, from Prep

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Good luck to the following students who will be participating in the NIJSSA swimming carnival next Thursday 19th March

Grade 3 Girls	Grade 3 Boys
Summer Alexander	Oliver Baldock
Phoebe Martin	Sam Dick
Molly Tanton	Max Maloney
Mackenzie Bowman	Max Symons

Grade 4 Girls	Grade 4 Boys
Grace Campbell	Sam Cowley
Abigail Van Niekerk	Jackson Northeast
Shae Nichols	Zak Costello
Ella Feely	Fletcher Harper

Grade 5 Girls	Grade 5 Boys
Mia Baldock	Parker Shea
Lucy Petrack	Conor Dobson
Lillian Snare	Will Cowley
Isabella Johnston	Liam Jones
	Hamish McKenzie

Grade 6 Girls	Grade 6 Boys
Jade Nichols	Jonte Adams
Mia Titmus	Harrison Mills
Hannah Sydes	Ripley Martin
Kara Hennessy	Jacob Zupan
	James Culpeper
	Jackson Armour

Reminder

NIJSSA SWIM TEAM TRAINING SESSION

Reminder that there is training for all swim team members this Friday 13th March at the Riverside pool. Students will travel to and from the pool by bus. Students need to bring their drink bottle, cap, bathers, towel and wear full Sports Uniform



**EARLY CHILDHOOD LITURGY IN THE CHURCH OF APOSTLES
- GREAT TO SEE SO MANY PARENTS JOINING US**

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The Spirit of Jesus is Alive in:

Prep Hills	Xavier Davie For being a fantastic listener in class	Tamsyn Brock For showing a great improvement with skipping
Prep Best	Jeremy Churchill-Bakes	Sylvain de Clouet-Cooper
Grade 1 Crawford	Geordie Kotynia For respecting others and his great writing this week	Miller Page For using great imagination in Drama
Grade 1 Underlin	Grace McDonald For being a kind friend	Oscar Marsden For stepping up
Grade 2 Reid	Jack Adams For a fantastic recount of our fishing excursion	Jasper Jamieson For a fantastic recount of our fishing excursion
Grade 2 van Ryn	Lucy Van Zetten For putting extra effort in her maths and ICT work	Jorja Thomas For being the top fisher person at our fishing excursion
Grade 3 Hood	Asha Lowe For great addition skills during maths groups	Oliver Tys For excellent creative writing skills during novel study
Grade 3 Symons	Thomas Mineall For his enthusiasm in all he does	Isla Cooper For a positive attitude in class
Grade 4 Hegarty	Sierra Di-Maio For trying your best in all learning areas	Barnaby Jones For your excellent work on our History unit
Grade 4 Wood	Isabella Davie For the excellent presentation of written work	Sam Cowley For a great attitude and effort in all your work
Grade 5 McLeod	Liam Jones For an outstanding week	Milly Lewis For being a beautiful friend in our classroom
Grade 5 Viney/Sydes	Amali Zwart For tackling all tasks with a determination to do your best	Georgia Hoyland For being a great role model to others with the dedication and effort she gives to everything
Grade 6 Davie	Isobelle Mathers For a great application towards all school tasks	Blade Sulzberger For a wonderful application towards all school tasks
Grade 6 Claessens	Abby Donald For her hard work and caring way with others	Lachlan Pearn For being a "great bloke" and having a fine attitude

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Sacred Heart School Fair

FRIDAY, 20TH OF MARCH 2015

5PM TO 8PM



Rides, food,
drinks,
chocolate
wheel, craft,
fair bags, face
painting.....
all the fun of
the FAIR



Only 1 week to go till the Fair.....

Cake Stall



Cake Stall plates will be coming home tomorrow with students. We would like parents to make a cake, biscuits, muffins or other goodies to sell on the cake stall at the Fair.

Donations can be dropped off at the Presentation Hall from 8am onwards. To abide the food licence requirements we need a record of all donations to keep. When you drop off your donation your name and child's class or a phone number will be recorded. Thank you in advance for your generous donations. For any further information please contact Melissa Bushby mob: 0417 656 279



Stall Helpers

Volunteers still needed please sign up in the classrooms if you have not returned your preference sheet. Class volunteer rosters will be sent home early next week to confirm your time spot.

