



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

Kinder 2021

Current families who have children commencing Kinder in 2021 will have interviews later this year. We will make contact with families closer to the time to arrange appointments.

Live Streams of Mass

Live streams are available via the Catholic Parish of Launceston Facebook site each weekend at ten o'clock in the morning.

<https://www.facebook.com/CatholicParishLaunceston/>

Creating the Future You.....

'The best way to predict the future is to create it.' (Author Unknown)

As individuals, human beings are constantly changing, even though it may not seem like it in the short term. One of the most rewarding aspects of working at Sacred Heart is working with children, staff and parents who have a growth mindset, people who are looking at ways to be better people.

In what Harvard psychologist, Dan Gilbert, calls the "end of history illusion," human beings seem to think that the people we are today are the people we are going to be in the future. Not so, according to his research and a presentation featured on TED.com.

One of the benefits of a long-term study was the inescapable fact that people in Gilbert's studies actually changed far more than what they expected to change, in an imagined 10-year period into the future. At every point in the age range, actual reported change – in such things as personal values, personality, likes and dislikes – was far above the predicted change levels.

"So," you ask, "why does this matter?" Well, it ties in with the way we make decisions. We know that everything that has happened to us – every experience, learning moment, discovery – is stored in our subconscious, along with the emotions that we associated with those experiences. Then, as we are confronted with some new situation, our brains immediately attempt to associate the new situation with something filed away in the subconscious. If nothing resonates, then the brain files this new experience for possible future use.

Gilbert suggests if we do connect with something in the past, then our brains immediately go into "association mode," evaluate whether the past experience was good or bad, and then we make decisions according to what happened to us in the past. When we try to imagine something in the future, we have nothing on which to base our judgment, except the past. No surprise, it is easier to remember than it is to imagine – unless we can let go of the belief that we are a "finished product" with no more growing to do.

The good news is that we are NOT finished growing and changing, even if we think we are. As Gilbert reported, "The person you are right now is transient, as fleeting and as temporary as all the people you have ever been."

Creating the Future You (con't).....

Consider this week

Who do you want to be tomorrow? And the tomorrow after that, and the tomorrow after that? Let go of feeling "finished" and embrace the "want to be" in you. Use your forethought, and contemplate and create the future you want. Your brain will be fully engaged in the future – and you'll be happier for it.

'Today I close the door to the past... open the door to the future, take a deep breath and step on through to start the next chapter in my life....' (Author unknown)



Brent Wilson
PRINCIPAL

Pupil Free Days

Parents are reminded that classes recommence in Term 3 for SHS children on Wednesday 22nd July. Our SHS staff have Pupil Free Days on Monday 20th and Tuesday 21st July.

End of Term Arrangements (Subway and Free Clothes)

- Children are able to wear free clothes on the final day of Term 2, 3rd July. Please remember sensible footwear.
- Remember to order your Subway by 11.30am Thursday 2nd July. **Don't forget to download the app.**

COVID- 19 Restrictions

Sacred Heart Launceston continues to take our direction, with respect to COVID 19 restrictions, from Catholic Education Tasmania (CET). CET is taking direct advice from the Health Department.

There are no changes to any of our current restrictions. If our advice changes we will update families.

Thanks to families for your support.

COVID - 19 Update

Thanks to the SHS families who are supporting our school and all of our community's health by keeping children home when they are sick.

In the past fortnight our school community we have noticed an increase in the number of children coming to school with coughs and colds. Under the current restrictions parents are reminded to not send children to school if they have coughs, colds and flu.

Under the COVID - 19 restrictions our school will continue to send home children if they are reflecting these symptoms.

We understand this may be an inconvenience to families, remember....when we live in a community of 465 children and 52 staff we must think of the entire community.

**THE CARMEL SHOP****OPEN WEDNESDAYS****FROM 1pm–4pm***On Sale**Bibles, Rosary Beads, Sacramental Gifts, Vouchers***Enquiries: Helen 6344 6382****Email: carmelshop@yahoo.com****LOST PROPERTY**


There are lots of unnamed items in Lost Property – if your child is missing any items of clothing, lunchbox's etc, please get them to check the Lost Property at the bottom of the office stairs.



