



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

Gala Day Gr5/6
Friday
March 22nd

Good Friday
March 29th

Student Free Day
Friday April 12

Mother's Day
Celebration
Wed May 8th
Save the Date

School Disco
Friday 16th August
5-6pm & 6:30-7:30pm

Promoting independence in children....

"I'm thankful to all of those who said no to me. It's because of them I did it myself." (Albert Einstein)

"The greatest gifts you can give your children are the roots of responsibility and the wings of independence." (Dennis Waitley)

One of the most important roles for us as parents and educators is to raise responsible, independent children—this can be tough because our natural instinct is to care for and nurture them. However, parents shouldn't wait until children are ready to leave home before they give them responsibility. Training for independence needs to start from a young age and continue into the teenage years. Encouraging independence in children is not just good training for adulthood. It is one of the best ways to promote self-confidence. When we teach children to do jobs for themselves we demonstrate our faith in them and send a powerful message that they are capable. Our actions definitely speak louder than words.

SOME USEFUL IDEAS

- Encourage them to do routine household and family activities e.g tidying bedrooms before school, clearing away dishes, preparing after-school snacks.
- Encourage them to take responsibility for their own homework tasks. Put young children in charge of their reading and get them to remind you that it is reading time.
- Children can do quite difficult tasks if we show them how. Break complex jobs, like making a bed, into simple tasks like arranging teddies and the pillow, progressing to smoothing out a doona and so on.
- When children can tell the time, teach them how to use an alarm clock so they can get themselves up and regulate their own morning routine.
- Be alert to children's readiness and willingness to do for themselves then consider letting your child take over. Ask yourself: 'Is my child capable of doing?'
- Encourage them to prepare their own breakfast and put their own lunch in their schoolbag.
- Show older children how to operate the washing machine and microwave. These are two essential time-savers for busy working parents.
- The most effective way to promote responsibility in children is to give them responsibility.

In this Lenten time what better way to start or continue your child's journey to adulthood than to encourage and promote independence by undertaking some of the ideas listed.

"It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings." (Ann Landers)

Grade 6 Camp

Last week our Grade 6 children spent three days at Blue Lagoon Camp, Dodges Ferry. The children enjoyed a broad range of team building activities designed to challenge children, build class spirit and instil a sense of fun. Some of the activities included archery, rock climbing, beach combing, sea kayaking and the Amazing Race. The children were exceptional in their attitudes and behaviour.

We are indebted to our selfless staff for leading, guiding and supporting the campers. Thanks Mrs Williams, Mr Illingworth, Mrs Viney, Mr Anderson, Mrs Chapple, Mr da Ros, Mrs Crerar and Mr Duffy for your tireless efforts.

Fair

Friday was a wonderful example of the incredible community of SHS. Hours of time and energy had been made towards the night. Organising an event of this type requires commitment from so many people. We are enormously grateful to parents, staff, students, ex-students and community members for your donations of time, energy, goods and wisdom.

Sincere thanks to our stall holders and especially to Kirstie Burnie and Abby Osborne for your efforts as Fair Coordinators.

EASTER MASS TIMES 2024

HOLY THURSDAY 28th March

7.30pm: Mass of the Lord's Supper, Church of the Apostles

GOOD FRIDAY 29th March

10.30am: Stations of the Cross, Church of the Apostles

3pm: Commemoration of the Passion, Church of the Apostles

HOLY SATURDAY 30th March

7.30pm: Easter Vigil Church of the Apostles

EASTER SUNDAY 31st March

9am: St Finn Barr's Church, 247 Invermay Road, Invermay

9am: St Patrick's College Chapel, Westbury Road, Prospect

10.30am: Church of the Apostles

NDIS Holiday program

'Possability' manages a respite program for people with disabilities. This school holidays they are launching their first NDIS funded school holiday program, noting a fairly significant gap in accessible childcare for those with complex needs or requiring more supervision than standard government childcare ratios allow. As the 'duplication of funds' means NDIS services can't be accessed within mainstream schools or childcare settings (for example, having your own NDIS funded support worker support you at school), they're aiming to bridge this gap so that children and parents have access to care in the holidays.

