



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### School Email

[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[pnf@sacredheartl.tas.edu.au](mailto:pnf@sacredheartl.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

**NIJSSA Athletics  
Carnival  
November 4th**

**Date Changed  
Prep-Gr2  
Athletics Carnival  
November 18th  
1:00pm-2:50pm**

**Grandparent's  
Day**

**November 2nd**

**9-10am**

**&**

**2-3pm**

## How will we respond? How will I respond?

*'The important thing to keep in mind is that gratitude is an attitude you choose to embody.'* (Lisa Weeks)

Term 4 presents all of our community with a range of opportunities including carnivals, music soirees, excursions, camps, end of year celebrations, these are just some of the many events that are scheduled. Side by side with each of these events will be interactions with others, friends, colleagues and community members.

Do any of us know exactly how these events and interactions will transpire?

Of course we don't, none of us have the ability to control the future and inevitably some of these occasions and interactions will not necessarily turn out as we hope.

Last term was a wonderful opportunity for me to reflect on my own personal goals. One of my personal goals is not a new one, rather it's one I need to keep reminding myself about. Appreciate the goodness around me.

Part of my break was spent with my adult daughters, both pursuing their own careers. Careers and lives they have that are 'packed with dreams'. I want my girls to continue growing with the courage to follow their dreams, and not to listen to the dream stealers along the way. I want them to know that integrity matters, and that a few friendships carry you far. I want them to know that humility trumps pride and that being shy and quiet is OK. To understand the power of tenacity and how to walk towards the scary stuff in life.

Centimetre by centimetre. Onwards. To know that often our attitude determines our altitude in life. To know that the future is theirs to create, and that nothing worthwhile comes easy. The good stuff takes time and persistence, so stick with it. Because that never-give-up spirit is gold currency in life. People from all walks of life who have achieved extraordinary things, without exception, talk about four key success factors: skills, knowledge, attitudes, and relationships.

They stress the importance of attitudes like ambition, determination, and resilience; the importance of skills like problem-solving, effective communication, teamwork, and leadership; the role of having a network of relationships, and how respect and targeted expertise have helped them get to the top. These are a few of the things that really matter if we are to equip young people for life.

The good news is that none of these things are natural talents; they can all be learnt. After all, life isn't just some giant competition; it's a journey of discovery and is meant to be lived with hope, aspiration, and wonder. Because those things matter more than any school report.

This term each one of us will be faced with a moment or maybe several where we will not agree or be happy with an interaction or outcome. How we respond will be our choice. Last week we spoke with our Grade 6 leavers and challenged them to consider how they will respond. I wonder how each one of us chooses to respond to the positive moments and the difficult moments?

*'If you want to change attitudes, start with a change in behaviour.'* (William Glosser)

## Basketball Championships

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Last weekend more than 120 children from SHS competed in the Grade 5/6 Northern Basketball Championships. These weekends are always a highlight for our community. Watching children participate with classmates, enjoying time together, competing, reflecting our values of 'fair play', gratitude and good sportsmanship.

Thanks to the large number of parents, staff, grandparents, siblings and friends who supported the children of SHS.

Thanks to the coaches, managers and referees for your time, energy, wisdom and support of our teams. We deeply appreciate your commitment to our school.

Congratulations to the children of SHS for your wonderful school spirit, exceptional attitudes and excellent sportsmanship.

Special Congratulations to

- Grade 5/6 Girls Williams - Division 3 Champions
- Grade 5/6 Girls Viney - Division 1 Runners Up
- Grade 5/6 Boys Davie - Division 1 Champions

## Celebrating student achievement

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We love acknowledging student achievements at SHS, including outside successes. If your child has achieved something special outside of school, for example in dancing, the arts, sport, philanthropy or anything else please let us know as we aren't always aware.

Parents are asked to email details to [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au) if you have a photo please include it and put "newsletter" in the subject line. In most cases we will share these celebrations in the newsletter.

## Intentions for 2023

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At Sacred Heart, whilst our focus is on 2022, we are planning for 2023 in regards to enrolments. If you are not planning on continuing at Sacred Heart in 2023 can you please let us know via email [brent.wilson@catholic.tas.edu.au](mailto:brent.wilson@catholic.tas.edu.au) to ensure we have the correct numbers moving forward.

## Early Childhood Athletics

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The date for the Early Childhood Athletics Carnival has been changed to November 18th.



