



Phone: 6331 1011

227 York Street, Launceston Tasmania. 7250

Email: shsl@catholic.tas.edu.au

Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (we currently have 83 families following)

From the Principal:

Our P.B.S. Values are:
Respect for Ourselves
Respect for Others
Respect for our Learning

In recent days the newspapers have been reporting the debate over a proposed ban on scoring, results and awards at under-10 AFL football matches, saying children need to learn to win and lose. The AFL-developed guidelines, which are being rolled out around the nation, state that players up to 10 years of age must play modified rules games for no premiership points. There are also no finals, no ladders, no match scoring and no players' names published. Skill clinics and participation carnival days may be held but representative teams are banned. The ban has previously been used in under-8 and under-9 games.

I know if we surveyed our school community that opinion would be divided on this debate. I was reading an article by Michael McQueen a social researcher in TOPICS Magazine that provides some interesting perspectives that in part are connected to the debate outlined above:

'In the late 1970's the self-esteem movement gained momentum within education and society in general. A shift from 'seen and not heard' to children being more 'recognised, prized and encouraged' developed over this period of time. Children were now more likely to be told that they are 'special', 'unique' and can achieve 'anything'. Whilst there is no question of the overall value and benefit of this approach there is some evidence now of 5 'shadows' that have resulted as by-products of an 'over-focus' of self-esteem for self-esteem's sake.

Depression:

Increasing evidence that with increased focus on how students feel about themselves and life that our generation of students are increasingly more likely to be vulnerable to depression.

Narcissism:

The over focus of self-esteem can also great as a by-product, many individuals having an excessive preoccupation with themselves, with social media providing plenty of evidence of this.

Dependence:

With over focus of self-esteem that younger adults and students are becoming dependent on being affirmed for everything rather than for what is above and beyond what should be expected. Ideally a person shouldn't need affirmation for just doing what is commonly expected for everyone to do!

Apathy:

The trend of 'everyone gets a prize' mentality can rob students and young people of genuine pride in their achievement and striving to do a better job than what they did first attempt. Students are also becoming increasingly aware of empty flattery rather than focused and genuine feedback. Apathy to positive praise can develop.

Fragility:

The most telling factor of the 'shadow' of self esteem in excessive praise and affirmation, is the way young people then struggle when give the opposite of this; dealing with criticism, feedback and disappointment.'

Sacred Heart School Newsletter

Our school continues to focus on the importance of positive relationships and behaviours. We focus strongly on developing proactive rewards and recognition for the right decisions and behaviours rather than just highlighting students when they make mistakes, errors and poor choices with behaviour.

Having a positive approach does not mean we avoid criticism!

Having a positive approach does not mean we avoid situations where students experience disappointment, setbacks and mistakes!

You cannot develop resilience if you never experience moments to be build resilience from. Like most debates the best outcome resides somewhere in-between the opposing views.

Students can tell you who is the best speller, reader, runner, kicker, marbles or hopscotch player. At the same time the priority should be developing learners that collaborate with others and compete against themselves.

Simultaneously, we need to also develop young people that can accept criticism, feedback and not take it personally. Students need to learn to win with humility and lose with grace. To accept that we all have different gifts and talents, knowing they are not better just different.

Students need to learn to wait their turn, that sometimes it is not all about them and that we must think of others as much as we think of ourselves. Rather than generalising praise, a focus on being sincere, explicit and specific with praise brings better results.

Of course all of the above does not just apply to our students, as adults the themes and message is no different.

Official Opening Refurbished Facilities:

Tomorrow we officially open the refurbished Prep to Grade 2 classrooms. Archbishop Porteous will bless the buildings at the opening. Members of Capital Projects committee for Catholic Education, fellow Principals and S.H.S. Board members will be part of the invited guests. Our Prep to Grade 6 students will be celebrating the liturgy as a whole school.

Grammar Challenge:

We wish the following students all the best in the Grammar Challenge this weekend. Eboni Sydes, Ava Drew, Antonina Visentin, Ela Iezzi, Amelia Hoyland, Meg Jones, Sophie Petrack and Bethany Vidler. It is a weekend of problem solving, creative team work and challenges with students staying over night.

