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Sacred Heart School Newsletter

Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton (96 families following)**

From the Principal:

Please visit our website for more detailed information, video and photo galleries of our school: www.sacredheartl.tas.edu.au

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

Catholic – Definition:

'kaθ(ə)lik/

“including a wide variety of things; all-embracing.”

One of the aspects of my role I find challenging is having to allocate Kindergarten enrolments in our school for the following year. Demand for positions often far exceeds available places. With baptised Catholic children and any children of S.H.S. families getting first preference, there are often not many places left once these have been allocated.

We are a Catholic School not an Independent School. Often this is a forgotten or an ignored reality. We are about inclusion, embracing of difference and supporting students and families who are marginalised. Yet at the same time we can be perceived as 'exclusive' as it is difficult to get into our school for many families.

For families, students, staff and all who are proud members of the S.H.S. Community it is timely to be reminded of what our Vision Statement says:

“God loves you absolutely, just as you are. At Sacred Heart we love each other as God loves us. To love and to be loved allows all of us to flourish and become the best that we can be: in ourselves, in our relationships and in our learning.”

What does this mean in reality? It means we have high expectations, however we start from where you are at! Whether that is in spelling, mathematics, socially or in terms of behaviour. We know that mistakes will be made and we hope that all see these mistakes as opportunities to learn and improve the next time (whether that is in spelling, mathematics, socially or in terms of behaviour). It means that some or many won't succeed the first time, or the second time or even the third time. This is ok as long as you are trying (whether that is in spelling, mathematics, socially or in terms of behaviour).

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From the Principal:

If we support and embrace the philosophy of educating the whole child, then this means the *whole* child. It doesn't mean just the parts that are convenient or warm and fuzzy. It means the warts, faults, mistakes that happen often and with regularity. Why? Because we care and we want to be part of a community that forgives, supports, challenges and encourages. Consequences will sometimes follow but high expectations will remain, not giving up on people unless they are unprepared to support the values that are core to our school and all interactions within it.

The true test of being supportive of our Catholic values rather than just a school that is Independent or 'Private' is how willing we are to forgive, develop greater tolerance and empathy of others who we may not like, in fact may strongly dislike. This is very difficult but as a Catholic school it is fundamental to who and what we stand for!

Loose Parts Play

Please if you have any of the following items we would really appreciate you donating them to our school to use as part of our playground time. You can drop them near the bottom of the stairs in the administration area and we will start organising them to use with our students.

- ✓ Rope
- ✓ Tarp material
- ✓ plastic tubing – eg. plumbing



Catholic Education Week

This coming week across Tasmania, Catholic schools will celebrate Catholic Education Week. Our Grade 6 students along with Gr. 6 students from other schools in Launceston will come together to celebrate a Mass at S.T.M. with the Archbishop. Staff will be part of Recognition Award ceremonies on Wednesday after school, recognizing colleagues who have made significant contributions to Catholic Education in Tasmania.

Disability Parking Spaces

Please be respectful of allowing people who need these car spaces to be able to access them. We all know the challenges around car parking and collection of our children. We are all in the same situation, however, it is not appropriate and results in fines for parking in a disability parking space without displaying the permit.

Enterprise Bargaining : Industrial Action

Today, across the Catholic sector, many staff took part in organised industrial action. In our school it is a credit to the staff we have that this is a respectful and supportive process for those that have chosen to take part, along with those staff that have not. I am unsure what will happen going forward and like all people hope for a reasonable and agreed resolution as soon as possible.

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From the Principal:

Parent/Teacher/Student mid year conversations

Some cancellations were necessary due to the extreme weather last Thursday. Our school, through Karen Cettolin, will be contacting parents to reschedule these conversations. We realise that this may be difficult to coordinate, however, we think conversations about the development of your children to be worth it.

The Tasmanian Catholic Education Office want to hear from you about how best to keep you informed about the Catholic education community in Tasmania including using social media and networking sites. If you would like to participate, please complete this short online survey by Friday 22 August 2014:

bit.ly/communications_survey

School Captains for Term 3 & 4



**Kiarna Strauss, Sophie Petrack, Bethany Vidler,
Bailey Gillow, Elijah McCullagh**

NEXT FRIDAY NIGHT



An Invitation for the whole Family

Hope to see you all at the ever popular

ROCK AND ROLL NIGHT

Come and join the fun and do the Macarena or get your Grease
Lightening moves going.