Brent Wilson  
Principal

October 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	
23rd	24th First Nations Camp	25th First Nations Camp PandF AGM 7:30pm	26th Instrumental Strings	27th Instrumental Band Foundation Instrumental Band and Strings Workshop	28th Whole School Assembly 2pm	29th
November 2022						
30th	31st	1st	2nd Instrumental Strings Grandparent's Day Gr6 9-10am & 2-3pm Gr6 AMC excursion	3rd Instrumental Band	4th NIJSSA Athletics Carnival	5th
6th	7th	8th	9th Instrumental Strings	10th Dev Band & Dev Strings Workshop St Ailbes	11th Whole School Assembly 2pm	12th
13th	14th Grade 4 Camp	15th Grade 4 Camp	16th Instrumental Strings	17th Instrumental Band	18th Gala Day Gr5/6 Kinder Orientation	19th

**2022 Dates**

**November**

Fri 4th - NIJSSA Athletics Carnival  
Fri 18th Prep-Gr2 Athletics Carnival

**2022 Term Dates**

**Term Four:**

17 October 2022 - 14 December

**2023 Term Dates**

**Term One:**  
3 February - 6 April

**Term Two:**  
26 April - 7 July

**Term Three:**  
24 July - 29 September

**Term Four:**  
16 October - 13 December

**Date Changed**

## The Spirit of Jesus is Alive in:

<b>Prep Red</b>	<b>Sophie Dawson</b> - for a wonderful start to Term 4!	<b>Hugh Beechey</b> - for a fantastic start to Term 4!
<b>Grade 1 Red</b>	<b>Evie Schipper</b> for her outstanding effort with reading! <b>Lucas Barrett</b> for his determination and persistence in Maths!	<b>Oscar Barney</b> for his determination when working with larger numbers in Maths!
<b>Grade 1 Green</b>	<b>Isabella Osborne</b> - For a fantastic start to Term 4. Well done!	<b>Axel Carswell</b> - For your fantastic start to Term 4. Well done!
<b>Grade 2 Red</b>	<b>Daisy Cooper</b> for excellent work in class activities.	<b>Jack Cowan</b> for thoughtful class discussions.
<b>Grade 2 Green</b>	<b>Harrison Davey</b> for an improved work ethic and a great start to Term 4	<b>Samara Young</b> for a fantastic start to Term 4. Keep up the great work.
<b>Grade 3 Red</b>	<b>Eddie Leake</b> - For being a supportive and caring friend towards others.	<b>Jasper Flack</b> - For a great start to the term and contributions to class topics and discussions.
<b>Grade 3 Green</b>	<b>Caleb Leake</b> - His application and efforts in our fraction unit. Fantastic work, Caleb!	<b>Phoebe Green</b> - Her kind and thoughtful nature shown to her classmates. Amazing work, Phoebe!
<b>Grade 4 Red</b>	<b>Jonathan Radin</b> for his positive attitude towards learning and always trying his best.	<b>Lillian Frappel</b> for her enthusiasm for learning and her kindness in class.
<b>Grade 4 Green</b>	<b>Jack Turner</b> for being a TEAM player in group work challenges	<b>Jade Brennan</b> for creative work in our novel study.
<b>Grade 6 Red</b>	<b>Tristan Hawley</b> - For his Bravery: For being courageous when faced with challenges and taking it in his stride.	<b>Shae Anderson</b> - For her Modesty and Humility: Letting accomplishments speak for themselves.
<b>Grade 6 Green</b>	<b>Chace Weber</b> - for diligent problem solving during Maths.	<b>Logan McHenry</b> - for diligent problem solving in Maths.

## Payment Arrangement Forms

The 2023 Schedule of Fees and Payment Arrangement Forms have been sent out on Compass. Both forms need to be completed and returned to the office by 15th November 2022. By completing this form you are committing to how you are going to pay your school fees next year, you will be issued with an invoice at the start of the school year.

Hard copies of the Payment Plans & Schedule of Fees are available at the office.

**Thank you to the families that have already returned their Payment Arrangement Forms.**

## CET Storytelling Showcase

Congratulations to Eily Madden and George Durkin for being finalists in the CET Storytelling Showcase.

The statewide competition winner will be announced in November.

**This is a wonderful achievement and a credit to Eily, George and their teachers.**

## The Child Safety Compliance Agreement

The Child Safety Compliance Agreement form is a new requirement for contractors, consultants, counsellors and parents/volunteers undertaking any work/volunteering in Catholic Education settings.

[https://docs.google.com/document/d/1Bt-sbU7YUXFCbebY3gZKw1fEosS2ASiyJ\\_o7HwuMz8Q/edit?usp=sharing](https://docs.google.com/document/d/1Bt-sbU7YUXFCbebY3gZKw1fEosS2ASiyJ_o7HwuMz8Q/edit?usp=sharing)

Please note: This is in addition to the WWVP registration requirement.

Hard copies are available at the office, it is a requirement that you please read, sign and return this form to the office if you are planning on volunteering with parent help or attending any excursions.

Thank you for your ongoing support to SHS  
and If you have any further questions  
please contact the office.



