



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

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Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

Last Day of School
Dec 13th

Save the Date
Friday 16th
February
2024
Welcome Back BBQ

FlexiSchools
Lunch Orders
First Day
Thur Feb 8 2024

Term 4 2023 in review

"What counts in life is not the mere fact that we have lived. It is the difference we have made to the lives of others that will determine the significance of the life we lead." (Nelson Mandela)

Our 150th Year at Sacred Heart has been an extra special year. In Term 4 there has been much to celebrate. This includes

- Class Liturgies
- Nine weeks of Teaching and Learning
- Grade 4 Camp - Hagley
- Grade 3/4 and Grade 5/6 Northern Basketball Schools Championships
- Colour Run
- Chaos for Cancer fundraiser
- Grandparent's Day
- NIJSSA Athletics Carnival
- ATSI Camp - Spring Bay
- Band and Strings Workshops
- Prep - Grade 2 Athletics Carnival
- Grade 5/6 Gala Day
- Primary Schools Triathlon
- Grade 6 Pilgrimage
- Water Awareness - Prep - Grade 3
- Orientation Day
- Opening of the Music Playground
- Carols @ Dusk
- Kinder Nativity Play
- Grade 6 Awards and Final Assemblies
- Excursions

For now it is time to stop, give thanks to all of our community for your contributions to the school community. Every event requires a contribution by many. When you have a moment these holidays acknowledge and give thanks with your children 'how lucky they are to be a part of Sacred Catholic Primary School' especially in our extra special year of 150 Years in 2023.

To each and every member of our community enjoy your Christmas break and in particular enjoy the time you have with your children

Grade 6 Awards

Congratulations to our Grade 6 Award winners

Parish Gospel Award (Fr Mark Freeman Award)	- Harry Oliver
Parish Gospel Award (Marie Dunn)	- Madeleine Mayne
Academic Achievement Awards	- Johaan Alex, Nate Jephcott, George Durkin, Clancy Richmond, Addison Frerk, Toby Blyth, Charudurka Sivadass, Thomas Roach
Bas Nas Community Spirit Award	- Trixie Martin
MJR Citizenship Award	- Johaan Alex
Arts Award	- Liliana Hodgetts
Sports Award	- Grace Matthews
Endeavour Awards	- Isabella Walsh, Cooper Bassett, Laura Roach, Imogen Lee, Jesse Maxfield, Josie Leake, Layla Wesley

Sports Uniform (Week 1, 2023)

Next year all children may wear their Sports Uniform for the first week of school (Wednesday 7th - 9th February)

2024 Uniform arrangements are as follows

- Kinder , Prep, Grade 1 and Grade 2 - Sports Uniform every day
- Grade 3 - Sports Uniform Thursday and Friday
- Grade 4 - Sports Uniform Thursday and Friday
- Grade 5 - Sports Uniform Wednesday and Friday
- Grade 6 - Sports Uniform Tuesday and Friday

Welcome Back BBQ 2024

Families are encouraged to keep Friday 16th February free for our 2026 Welcome Back BBQ. We look forward to welcoming our new families and welcoming back our returning families. More details to follow.

Swimming Carnivals 2024

Please note the following dates

- SHS Grade 3-6 Swimming Carnival - Friday 23rd February
- NIJSSA Swimming Carnival - Friday 8th March

Camps 2024

- Grade 5 - Monday 4th - Wednesday 6th March
- Grade 6 - Tuesday 12th - Thursday 14th March
- Grade 4 - Thursday 17th - Friday 18th October



Brent Wilson
Principal

Holiday joy on a budget: How to create magical Christmas memories and a strong family bond



As the holiday season approaches the Triple P – Positive Parenting Program offers a few simple parenting tips for families to create the gift of connection, strengthen their bond, and build a lifetime of memorable moments, even on a tight budget.

Triple P's budget-friendly ideas

Give the gift of time

Giving your undivided attention to your child – even the smallest of moments – is a great way to help them feel special and will strengthen your relationship in the years to come.

Explore fun family traditions

The best traditions are often free or low cost – think visiting local light displays, holiday parades, or having a themed movie night at home. Children can feel a sense of family belonging and have lots of fun with family traditions, as well as add new ones!

Encourage 'less is more'

It's normal for kids to dream big and want lots of presents, but in the current climate, this is getting harder for parents to achieve. Set a realistic price range early on and ask children to name one or two presents on their "top wish" list. This helps manage expectations and makes it more likely the presents will be appreciated and used.

Inspire the spirit of giving

Encourage your child to create handmade or upcycled gifts like cards, ornaments, or personalised crafts as a low-cost way to give to their friends and family while turning it into a creative activity. You could also give back to the community by volunteering as a family.

Take time out for self-care

It might sound counter-intuitive, but caring for your own needs first and taking the time to recharge your battery by doing something healthy and beneficial can make it easier to remain calm and positive during stressful times. Modelling this behaviour can in turn show kids how to cope with uncertainty and difficult situations.

