



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/  
sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

Athletics Carnival  
Sept 11th

School Photos

Wednesday 9th  
&  
Thursday 10th

September

## Being Authentic

*“Knowing yourself is the beginning of all wisdom.” (Aristotle)*

What does it mean to be authentic in today’s world? It doesn’t mean just being different or standing out from the crowd, but it does mean having a firm understanding of just who you are.

“Genuineness.” “Authenticity.” These words are kind of hard to say and, for many people, even harder to be. However, there are some hallmarks that illustrate what it means to be authentic.

First of all, authentic people are aware of their thoughts and feelings, and they behave in ways that reflect those feelings. They don’t see any need to “Put on an act” to impress or control others. They accept their vulnerabilities as well as their strengths, and they know that accepting something isn’t necessarily the same thing as liking it. Do you want to know something else? Because they accept themselves for who they are, they accept other people as they are, as well.

Authentic people don’t laugh at jokes they don’t think are funny. They don’t change their identity, like chameleons, depending on who they are with, or where they are. So, if you want to grow as a person, take time to really know yourself. If you’re not completely happy with what you find, that’s OK for now. Work on accepting yourself for what you are, right here, right now, and work on being truly authentic. This is the strong foundation from which we can work to make positive changes in ourselves.

Carl Rogers, a world-famous psychologist, once said that when we accept ourselves exactly as we are, change becomes much easier. There is a very good chance he was right, because then the change process has that solid place from which to start. We measure growth from where we are to where we want to be. If we don’t know where we are, it’s a little difficult to pin down just how we are going to get to where we want to be.

If you are the boss, you may not always like what your employees do. But in your role as a leader, you do have skills to guide them toward a more fully-realized version of who they can be. If you are a parent, take a tip from another famous Mr. Rogers: Let your kids know that even though you may not always like what they do, you love them for who they are – just the way they are!

## Being Authentic (continued)

One of the greatest strengths of Sacred Heart is the uniqueness of our community, 465 children, 52 staff and more than 1000 parents and carers are all very different in their own ways. The one thing we all have in common is our connection to the SHS community. Take a moment this week to consider what each and every individual brings to our school community. When we search for a 'glass half full' approach to others we will notice the beauty each and every person has within. What do you notice in yourself and others this week?

*"Authenticity is a collection of choices that we have to make every day. It's about a choice to show up and be real. The choice to be honest. The choice to let our true selves to be seen.*  
(Brene Brown)

*"At the end of the day, at the end of the month, at the end of my life - I want to know that I contributed more than I criticized."* (Brene Brown)



*BW*   
Brent Wilson  
PRINCIPAL

# ATWTP



Elodie Palmer, Levi Digney, Billie Kedey, Jackson Hayes, Raphaella Rosilli-Morrison, Thomas Bishop, Rose Mercer, Jasper Stagoll, Isaac Hodge, Freya Pearce, Ella Davis, Charlie Laidlaw, Sarah McMullen, Callum Wright, Harry Oliver, Poppi Reynolds, Abbey Petrack, Jake Hailey, Fiadh McCormack, Phoebe Shea, Keira Jephcott, Jasper Lee, Ivy McCullagh, Tomasz Szpyrka, Lily Smith, Ava Boyle, Orla Kelly, Emily McMullen, Carter Medwin, Patrick Neighbour, India Zeeman, Roman van Ryn, Cooper van Emmerik



## *Happy Hearts*

Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Sacred Heart's Setup program is named 'Happy Hearts!' We meet in the Kindergarten space every Tuesday with the option of two sessions:

9:30 - 11:00 OR 1:00 - 2:30

Further information can be found at

['Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)'](#)

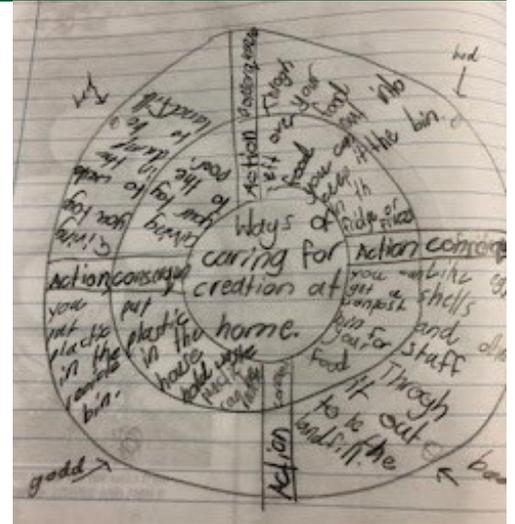
Facebook group.