Friday 15th August

Doors open 5.45pm till 8pm

St Ailbes Hall

\$10.00 per family

BYO Takeaway Tea/Snacks and Drinks

*Your child/ren have been practising their dance moves for weeks and
are ready to ROCK the night away with Mr Nas's great music.*

*Parent/Guardian supervision is essential, not the
responsibility of staff or P & F.*



**The "Mr.Nas dance" in daily
fitness**

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R.E News

St Mary MacKillop's Feast Day falls on 8th August. As Australia's first and only saint her life speaks volumes about goodness and faith.

Mary MacKillop's motto was:

*Never see an evil without
trying to find a remedy.*

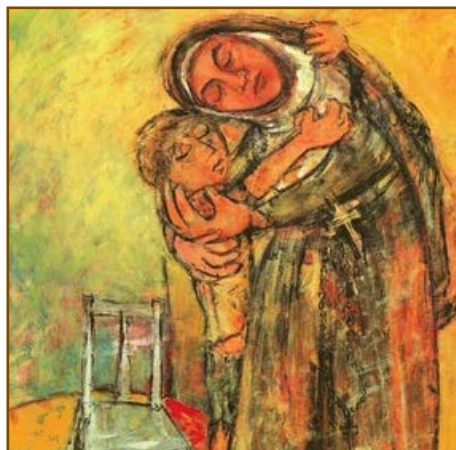
In the past I have asked students to think about what this means to them and how they could use this motto in their daily lives. But it is equally as good a question for us adults.

Mary MacKillop said, in 1909,

"Do not be afraid.

*Love one another and bear with one another and
let love guide you in all your life".*

♥ May this beautiful message help and encourage you as you set about living out her message of love, care and compassion for all.



HELEN HALLEY - FAITH, MISSION and WELLBEING

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~ August 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
3rd	4th	5th	6th	7th • No Band Program Today • Gr 3-6 attending the PCYC performance of CATS at the Princess Theatre	8th • 9.30am Strings Program • 2.20pm Assembly	9th
10th	11th	12th • 6pm Board Meeting	13th	14th • 11.30am Band Program	15th • 9.30am Strings Program • 2.20pm Assembly • 6pm SHS Rock'n'Roll night	16th
17th	18th	19th	20th Book Week Buddy reading Time	21st • 11.30am Band Program Book Week The Great Book Swap	22nd • 9.30am Strings Program • 2.20pm Assembly Book Week Book Week Parade	23rd

Reminder : School Photos 26th & 27th August

All basketball forms for the Primary Schools Basketball Tournament **MUST** be returned to Mr Davie by Wednesday 13th August



Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14

TERM 2 Monday 05.05.14 to Friday 04.07.14

TERM 3 Monday 21.07.14 to Friday 26.09.14

TERM 4 Monday 13.10.14 to Wednesday 17.12.14

EASTER Good Friday 18.04.14 to Monday 21.04.14

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 17.12.15

UNIFORM SHOP NEWS

shs.clothingpool@catholic.tas.edu.au

2014 Opening Days

Thursday's 2.00pm - 4.00pm

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Recent students of the week

Prep Hills	Ethan Ercole For working hard to learn his sight words	Alec Jeong For working hard to learn his sight words
Prep Best	Luwanna Beeton For fantastic sounding out of words in her writing	Lily Smith For great sounding out of words in her writing
Grade 1 Crawford	Layla Brown For being a wonderful friend	Gidget O'Connell For amazing reading this week
Grade 1 Underlin	Georgia Millwood For challenging her thinking!	Leo Bailey For always giving 100%
Grade 2 van Ryn	Anaiya Madden For improvement in her writing	Isla Cooper For a great effort in English
Grade 2 Reid	Kate Rigby For a positive attitude and all work completed to a very high standard	Lucas Powell For a positive attitude and all work completed to a very high standard
Grade 3 Hood	Ruby Howe For working hard to achieve your maths goal	Ella Feely For always having a positive attitude to everyone in class
Grade 3 Symons	Jorja Rayner For kindness to others	Xavier Barker For an improved attitude during Circle Time
Grade 4 Smith	Amelia Duffy For consistent and diligent application	Cooper Warren For social and work skills A+
Grade 5 McLeod/ Illingworth	Campbell Newman For being a Go Kart in Term 3	Thomas McLellan For interest and enthusiasm in Geography
Grade 5 Viney/Sydes	Jesse Madden For actively participating in class discussions and taking more risks	Esmae Morrow For her dedication towards challenging herself in areas of both strength and weakness
Grade 6 Claessens/ Thompson	Harrison Blyth For making such a positive & determined start to the term Amy Pereira For reflecting sunshine throughout the class and her lovely approach to life	Ela Iezzi For an easy going approach to life and a light hearted sense of humour
Grade 6 Davie	Chloe Heather For being a consistently hard worker, striving to improve	Kiarna Strauss For working diligently in all tasks, producing some great work

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Guess What?