June 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
21st	22nd	23rd	24th	25th 11.30 am Band & Strings program	26th	27th

July 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28th	29th June	30th June	1st	2nd 11.30 am Band & Strings program Subway orders due by 11.30am	3rd Last Day Term 2 	4th
5th	6th School Holidays	7th	8th	9th	10th	11th
12th	13th School Holidays	14th	15th	16th	17th	18th
19th	20th Pupil Free Day	21st Pupil Free Day	22nd First Day Term 3	23rd 11.30 am Band & Strings program	24th	25th

Please see below the days children are able to wear Sports Uniform.

Prep - Monday, Thursday and Friday
 Grade 1 - Monday, Thursday and Friday
 Grade 2 - Monday, Thursday and Friday
 Grade 3 - Monday, Wednesday and Friday
 Grade 4 - Monday, Wednesday and Friday
 Grade 5 - Monday, Wednesday and Friday
 Grade 6 - Monday, Wednesday and Friday

2020 Term Dates Sacred Heart School

SHS Pupil Free Days
 Monday 20/7/20
 Tuesday 21/7/20

Term 2 Monday 27.4.20 to Friday 3.7.20
Term 3 Wednesday 22.7.20 to Friday 25.9.20
Term 4 Monday 12.10.20 to Thursday 17.12.20

2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21
 (Term 1 holidays includes easter break)
Term 2 Monday 26.4.21 to Friday 2.7.21
Term 3 Monday 19.7.21 to Friday 24.9.21
Term 4 Monday 11.10.21 to Thursday 16.12.21

Please note changes for 2021:

- Term 1 will commence on the Monday
- Term 1 Holidays/Easter break is for 3 weeks



Happy Hearts



Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families. This was previously named Birth - 4.

Our program at Sacred Heart is named 'Happy Hearts!' Whilst school has resumed after the easing of restrictions this does not yet apply to our program. We look forward to a time when we will be able to resume onsite.

The good news is that we are still supporting our families through our online community and we encourage families to stay engaged with this or to join in! Any family with a child aged Birth -5 are welcome to join the '[Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)](#)' Facebook group. Each week we post ideas and information for you and your child to engage in at home. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too:

beth.rickerby@catholic.tas.edu.au or rebecca.millwood@catholic.tas.edu.au

Stay well and keep playing!

Beth & Rebecca

Before School Care

Prior to 8am Children may be walked to the building by their family

After 8am families will need to come to the "Church Street" car park gate and ring admin (1300 119 455) to let us know you are there, we will ring the Team Leader to come and collect your child. The tablet will not work this far from the service and our Team Leader will sign your child/ren in.



GROWING GREAT KIDS - WEEK 5

https://sacredheartl.tas.edu.au/files/9515/9288/7008/week_5_compressed.pdf

Webpage: www.sacredheartl.tas.edu.au

Facebook: www.facebook.com/sacredheartl

Pinterest: www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

shs.clothingpool@catholic.tas.edu.au

The Spirit of Jesus is Alive in:

