



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

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P & F email

pnf@sacredheartl.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

**Kinder Enrolments
for 2022
Close May 28th**

**Cross Country
Friday 7th May
Prep - Gr.2
Friday 21st May
Gr 3-6**

Have you returned your:

- ☒ Payment Arrangement Form
- ☒ Student Data Verification Form

Behavioural Goals

'To change a habit, make a conscious decision, then act out the new behaviour.' (Maxwell Maltz)

It is our goal at all times to support and improve the behaviour of all the children at Sacred Heart. To do so we acknowledge the critical role that parents play in supporting SHS to achieve our goal.

There is a strong relationship between behaviour and learning, children learn better in a positive environment. Equally, children who are stimulated in their learning through high quality, effective teaching and children who have their progress and achievements recognised will feel valued and motivated to achieve more.

In 2020 we challenged the children of SHS to consider what aspect of their behaviour 'needed work'. Each child was asked to reflect on what would make the biggest difference to the way they interacted at school. In the past week we have revisited this with children. Some of the goals children have agreed to work on include...

- I will put my hand up more in class
- I will use better eye contact when I'm talking to people
- I will include others in my games
- I will commence tasks promptly
- I will focus on improving my own behaviour
- I will keep my hands to myself
- I will remember to wait for my turn
- I will listen when others speak to me
- I will remember to put my hand up when I have a question
- I will complete my work neatly
- I will make sure that I look after my belongings
- I will share my ideas with others in group activities
- I will use my best manners
- I will greet people when I see them
- I will be a Go Kart in class

The children of SHS will be working on these goals in the weeks ahead. Ask your child how they are progressing? Consider how you can support them. As parents we can show our vulnerability by sharing the goals we are working on or have worked on in the past.

'It's not only children who grow. Parents do too. As much as we watch what our children do with their lives, they are watching us to see what we do with ours. I can't tell my children to reach for the sun. All I can do is reach for it myself.' (Joyce Maynard)



Brent Wilson
PRINCIPAL

Mother's Day

Thanks to the Mums and friends who gathered at school yesterday to celebrate with their children. It was fantastic to see so many Mums spending time with their children.

Thanks to families for your very generous donation of gifts. Please remember to send the \$2 in to those who were unable to pay for a gift this week.

Launceston Competitions

Next Monday children will be participating in the Launceston competitions at SHS. Due to COVID restrictions the following will apply.

- One adult per child.
- Please only watch the sections that apply to your child
- Sign in via the Check in Tas app in the Presentation Gym
- Social distancing applies

The times are listed below for the performances.

9.15 - 9.45am Gr 1/2

10.00 - 10.30am Gr 3/4

10.45 - 11.15am Gr 5/6

Cross Country - No Training Monday

There will be no training for Cross Country on Monday 10th May because of the Launceston Competitions.

Term 2 Grade 3-6 Cross Country Training

On Monday 3rd May we begin cross country training for any students in Grade 3-6 who would like to do some early morning training for the upcoming school cross country. At 8:00am on the dates listed below students can gather at Brickfields Reserve for a 20 minute training session with Mr. Anderson and other staff. Students can wear their sports uniform on these days if training for cross country.

Cross country training dates:

Monday 3rd May

Wednesday 5th May

Monday 10th May

Wednesday 12th May

Monday 17th May

Wednesday 19th May

*All sessions begin at 8:00am at Brickfields Reserve.

May 2021

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
2nd	3rd	4th	5th	6th Mother's Day Stall 11.30am Strings Program 1.50pm Band Program Dance Fever	7th Prep - Gr 2 Cross Country 2.10pm Assembly	8th
9th	10th Cross Country Training Gr 3-6 Launceston Competitions	11th	12th Cross Country Training Gr 3-6 School Banking	13th 11.30am Strings Program 1.50pm Band Program Dance Fever	14th 2.10pm Assembly	15th
16th	17th Cross Country Training Gr 3-6	18th	19th Cross Country Training Gr 3-6 School Banking	20th 11.30am Strings Program 1.50pm Band Program Dance Fever	21st 2.10pm Assembly Gr 3-6 Cross Country	22nd
23rd	24th Cross Country Training Gr 3-6	25th School Photos	26th School Photos Cross Country Training Gr 3-6 School Banking	27th 11.30am Strings Program 1.50pm Band Program Dance Fever	28th 2.10pm Assembly Kinder 2022 Applications close	29th