Exciting News!

Did you know that Sacred Heart Parents and Friends are having a



Sunday 9th November 2014

9.30am to 1.30pm

On the School Oval

Markets are fun! You can always grab a bargain and is a great way to sell all your preloved, unwanted items.

You may have new products to promote and sell? Come to the Market and show off your wares.

Trestle table sites are selling for \$20 (discounts if own table supplied)

Don't miss out. Book your table today!

For enquires and table bookings email shsl.pnf@catholic.tas.edu.au

Another Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.



Terrapin Puppet Show

Move Well Eat Well

Beware of food advertising

Many TV ads promote 'occasional' food and drinks that are high in salt, fat and sugar.

What families can do:

- Limit your child's TV viewing to less than 2 hours each day.
- Talk to your child about why food advertisements are made.
- Discuss why you are choosing not to buy the foods or drinks advertised.
- Discuss some 'everyday' foods that are better choices than the 'occasional' foods seen on TV.

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au



LIMIT
OCCASIONAL
FOODS



Move Well Eat Well

How to pack a rubbish-free lunch

Focus on fresh 'everyday' foods

- many types of fruit and vegetables don't need packaging, the scraps can then be added to the compost

Don't buy single serve packaged items

- reduce waste and save money

Use reusable containers

- (don't forget to name them!!)



Get your kids involved

- this can save you time and children enjoy taking responsibility

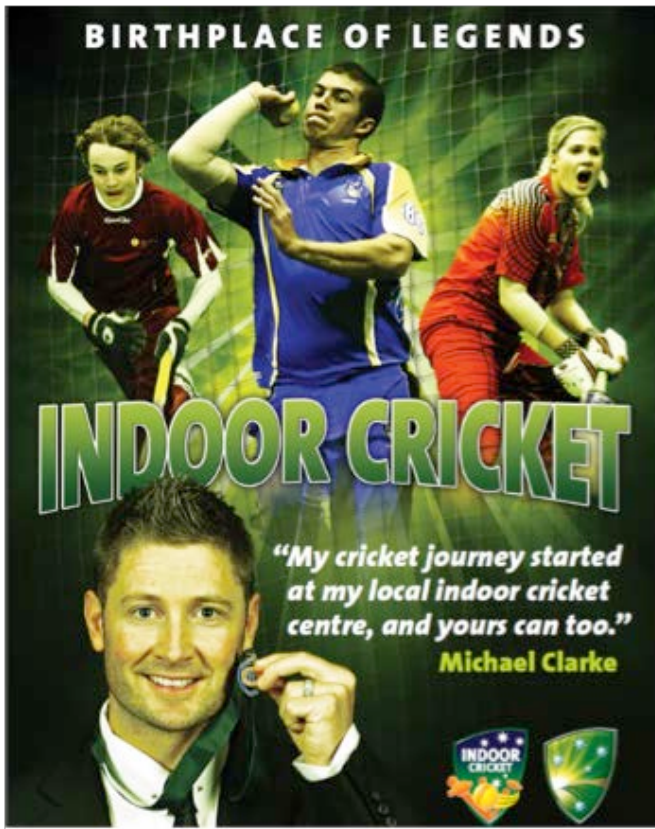
For more rubbish-free lunchbox ideas visit:
www.movewelleatwell.tas.gov.au/families



LIMIT
OCCASIONAL
FOODS

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BIRTHPLACE OF LEGENDS



INDOOR CRICKET

"My cricket journey started at my local indoor cricket centre, and yours can too."
Michael Clarke

INDOOR CRICKET

Term 3 Indoor Cricket Roster

Boys and Girls aged 10 -12yrs

Become the next cricket legend like Michael Clarke by playing Indoor Cricket in winter!

Get a team of 6 from school together or come along to be placed in a team. A ½ hr clinic on the first afternoon will get everyone up to speed with skills and rules of the game.

When: Mondays from 28th July
 3:30pm-5:00pm (Games 4-5pm)

Where: Launceston Indoor Sports Arena,
 Racecourse Cres (behind Kmart)

Cost: \$5 per game (per week)
 Bring bat & gloves (if you wish), but supplied otherwise, also bring box if you have one.

