



PARISH OFFICE: 44 Margaret Street, Launceston 7250 **PHONE:** 6331 4377
E-MAIL: apostles@bigpond.com
OFFICE HOURS: 10.00AM - 3.00PM on MONDAY - FRIDAY; CLOSED ON WEDNESDAYS
PARISH TEAM: Fr Leonard Caldera, Fr Jessie Banez
Carolyn Gutteridge—**Parish Secretary**
Rosie Caelli—**Sacramental Co-ordinator**
FACEBOOK: @CatholicParishLaunceston

Sixteenth Sunday in Ordinary Time - Year B - 21 July 2024

FIRST READING

Jeremiah 23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks! 'See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.'

RESPONSORIAL PSALM

Ps 22. R. v.2

(R.) The Lord is my shepherd; there is nothing I shall want.

1. The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. (R.)
2. He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff,
with these you give me comfort. (R.)
3. You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. (R.)
4. Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. (R.)

SECOND READING

Ephesians 2:13-18

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!**

GOSPEL

Mark 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.



We are located on the country of the Tyerenotepanner, the Panninher and the Litarimirina people of the Stoney Creek Nation. We acknowledge and pay respect to the Traditional Owners, who have cared for land, sea, waterways and sky, as the ongoing custodians, for thousands of years. We honour Elders, past and present. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.

Dear Parish Family, Thoughts to ponder this weekend;

This is Jesus with his disciples. The disciples had been sent out, maybe a few weeks before (as we heard last Sunday), to the towns and villages, to teach about the Kingdom of God. The Kingdom of God is near, the Kingdom of God is here, the Kingdom of God is within you. And now they all come back, and he gathers them around, and they tell him, and he asks them, how was their journey as we hear in this weekend's Gospel. Mark describes it:

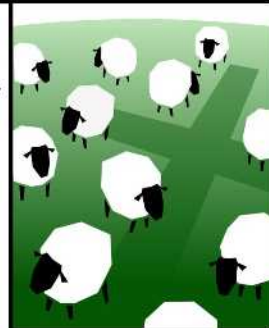
The apostles gathered together with Jesus and reported all they had done and taught. And Jesus said to them, *"Come away by your selves to a deserted place and rest a while."* They're going on retreat.

And I am sure that there's an agenda and Jesus is going to preach to them, and teach them, and make sure they understand what they are doing. But, when he disembarked and saw the vast crowd, his heart was moved with pity for them. Pity, in this sense, doesn't mean to feel sorry for them. The Jewish word really means, it doesn't have the idea of looking down on them, the idea is he feels very sad, because, as he says, they are like sheep without a shepherd, they don't know where to turn.

Jesus responds very different to two groups of people in today's Gospel. The first group –the Apostles. Who have just returned from their mission and are very tired, thought they have much to learn, Jesus knows that their primary need at that time was to rest. The second group- the crowds, who are lost and dejected. They are seeking something from Jesus, so he sets about to instruct and teach them at length.

Our church communities are a mixture of both this groups, people who are tired after a busy and stressful week and simply need to find that quiet solitude in the presence of the Lord. As well as those who come into the Church, who are lost, lonely and broken who seek God's comfort, peace and assurance in their worries. The Lord gives comfort to both this groups with assurances of His life giving word.

I would like to conclude this reflection with a prayer from St Columba, *'My dearest Lord, be though a bright flame before me, be Thou a guiding star above me, be Thou a smooth path beneath me, be Thou a kindly shepherd behind me, today and for evermore.'* Amen.



Dear parish family,

Each week during this year of prayer, the parish newsletter will carry an article on various elements of our faith, in order to better understand our faith and our spiritual formation. This week I would like to reflect about a common but powerful Sacramental that we use whenever we bless ourselves – Holy Water. (Read all about it on page 04)

Some events that will be celebrated in our parish in the next few weeks.

Launceston Catholic Parish celebrates - World Grandparents and Elders day. *Next Sunday 28th July 2024.*

Come join us to celebrate our Grandparents and elderly, for their love, commitment and care to our families and to the parish.
(Special blessing during all Masses on the 27th/ 28th July)

Eucharistic Miracles Exhibition and Relic of Blessed Carlo Acutis. *Sunday 04th August 2024.*

Venue – Pastoral Centre, Church of the Holy Apostles.

A unique opportunity to learn more about the real presence of the Lord in the Blessed Sacrament in this exhibition curated by Bl. Carlo Acutis himself. Who is known as the saint of the Eucharist, and to pray before his relic. A young saint of 15, who will be canonised next year during the Jubilee celebrations.