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

Beth & Rebecca



Carry the Lantern with Dignity, Courage and Compassion.



In our Religion classes children are continuing to learn about their Christian Life. They are recognising the great love God has for them and how they can show their gratitude and love, by supporting others.

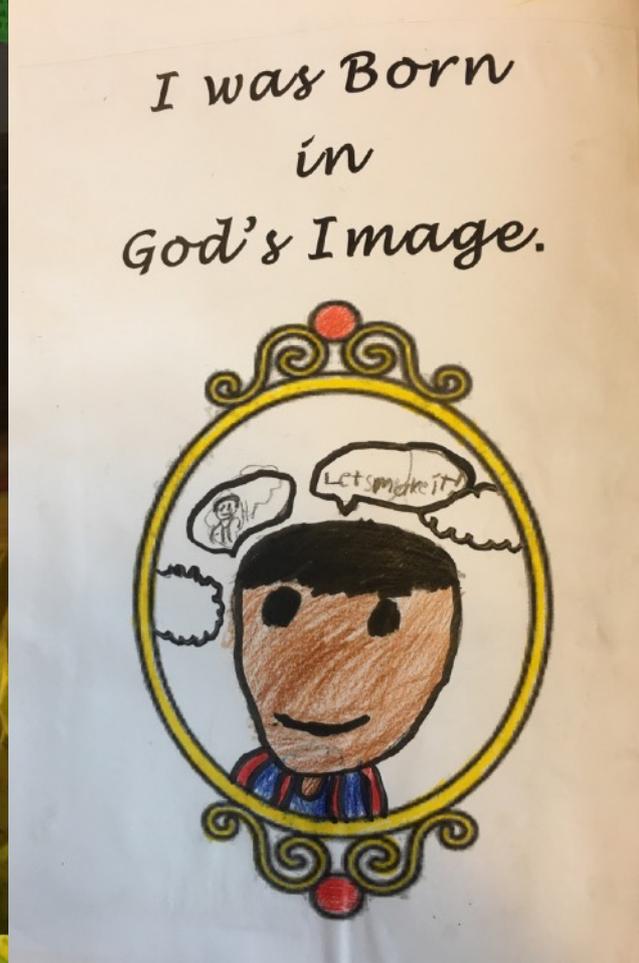
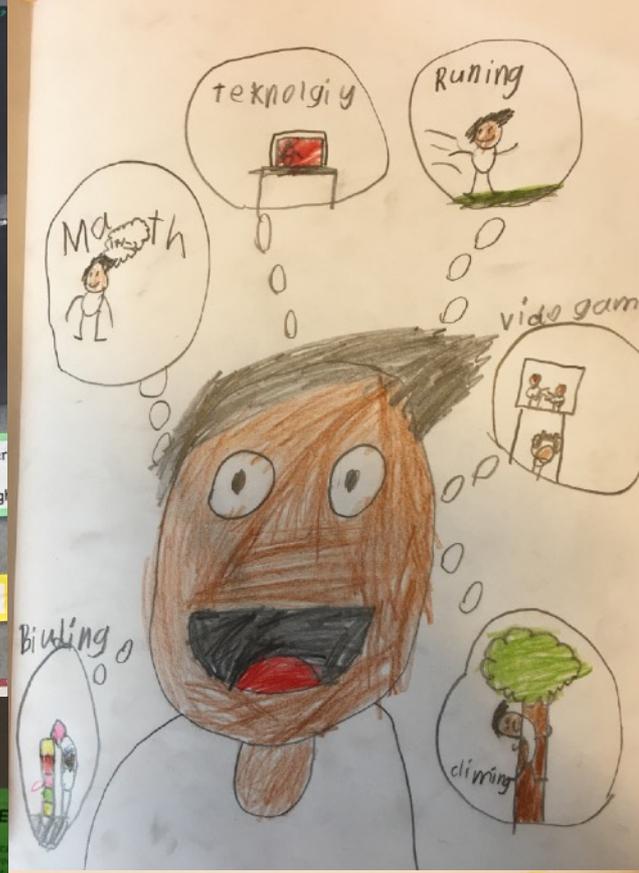
Last week our Year 4 classes celebrated a Christian Life themed liturgy and heard the story of Jonah and the Whale. Jonah learnt of God's great love for him and went forth and shared it with others. Our younger classes are learning that God has made them all unique, all perfect and all with many gifts to share.