Any enquiries- Troy 0457064490

P & F News

Mid Year Raffle Books

The P & F Mid-Year raffle has begun and raffle books were sent home last week. If you haven't received your book yet, spare books are available from the office. The raffle will be drawn at the Rock'n'roll night and Thankyou for supporting this fundraiser.



can drive 2014

allows the people of Launceston to help the needy through winter

and you can help...

If you are able to donate any cans of food or non-perishable food items, please bring them into school and leave them at the bottom of the stairs under the office

Get involved and support this great cause and the Launceston Benevolent Society.

If everyone in Launceston donated just one can, we would make an amazing difference!

Launceston Benevolent Society

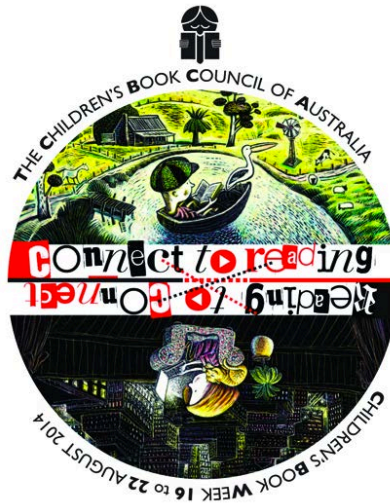
can DRIVE



Thanks to:    

Sacred Heart School Newsletter

Book Week 2014: Saturday 16 August - Friday 22 August



Connect to reading ~ Reading to connect

Connect to reading is about enjoying the experience of exploring story, and travelling to other worlds.

The reflected slogan. Reading to connect, has a broader social meaning, suggesting that reading assists in creating a bond with others. Within the world of the contemporary child, this is also relevant as they read books and they read to connect through a variety of media.

Book Week is an exciting time at Sacred Heart School. We are going to have 3 exciting events occur during Book Week this year.

Wednesday August 20th

Buddy Reading Time: On Wednesday, each student brings in their favourite Book from home. After lunch, we will go the Gym and meet with our Buddies to share our favourite book. Big Buddies can bring a book they can share with their little Buddy.



Thursday August 21st

The Great Book Swap, we are asking students to bring in a Book from home and a Gold coin. Students can swap their Book and donate a gold coin which supports the Indigenous Literacy Foundation. You can read more about the Indigenous Literacy Foundation at: <http://www.indigenousliteracyfoundation.org.au/>

In our school, Esmae Morrow from Grade 5 is our Indigenous Literacy Ambassador.

Friday August 22nd

We will hold a **Book Week Parade** on Friday at 9:00am in the School Gym. Students can dress up as their favourite Book Character. It doesn't have to be fancy, just fun.



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Catholic Education Cyber Awareness Week August 24 – 30.

During this week all classes in our schools will have a focus on Cyber Awareness as it is an important issue in today's world. Mobiles, ipads and the internet have certainly changed our world, becoming an essential part of our lives. But how do we balance all the great things that come from our digital and online world with the potential risks? Keeping children safe online, aware of what to do and how to behave online will be a focus of the Cyber Awareness Week. In the next three weeks there will a focus on what you, as parents and guardians, can do to help your children be safe online at home for 5-7 years, 8-10 years and 11 – 13 years. Also a brochure published by the Australian Communications and Media Authority (ACMA) called "Cybersmart Parents' Guide to online safety" will be sent home to each family.

5 – 7 years olds

For this age group the internet and mobile devices are mainly for fun. They might enjoy catching up with their favourite TV characters or websites like ABC for Kids, CBeebies or The Wiggles. On mobile devices they will play games like The Wheels on the Bus, Cookie Doodle, Fun Phonics games and drawing activities. All of these can help children with hand and eye coordination and how to read better but because they're young they need you, as parents and guardians, to be involved and engaged, offering guidance and supervision – Just as you would in the real world. They may want to spend hours on end on a particular website or they may have trouble working out the difference between reality and fantasy or what is advertising and what is editorial and because they're young they may trust anyone. It is crucial that ground rules are put in place as early as possible.

Something to think about:

- Sit with your child and get involved and make them use computers/devices in a shared space
- Set up Parental controls and Safe Searching on devices
- Don't assume your child is only assessing age appropriate websites
- Start teaching them why it is important to keep personal information to themselves
- Encourage them to come to you if they do come across anything that makes them uncomfortable
- **Set rules about the time spent on digital devices and remember children should have an hour before sleep time free of using digital devices.**