<https://possability.com.au/2024/03/launceston-school-holiday-program/>

Brent Wilson
Principal



Grade 6 Camp





Grade 6 Camp



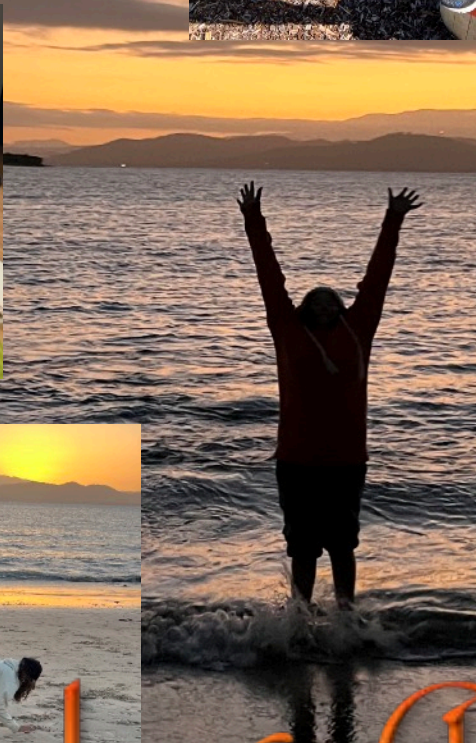
21ST MARCH 2024

Sacred Heart Catholic School

1873-2024 OUR 151ST YEAR

God is always with us.

2024 Newsletter



Grade 6 Camp



Sacred Heart Catholic School			God is always with us.			2024 Newsletter	
March 2024							
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
17th	18th Parish Faith Sharing 3-7pm	19th Board Meeting 6:30-8:30pm Parish Faith Sharing 3-7pm	20th	21st Instrumental Band & Strings 10am-1pm	22nd Assembly 2:05pm-2:50pm Gala Day Gr5/6	23rd	
24th	25th	26th	27th	28th Instrumental Band & Strings 10am-1pm	29th Good Friday	30th	
April 2024							
31st	1st Easter Monday	2nd Easter Tuesday	3rd	4th Instrumental Band & Strings 10am-1pm	5th Assembly 2:05pm-2:50pm	6th	
7th	8th	9th	10th	11th Instrumental Band & Strings 10am-1pm	12th Student Free Day	13th	
14th	15th	16th	17th	18th	19th	20th	
School Holidays							
21st	22nd	23rd	24th	25th	26th	27th	
School Holidays							

2024 Term Dates**Term One:**

Wed 7 February -
Thur 11 April

Easter Break

Fri 29 March -
Tue 2 April

Term Two:

Mon 29 April -
Fri 5 July

Term Three:

Tue 23 July -
Fri 27 September

Term Four:

Tue 15 October -
Tue 17 December

2024 Term Dates**March**

Gala Day Gr5-6 - Friday 22nd

April

Student Free Day - Friday 12th

May

Mother's Day Celebration - Wed 8th
ECE Cross Country - Friday 17th
Grade 5 Camp - Mon-Wed 20th-22nd
Gr3-6 Cross Country - Friday 24th

June

Instrumental Band Soiree - Tues 4th
SHS Feast Day - Friday 7th
NIJSSA Cross Country - Wed 12th
Gala Day Gr5-6 - Friday 14th

Easter Celebration

Dear families,

Please join us over the next two weeks to commemorate Holy Week and celebrate Easter. This year, as Easter falls during term time, we are able to be able to celebrate Jesus' Resurrection together at school.

- Holy Week re-enactment: **Thursday 28 March** (starting at 9:15 am)
- Easter Sunday celebration: **Wednesday 3 April** (starting at 9:15am)

We hope you can join us on one or both days to celebrate the true meaning of Easter.

Farewell and Welcome

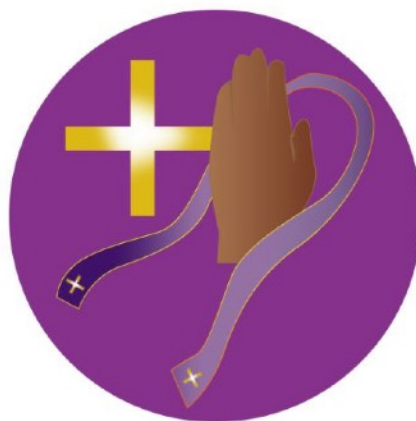
Save the date! All are welcome.

