



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

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P & F email

pnf@sacredheartl.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

**Kinder Enrolments
for 2022
Close May 28th**

**Cross Country
Friday 7th May
Prep - Gr.2
Friday 21st May
Gr 3-6**

Have you returned your:

- ☒ Payment Arrangement Form
- ☒ Student Data Verification Form

Vital Conversations

'It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings'. (Ann Landers)

Part of the school holidays included spending time with my family. Both our 'twenty plus girls' holidayed with us on Bruny Island. Spending time with our girls has always been high on my list of priorities and pleasures. Knowing they still love spending time with us and us with them means so much.

I also spent some time reading and in particular reading about conversing with teenagers.

As parents, we may find that talking with our teens is an exercise in futility. There is so much going on in a teen's mental, emotional and physical processes, that we begin to feel like interlopers if we try to talk with them. Nothing could be further from the truth. However it will take a bit of concerted effort – and a large measure of patience and forgiveness from both parties – to get these vital conversations off the ground.

So, what should parents do if they want their teenagers to confide in them? Dr. Joyce Vedral, author of several books on the teenager-parent relationship, asked a large number of teens to answer this question, and here is what they said.

Generally, teenagers tend to feel comfortable talking with those parents with whom they can laugh and joke, parents whose understanding the teens know they can count on. When asked why they would choose one parent over another to confide in, they invariably say they choose the one who stays calm even when they, themselves, are emotional, the parent who never says things like, "That shouldn't bother you."

Here's something else that's critical. In our efforts to get our teenagers to talk to us, many of us neglect to talk to them – especially about how much we appreciate, love and admire them. Sometimes, we get so caught up in our efforts to keep our kids on the right track that we forget to tell them how great they are. That is a weighty mistake, but it's one that can be fixed.

Even though there are many Sacred Heart families who don't have teenagers yet, the key messages shared by Dr Vedral are very relevant.

Nothing can be more encouraging and more conducive to building their self-esteem than you, taking the time to express confidence that they have what it takes to make it in life. They may not tell you on the spot how much your approval matters to them, but believe that it does.

Vital Conversations (con't)

And dump the guilt, if you haven't done these things so far. That was then, this is now. There is no time like the present to start! Be patient, especially with yourself, as it may take a little time. There is a bit of history to get around. However, your kids will love you for it...even if they don't come right out and say so.

'What it's like to be a parent. It's one of the hardest things you'll ever do, but in exchange, it teaches you the meaning of unconditional love. (Nicholas Sparks)



Brent Wilson
PRINCIPAL

Welcome Back to Term 2, 2021

Welcome to Term 2. Thanks to all families for supporting children by being punctual for learning. Thanks for the manner the children presented with their uniforms.

Uniform Survey

Thanks to the families who have responded to the survey so far. Remember this will be open for two more weeks.

Approximate costings on the two items

- Current Rugby Top \$85
- 1/4 Zip Top \$65

Mother's Day at SHS Wednesday 5th May

Wednesday 5th May Sacred Heart will be celebrating Mother's Day in and around classrooms. Save the date for an hour with your children. Due to COVID restrictions families will be restricted to one adult per family.

Mums and friends will be able to enjoy being pampered for an hour by their children either at 9-10am or 2-3pm.

Mum's can collect children from classes to enjoy the activities.

Mother's Day Gifts

Thanks to the families who have already sent in gifts for Mother's Day. Please remember we need every family to send a gift per child so that we have 465 gifts for children to purchase.

So far we have received less than 50 gifts. This means we still need more than 400 gifts to be sent to school before next Wednesday.

Children who wish to purchase a gift need to bring \$2. Thanks in anticipation.

Parking

SHS is challenged by being an inner city school. We require families to obey road rules and common sense to ensure all children are safe and road users are treated with respect.

This week I received complaints from METRO regarding cars blocking their movement around our school. It is essential if there is no space for families to stop and collect children then continue to drive around the block. Please also move forwards and don't leave large gaps between cars.

The Launceston Parish have also reminded me that parents should not be parking in the church grounds.

Term 2 Grade 3-6 Cross Country Training

On Monday 3rd May we begin cross country training for any students in Grade 3-6 who would like to do some early morning training for the upcoming school cross country. At 8:00am on the dates listed below students can gather at Brickfields Reserve for a 20 minute training session with Mr. Anderson and other staff. Students can wear their sports uniform on these days if training for cross country.

Cross country training dates:

Monday 3rd May
Wednesday 5th May
Monday 10th May
Wednesday 12th May
Monday 17th May
Wednesday 19th May

*All sessions begin at 8:00am at Brickfields Reserve.