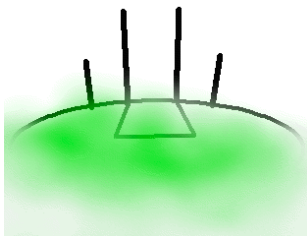
Positive 'Buddy' Culture:

See below a note sent in to our school from a parent impressed by the attitude and help of an older student who was their daughter's buddy. We have obviously kept the names anonymous.

'Dear (teacher) my daughter mentioned that her buddy (.....) helped her out the other day when she was upset. The buddy could have easily turned away and not helped but chose to do the right thing. I understand that this is part of (name of buddy) job with being a buddy but this kind of kindness deserves recognition and award. Could you please pass this onto the teacher'.....

A.F.L. Goals:

Our goals are now up and for many of our students it is a fantastic and exciting development. Thanks to Mr. Brett Mansell who helped us apply for the funding of the goals and padding. Thanks to Mr. Bennett who worked on the weekend in getting the goals and netting set up.



Noodles/soup from canteen:

Noodles/ soup will not be sold in the canteen for the immediate future. We have already had one accident with hot water spilling onto a student and causing minor burns. Even though this was a genuine accident we do not want to place students at risk.

In 2013 we asked all families to not bring these items to school and asking the canteen or teachers to heat them up. This still applies in 2014.



Sacred Heart School Newsletter

Kindergarten Enrolments 2015 - Existing families:

If any existing families have children that will be 4 years of age on January 1st 2015 they are eligible for Kindergarten. Please contact our school office to enrol your child and confirm your place for 2015.

Emergency Practise: Lockdown:

Next term we will hold an unannounced emergency practise with staff & students to go into a Lockdown situation. This is to test our response to a potential scenario that staff identify as a threat warranting the school go into lockdown (opposite to evacuation).

Much preparation has occurred in the lead up to this, by the school with police support. Like for fire evacuation drills, we recognise the worth to test this process.

If you have queries you are welcome to call our Safety Officer Simon Natoli on 0400 105 476

Afternoon Tea with the Principal: April

At the end of April 2 students from each class will be chosen for being outstanding in being GoCarts.

April/	Go Karts Not BillyKarts	✓ <i>Are you motivated to learn?</i> ✓ <i>Do you take responsibility for your own learning?</i> ✓ <i>Do you work hard when your teacher is not watching you?</i> ✓ <i>Do you contribute positively when working in a group?</i>
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Reminder

School banking is every Wednesday, please hand bankbooks to your class teacher.



Car Parking Margaret Street:

We have had families parking at the end of the school day in the turning circle area. The impact on families and cars in trying to manoeuvre around an already very tight space is made worse. We have included a photo today of the area to show the area that is **NO PARKING BEFORE OR AT THE END OF THE DAY.**



No parking in Bus stops



No parking in the turning circle

Sacred Heart School Newsletter

MJR NEWS

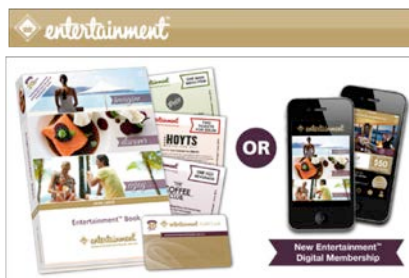


As part of MJR Mr Davie has been working with our Kinder's and Early Childhood classes on being Bucket Fillers. We learnt that everyone has an INVISIBLE BUCKET and when that bucket is full of love, praise and happiness we feel happy and special. Each one of us has the power to fill someone else's bucket up by sharing, being kind, including others in our games.

- > Saying please and thank you.
- > We all can be Bucket Fillers!

Parents and Friends News

The 2014/2015 Entertainment Book is released on 8th April and due to popular demand is coming to Sacred Heart School. More information on how to purchase your copy will be coming soon.



Mini Vinnie's

Our Vinnie's team has had their first meeting which was very well attended by fifty enthusiastic participants. The year ahead promises to be a very fun filled, productive one.

Congratulations to our office bearers:
 President - Bethany Vidler
 Vice President - Aleigha Gumley
 Treasurer - Cheyanne Whitchurch

Our first fundraiser will be a food stall to be held on Tuesday the 8th of April at Recess. So come along and buy some yummy treats at at bargain prices!

Being a Bucket Filler - Grade 1 Underlin reflections

On Thursday we went to MJR and we learned about filling others buckets up with Mr Davie. When you are sad your bucket is empty. When you are happy your bucket is full. We had to fill the buckets up to make people happy.