"One of the best ways families can create a positive, nurturing environment is by focussing on building connections these holidays. By incorporating Triple P's budget-friendly ideas, families can create lasting memories and celebrate the festive season with a little less financial stress," said Triple P International Country Director, Carol Markie-Dadds.

Sacred Heart Catholic School			Celebrating 150 Years		2023 Newsletter	
December 2023						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
10th	11th Graduation Mass 6-7pm P-2 Picnic G5 Excursion	12th G3,G4,G5 + G6 Excursions	13th Last Day of School Final Assembly 1:45-2:45pm Subway Lunch Free Clothes Day	14th	15th	16th
				Summer Holidays!!!		

Celebrating Christmas 2023

CHRISTMAS EVE Sunday 24th December

- 6.00pm** Sacred Heart Church, Newstead
Family Mass
- 6.30pm** Church of the Apostles, Launceston
Family Mass
- 9.00pm** Church of the Apostles
- Midnight** Church of the Apostles
(Carols from 11.00pm)
- Midnight** Carmelite Monastery

CHRISTMAS DAY Monday, 25th December

- 8.30am** Carmelite Monastery
- 9.00am** St Patrick's College Chapel, Prospect
- 9.00am** St Finn Barr's, Invermay
- 10.30am** Church of the Apostles, Launceston

No evening Mass on Christmas Day

2024 Term Dates

Welcome BBQ - Feb 16

Term One:

Wed 7 February -

Thur 11 April

Easter Break

Fri 29 March -

Tue 2 April

Term Two:

Mon 29 April -

Fri 5 July

Term Three:

Tue 23 July -

Fri 27 September

Term Four:

Tue 15 October -

Tue 17 December

Well done kinder in fundraising a total of \$63:15 for Vinnies!



A big thank you to Sam & Rachel from Vinnie's for visiting us so we could give you our donation. Thank you for helping the people of Launceston.



In Kinder we have spent time sharing what we are grateful for during our morning prayer. As our discussions about Christmas have developed we have also talked about how fortunate we are and we shared our understandings of others that have less.

The children have shown genuine desire to help others. "I want to help them," Harlow.

A team of children (they named themselves the 'Kinder Vinnies team') have worked on a helping project.

They created their idea of a second hand item shop to raise funds to donate to our local Vinnies. "We could build a shop," Archie.

Riley's Mum works at Vinnies, she has helped the team in passing the raised money on. "My mum can give the money to them," Riley.



Well done Kinder 2023, we are proud of your kindness, thoughtfulness and giving nature.

Well done



Church of the Apostles Christmas Eve Children's Mass 6.30pm – Nativity players needed

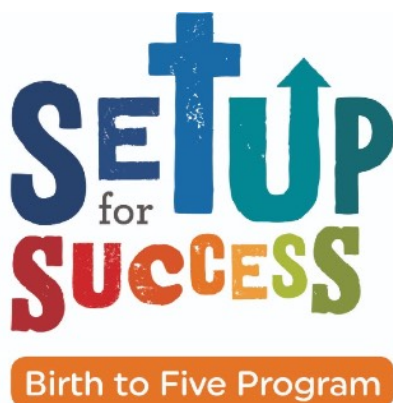
If your child is interested in being a part of the Nativity story acted out during the Mass please contact Kelly Cox with your child's name and age.

All children are welcome to join in, of any age, there are no lines, the children act out the Nativity as it is read, it would be great to have some older children join in to support and lead the younger ones. A **rehearsal** is planned for **3.30pm on Wednesday 20th of December at the Church**, it is not essential all children can attend the rehearsal (it's a busy time!) angel, shepherd etc roles can be paired with other children to follow on the day before the Mass starts. Please register your children's interest to join in, so we know we have enough children available.

There are some costumes available to lend if you do not have one yourself.

To register your child's interest or for any further information please contact Kelly Cox Mob 0400 128 200 or email coxk13@gmail.com





Happy Hearts 2024

Happy Hearts will resume in term one of 2024.

We have a choice of two sessions each Thursday

10:00 - 11:30

or

12:30 - 2:00

Please join our new 2024 Facebook group to receive weekly updates.

2023 families also need to join the 2024 group, as our current page will close.

Our new link is - [2024 Happy Hearts Setup for Success. SHCS Launceston](#)

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts in 2024!

Beth & Rebecca

Music Program 2024

The below link will give you both the
Catholic Primary School Information Booklet
and Enrolment Form.

<https://www.stpatricks.tas.edu.au/our-community/catholic-primary-school-music-program>



Grade 6

Vinnies Christmas Hampers 2023

Thanks to all our wonderful SHCS families for your generous donations to our Christmas Hampers.

We packed **20 hampers** for Vinnies

We also had several gift cards and **11 bags** of extra donations that Vinnies will use to build more hampers.

All was packed and loaded into the Vinnies' ute by our Grade 6s to be distributed to families in need



Thanks for your support

Exciting news!

The SHS Twilight Fair is back!



Your Parents and Friends Fair Committee have been working hard planning this event for our school community.

The SHS Twilight Fair has been a long tradition each year for our school, raising major funds for playground equipment and school resources. Of course the Covid-19 period and restrictions have delayed this event for a couple of years but now there is no stopping this enthusiastic committee who are passionate in offering an evening of fun and entertainment, building our community spirit.