A VOCATION VIEW

When the apostles were trying to reflect on their ministry, Jesus asked them to “come by yourselves to an out-of-the-way place”. Listening to God in quiet prayer is very important in vocational discernment. Listen to God’s voice in an out-of-the-way place.

YOU ARE ASKED TO PRAY

FOR OUR NEWLY BAPTISED especially **Edric Richards** (Jake and Katherine), **Dominic Pollock** and **Camryn Bruce** (Gavin and Jessica) who will celebrate the Sacrament of Baptism within our parish this weekend.

FOR THOSE WHO ARE SICK: Dymna McCann, Brigitte, Pat McCarthy, Shirley O'Byrne, Fiona Hood, Marlene Egidio Tosello, Ray Atley, Sr Mary Joseph OCD, Qian Zhang-Alchin, Kathy Aldred, Cheryl Dawtrey, Rowena Villacampa, Kevin Quadros, Will Smith, Merril Thompson, Tina La Palombara, Noelene Bye, Peter Brumby, Maria Holton, Louisa Buttazzoni, Patsy Heath, Alex Thrower, Alida Moolenschot, Sharon Manzone, Suzy Fenton, Elizabeth Nettlefold, Shirley Ambrose, Bev Callahan, Helen Wright, Alfred Weeding, Maureen Saunders, Mary Carter, Scott Bailey, Ralf Roston, Kristel Latham, Jennifer Dowell, Andrew Campbell, Bill Lewis, Eduardo Bilanes, Brian Beardwood, Jane Gillard, Joel Wilkinson, Jesse Moore, Elaine Blake, John Walsh, Clare Maddox, William Siegrist, Anne Harris, Jane Savaro, Amelia Eckert, Allison Thambugala, Ava Woolley, David Lewis, Christian Barrett, Xavier Banks, George Donovan, Jan McClean, Peter Marshall, Ellen Bortolot.

FOR THOSE WHO HAVE DIED: Kevin Sullivan, Patricia Sydes, Ernesto Divona, Carmine Brunacci, Alwyn Hudson, Anna Van Riel, Phyllis Berne, Audrey Illingworth, Kaye McLoughlin, Lisa Bergamin, Don Phillips, and we remember all victims of the COVID-19 virus.

FOR OUR PARISH FAMILY AND THE WIDER COMMUNITY: We continue to pray for the gift of healing and peace for all who contract the virus, especially for those who are in hospital, and for their families.

PARISH ACTIVITIES, INFORMATION AND NEWS

CATHOLIC WOMEN'S LEAGUE will be holding its next meeting on **Tuesday, 23rd July**, at the Parish Centre, Margaret St. Rosary to start at 12.30 p. Followed by the meeting proper at 1pm. All newcomers welcome. Enquires: Victoria on 0408398785

PRESENTATION ASSOCIATES Our next gathering will be on 10th August commencing at 2pm in the Church of Apostles meeting room.

MORNING AND EVENING MEDITATION will be held in the **Stables, Emmanuel Centre** on **Tuesdays at 11am** and **Wednesdays at 5pm**. All are welcome. Enquires: **Tina: 0417305546**

MONDAY NIGHT ROSARY Every Monday in Church of the Apostles at 7.30pm. Come along and offer your thanks to "Our Blessed Mother Mary" for the Blessings she bestows on us each day. **All Welcome**.

LECTIO DIVINA Every Friday morning 10.30 am for 1 hour, at the Pastoral Centre, Lectio Divina - Contemplating and praying the scriptures for the upcoming weekend Mass readings. A time to slow down, to listen with the ears of your heart. Everyone is welcome.

FRIDAY HOLY HOUR Adoration and Exposition of the Blessed Sacrament takes place for one hour every Friday after the 12noon Mass at the Church of the Apostles.

THE CARMEL SHOP: The Carmel Shop is open between 11am—4pm on Wednesdays.

Copies of the latest edition of **The Catholic Standard** are available in the Church. The online version is available on the Archdiocese of Hobart website.



WEEKEND MASS TIMES

Saturday	5.00pm Vigil	Sacred Heart, Newstead
Sunday	7.30am	Carmelite Monastery
9.00am	St Finn Barr's	Invermay
9.00am	St Patrick's Chapel	Prospect
10.30am	Apostles	
5.30pm	Apostles (April to September)	

WEEKDAY MASSES 22nd—27th July

7.30am Monday to Saturday at Carmelite Monastery

Tuesday:	12noon	Newstead
Wednesday:	5.30pm	Apostles
Thursday:	12noon	Invermay
Friday:	12noon	Apostles
Saturday:	7.30am	Carmel

RECONCILIATION

Saturday :	9.30am-10.30am	Apostles
	4.15pm -4.45pm	Newstead

MASS LIVE-STREAMED Every Sunday at 9am

Facebook @catholicparishlaunceston or:
<https://www.facebook.com/pg/CatholicParishLaunceston/videos/>
Sunday Mass is also televised every Sunday Morning on WIN and WIN HD, 6.00am - 6.30am.