Abbey Berlese

Filling peoples buckets up means there is a bucket we can't see. If you didn't have anything in it you would be sad. If your bucket was full you would be happy. That is what bucket filling means.

Gidhil George

Being a bucket filler means to be sharing and kind and help. We made our own buckets and we cut them up and stuck them on a piece of paper.

Oliver Viney



Care for Africa Back Packs, Book Bags NEEDED

Education is a basic human right. Like all human rights, it is universal and undeniable, everyone regardless of gender, religion, ethnicity or economic status, is entitled to receive an education.

In September 2014 CFA volunteers including Annie Lee in Kinder will travel to Tarime, Africa to assist with 3 weeks aid work. During this time the volunteers will give out educational supplies to support students who attend class with "**nothing**".

We are in desperate need of any bags that could be used to fill with an exercise book and pencils. Bags could be library bags, draw string bags, backpacks or canvas shopping bags.

We hope to have 400 bags to enable us to give one to every student at Mtana school.

If you can assist, please bring in your bags and leave them in Kinder Halley - Thankyou!



Sacred Heart School Newsletter

~April 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30th	31st March	1st	2nd	3rd	4th	5th
			<ul style="list-style-type: none"> • 9.20am Prep H Lent Liturgy 	<ul style="list-style-type: none"> • 11.30am Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 9.30am Strings Program • 11am Official opening by Archbishop 	
6th	7th	8th	9th	10th	11th	12th
		<ul style="list-style-type: none"> • Mini Vinnies Cake stall fundraiser at recess time • 6pm Board Meeting 	<ul style="list-style-type: none"> • 9.20am Prep B Lent Liturgy • Live Life Simply Day 	<ul style="list-style-type: none"> • Grade 4 Camp • 11.30am Band Program 	<ul style="list-style-type: none"> • Grade 4 Camp • 9am Assembly • 9.30am Strings Program • Gr.3 Fundraiser, Project compassion, Sacred Heart rock icecream 	
13th	14th	15th	16th	17th	18th	19th
	<ul style="list-style-type: none"> • Transition to Winter Uniform 	<ul style="list-style-type: none"> • Gr.3 Holybank excursion 	<ul style="list-style-type: none"> • 9.20am Gr.1 U Lent Liturgy • 2.15pm Gr.2 Reid Book club 	<ul style="list-style-type: none"> • 11.30am Band Program • 2pm Holy Week Liturgy • END OF TERM 1 	<ul style="list-style-type: none"> • Good Friday 	
20th	21st	22nd	23rd	24th	25th	26th
<ul style="list-style-type: none"> • Easter Sunday 					<ul style="list-style-type: none"> • Anzac Day 	
27th	28th	29th	30th	1st May	2nd May	3rd May

~ May 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
4th	5th	6th	7th	8th	9th	10th
	<ul style="list-style-type: none"> • Term 2 begins • Full Winter uniform 		<ul style="list-style-type: none"> • 2.30pm Easter Liturgy 	<ul style="list-style-type: none"> • 11.30am Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 9.30am Strings Program 	
11th	12th	13th	14th	15th	16th	17th
		<ul style="list-style-type: none"> • NAPLAN Testing • 6pm Board Meeting 	<ul style="list-style-type: none"> • NAPLAN Testing • 10.30am Gr.6C class liturgy 	<ul style="list-style-type: none"> • NAPLAN Testing • 11.30am Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 9.30am Strings Program • 12.30pm Gr 5/6 Friday Sport 	
18th	19th	20th	21st	22nd	23rd	24th
	<ul style="list-style-type: none"> • Launceston Competitions all week 	<ul style="list-style-type: none"> • 7.30pm P & F meeting 		<ul style="list-style-type: none"> • 11.30am Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 9.30am Strings Program • 12.30pm Gr 5/6 Friday Sport • Prep -Gr. 2 Cross Country 	
25th	26th	27th	28th	29th	30th	31st
		<ul style="list-style-type: none"> • SHS practice day for Cross Country • 7pm First Reconciliation 	<ul style="list-style-type: none"> • 10.30am Gr 5 V/S Class Liturgy 	<ul style="list-style-type: none"> • SHS Cross Country at Heritage Forest 	<ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Friday Sport • Kinder Enrolments for 2015 due 	

Sacred Heart School Newsletter

Live Life Simply So Others May Simply Live

As a school, we are celebrating Live Life Simply Day on Wednesday, 9th April. Why not consider having a Live Life Simply time at your home with your family by having a very simple meal together (eg: rice) and giving the money that you would have spent on that meal to Project Compassion (please note: it doesn't have to be the same day as our school's Live Life Simply Day).