The Launceston Parish Pastoral Committee has organised a farewell party for Fr's Chatty and Ben, who have served our parish and a welcome to Fr Leonard as our new Parish Priest.

Date: Friday 5 April

Time: from 6:30 pm onwards

Where: Croagh Patrick campus at St Patrick's College, Launceston (251 Peel St West, Prospect).



FAITH SHARING SESSION - TWO

Monday 8th or Tuesday 9th April
Church of the Apostles 3-7 pm

FAITH SHARING SESSION - THREE

Monday 6th or Tuesday 7th May
Church of the Apostles 3-7 pm

UPCOMING DATES

Sacred Heart School Easter Basket Raffle

<https://tickets.tasmaniatickets.com.au/outlet/event/2ef3e5fc-ab54-47e5-8af3-a924be06a70b>

Click on the link attached
to purchase your raffle ticket for your
chance to win!

31 prizes to be won, including 3 Major
baskets of Easter chocolate & craft!

All money raised goes towards
supporting our Catholic Agencies

Tickets available now until Sunday 24th March, 7pm.
Winners drawn on Monday 25th March.





Birth to Five Program

Happy Hearts 2024

We have a choice of two sessions each Thursday

10:00 - 11:30

or

12:30 - 2:00

Please join our new 2024 Facebook group to receive weekly updates.

2023 families also need to join the 2024 group, as our current page will close.

Our new link is - [2024 Happy Hearts Setup for Success. SHCS Launceston](#)

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts in 2024!

Beth & Rebecca



KINDER ENROLMENTS

2025

Now Open

Enrolments close 31st May 2024.



Sacred Heart
Catholic
Primary School

Clothing Pool Info

Orders can be emailed to
shs.clothingpool@catholic.tas.edu.au
and will be left at the school office for collection.

A reminder of School Uniform for 2024

Kinder to Grade 2 wear sports uniform all year
Grade 3 to Grade 6 wear full school uniform - Summer and
Winter

Uniform Shop News

New SHS Jackets have arrived and ready to purchase

Size 4-8 \$75.00
Size 10-16 \$80.00

This is a soft shell style jacket containing the SHS logo.
The current green raincoat style jacket is still available to
purchase.
Both jackets are an optional item and will not replace the
current woollen and rugby jumpers

Please see the Uniform Policy for further information.



- The uniform shop is fully stocked for all your uniform needs.
- Thank you for the second hand uniform donations which are passed onto families or available to purchase in the preloved section of the shop.
 - *Please note that we can only use formal uniform items from size 8 upwards.*
- The updated SHS Uniform Policy is now available to view on the schools website.
- School hats can be purchased from the office at \$12.00 each.
- Thank you for your continued support throughout 2024

UNIFORM SHOP OPENS for 2024 Thursday 8th February

Orders can be emailed or left at the school office after this date.

Email- shs.clothingpool@catholic.tas.edu.au

For further enquiries please contact
Kelly Cox 0400 128 200

21ST MARCH 2024

1873-2024 OUR 151ST YEAR

Sacred Heart Catholic School

God is always with us.

2024 Newsletter



SCHOOL FAIR



KEEPING YOUR DISTANCE.

Coronavirus
(COVID-19)

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit **health.gov.au**

HELP
STOP
THE
SPREAD
AND STAY HEALTHY

1.5M

Australian Government

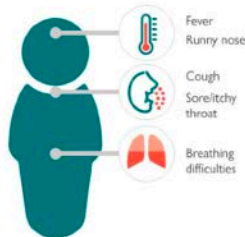
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit
www.coronavirus.tas.gov.au

Tasmanian
Government

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Uniform Days (2024)

Kinder to Grade 2 - Sports Uniform All Year

Grades 3&4 (Sports Uniform Thur and Fri)

Grade 5 (Sports Uniform Wednesday and Friday)

Grade 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2024 Term Dates

Term 1 Wednesday 7.2.24 to Thursday 11.4.24

Easter - Fri 29th March - Tue 2nd April

Term 2 Monday 29.4.24 to Friday 5.7.24

Term 3 Tuesday 23.7.24 to Friday 27.9.24

Term 4 Tuesday 15.10.24 to Tuesday 17.12.24

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.