**Team Shelton**



**Team McHenry**



**Team Williams**



**Team Viney Cooper**



**Team Robinson**



**Team Davie**





**REGISTRATIONS  
NOW OPEN!**

Come and have some fun  
at your local waterway



## Cataract Gorge Reserve, Launceston

Between 18 January - 20 January 2023

Beginner | Intermediate | Advanced

Any questions? Email [lifesavers@royalnsw.com.au](mailto:lifesavers@royalnsw.com.au) or call  
**02 9634 3700**

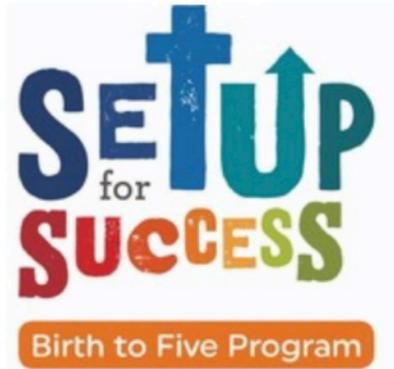


**ROYAL LIFE SAVING**  
NSW | ACT | TAS

Outback  
Lifesavers



[DrowningPrevention.org.au](https://DrowningPrevention.org.au)



## *Happy Hearts 2022*

### **SETUP FOR SUCCESS**

IS CATHOLIC EDUCATION TASMANIA'S EARLY YEARS PROGRAM  
PROMOTING LEARNING FOR LIFE FOR BOTH YOUNG CHILDREN  
(BIRTH -5) AND THEIR FAMILIES.

OUR PROGRAM AT SACRED HEART IS NAMED 'HAPPY HEARTS'.  
ALL CHILDREN AGED BIRTH - 5 YEARS OLD,  
INCLUDING KINDERGARTEN CHILDREN,  
ARE WELCOME TO JOIN US.

WE HAVE A CHOICE OF TWO SESSIONS ON THURSDAYS.... EITHER  
9:30 - 11:00 OR 1:00 - 2:30,  
HELD IN THE KINDER GREEN ROOM.

BRING ALONG A HAT, WATER BOTTLE AND OWN INDIVIDUAL FRUIT.

WEEKLY UPDATES CAN BE FOUND AT OUR 2022

['HAPPY HEARTS AT SACRED HEART LAUNCESTON \(SETUP BIRTH -5\)'](#)

FACEBOOK GROUP. IT IS A GREAT WAY TO STAY CONNECTED TO  
'HAPPY HEARTS' AND WITH EACH OTHER.

PLEASE FEEL FREE TO EMAIL US TOO

[BETH.RICKERBY@CATHOLIC.TAS.EDU.AU](mailto:BETH.RICKERBY@CATHOLIC.TAS.EDU.AU)

*We look forward to seeing you at Happy Hearts!*

*Beth & Rebecca*

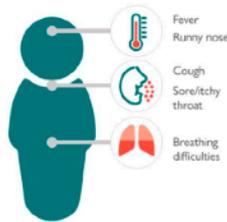
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit [www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)



## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](http://health.gov.au)

Coronavirus (COVID-19)

HELP STOP THE SPREAD AND STAY HEALTHY



### SCHOOL HOLIDAYS

Monday 10<sup>th</sup> to Friday 14<sup>th</sup> October  
5 Day Program

This is a great way for children to learn, consolidate and advance their swimming skills

- 30 min lesson daily with the same teacher
- For ages 4 to 12
- Small classes
- Book now as spaces are limited

**Book Now 6344 2244**

[www.justswim.com.au](http://www.justswim.com.au) info@justswim.com.au

FOLLOW US ON FACEBOOK



5km Fun Run/Walk

Kids 800m Run/Walk

Or Virtual 5km option

Join us

Sunday, 2nd October

UTAS Stadium Precinct

It's time to get moving! Join us as we raise awareness for heart health, while raising funds for medical research, improved patient facilities and medical equipment at the LGH.



SCAN ME



Clifford Craig Foundation partnering with the Rotary Club of Launceston.

Made possible by the generous support of:

Gold Sponsor:

Event Supporters:



Register online at [cliffordcraig.org.au](http://cliffordcraig.org.au)

**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Kinder - Sports Uniform Wed/Fri

Prep - Sports Uniform All Year

Grade 1 (Sports Uniform Wed and Fri )

Grade 2 (Sports Uniform Thur and Fri )

Grades 3 and 4(Sports Uniform Monday and Friday)

Grades 5 and 6 (Sports Uniform Tuesday and Friday)

**Canteen**

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**School Times**

8.45am - 2.55pm

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2022 Term Dates**

**Term 3 Monday 25.7.22 to Friday 30.9.22**

**Term 4 Monday 17.10.22 to Wed 14.12.22**

**2023 Term Dates**

**Term 1 Friday 3.2.23 to Friday 6.4.23**

**Term 2 Wednesday 26.4.23 to Friday 7.7.23**

**Term 3 Monday 24.7.23 to Friday 29.9.23**

**Term 4 Monday 16.10.23 to Wed 13.12.23**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**