Prep - Gr 2 Cross Country

The Prep – Grade 2 House Cross Country will be held on Friday 7th May at Royal Park. Our focus for the carnival is on participation, developing a healthy lifestyle and building house and school spirit. The Program is as follows:

Course walk through: 12:50pm

Prep: 1:00pm (500m) – girls first

Grade 1: 1:20pm (1km) – girls first

Grade 2: 1:45pm (1.5km) – girls first

- All parents, assisting at the carnival, must have a current WWVP card.
- Students will wear full SHS PE uniform.
- Parents must let classroom teachers know if they are taking students home from Royal Park at the end of the carnival.
- Parent volunteers will supervise the runners.

School Families - Kinder 2022

All school families who have a child who is 4 years of age as of the 1st January 2022, please complete an enrolment form from our school office ASAP.

Enrolments close on Friday 28th May 2021



Mother's Day Stall

SHS P&F and Grade 5 will be running a Mother's Day stall on **Wednesday 5 May & Thursday 6th May** with funds raised going towards our very highly valued **"Books for Babies"**

We would ask all children to donate an item/gift to the value of approx \$5.

We will be selling these for \$2 each.

Items could include key-rings, tea towels, jewellery, plants, pot, candles (no food please due to COVID restrictions)

Items can be taken to your child's classroom.

Can all gifts please be sent in by April 30th



Mother's DAY



Hopefully, the weather will be fine but if the weather is not ok we will have to cancel and will inform you via COMPASS and Facebook.

MOTHER'S DAY CELEBRATION Wednesday 5th May

Sacred Heart will be celebrating Mother's Day and are inviting mothers to attend our Mothers Day Celebrations at either:

9-10 or 2-3 on Wednesday 5th May.

Due to current Covid restrictions, there is only one adult per family and teachers will be planning outside activities for you to enjoy with your children.

Mum's can collect children from classes to participate in activities

April 2021

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
25th	26th First Day Term 2	27th	28th School Banking	29th Gr 2 & 4 Excursion to Princess Theatre High School Musical 11.30am Strings Program 1.50pm Band Program Dance Fever	30th Gr 3/5/6 Excursion to Princess Theatre High School Musical 2.10pm Assembly	1/5

May 2021

2nd	3rd Gr 3-6 Cross Country Training Gr 3-6	4th	5th Mother's Day Stall Cross Country Training Gr 3-6 Mothers Day Celebration School Banking	6th Mother's Day Stall 11.30am Strings Program 1.50pm Band Program Dance Fever	7th Prep - Gr 2 Cross Country 2.10pm Assembly	8th
9th	10th Cross Country Training Gr 3-6	11th	12th Cross Country Training Gr 3-6 School Banking	13th 11.30am Strings Program 1.50pm Band Program Dance Fever	14th 2.10pm Assembly	15th
16th	17th Cross Country Training Gr 3-6	18th	19th Cross Country Training Gr 3-6 School Banking	20th 11.30am Strings Program 1.50pm Band Program Dance Fever	21st 2.10pm Assembly Gr 3-6 Cross Country	22nd
23rd	24th	25th School Photos	26th School Banking	27th 11.30am Strings Program 1.50pm Band Program Dance Fever	28th 2.10pm Assembly Kinder 2022 Applications close	29th

2021 Dates

May

Friday 21st : Gr 3-6 Cross Country

Tuesday 25th : P & F Meeting

June

Wednesday 9th : NIJSSA Cross Country

September

Friday 10th : Gr 3-6 Athletics Carnival

October

Friday 29th : NIJSSA Athletics Carnival

November

Friday 12th : P-2 Athletics Carnival



School Photos
25th & 26th May



Happy Hearts



Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'.

All children aged Birth - 5 years old, including Kindergarten children, are welcome to join us. We have a choice of two sessions on Thursdays either 9:30 - 11:00 or 1:00 - 2:30, held in the Kinder Green room.

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at ['Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts!

Beth & Rebecca

Download the Check in TAS App Today

Download the APP from



- Download the Check in TAS App from the Google Play Store or the Apple App Store.
- Register your details (required for the first time only).
- Open the app, select 'check in now' and hover your smartphone camera over the venue's displayed QR Code.
- Add in any additional people who are with you.
- When the check in is complete, show venue staff the app successful check in screen.

Thank you for supporting COVID-19 contact tracing efforts and doing your bit to keep Tasmanians safe. Questions? Call the Public Health Hotline 1800 671 738.

For further information visit
www.health.tas.gov.au/checkintas



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Woolworths or JB Hi-Fi.



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Sacred Heart Catholic Primary School Parents and Friends

Order your Membership online today!

<https://au.entdigital.net/orderbooks/24037x7>

*Terms and conditions apply. Visit entertainment.com.au/promotions



St Patrick's College
Presents

Disney HIGH SCHOOL MUSICAL ON STAGE!

DATES

Wednesday, 28 April - Friday, 30 April | 7.30pm
Saturday, 1 May | 4pm

TICKETS

P: 6331 0052 | W: theatrenorth.com.au

THE PRINCESS THEATRE

57 Brisbane St, Launceston

Based on a Disney Channel Original Movie

Licensed exclusively by Music Theatre International (Australasia)
All performance materials supplied by Hal Leonard Australia



2021 SCHOOL SERIES COMPETITION

Run for your school.
Form a team
You could win...
A perpetual trophy for your school
Team Meals
Individual age group medals

May 1st – Tailrace Park
May 8th – Scotch Oakburn Park
May 15th – Hagley Farm Primary School
May 22nd – Heritage Forest
May 29th – Carrick Park Pacing Club
June 5th – Trevallyn Reserve

Age is as of 31st December 2021
Under 20 – born 2002 to 2004
Under 17 – born 2005 or 2006
Under 15 – born 2007 or 2008
Under 13 – born 2009 or 2010
Under 11 – born 2011 or 2012
Under 9 – born 2013 or 2014
Under 7 – born 2015 or later

The Cost is just \$10 per student for the full series of 6 events.

Round 5 at Carrick Pacing Club includes the Northern All
Schools Cross Country Championships,

ENQUIRIES 0408 238 329 email newsteadathletics@bigpond.com
WEBSITE <http://newsteadathletics.org.au>
Facebook <https://www.facebook.com/NewsteadAthletics/>

Raising Screenagers

Realistic strategies to navigate the online world with your adolescent.

I arm parents with research-based information and realistic solutions (that don't involve phone bans or digitally disconnecting your teens) so that your teen can thrive online & offline.



DR KRISTY
GOODWIN

Suitable for Grade 4
and up

This presentation will help confused and concerned parents navigate the digital world with their 'screenagers', without suggesting that they 'digitally amputate' them. Dr Kristy will arm parents with research-based yet realistic advice to help parents feel confident about how they can best support their adolescent's physical health, mental wellbeing and learning online.

Kristy will explore:

- // Why young people are susceptible to POTENTIAL PITFALLS ONLINE given their BRAIN DEVELOPMENT;
- // Why the online world is APPEALING to adolescents (there's science to explain your teen's digital infatuation);
- // A simple (& realistic) formula to determine healthy SCREEN TIME limits for teens of various ages (based on their BASIC NEEDS);
- // Why parents need to be the CO-PILOT of the DIGITAL PLANE and establish 5 BOUNDARIES to ensure their teen's time online supports her PHYSICAL HEALTH and MENTAL WELLBEING;
- // How to support their teen's 'DIGITAL DNA' especially when using social media or playing multi-player video games;
- // Why DIGITAL DISCONNECTION is critical for your teen's PHYSICAL HEALTH and MENTAL WELLBEING.

AUDIENCE - Parents, guardians & educators of students in Years 7-12

DURATION - 2 hours, Wednesday 2 June at 7.00pm

LOCATION - St Patrick's College Chapel or online (via *livestream*)

BOOKINGS ESSENTIAL via <https://stpatricks.co/21DKGRS>



About Kristy

Dr Kristy Goodwin is one of Australia's leading digital wellbeing researchers, speakers, authors & media commentators. She provides brain-based solutions to help children and teens thrive in a digital age. Kristy arms parents with science-backed, yet simple solutions to help their 'screenagers' develop healthy and sustainable digital behaviours. Kristy's former clients include the NSW Department of Education, the Reserve Bank of Australia, Westpac, Optus, Apple, Macquarie Bank, Randstad, DLA Piper and public and private schools across Australia.



WEBSITE



FACEBOOK



LINKED IN



INSTAGRAM

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Prep , Grade 1 and 2 (Sports Uniform Thursday / Friday)

Grade 3 (Sports Uniform Monday and Friday)

Grades 4,5 and 6 (Sports Uniform Wednesday and Friday)

School Times

8.45am - 3pm

School Banking

Every Wednesday

Canteen

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21

(Term 1 holidays includes Easter break)

Term 2 Monday 26.4.21 to Friday 2.7.21

Term 3 Tuesday 20.7.21 to Friday 24.9.21

Term 4 Monday 11.10.21 to Wednesday 15.12.21

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Responses of Major Political Parties on Issues of Importance to Catholic Education in Tasmania

During the election campaign, the major political parties in Tasmania were asked to provide their responses to the following questions in the knowledge they would be shared with our 12 500 CET families across the state:

Q. 1 Will you commit to the State Government working with Catholic Education Tasmania (CET) to implement the new Commonwealth Direct Measure of Income (DMI) model whilst ensuring that CET's funding remains at the 20% contribution level?