This week I have worked with students from all the classes to prepare for our Sacred Heart Feast Day Mass. Their willingness, passion and enthusiasm to spread God's word and to play a meaningful part in our faith journey is heart warming.

Enjoy the images below of our journey in faith at Sacred Heart from the past week.

In peace, love and happiness, Anna Davie REC







## The Spirit of Jesus is Alive in:

Prep Hills	Ameliya Sabu for her positive and affirming attitude towards others	Elodie Palmer amazing work on story writing
Prep Best/McHarg	Samara Young for trying her best and completing some great problem-solving in mathematics	Jackson Hayes for demonstrating a positive attitude towards using the 'Chromebook'. Giving a smile and being brave.
Grade 1 Underlin	Leo Matthews for always making an effort to be a team player!	Grace Polley for her HUGE confidence increase!! Eddie Leake for his effort when reading!!!
Grade 1 Foster	Phoebe Spencer - for her have a go and never give up attitude when completing Literacy tasks	Addison Muller - for a fantastic week of being focused and completing lots of work
Grade 2 Crawford	Tyler Barrett for showing "Teamwork makes the Dreamwork" Sylwester Szyrka for having a very positive attitude this week	Ava McHenry for a very creative and well organised SHGT audition.
Grade 2 Reid	Oscar Digney: for a fantastic recount of his weekend. Harry Durkin for wonderful focus and completing a fantastic spider report	Sam van Zetten for his positive attitude and a very detailed report on spiders.
Grade 3 Wood	Heidi Newman For being a hard working student	Johaam Alex For an excellent work ethic
Grade 3 Symons	Campbell Spencer for great contributions in class discussions	Grace Matthews for an excellent information report about Wedge Tailed Eagles
Grade 4 van Ryn	Jake Hailey A great newspaper report on Snow Day 2020	Riley Bradford A well structured Newspaper report
Grade 4 Davie	Max Robinson for being a happy and positive team member in Grade 4.	Phoenix Howard for great problem solving skills in Fractions
Grade 5 Hegarty	Emily Davern- For your commitment to your learning and always having a positive attitude.	Jasper Lee- For your excellent contributions to our class discussions.
Grade 5 Lee	Macy Watts For seeing a need and doing something positive and selfless about it: picking up the rubbish outside our classroom.	Jasmine Hartley For seeing a need and doing something positive and selfless about it: picking up the rubbish outside our classroom.
Grade 6 Steven	Jonah Webb For joining and participating in our morning circle this week.	Bailey Marquis-Lopes For his concerted effort in striving for his Term 3 goal.
Grade 6 Viney/Izard	Chloe Axman-Friend The dedication and effort she gives to her learning	Luwanna Beeton Always diving head-first into any opportunity that comes along and inspiring us with her enthusiasm

## August 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
16th	17th	18th	19th	20th 11.30 am Band & Strings program	21st 2.10pm Assembly	22nd
23rd	24th	25th 7.30pm P & F Meeting	26th	27th 11.30 am Band & Strings program	28th 2.10pm Assembly	29th

## September 2020

30th	31st August	1st	2nd	3rd 11.30 am Band & Strings program	4th 2.10pm Assembly  5pm Strings Soiree @St Patricks College	5th
6th	7th	8th	9th School Photos	10th School Photos 11.30 am Band & Strings program	11th 2.10pm Assembly Athletics Carnival Gr3-6	12th