June 2021

30th	31st Cross Country Training Gr 3-6	1st Soiree Instrumental Band	2nd Cross Country Training Gr 3-6 School Banking	3rd 11.30am Strings Program 1.50pm Band Program Dance Fever	4th 2.10pm Assembly	5th
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2021 Dates

May

Friday 21st : Gr 3-6 Cross Country

Tuesday 25th : P & F Meeting

June

Wednesday 9th : NIJSSA Cross Country

September

Friday 10th : Gr 3-6 Athletics Carnival

October

Friday 29th : NIJSSA Athletics Carnival

November

Friday 12th : P-2 Athletics Carnival



School Photos
25th & 26th May

Prep - Gr 2 Cross Country

The Prep – Grade 2 House Cross Country will be held on Friday 7th May at Royal Park. Our focus for the carnival is on participation, developing a healthy lifestyle and building house and school spirit. The Program is as follows:

Course walk through: 12:50pm

Prep: 1:00pm (500m) – girls first

Grade 1: 1:20pm (1km) – girls first

Grade 2: 1:45pm (1.5km) – girls first

- All parents, assisting at the carnival, must have a current WWVP card.
- Students will wear full SHS PE uniform.
- Parents must let classroom teachers know if they are taking students home from Royal Park at the end of the carnival.
- Parent volunteers will supervise the runners.

School Families - Kinder 2022

All school families who have a child who is 4 years of age as of the 1st January 2022, please complete an enrolment form from our school office ASAP.


Enrolments close on Friday 28th May 2021



We are fundraising with Entertainment!


Give back

Support us. Buy your Entertainment Membership and we receive 20% of the purchase.



Get more

Receive a BONUS \$10 or \$20 eGift Card* Choose from Woolworths or JB Hi-Fi.



LIMITED TIME OFFER

Support us. Buy your Membership today!

Sacred Heart Catholic Primary School Parents and Friends

Order your Membership online today!

<https://au.entdigital.net/orderbooks/24037x7>

*Terms and conditions apply. Visit entertainment.com.au/promotions



2021 SCHOOL SERIES COMPETITION

Run for your school.
Form a team
You could win...
A perpetual trophy for your school
Team Meals
Individual age group medals

May 1st – Tailrace Park
May 8th – Scotch Oakburn Park
May 15th – Hagley Farm Primary School
May 22nd – Heritage Forest
May 29th – Carrick Park Pacing Club
June 5th – Trevallyn Reserve

Age is as of 31st December 2021
Under 20 – born 2002 to 2004
Under 17 – born 2005 or 2006
Under 15 – born 2007 or 2008
Under 13 – born 2009 or 2010
Under 11 – born 2011 or 2012
Under 9 – born 2013 or 2014
Under 7 – born 2015 or later

The Cost is just \$10 per student for the full series of 6 events.

Round 5 at Carrick Packing Club includes the Northern All Schools Cross Country Championships,

ENQUIRIES 0408 238 329 email newsteadathletics@bigpond.com
WEBSITE <http://newsteadathletics.org.au>
Facebook <https://www.facebook.com/NewsteadAthletics/>



School Photos = Tuesday 25th & Wednesday 26th May

Orders can ONLY be placed online

SHS unique order key is: ZNR8FVDL

Information will be sent home today

ONLINE BOOKING



Your school has decided that school photos will only be available to order online this year. We are now also offering green screen online.

THE BENEFITS OF BEING ONLINE

- No need for envelopes to be returned to the school office.
- No cash on school grounds or children's bags.
- Easy order tracking and record keeping
- 15 different backgrounds to choose from.



Sacred Heart Catholic School Launceston - 2021

Contact: info.tas@leadingimage.com.au or call 03 6228 9966

INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY



To order your school photos you need to log onto

<https://www.leadingimage.com.au>

Click on Order your school photos.

and enter the access key below.

Preferred Browser is Google Chrome

Access Key: ZNR8FVDL

Packages are available to order with this access key.

Family photographs must be ordered by 4:30pm the night before photo day.

IF YOU DO NOT ORDER BEFORE THIS TIME YOU WILL NOT BE ABLE TO HAVE A FAMILY PHOTO TAKEN.



Sacred Heart
Catholic Primary School

TOGETHER; bound by faith, in Jesus' image.