Project Compassion during Lent

Just a reminder to please return your Project Compassion boxes to the office or classroom by end of this term. Your donations to Caritas' Project Compassion give expression to the Gospel imperative to pursue justice and help those who are the most vulnerable to extreme poverty and injustice.



Inspiration from Pope Francis

The best incentive for sharing the Gospel comes from contemplating it with love, lingering over its pages and reading it with the heart. If we approach it in this way, its beauty will amaze and constantly excite us. But if this is to come about, we need to recover a contemplative spirit which can help us to realise ever anew that we have been entrusted with a treasure which makes us more human and helps us to lead a new life. There is nothing more precious which we can give to others.

(Evangelii Gaudium 264)

Reward offered

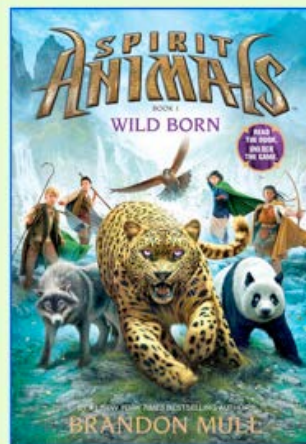
Square diamond earring, sterling silver lost at Sacred Heart on Monday 24th March between 12.30pm -3pm. Please hand in to the office if found.

Tuesday Book Club

Spirit Animals

Wild Born

by Brandon Mull



"In the world of Erdas, four children are about to discover if they have a spirit animal bond, a rare link between human and beast that gives great powers to both. Separated by vast distances, Conor, Abeke, Meilin, and Rollan each see a flash of light . . . and then the animals emerge. Wolf, leopard, panda, falcon. Each of the children has summoned a beast of legend. Now their fate is set. The four heroes and their animals must band together on a dangerous quest. A dark force from the past is rising, and only they have the power to stop it. The fate of Erdas has fallen on the shoulders of these brave strangers . . . and on you."

The next meeting will be Wednesday 16th April
from 3.15pm - 4.30pm.

Everyone welcome from Grades 5 and 6.

ANZAC Day March:

Each year we invite our students to represent the School in taking part in the ANZAC Day March. Anzac day this year falls in the Term 1 School Holidays. If you know you will be available during the holidays and your child would like March with the School please contact our School Office. We will create a list and send information out towards the end of Term with specific details once they are provided to the school.

Students will be expected to wear their winter uniform on the day.



Just wanted to say a huge "Thankyou" for the money raised for The Road Trauma Support Team through "Nails For Tails" day. We were so overwhelmed & proud of the amount the students raised on Friday. Natalia Pearn's parents were also very thankful to the Sacred Heart families for getting behind this worthwhile cause. The total raised was a massive \$250.80

Thanks Again

Cassandra



Recent Students of the week

Prep Best	Alex Woolley For being a helpful and friendly class member	Luwanna Beeton For fantastic use of the 5L's of listening
Prep Hills	William Zhu For making a great effort in learning lots of new words	Oliver Woolley For doing a fantastic job of narrating the story of Goldilocks
Grade 1 Crawford	Imogen Bennetts-Menis For being a very helpful friend	Gidget O'connell For trying her best in all areas of school
Grade 1 Underlin	Oliver Wright For always doing his best	Leo Bailey For his awesome work in Science
Grade 2 van Ryn	Dillan Norton For writing a fantastic description of the Launceston War Memorial William Andrews For always being a WEST person	Piper van Emmerick For writing a fantastic description of the Launceston War Memorial
Grade 2 Reid	Mia Goody For being a WEST person, always friendly and helpful	William Saunders For approaching all tasks enthusiastically
Grade 3 Hood	Fletcher Tyson For demonstrating outstanding IT skills on the iPad	Ioan Hardy For being focused and concentrating in class
Grade 3 Symons	Elina McCormack For great effort in reading	Evan Pereira For improved concentration in class
Grade 4 Smith	Nicholas Reid For his diligent approach in all areas	Cameron Spencer For his Fantastic IMovie
Grade 5 McLeod/Illingworth	Thomas Geale For commitment and effort in the reading program	Jade Nichols For her friendly and helpful nature
Grade 5 Viney/Sydes	Kara Hennessy For always showing right time, right place for behaviours and attitude	Lachlan Pearn For having a great work ethic and attitude towards his learning
Grade 6 Claessens	Amy Periera For being a quiet dedicated achiever All of Grade 6 Claessens For a wonderful camp with a wonderful group of children	Patrick Donald For being a team player and always considering others
Grade 6 Davie	Stephanie Crosswell For the dedication and effort she has shown in all class learning activities. Well done Stephanie!	Connor Griffin For outstanding attitude and effort in class. Fabulous work Connor!