Introducing your Fair Committee

Fair Coordinators- Abby Osborne and Kirstie Burnie

Food Coordinator- Abby Osborne

Non Food Stall Coordinator- Rebecca Millwood

Entertainment Coordinators- Kayla Farran and Reannah Douglas

- Parent Rosters for help on the night will be available in Feb 2024

FAIR FUN AND ENTERTAINMENT

There will be so much to see and do at the Twilight Fair. Here's what you have to look forward to:

- Face Painting, Tattoos and Hair Braiding
- Lucky Dip
- Games, Activities and Rides
- Win a prize on the Chocolate Wheel
- Stalls- Cakes, White Elephant, Plants and Produce, Fairy Floss
- Plenty of Food, Drinks, BBQ, Coffee and Ice cream and sweet treats
- SPC Band
- And sooo much more.....



How can you help??
DONATIONS, DONATIONS, DONATIONS

Our school fair relies on the much appreciated help from our families and school community. Over the next few months we will be calling for donations for the following stalls:

- Chocolate Wheel Prizes- toys, vouchers, gift cards, home wares. Sport equipment
- Plants/Produce- plants, flowers, jams, relish, garden produce
- A Treasure Chest Prize



White Elephant Stall- if you're cleaning out your cupboards over the holidays, keep your unwanted items to donate to the very popular White Elephant Stall. These items can be donated early Feb. Items such as homewares, crockery, toys and equipment, games and puzzles are great for this stall. Electrical and clothing can not be accepted.

Business Donations- If you have your own business (or know someone who does) and are in a position to donate a prize or service, it would be much appreciated. Contact Abby or Kirstie for more information.

We'll look forward to seeing you at the 2024 SHS Twilight Fair

FRIDAY 15TH MARCH

Clothing Pool Info

Orders can be emailed to

shs.clothingpool@catholic.tas.edu.au

and will be left at the school office for collection.

A reminder of School Uniform for 2024

Kinder to Grade 2 wear sports uniform all year

Grade 3 to Grade 6 wear full school uniform - Summer and Winter

Uniform Shop News

- The uniform shop is fully stocked for all your uniform needs.
- Thank you for the second hand uniform donations which are passed onto families or available to purchase in the preloved section of the shop.
 - *Please note that we can only use formal uniform items from size 8 upwards.*
- The updated SHS Uniform Policy is now available to view on the schools website.
- School hats can be purchased from the office at \$12.00 each.
- Thank you for your continued support throughout 2023

UNIFORM SHOP CLOSSES for 2023 Thursday 30th November for stocktake

Orders can be emailed or left at the school office after this date.

Email- shs.clothingpool@catholic.tas.edu.au

Back to School Open Days for 2024

Tuesday 30th January, 9am-4pm

Wednesday 31st January 9am-1pm

For further enquiries please contact

Kelly Cox 0400 128 200

Rebecca Millwood 0418 721 952

PHIL HUGHES' **OFFICE SOLUTIONS**

Sacred Heart
Catholic Primary School



2024 Booklist

Orders Can Be Placed Online At: <https://www.booklists.com.au/phos/>

Ordering Opens: **November 27th**

- \$12 Charge for delivery
- Free Pick up from shop

Or select your items and pay at our

Back To School Shop: 77 Elizabeth Street

Open: **January 16th– February 15th**

- Enter **SAC.HEA** into the school code text box.
- Select the year from the dropdown box.
- Select your required items and follow the prompts to finalise your order.
- If you have more than one student you can add another booklist after completing the first order.

DELIVERY- it is recommend that you place your order by **31st December 2023** to guarantee your pack prior to the commencement of the 2024 school year.

After this date, delivery is not guaranteed by the beginning of the school year

Thank you

Coronavirus
(COVID-19)

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit **health.gov.au**

**HELP
STOP
THE
SPREAD
AND STAY HEALTHY**

1.5M


Australian Government

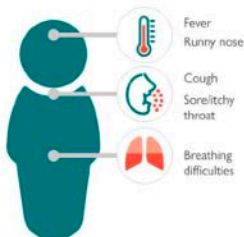
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,
sore/itchy throat or shortness of breath.

**Call your GP or the Public
Health Hotline 1800 671 738
to request a COVID-19 test**



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit
www.coronavirus.tas.gov.au


Tasmanian
Government

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Uniform Days (2024)

Kinder to Grade 2 - Sports Uniform All Year

Grades 3&4 (Sports Uniform Thur and Fri)

Grade 5 (Sports Uniform Wednesday and Friday)

Grade 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2023 Term Dates

Term 4 Tuesday 17.10.23 to Wed 13.12.23

2024 Term Dates

Term 1 Wednesday 7.2.24 to Thursday 11.4.24

Easter - Fri 29th March - Tue 2nd April

Term 2 Monday 29.4.24 to Friday 5.7.24

Term 3 Tuesday 23.7.24 to Friday 27.9.24

Term 4 Tuesday 15.10.24 to Tuesday 17.12.24

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.