NEXT SUNDAYS READINGS:

17th Sunday in Ordinary Time

2 Kings 4:42-44

Psalms 144:10-11,15-18

Ephesians 4:1-6

John 6:1-15



Bank details for direct debit donations to support the financial needs of your Parish:

Account Name: Launceston Catholic Parish
BSB: 067 000; Account No: 1031 6153.
Reference: "your surname"

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. AMEN..



Growing up in the Catholic faith you probably wondered about the water basins put up at the entrance of the church and why the water contained inside it is considered Holy. Holy Water is an important part of our Catholic faith and there are many uses for it. To better appreciate its significance in catholic tradition and practices, let's first understand its history and the meaning of Holy Water.

History and usage of Holy Water By Rev. David O'Connor

Most Catholics are familiar with the practice of entering their church, dipping the finger(s) of their right hand in the font with holy water, and making the Sign of the Cross. Catholics repeat this ritual on leaving the church. The holy water in the font is holy, only insofar as it has been blessed (or sanctified) by a priest. The water itself is not magic. Its power depends on the prayers, faith and devotion of the person who uses it. In making the Sign of the Cross with holy water, one expresses faith in God as Father, God as Son, and God as Holy Spirit and asks God's blessing in the name of the same three divine persons. This ritual action of blessing oneself also serves as a reminder of one's baptism.

In the theology of the Catholic Church, holy water is considered a sacramental ("little sacraments") as are crucifixes, medals, pictures of saints, rosaries, ashes and palms. Only when blessed are these to be thought of as holy. The Catholic Church also views as any holy candles, Bibles, ashes and palms that are blessed. All blessed objects are to be treated with reverence and respect; and when they are broken or damaged or no longer usable, they are to be disposed of by pouring into a special hand basin in the sacristy (sacrarium) or buried but never thrown into the garbage.

It is believed that the use of holy water dates to the first century, and even some sources relate its early usage to St. Matthew, although written documentation about its usage dates to the third or fourth century. In the Catholic Tradition, holy water is used for the purpose of baptisms, blessing of persons, places and objects, or as protection against evil and danger.

Holy water is also used by the priest to sprinkle the congregation during the entrance rite of the Mass. It is used by priests when blessing homes, animals, places of business, automobiles, and objects of devotion such as medals, rosaries, etc.

Holy water is usually found in fonts inside the doors of the church. Traditionally, Catholics have used holy water in their homes. They would get a small quantity from their church and have it for use in a font at their front or rear door, or at their bedroom doors. In their homes they would bless themselves as they would at church, and they would bless their children as they tucked them in at night, signing them with holy water on their foreheads. Ministers to the sick use holy water to bless the sick.

The next time you enter or leave a Catholic Church, bless yourself and your children with holy water and begin the practice of doing this in your homes. **Fr Leonard PP**

5th Evangelium Conference

Saturday 3rd August, 2024, Sacred Heart School, Launceston *The first-class relic of Blessed Carlo Acutis and his Eucharistic Miracles Exhibition will also be on display at the Conference! For more information email Ruth Sternberg on evangeliumproject@aohtas.org.au or 0448 537 384.*

Tickets: \$50 per person and ticket sales close on 28 July 2024. <https://events.humanitix.com/evangelium-conference-2024>

Parish Safe Communities Information Sessions

Tuesday 20 August

**Choice of 3 sessions to attend: 11am-12noon;
3pm-4pm; 6 pm-7pm**

Please register using forms available in the Church by 16th August.

Only for volunteers aged 18+ carrying out volunteer work in the Launceston Parish

Children's Corner

Jesus taught them many things

**What did Jesus teach people?
Answer True or False to the following**

"Love your neighbor" _____

"Punish those who dislike you" _____

"I am the wine of life" _____

"Blessed are the meek, they shall inherit the earth" _____

"I am the light of the world" _____

"A rolling stone gathers no moss" _____



The Catholic Parish of Launceston embraces and whole-heartedly supports the Archdiocese of Hobart Safe Communities Policy and Framework.

**Enquiries: Safe Communities officer- Parish Office 63314377 or email: launceston@aohtas.org.au
Safe Communities Information flyer available in the Church**