Sacred Heart School Newsletter

UNSW Exams

We are again offering Grade 4 to 6 students an opportunity to participate in the University of New South Wales exams in Writing, English and Mathematics. These exams will be held throughout the year at school for interested students. The exams are marked by the University of New South Wales and all children will receive a detailed copy of their results and a certificate of merit. There is a cost associated with these exams and they will give students a wonderful opportunity to test their knowledge and skills. If you are interested in these exams, then please email Linda Sydes before the end of term 1 for more information.
linda.sydes@catholic.tas.edu.au



Lost property

There are lots of unnamed items in lost property which is now kept at the bottom of the stairs below the office, if you are missing any items of clothing, lunchbox's etc please check lost property. Also please check your child's items for any items accidentally taken home.



2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14

TERM 2 Monday 05.05.14 to Friday 04.07.14

TERM 3 Monday 21.07.14 to Friday 26.09.14

TERM 4 Monday 13.10.14 to Wednesday 17.12.14

EASTER Good Friday 18.04.14 to Monday 21.04.14



SACRED HEART CATHOLIC SCHOOL

**Parents and Families
are invited to the
BLESSING AND OFFICIAL OPENING
OF REFURBISHMENT
PREP, GRADE ONE AND GRADE TWO
BUILDING**

Blessed by
His Grace Archbishop Julian C Porteous
Archbishop of Hobart

11.00am Friday 4th April 2014

By their fruit
you will recognise them Matthew 7:16

The Indigenous Cross is about the good fruit that comes from knowing the Lord, in all areas of our lives ~ Narelle Urquhart

Live Life Simply Day

*Live life simply day
is a day where instead of spending money on
things that are no necessary,
we live simply and give the money we
would have spent to others in need,
so that they can simply live.*

*Live Life Simply Day
on Wednesday, 9th April.*

*Instead of having your normal recess/lunch
bring the money you would have spent on it
and have a bowl of rice instead
* Bring your own prepared rice
or rice substitute meal.*

All donations go to Project Compassion.

Thanking you in anticipation ☺

Sacred Heart School Newsletter



Grade 6C Camp at Woodfield Lodge

Last Monday saw Grade 6 Claessens head off to Camp at Woodfield Lodge. We were blessed with fine weather and lots fun filled activities which included flying fox, archery, bush walking, ice skating, swimming, and ropes courses to name but a few activities. It was lovely to see the most positive and enthusiastic way the class participated and interacted with one another. Perhaps the highlight and most moving moment of the camp was our liturgy. The talent show certainly was also lots of fun and provided us with many laughs. Special thanks must go to our parents, Nick Roney, Anita Periera, Andrew Petty and Miss Lauren Thompson for attending and doing such a fine job helping out.



Sacred Heart School Newsletter



APRIL
13

You are invited to join with us in celebrating World Youth Day, Palm Sunday and the Catholic Church of Tasmania. People of ALL AGES AND ALL PARTS OF THE STATE are invited to come together as one Church, one faith community, to celebrate all that we are. Every parish, school, organisation and their family and friends are encouraged to join us for one huge celebration!

10.15 AM

GATHER AT KANGAROO BAY, BELLERIVE - PILGRIMAGE WALK
Join with hundreds of other Tasmanians as we make an 8km pilgrimage walk from Bellerive, around the picturesque waterfront, across the Tasman Bridge and through to Hobart's Waterfront at Princes Wharf 1.

12.30PM

PRINCES WHARF 1 - CONCERT & FAMILY FUN DAY
If an 8km walk is not for you, make sure to join us at the concert and family fun day and participate in the rest of the day! Walkers scheduled to arrive at 1pm. There will be: BBQ lunch (by donation); tea, coffee, cold drinks and snacks for sale; free activities for children and a concert by James Edwards & Band!