This term commences with our students delving into learning about their faith, through scripture. All classes are becoming more familiar with our Bible, how it was written, the stories, poems, prayers within it and who wrote these special words. St Jerome assembled the first Bible in approximately A.D. 400. This manuscript included all 39 books of the Old Testament and the 27 books of the New Testament. Now the Bible is the most read book in the world.

Children are celebrating a liturgy sharing in God's word as told in our Bible. Moses heard God's word and although he doubted God, God trusted in him. Moses' faith was proven as he followed God's commands. As we deepen our own faith, we deepen our relationship with Jesus and how to make a difference in the lives of others and in our world.



May is the month of our Mother Mary. We honour her this month in prayer, in Catholic celebrations, feast days and other informal ways. This Sunday it is also Mother's day where we give thanks to all mothers. Today my youngest daughter interviewed me in one of our Sacred Heart

activities. She asked me what are six qualities my mother has. I found this difficult. I had far more than six gifts my mother possessed to share with her, but when my little girl carefully noted the qualities of her grandmother she wrote; loving, gentle, kind, selfless, hardworking and patient. I am certain these words were not uncommon to the other mum's being interviewed. Mary our Mother possessed these qualities in abundance. I wish my Mum and all our Sacred Heart mothers a wonderful Mother's day. While we are all celebrated and appreciated, spare a moment to pray to Mary, the mother of Jesus and all of us.



In peace, love and happiness,
Anna Davie





MOTHER'S DAY

6TH APRIL 2021

1873-2021 OUR 148TH YEAR

Sacred Heart Catholic School

TOGETHER; bound by faith, in Jesus' image.

2021 Newsletter



MOTHER'S DAY



MOTHER'S DAY

Raising Screenagers

Realistic strategies to navigate the online world with your adolescent.

DR KRISTY
GOODWIN

I arm parents with research-based information and realistic solutions (that don't involve phone bans or digitally disconnecting your teens) so that your teen can thrive online & offline.



This presentation will help confused and concerned parents navigate the digital world with their 'screenagers', without suggesting that they 'digitally amputate' them. Dr Kristy will arm parents with research-based yet realistic advice to help parents feel confident about how they can best support their adolescent's physical health, mental wellbeing and learning online.

Kristy will explore:

- // Why young people are susceptible to POTENTIAL PITFALLS ONLINE given their BRAIN DEVELOPMENT;
- // Why the online world is APPEALING to adolescents (there's science to explain your teen's digital infatuation);
- // A simple (& realistic) formula to determine healthy SCREEN TIME limits for teens of various ages (based on their BASIC NEEDS);
- // Why parents need to be the CO-PILOT of the DIGITAL PLANE and establish 5 BOUNDARIES to ensure their teen's time online supports her PHYSICAL HEALTH and MENTAL WELLBEING;
- // How to support their teen's 'DIGITAL DNA' especially when using social media or playing multi-player video games;
- // Why DIGITAL DISCONNECTION is critical for your teen's PHYSICAL HEALTH and MENTAL WELLBEING.

AUDIENCE - Parents, guardians & educators of students in Years 7-12

DURATION - 2 hours, Wednesday 2 June at 7.00pm

LOCATION - St Patrick's College Chapel or online (via livestream)

BOOKINGS ESSENTIAL via <https://stpatricks.co/21DKGRS>



About Kristy

Dr Kristy Goodwin is one of Australia's leading digital wellbeing researchers, speakers, authors & media commentators. She provides brain-based solutions to help children and teens thrive in a digital age. Kristy arms parents with science-backed, yet simple solutions to help their 'screenagers' develop healthy and sustainable digital behaviours. Kristy's former clients include the NSW Department of Education, the Reserve Bank of Australia, Westpac, Optus, Apple, Macquarie Bank, Randstad, DLA Piper and public and private schools across Australia.

 **WEBSITE**

 **FACEBOOK**

 **LINKED IN**

 **INSTAGRAM**

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Prep , Grade 1 and 2 (Sports Uniform Thursday / Friday)

Grade 3 (Sports Uniform Monday and Friday)

Grades 4,5 and 6 (Sports Uniform Wednesday and Friday)

School Times

8.45am - 3pm

School Banking

Every Wednesday

Canteen

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21

(Term 1 holidays includes Easter break)

Term 2 Monday 26.4.21 to Friday 2.7.21

Term 3 Tuesday 20.7.21 to Friday 24.9.21

Term 4 Monday 11.10.21 to Wednesday 15.12.21

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded