



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[pnf@sacredheartl.tas.edu.au](mailto:pnf@sacredheartl.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

**Friday 26th Feb**  
**Gr 3-6 Swimming**  
**Carnival**

### Have you returned your:

- ☒ **Payment Arrangement Form**
- ☒ **Student Data Verification Form**

### Download the Check in TAS App Today

Download the APP from



- Download the Check in TAS App from the Google Play Store or the Apple App Store.
- Register your details (required for the first time only).
- Open the app, select 'check in now' and hover your smartphone camera over the venue's displayed QR Code.
- Add in any additional people who are with you.
- When the check in is complete, show venue staff the app successful check in screen.

Thank you for supporting COVID-19 contact tracing efforts and doing your bit to keep Tasmanians safe. Queensland! Call the Public Health Hotline 1800 611 728.

For further information visit  
[www.health.tas.gov.au/checkintas](http://www.health.tas.gov.au/checkintas)



## Lent

*"Your ordinary acts of love and hope point to the extraordinary promise that every human life is of inestimable value." (Desmond Tutu)*

*Ash Wednesday is an excellent opportunity for reflection. At Sacred Heart Catholic School all children are challenged to consider what "are they going to work on doing better?"*

Lent commenced yesterday with Ash Wednesday. A reflection of Lent that comes via our former Executive Director, John Mula.

"The importance of Easter can be summed up in three letters A,S,H which is quite appropriate for Ash Wednesday."

A is for Alms giving or making the needs of others, especially the needy, our own, has always been a focus of Christian expression. The "needy" encompass children, the old, the sick, the suffering no matter where they may live. To such people, or the organizations which assist them, we can give time, a share of our talents, material resources; whatever we give should be something of ourselves, something that costs us.

S is for Sacrifice. Sacrifice requires us to give up something or to fast. In today's materialistic society, sacrifice and fasting is somewhat regarded with ridicule. Besides the traditional notions of sacrifice through fasting, we can all look for opportunities for sacrifice. We can look to give up anger and hatred to be more patient and understanding; give up judging others to think kindly thoughts; we can give up complaining to focus on gratitude and we can give up resentment or bitterness and turn to forgiveness.

H is for Holiness. We strive for holiness through prayer. As we know, prayer is much more than simply saying words, it is the quiet engagement of our inner-self. We should endeavour to close out the noise, the trivialities, the distractions that crave our attention. In the quietness of ourselves we can draw closer to God.

Now A, S and H are a challenge for our entire life but let's make a start this Lent!"

Ask your child(ren) how they will reflect the gospel values this Lenten season.

*BW* 

**Brent Wilson**  
**PRINCIPAL**

## Welcome BBQ

Thanks to the families who gathered last Friday to Welcome Back the 2021 school year. Thanks to our dedicated P and F for their efforts in organising the evening.



## SHS Swimming Carnival

Our Grade 3-6 SHS Swimming Carnival will be held on Friday 26th February. Mr Anderson has sent notes to families providing details about the carnival.

One of the COVID requirements is that parents are able to attend the carnival but are not permitted to interact with the children during the carnival.

Families have for many years taken photos and videos of their children competing. Please respect other children but not taking photos of them. Be conscious of any social media posts. Remember you are within your rights to post photos/videos of your own child but we have some children at SHS that their parents have decided not to allow social media posts. Thanks for your support.

### Swimming Carnival Gr 3-6

#### Friday 26th February @ The Riverside Pool

**Children are reminded to wear sports uniform and bring the following**

- Outstanding attitude and positive spirit
- Bathers and towel
- Goggles and Swimming cap (House coloured caps are available at the office for \$4)
- Plastic bag for wet clothes
- Sunscreen, coat, hat and medication (if needed)
- Morning Tea , Lunch and Water

**Children will NOT be able to use the canteen at the carnival.** Parents are asked not to purchase items from the canteen for the children.

Thanks to the parents who have offered to assist at the carnival.

#### The approximate times for events are as follows

- 9:30 - Grades 3-6 33m Freestyle
- 10:30 - Grades 4-6 66m Freestyle
- 11:15 - Grades 3-6 33m Backstroke
- 12:25 - Grades 3-6 33m Breaststroke
- 1:25 - House relays



## CHILDREN'S SACRAMENTAL PROGRAM 2021

### Reconciliation

2021.

Registered Candidates from **2020** will receive a personal email outlining details for this year's program.

For enquiries please contact  
Rosie Caelli @ pltn-  
sacraments@AOHTAS.ORG.AU



### Sacrament of Reconciliation 2021.

For baptised children from **GRADE 3 and above**. If your child has expressed a desire to continue on their faith journey parents are invited to attend the **Parent Information Evening at Sacred Heart Church Newstead on Tuesday 2<sup>nd</sup> March @ 7:30pm.**

ST PATRICK'S COLLEGE

## YEAR 7, 2022 ENROLMENT INFORMATION EVENING

THURSDAY  
18 MARCH 2021

4.30PM OR 6:45PM

St Patrick's College Chapel  
282 Westbury Road, Prospect

**Bookings Essential**  
<http://stpatricks.co/Enrolment22>

Applications for enrolment are now being accepted and close on Friday 23 April 2021

**Shape Your Tomorrow**



St Patrick's College  
LAUNCESTON



# TOGETHER; bound by faith, in Jesus' name.

On Wednesday, Christians around the world observed Ash Wednesday. Ash Wednesday is a holy day of prayer and fasting and the beginning of the Lenten season. Our children all participated in a liturgy and spent time in prayerful reflection considering what they may try to do to be more like Jesus this Lent and beyond.

In 2017 our Pope Francis wrote a prayerful reflection about fasting, which certainly shows what we can do to become more like Jesus.

Fasting (Pope Francis (Ash Wednesday 2017))

**Fast** from hurtful words and speak kind words.

**Fast** from sadness and be filled with gratitude.

**Fast** from anger and be filled with patience.

**Fast** from pessimism and be filled with hope.

**Fast** from worries and have trust in God.

**Fast** from complaints and contemplate simplicity.

**Fast** from pressures and be prayerful.

**Fast** from bitterness and fill your heart with joy.

**Fast** from selfishness and be compassionate.

**Fast** from grudges and be reconciled.

**Fast** from words and be silent so you can listen.



In peace, love and happiness this Lent,

Anna Davie

REC



**TOGETHER; bound by faith,  
in Jesus' name.**



## February 2021

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
14th	15th	16th	17th School Banking  Parent / Student / Teacher goal setting meetings	18th	19th 2.10pm Assembly	20th
21st	22nd	23rd 7.30pm P & F Meeting	24th School Banking Launceston Cup Day (Normal school day for SHS)	25th 11.30am Strings Program 1.50pm Band Program	26th Gr 3-6 Swimming Carnival 2.10pm Prep -Gr.2 Assembly	27th

## March 2021

28th	1st	2nd	3rd	4th School Banking 11.30am Strings Program 1.50pm Band Program	5th 2.10pm Assembly	6th
	Grade 5 Camp to Camp Clayton					
7th	8th Public Holiday	9th	10th School Banking	11th NIJSSA Swimming Carnival 11.30am Strings Program 1.50pm Band Program	12th 2.10pm Assembly	13th

## 2021 Dates

## March

Wed 17th - Fri 19th : Gr 6 Camp

Mon 22nd - Tue 23rd : Gr 4 Camp

Tuesday 23rd : P &amp; F Meeting

Friday 26th - Gr 5/6 Gala Day

## April

Tuesday 27th : P &amp; F Meeting

## May

Friday 7th : P-2 Cross Country

Friday 21st : Gr 3-6 Cross Country

## June

Wednesday 9th : NIJSSA Cross Country

## September

Friday 10th : Gr 3-6 Athletics Carnival

## October

Friday 29th : NIJSSA Athletics Carnival

## November

Friday 12th : P-2 Athletics Carnival

## Launceston Cup Day

Families are reminded that Sacred Heart is open on Launceston Cup day.

It is **not** a Pupil Free Day.

## Have you returned your:

- ☒ Payment Arrangement Form
- ☒ Student Data Verification Form

## The Spirit of Jesus is Alive in:

<b>Prep Hills</b>	<b>Hazel Hyde</b> for fantastic listening in Prep, especially during our sounds program	<b>Charlie Costa</b> for being a fantastic listener in Prep
<b>Prep Foster</b>	<b>Charlotte Burnie</b> for being a kind and helpful friend	<b>Willem de Jong</b> for his positive participation during our whole class literacy activity
<b>Grade 1 Underlin</b>	<b>Georgia Frost</b> for her persistence in Maths!	<b>Carter Medwin</b> for his application to refining his reading! Well done!!
<b>Grade 1 Izzard</b>	<b>Annie Jordan</b> for all the little things you do in our classroom to help those around you	<b>Logan Ray</b> for the focus and dedication you show towards learning
<b>Grade 2 Symons</b>	<b>Buddy Gonzi</b> for excellent thinking in Maths	<b>Lillian Greenwood</b> for her friendly smile
<b>Grade 2 Reid</b>	<b>Olive Dunne</b> for fantastic reading of our Assembly prayer	<b>Levi Warren</b> enthusiastically embracing all tasks. A great start to Grade Two.
<b>Grade 3 Crawford</b>	<b>Lennox Hardinge</b> for an excellent effort in Maths this week	<b>Sophia Cackett</b> for her brilliant attitude towards all aspects of school
<b>Grade 4 van Ryn</b>	<b>William Cackett</b> for being a kind and caring friend	<b>Poppi Reynolds</b> for excellent class engagement and participation
<b>Grade 4 Davie</b>	<b>Macie Roberts</b> for an amazing reading at our Welcome Mass	<b>Toby Blyth</b> for a fantastic start to Grade 4
<b>Grade 6 Steven</b>	<b>Payton Heyward</b> for her willingness to read at the whole school Mass and doing a beautiful job	<b>Harrison Millwood</b> for his participation and discussion points in the bookclub sessions
<b>Grade 6 Viney/Davie</b>	<b>Amelia Lowe</b> for being a role model to others with your dedication and attitude to learning	<b>Aman Tesfay</b> for a super, hard-working start to learning in Grade 6

# MJR AT SACRED HEART

Making Jesus Real (MJR) forms part of the students' Religious Education program from Prep to Year 6. It is also an integral part of the ethos of our school. MJR is centred on the belief that we can bring the message of Jesus alive every day through the actions we choose. This core belief is at the heart of the mission statement of Sacred Heart Catholic Primary School. MJR promotes a culture of seeking out the best in ourselves and others and provides practical ways to be a giver, not a taker in life.

## Why do we choose to have MJR at Sacred Heart Catholic School?

- MJR develops our relationship with Jesus.
- We are Jesus' disciples today.
- MJR is not a program at Sacred Heart but a way of life - Christ's way.
- We do this through the MJR catchy/ simple language, which connects with both children and adults.
- MJR assists in developing happy, well-rounded, resilient children who recognise the goodness in themselves and others.
- We try to be more like Jesus every day by living out the Gospel values.

Live Jesus in our hearts.

- FOREVER -

[Julian Davie](#)





## *Happy Hearts*

Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'.

All children aged Birth - 5 years old, including Kindergarten children, are welcome to join us.

We have a choice of two sessions on Thursdays either 9:30 - 11:00 or 1:00 - 2:30, held in the Kinder Green room.

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at ['Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts!

Beth & Rebecca

### **2021 Launceston Catholic Schools Instrumental Music Program Enrolments**

Enrolments for the primary band and strings program will be available from midday on Friday 11/12 and will be open until the end of February.

Parents will be able to access the enrolment forms and information booklet by visiting the College website at [www.stpatricks.tas.edu.au](http://www.stpatricks.tas.edu.au) and then clicking on a tile on the homepage called '2021 Music Enrolments - SPC & Primary Schools'.

Please direct any queries to Cathy at [music@stpatricks.tas.edu.au](mailto:music@stpatricks.tas.edu.au)

## WHAT IS THE CATHOLIC INSTRUMENTAL MUSIC PROGRAM?



Launceston Catholic primary schools strongly encourage students in grades 3-6 to become involved in activities such as Instrumental Music for their own personal enrichment and also to maximise the enjoyment of their school years.

Students who take up these opportunities generally end up getting more from their primary education than perhaps some others.

In making the choice to become involved, they take responsibility for their development and progress in a more holistic way and are well rewarded for their endeavours.

Learning a musical instrument is a big commitment, but one that can enrich and shape your life forever and provide you with endless opportunities.

I hope that your child gets as much enjoyment from music as I do!

**Ms Fiona Mowat**  
Ensemble & Primary Music Coordinator



## THE BENEFITS OF MUSIC TO YOUR CHILD

MUSIC IS A WONDERFUL SKILL FOR ANY CHILD, but new research shows how learning music can help your child in so many ways, including:

- Improved reasoning capacity and problem solving skills
- Improved maths and language performance
- Better memory
- Greater social and team skills



### WHY SHOULD MY CHILD LEARN MUSIC?

We believe music is an excellent accomplishment and an important part of a well rounded, balanced education.

Learning music from an early age enables neural pathways to grow in ways that can help your child maximise the potential they were born with. Research shows that playing music can make significant differences to children's abilities related to learning, memory and social interactions.



## PERFORMANCE OPPORTUNITIES



**WEEKLY LESSONS:** Lessons are arranged on a weekly basis. The lessons are taken by tutors at YOUR school on the same day, at the same time. This makes it easy to schedule.\*

**MUSIC SOIREEES:** (Gatherings) are held twice a year. All students, regardless of their standard or experience, can perform at a Soiree if they wish. They must have a piece well prepared and ready for performances - the tutors advise the Program Director of students willing and ready to perform.

**WORKSHOP DAYS:** Combined schools workshop days will be held throughout the year in preparation for the end of year concert. This is a great way for students to mix with students from other schools and build a sense of teamwork.

**MAJOR CONCERT:** A combined schools concert will be held for all invited guests, students, staff, parents and friends at the end of the year to celebrate the year's achievements.

\*Parents are advised string lessons may not be held at your child's school due to enrolment numbers. Therefore, there would be a need to travel to another primary school with arrangements made by you.

## HOW MUCH IS IT?

A wide variety of music tuition is available to all students with the opportunity to learn an instrument through the instrumental program.

Learning to speak the language of music is a very important part of education and a large portion of students take the opportunity of tuition in voice or on their chosen instrument.

Music is a very 'social sport' and students are always encouraged to actively participate in the many opportunities available to them. It not only improves their skills, but also provides a sense of satisfaction and achievement. This usually reflects achievement in other areas of their life also.

### ANNUAL FEE INCLUDES

Instrument Hire  
Music  
Small Group Tuition (30 minutes)  
Large Group Rehearsal (30 minutes)

FOR THE ENTIRE YEAR

ONLY \$560\*

\*Please be aware, in order for the Program to proceed at your school, a certain number of enrolments on a specific instrument needs to be reached before that instrument can be offered. If this occurs, students will be offered their 2nd choice or given the opportunity to travel.



## TESTIMONIALS

"And then it happened; St Patrick's College's Concert Band came out to Larmenier for a performance and it blew us all away. And they told us that we could have the opportunity to play an instrument just like them."

Student Katelyn

"The excitement of learning something new, also tends to flow into the classroom."

Teacher Fiona

"The new friendships that are created and the lesson of working together make this program a success story."

Teacher Karen

"As parents we couldn't have been more proud of what he achieved."

Parent of Harry

"There are a lot of other benefits besides just music."

Catholic Primary School Principal



**St Patrick's College - Music Department**  
282 Westbury Road,  
PO Box 401  
PROSPECT TAS 7250

03 6341 9988

Email: [music@stpatricks.tas.edu.au](mailto:music@stpatricks.tas.edu.au)

Enrolments: <http://bit.ly/PrimaryInstrumental>

BE PART OF IT!

**Absentee's**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Prep , Grade 1 and 2 (Sports Uniform Thursday / Friday )

Grade 3 (Sports Uniform Monday and Friday)

Grades 4,5 and 6 (Sports Uniform Wednesday and Friday)

**School Times**

8.45am - 3pm

**School Banking**

Every Wednesday

**Canteen**

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2021 Term Dates Sacred Heart School**

**Term 1 Monday 1.2.21 to Thursday 1.4.21**

(Term 1 holidays includes easter break)

**Term 2 Monday 26.4.21 to Friday 2.7.21**

**Term 3 Tuesday 20.7.21 to Friday 24.9.21**

**Term 4 Monday 11.10.21 to Wednesday 15.12.21**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

**If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**