## Sports Uniform returns to normal days

Prep - Thursday and Friday  
 Grade 1 - Thursday and Friday  
 Grade 2 - Thursday and Friday  
 Grade 3 - Wednesday and Friday  
 Grade 4 - Monday and Friday  
 Grade 5 - Monday, and Friday  
 Grade 6 - Wednesday and Friday

## 2020 Term Dates Sacred Heart School

**Term 3 Wednesday 22.7.20 to Friday 25.9.20**  
**Term 4 Monday 12.10.20 to Thursday 17.12.20**

Webpage: [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

Facebook: [www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

Pinterest: [www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

S.H.S. Parents and Friends email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

S.H.S. Clothing Pool email

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

## 2021 Term Dates Sacred Heart School

**Term 1 Monday 1.2.21 to Thursday 1.4.21**

(Term 1 holidays includes easter break)

**Term 2 Monday 26.4.21 to Friday 2.7.21**

**Term 3 Monday 19.7.21 to Friday 24.9.21**

**Term 4 Monday 11.10.21 to Thursday 16.12.21**

## UNIFORM SHOP

The Uniform Shop will be closed to families until further notice. Apologies for this inconvenience.

Specific Sacred Heart uniform items (not available at Midford) are:

**ties, boys winter socks, sport wear, rugby jumpers, polo's, logo items, stockings**

These items can be ordered via the uniform shop email-[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

or

Any enquiries please phone Kelly 0400128200

Collection and eftpos payment of uniform orders are done by appointment (between 2-4pm Thursday) and will be arranged by Kelly and Rebecca.

# SCHOOL PHOTOS



## LEADING IMAGE WILL BE TAKING OUR ANNUAL SCHOOL PHOTOS

- You can only order your school photos online.
- Ordering online is the easiest and safest method.
- You can order for all of your children at the same time.
- Order a family photo online if you require one.
- Everyone has a single photo and class photo taken whether you've ordered or not.
- For the best results, a clean uniform is preferred.
- Parents who don't place an order before photo day will be given a second chance to order after photos are delivered.

Visit [www.leadingimage.com.au](http://www.leadingimage.com.au) to place your order  
or to contact Leading Image.



Ph:

[www.leadingimage.com.au](http://www.leadingimage.com.au)



## School Photos = Wednesday 9th & Thursday 10th September

Orders can **ONLY** be placed online.  
SHS unique order key is: **NB9MCR3G**

### ONLINE BOOKING



Your school has decided that school photos will only be available to order online this year

#### THE BENEFITS OF BEING ONLINE

- No need for envelopes to be returned to the school office.
- No cash on school grounds or children's bags.
- Easy order tracking and record keeping

Sacred Heart Catholic School Launceston - 2020

Contact: [info.tas@leadingimage.com.au](mailto:info.tas@leadingimage.com.au) or call 03 6228 9966

INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos you need to log onto

**[www.leadingimage.com.au](http://www.leadingimage.com.au)**

and enter your school access key.

**Access Key: NB9MCR3G**

Packages are available to order with this access key.

**Family photographs must be ordered by 4:30pm the night before photo day.**

**IF YOU DO NOT ORDER BEFORE THIS TIME YOU WILL NOT BE ABLE TO HAVE A FAMILY PHOTO TAKEN.**



**Sacred Heart**  
Catholic Primary School

### INSTRUCTIONS:

Log onto - [www.leadingimage.com.au](http://www.leadingimage.com.au)

Choose- Order School Photos

Choose - Tasmania

Enter access key - NB9MCR3G

Enter your email address

Enter student details

Order photo pack of your choice

## Exciting news! Save the Date.....

*We are pleased to announce that Maggie Dent will be presenting a webinar on '9 things: A back to basics guide to calm, common sense, connected parenting, Birth -8'*

*Tuesday 22nd September, 7.00pm*

**Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience.**

**Maggie is an advocate for the healthy, common-sense raising of children in order to strengthen families and communities. She is a passionate, positive voice for children of all ages.**