C h o c o l a t e
Wheel Thank you to those parents that have brought in donations, we have a nice selection of smaller prizes and a few vouchers for goods and services. We still need a lot of donations to make the Chocolate Wheel a success. Prizes can be toys, gift lines, vouchers for restaurants, shops, car services, hairdressers, beauty therapies etc. the possibilities are endless. Prizes can be for adults or children. Please donate now to help make the Chocolate Wheel a

feature of the Fair. For further information please contact Maree Wright

RIDE WRISTBANDS
on SALE now from the
School Office
\$25 pre-sales
\$30 at the Fair

Fair Ride Wristbands Get your Ride Wristbands now for the discounted price of \$25, will be \$30 on Fair night. Wristbands provide unlimited access to ALL of the rides at the fair from 5pm to 8pm. Buy your pre paid wristband by 4pm on Thursday 19th of March at the school office. Pre paid wristbands are then collected at the Fair from outside the Presentation hall next to



Helpers needed to set up the Fair Friday 20th March. From 9am meet on the oval.

Treasure Chest Keys FOR SALE NOW
\$2 keys can be purchased from Grade 5 McLeod as they visit classrooms this week
Try opening the chest from 6pm at the



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Food Donations



Thank you for the donations already recieved.

- BBQ sauce
- Tomato sauce
- White sugar
- Maple Syrup
- Soy sauce
- lemon juice bottles
- Small wraps (mission or homebrand preferred)
- Brown onions

Please bring *donations in by Tuesday 4pm* to allow us to purchase whatever foods still required for the fair. Donations can be left at the office or in classrooms.



The craft stall has some amazing new items for sale as pictured below. Check them all out in the hall at the fair.



Donors and Sponsors



BCG PROPERTY SERVICES
CARPET STEAM CLEANING
0400 968 140



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THE EXAMINER
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VICTORIA'S FLOWERS
WINDMILL HILL TOYS
ZONE 3 LASER TAG

Many thanks
to our
generous supporters

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National Assessment Program – Literacy and Numeracy (NAPLAN) 2015

NAPLAN (National Assessment Program – Literacy and Numeracy) commenced in Australian schools in 2008. Each year, all students in Years 3, 5, 7 and 9 participate in common national tests which assess:

- Reading
- Writing
- Language Conventions (spelling, grammar and punctuation)
- Numeracy.

The scheduled dates for the tests in 2015 are Tuesday 12 May, Wednesday 13 May and Thursday 14 May.

The benefits of participating in NAPLAN testing:

- NAPLAN tests the skills that are essential for every child to progress through school and life such as reading, writing, spelling, grammar and numeracy.
- NAPLAN results provide valuable information on how your child is progressing against national minimum standards of literacy and numeracy skills expected for each year level.
- The NAPLAN tests provide you as parents with an individual report that shows your child's results and a comparison of your child's performance against all other Australian students in their year level.
- Teachers use the NAPLAN results to determine your child's areas of strength and where future focus is required and how best to provide support or extension activities.
- School teachers use the online NAPLAN Toolkit to analyse your child's results. The Toolkit provides detailed information right down to the individual question with links to teaching strategies.
- Principals, senior staff and others use NAPLAN results to inform school planning and to allocate resources and support including informing decisions around targeted programs and initiatives for individuals and groups.

The best way you can assist your child is by helping them to feel comfortable about the nature and purpose of the tests, and assure them that the tests will give them an opportunity to show what they have learned in class.

For more information about the national tests, please visit the national NAPLAN website at: <http://>

**World's Greatest Shave** [Sign Up](#)

**Cube Seaport 26 Mar**

Come along to the Curly Locks Cocktail Party for World's Greatest Shave.

There will be a live auction and lucky door prize.

Adults \$30 per person and Children \$15 per person (Children under 12 years of age), this attendance donation includes canapes and arrival drinks.

Numbers are limited so please contact Ali on 0407 656 103 to lock in your place and for further information.

5/28 Old Launceston Seaport Boulevard, Launceston 7250



LAUNCESTON AUSKICK SEASON 2015 UPDATE
OPEN TO BOYS AND GIRLS FROM AGE 5-7years
WE URGENTLY NEED 3 VOUNTEER COACHES TO RUN IN 2015
We need coaches confirmed by Sunday 15 March 2015!!
Otherwise we will have to take the unfortunate step of cancelling the season.
Coaching enquires to Richard on 0419 308 481

Registration Day Plans – Windsor Park Football Ground, Riverside
Launceston Football Club rooms
Saturday March 21 st, 10am- 11:30am
Pre-register online now (select Launceston) no payment
Membership Pack (\$70-80 price tbc) pay on day.
For enquiries contact Alison - Mobile 0448 456 886 or
launcestonauskick@gmail.com

Like us on [Face Book Launceston Auskick](#) for updates and weblinks
If we do not get any coaches we will cancel registration day.