Prep Hills	Oscar Milner for showing excellent progress in learning his sounds	Isla Palmer for showing a positive attitude towards all learning tasks
Prep Best/McHarg	Zoe Lynch for outstanding work with her reading. Zoe is demonstrating excellent skills in blending sounds to decode words	Alexander Reid for an outstanding effort with his work in the areas of reading and writing. Awesome Effort!
Grade 1 Underlin	Ella Khosravi for always being so willing to challenge herself	Levi Warren for being a much better listener!! Well done! Eamon Fletcher for his awesome work in Narrative Writing
Grade 1 Foster	Phoebe Spencer for terrific improvement in all areas of literacy and for working extremely hard during small group literacy challenges	Mason Lionetti for consistently trying his hardest in all areas of school
Grade 2 Crawford	Freya Pearce for being a beautiful friend Isaac Milner for working very hard at school over the past two weeks	Jonty Hodgetts for his excellent work in Geography
Grade 2 Reid	Harmony Munro for being a kind and respectful class member	Charlie Bennett for careful listening and always being respectful
Grade 3 Wood	Harrison Vinar for your tremendous work on Angles in our Maths Lessons	Chloe Kedey for your amazing improvements on telling the Time to the nearest minute
Grade 3 Symons	Liam Birch for great concentration on his work this week	Layla Wesley for thoughtfulness towards others
Grade 4 van Ryn	Sophie Macri for an excellent work ethic and attitude	Taj Weber for great work in Smart Spelling
Grade 4 Davie	Solomon Boyle for amazing work in your literacy group. great presentation with all of work	Clay Jones for amazing work on your HASS project. Very informative work. Well done Clay
Grade 5 Hegarty	Amy Connell for your commitment to your learning	Caleb McKenzie for your efforts in maths this week
Grade 5 Lee	Ashton Mahar for or always having a positive attitude with a smile on his face and using manners. He greets me every morning	Harry Shelton for always lending a hand to his fellow classmates
Grade 6 Steven	Ethan Ercole for his positive and persistent effort in Maths	Sam Agelopoulos for being a role model to others in his outstanding attitude on the morning gate duty in assisting the younger members of our community
Grade 6 Viney/Izard	Isabella Perry for contagious enthusiasm with which she approaches her learning	Stella Tyson for being confident and willing to work at her own level



Term 2

Subway Order

We are having Subway lunch orders on the last day of Term 2 - **Friday July 3**. We are able to do this as the

lunches arrive individually packed for each child.

A few important details:

All orders need to be completed online at www.subsforyou.com. Envelopes can no longer be used to order.

The process is quite easy, just follow the attached instructions to create an account and a profile for each child.

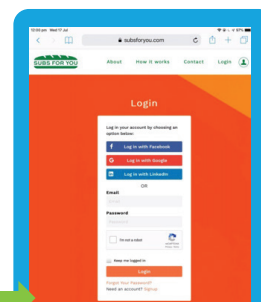
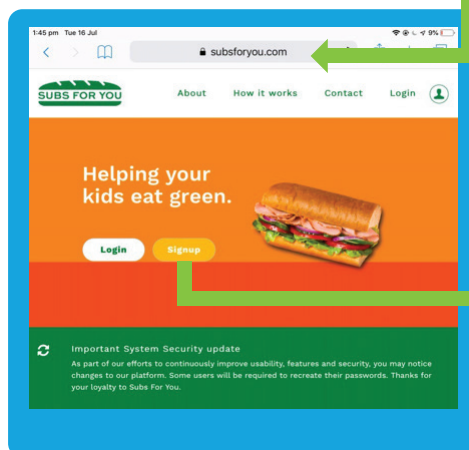
If you created an account last year, you can just log in and order for this date. You will need to update your child's class for 2020

Online orders can be completed up until **11.30am on Thursday July 2**.

Subs for You, Account Set-Up



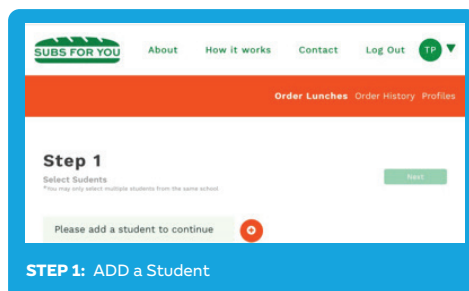
GO TO WWW.SUBSFORYOU.COM
(Google Chrome works well)



REGISTER A NEW ACCOUNT "SIGNUP"

After signing up via the Form or social login (Google, Facebook or LinkedIn) please check your email for "Subs For You User Registration" email.

Please use the link "Click here to login and start ordering subs", this will confirm your email as valid and allow you to log in.