2.30 PM

STREET PROCESSION THROUGH HOBART

Be a part of our vibrant Church as we process, with police escort, and full of colour, energy, fun and faith through the city of Hobart to St. Mary's Cathedral.

MASS AT ST. MARY'S CATHEDRAL

Procession culminates with celebration of Palm Sunday Pilgrimage Mass at St. Mary's Cathedral.

3.30PM



Buses will depart:

5.30am: Burnie Yacht Club, Burnie
6.00am: Our Lady of Lourdes, Devonport
7.00am: Church of the Apostles, Launceston
9.45am: St. Mary's Cathedral, Hobart
If you are from Hobart, or decided to make a weekend of it and driven yourself

from the North of the state, park your car at St. Mary's Cathedral and get the bus from the Cathedral to Bellerive. Your car will then be waiting for you at the end of the day.

You MUST book a seat on a bus by no later than 4th April.

Tickets \$15 pp return or \$50 family ticket. You can book and pay for your bus ticket when you register online

FEATURING SPECIAL GUESTS

Sam Clear

Sam is the ultimate pilgrim, having walked 15,600km across the world (on foot!) on a mission for Christian Unity. With nothing but his backpack and the hospitality of those he came across as he spread his mission from Brazil to Spain. He knows a thing or two about pilgrimage and is a great person to help lead us in pilgrimage on the day. Sam is Tasmanian, having grown up in the North of our state, but is currently based in Sydney as he visits schools around the country sharing his story, mission and experience! We are excited to have Sam as part of our celebration and pilgrimage.



James Edwards

James is a Catholic singer/songwriter from Victoria. He has recently released his debut album, 'Empowered'.

James also wrote the theme song for the Australian Catholic Youth Festival, and along with his band, he inspired all at the Youth Festival to celebrate, dance, pray and reflect through his music. James and his band will play at Princes Wharf 1 and lead us in music on our procession through Hobart.



REGISTER & WIN!



Register for this awesome event and you will automatically be entered into the draw to win a number of prizes including accommodation, restaurant and store vouchers. Register at www.cymtas.org.au
We appreciate early registration to assist us with planning!

Catholic Church Insurance Platinum Sponsor for Palm Sunday Pilgrimage



CELEBRATING HOLY WEEK & EASTER IN THE LAUNCESTON PARISH

SECOND RITE OF RECONCILIATION

7.30pm, Tuesday 8th April

St Finn Barr's Church, Invermay

HOLY THURSDAY, 17th April

7.30pm: Mass of the Lord's Supper

Church of the Apostles AND Carmelite Monastery

GOOD FRIDAY, 18th April

10.30am: Stations of the Cross

(outdoors at Apostles)

3.00pm: Commemoration of the Lord's Passion

Church of the Apostles AND Carmelite Monastery

HOLY SATURDAY, 19th April

7.30pm: Easter Vigil Church of the Apostles

11.00pm: Easter Vigil Carmelite Monastery

EASTER SUNDAY, 20th April

8.30am: Carmelite Monastery (Please note time)

9.00am: St Patrick's Chapel, Prospect

(Family Mass)

9.00am: St Finn Barr's, Invermay

10.30am: Church of the Apostles

Please Note: there is NO 6.30pm MASS at the Church of the Apostles on Easter Sunday



In 2014 the Premier's Reading Challenge will run for 10 weeks during Terms 2 and 3, from 10 June to 18 August. This includes the July school holidays, providing students with an opportunity to continue with their reading over the break.

This is a great opportunity to get more Tasmanian students reading and enjoying books.

Sacred Heart School Newsletter



Northern Tasmanian Christian Soccer League

2014 Season Launch

Dear Parent / Guardian,

Come and join us at the 2014 NTCSL launch

Windsor Park Soccer Fields, Riverside
Saturday April 12th
9:00 – 12:00

Registration 9:00-12:00

Finalise your registration for the 10th May start to the season

Skills Clinics 9:30-11:30

Get the kids into some pre-season training with some skills clinics led by Victory League players from the Northern Rangers FC.

Grass Roots Coaching Course 9:30-11:30

Team managers or parents wishing to learn more about the game are invited to attend this practical introductory course run by Northern Rangers FC senior coach Tim Lunnon.

- Bring joggers as this is a practical, hands-on course.

New Players welcome!