Liberal response: *We value the significant role of Catholic Education in Tasmania. The Tasmanian Liberals are fully committed to the National School Reform Agreement signed in December 2018. As part of this agreement, the State appropriation funding for the non-government sector continues to grow. The growth from the 2019-20 original budget to 2023-24 budget estimate is approximately 12.5% for the non-government sector. Our Government is committed to the bilateral agreement and as such will contribute no less than the prescribed contribution requirement of 20 per cent of the School Resourcing Standard (SRS).*

Labor response: *We cannot, from Opposition, commit to implementing a new income assessment model without a full understanding of its impacts on the broader Tasmanian education system. Labor will maintain Tasmanian's obligations under existing agreements and legislation.*

Greens response: *We would like to see more evidence that the Commonwealth Direct Measure of Income (DMI) model does not adversely affect public education funding, but we are open to a conversation about this model and how it might improve outcomes for students in the Catholic education system.*

Q. 2 Further to question 1 will you provide an ongoing commitment to the current level of funding (\$1,024,409 with annual indexation) for Capital Assistance funding for low SES Tasmania Catholic schools?

Liberal response: *A re-elected majority Liberal Government will provide an ongoing commitment to the current level of funding (\$1,024,409 with annual indexation) for Capital Assistance funding for low SES Tasmanian Catholic schools.*

Labor response: *A Tasmanian Labor Government will provide Capital Assistance funding of more than \$1 million for low SES Catholic schools in the next budget year and will be open to negotiating further assistance in following years*

Greens response: *We are committed to the current level of funding for Capital Assistance to low SES Tasmanian Catholic schools.*

Q. 3 Will you commit to providing \$1 million assistance with Capital infrastructure support (indexed annually) for the "Working Together" initiative for 3 year olds in Catholic schools across Tasmania?

Liberal response: *The Tasmanian Liberals are proud of the Working Together initiative that funds child care places in Early Childhood Education and Care Centers. However, it is important to note that Working Together is about providing holistic support services, it has never included funding for infrastructure. These children could go on to enrol in any school including Catholic, Government or Independent.*

Labor response: *Labor will provide \$1 million in capital infrastructure funding to support the 'Working Together' initiative in the 2021-22 budget year, and will be open to further negotiation for extended funding*

Greens response: *We can provide in-principle support to providing \$1 million assistance with capital infrastructure support for the 'Working Together' Program for three year olds in Tasmanian CET schools.*

Q. 4 Will you commit to indexed annual support of \$250,000 (currently \$158,000) for vision, speech and other services in low SES Catholic schools in Tasmania?

Liberal response: *Our Government will provide increased annual support of \$175,000 (indexed) for support services in low SES Catholic schools in Tasmania.*

Labor response: *A Labor Government will provide annual indexed support of \$250,000 for vision, speech and other services in low SES Catholic schools subject to outcome reporting arrangements.*

Greens response: *We can also commit to indexed support of \$250 000 indexed for vision, speech and other services in low SES non-government schools*

Q. 5 Will you commit to ensuring every student travelling to school on a bus in Tasmania has safe access to a designated seat?

Liberal response: *The Tasmanian Liberal Government's priority is ensuring Tasmanian students are able to get to where they need to, safely and efficiently. A re-elected majority Liberal Government commits to continuing to engage with the Catholic Education Office on transport needs.*

Labor response: *Labor understands the significance of bus travel to Tasmanian school students and will work to improve capacity and safety within our public transport system*

Greens response: *We will continue to advocate for better bus safety for students, including more and more regular services to prevent overcrowding.*

Q. 6 Will you commit to enabling CET schools to continue to teach the fullness of Catholic beliefs, tenets and practice without restriction?

Liberal response: *We appreciate that the study of Catholic belief underpins the ethos and teachings within Catholic Schools and our Government has no plans to restrict the capacity of Catholic schools to teach these beliefs. However, it is essential that all education sectors comply with anti discrimination and other relevant legislation. In addition, all schools whether Government, Catholic or Independent must provide all students with access to rich and robust learning programs that are founded on the Australian Curriculum that sets the expectations for what all young Australians should be taught, regardless of where they live in Australia, their background or beliefs.*

Labor response: *Labor unreservedly endorses the teaching of Catholic beliefs, tenets and practices within the Catholic Education system, within relevant legislation.*

Greens response: *Acknowledging the need for every Tasmanian student, whatever school they attend, to feel valued, supported and equal within their school community, and within the constraints of the Anti-Discrimination Act 1998, yes. The Greens also, however, support a ban on harmful conversion therapy.*