*Be sure to put this date on your calendar and more details on how to register to follow.*

*Look out for this information in the coming newsletters*

*Kindly sponsored by*

*Tasmanian Catholic Schools Parent Council*

*And*

*Sacred Heart School Parents and Friend's Association*



# PBS



BY CAMPBELL  
RUPERT JAMES  
AND JACK



## POSITIVE ATTITUDE AND HAPPY CHAPPY



PIC•COLLAGE

# PBS



**POPPY**



**Stuart**

**Happy chappy**  
**Positive attitude**  
**Iron man**



**ELLA**



**Lenny**



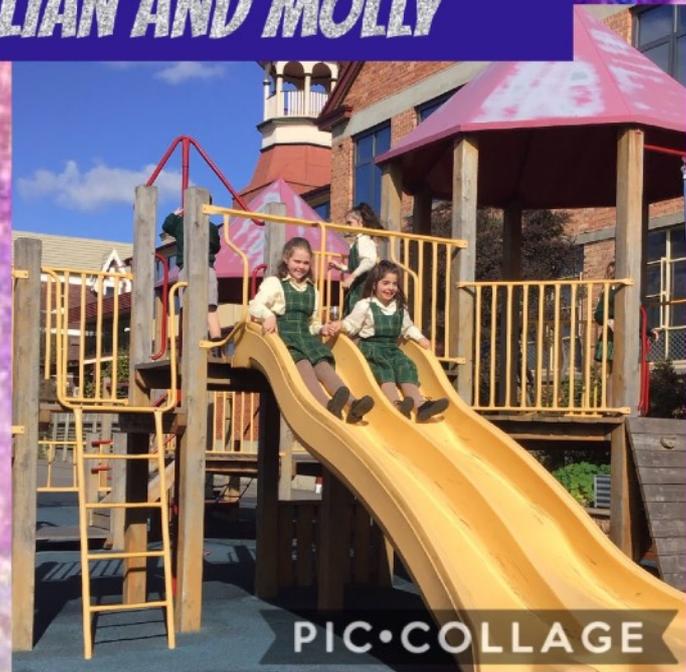
**PIC•COLLAGE**

# PBS

## HAPPY CHAPPY



## BY CHANTAL ISSY LILLIAN AND MOLLY



PIC•COLLAGE



## ***WEATHERING FAMILY SEPARATION*** **Child Focussed Educational Program**

**A 3 hour session for separated parents on how to support your children following separation and make it “easier and healthier” for them**

**Venue: CatholicCare Launceston  
201 York Street, Launceston**

**Time & Date: Wednesday 21<sup>st</sup> October @ 10:00am to 1:00pm**

**Please contact CatholicCare Launceston  
On 6332 0600 for registration**

**NO COST INVOLVED**





## New Canteen Ordering System

Sacred Heart will be utilising St Patrick's College canteen for lunches for Prep to Grade 6, two days a week.

Our school will have lunches delivered for second lunch only (1:30pm) on Tuesdays and Thursdays. If ordering lunch (on these days) parents need to consider this lunchtime will be later than the students are used to, so additional food for 11:00am first lunch may be required.

The school canteen will not be available any other days.

- The menus operate on a fortnightly rotation and we will be starting on WEEK A.
- Pantry List - items always available  
Week A - lunch specials  
Week B - lunch specials
- The App will only allow orders to be placed for the correct week. Orders cut off at 9:00am on Tuesday and Thursday mornings.
- **IMPORTANT - When entering your details, make sure you scroll down and click on Sacred Heart Catholic Primary School 227 York Street Launceston TAS.**

Price lists are available on our website... <https://sacredheartl.tas.edu.au/parents/price-lists/>

Please see details below to order lunches via the Flexischools online App:

- Go to the App store or Google play and download the Flexischools App.  
Follow the prompts.

<https://vimeo.com/388149878/8de421ed83>

[Flexi School App for IOS](#)

### **WORKING WITH VULNERABLE PEOPLE REGISTRATION**

**If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

#### **How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**