COMPLETE STUDENT DETAILS

Select from the drop down boxes - your **STATE, SCHOOL,** and Student **FIRST & LAST NAME**

Emma Warragul

State
Victoria

School
Hughesdale Primary School

First name
Emma

Last name
Warragul

Teacher Last Name
Bigwood

Class
FA

☐ Has Allergies
What Allergies

Update student

Then select
TEACHER LAST NAME

Complete
CLASS DETAILS

* Note any Allergies

If you have more than 1 student at the same school, repeat the above steps

"Enter - ADD STUDENT"

You are now ready to ORDER LUNCHES

STEP 1 SELECT STUDENT SELECT "NEXT"

Step 1
Select Students
Please select the student you wish to order from the list below

SPRINTON PRIMARY SCHOOL
Emma Warragul

STEP 2 SELECT LUNCH PACK SELECT "NEXT"

Step 2
Select Lunchpacks
Please select the lunchpack you wish to order

Lunchpacks

Back Week Lunch Pack
This Lunchpack includes:

Breakfast
Breakfast White
Breakfast White & Cheese
White Mugs
Milk

details of the lunch pack contents will become visible

STEP 3 SELECT YOUR - SUBWAY LUNCH DATE

Step 3
Select Delivery Dates

August, 2019

ALL Subway Dates for the current School Term will be visible and are identified by the **GREEN +** Once selected the Box will Turn **GREEN**
Any 1 or ALL of the available Term dates can be selected at this stage

SELECT "NEXT"

STEP 4 MAKE YOUR SELECTIONS "ADD TO CART"

Step 4
Select Lunch

Your Sub

Sub
Lunch
Bread
Meat
Cheese
Milk

Back Week Lunch Pack

Repeat
Select Day

*REPEAT THE ABOVE STEPS FOR ANY OTHER STUDENT ORDERS

YOUR CART

ALL ORDERED ITEMS AND DATES CAN BE IDENTIFIED BY EXPANDING EACH LINE ARROW

Your Cart

TS Test Student \$7.2

Subway Lunch box (\$7.2 each)
19/09/19

Bread
Blinch White
Meat
Leg Ham

Lunchpack (\$7.2) x 1 \$7.2

Remove Edit Order

Transaction Fee \$0.23
Sub-total \$7.43

Order Total
\$7.43

Checkout

COMPLETE THE TRANSACTION, BY COMPLETING PAYMENT DETAILS

subsforu.com
Payment of (\$7.43) to Subway store.

Email

Card number

MM / YY CVC

☐ Remember me

Pay

You will receive an Order confirmation Email on placing the order and a "DELIVERED" Email confirmation on the Day of delivery.

YOU ARE ABLE TO CANCEL AN ORDER UP UNTIL YOUR ORDER DAY CUT OFF TIME.

If you need to edit an order after payment has been made, you will need to **cancel the order** and then **place the new order** again.

Cancelling an order will automatically trigger your refund.
Please note refunds can take up to 10 days to clear back to your account



Healthy Subway® lunches delivered to your school!



UNIFORM SHOP

The Uniform Shop will be closed to families until further notice. Apologies for this inconvenience.

Specific Sacred Heart uniform items (not available at Midford) are:

ties, boys winter socks, sport wear, rugby jumpers, polo's, logo items, stockings

These items can be ordered via the uniform shop email-

shs.clothingpool@catholic.tas.edu.au

or

Any enquiries please phone Kelly 0400128200

Collection and eftpos payment of uniform orders are done by appointment (between 2-4pm Thursday) and will be arranged by Kelly and Rebecca.

Please see Midford trading hours below for any other uniform requirements.

MIDFORD COVID-19 TRADING HOURS

Midford Schoolwear will be re-opening for Term 2 uniform changeover, please see below revised opening hours until further notice.

Our regular opening hours from Monday 27th until further notice are:

Monday	10am-4pm
Tuesday	10am-4pm
Wednesday	10am-4pm
Thursday	10am-4pm
Friday	10am-4pm
Saturday	9am-2pm

Please contact Mel if you have any questions or wish to place an order:

Phone: 6331 4622

email: launceston@midford.com.au

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.