



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

**Kinder
Enrolments
for 2021
Close May 29th**

Live Streams of Mass

Live streams are available via the Catholic Parish of Launceston Facebook site each weekend at ten o'clock in the morning.

<https://www.facebook.com/CatholicParishLaunceston/>



**SUNDAY
MASS**

LIVE STREAM

EVERY SUNDAY @ 10AM

[@CatholicParishLaunceston](https://www.facebook.com/CatholicParishLaunceston/)

From the Principal:

Coping with the new normal

In light of the global response to the coronavirus pandemic, many of us are having to cope with a variety of emotions – anger, fear, frustration and for some, a disbelief that it is all real. Because we are not seeing the effects close-up, as health professionals do, it does not make it any less real. And it doesn't make our emotions any less real either.

Having our movements restricted, whether it's border closings or social distancing, is a new normal for most people. We are unfamiliar with not being allowed to join with friends and family over a meal, if it means leaving our home. This is causing a disconnect with what we know to be true about our personal world, and the new picture that seems to be forced on us.

And while adults are having a challenge with this new normal, it can be even more confusing for our children. The younger the child, the less they are able to understand the situation. And because children are ultra-sensitive to the moods and emotions of the adults in their world, they react to how they think their caregivers are doing. Thus, it is vitally important that we provide mental and emotional support to them, while doing the same for ourselves. Calm reassurance goes a long way.

This new normal that we are living in, and for which there does not seem to be an end at the moment, can be frightening. But these also are times that bring out the best in the human experience. Neighbourhood groups are offering "shopping expeditions" for those neighbours who cannot, or should not, get out. Museums around the world are opening up special online tours, and one only needs an internet connection to view these treasures.

And there is one more thing, in addition to keeping our internal self-talk positive and under control, that will help fend off any possible depression – physical activity and exercise. So far, as long as we practice social distancing (1.5 metres apart), we can still go outside for a walk and it doesn't stop us from waving at our neighbours. Gardening is an excellent way to burn off pent-up energy, and do something creative and life-giving, because it appears that trees and flowers are immune from the virus.

Keeping our emotional and social connections is vitally important, even at 1.5 metres. Religious institutions are having services streamed online. Choirs are attempting to have rehearsals via video chat, to keep in touch with the music and with friends. With technology today, we can keep in touch with family members who are feeling isolated via phone, email or video chat. And it is all good for the soul.

Yes, it's a new normal, but we have a golden opportunity to create what it looks like for ourselves.

BW 

**Brent Wilson
PRINCIPAL**

Tasmanian Catholic Parent Council

Tasmanian Catholic Schools Parent Council are currently seeking representation from Sacred Heart for a parent to represent our school on the council. Council members play a vital role in being a voice for parents, which in turn assists the TCSPC to be relevant, vibrant and a strong voice for parents at a local and national level. It is not an onerous role, and they will receive all the support and information they need.

Please email Brent <brent.wilson@catholic.tas.edu.au> if you are interested by Thursday 7th May.



Primary Instrumental Music Program - Band and Strings

A reminder, from St Patrick's College, for all Music Families to please access the website to allow young musicians to continue their learning by following the lessons and viewing the content from their Music Tutors.

If there are any issues or queries please contact:

fmowat@stpatricks.tas.edu.au (Band coordinator)

Kimberley.Brown@stpatricks.tas.edu.au (Strings coordinator)

School families Kinder 2021 enrolments - closing Friday 29th May 2020

All school families who have a child who is 4 years of age as of the 1st January 2021, please email the office ASAP and they will send you an enrolment form to complete.

The **original** form needs to be returned to the office, either by post or with your child if they are attending school. Please also confirm with the office that they have received your enrolment form when it is returned.

I would encourage you to inform any families and friends, who you know are looking at enrolling their children at S.H.S., to also make contact with the school ASAP, to organise an expression of interest form and an interview.

Enrolments close on Friday 29th May

April 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
26th	27th	28th	29th	30th	1st May	2nd

May 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3rd	4th	5th	6th	7th	8th	9th
10th	11th	12th	13th	14th	15th	16th

2020 Term Dates Catholic Schools

Term 1 Thursday 6.2.20 to Thursday 9.4.20

Easter 10.4.20 to Tuesday 14.4.20

Term 2 Monday 27.4.20 to Friday 3.7.20

Term 3 Monday 20.7.20 to Friday 25.9.20

Term 4 Monday 12.10.20 to Thursday 17.12.20

2021 Term Dates Catholic Schools

Term 1 Monday 1.2.21 to Thursday 1.4.21

(Term 1 holidays includes easter break)

Term 2 Monday 26.4.21 to Friday 2.7.21

Term 3 Monday 19.7.21 to Friday 24.9.21

Term 4 Monday 11.10.21 to Wednesday 15.12.21

Please note changes for 2021:

- Term 1 will commence on the Monday
- Term 1 Holidays/Easter break is for 3 weeks

2020 Carnivals

Friday 8th May - Prep - 2 Cross Country

Friday 22nd May - Gr 3-6 Cross Country

Friday 11th September - Gr 3-6 Athletics Carnival (date to be confirmed)

Friday 13th November - Prep - 2 Athletics Carnival

UNIFORM SHOP

Until further notice the Uniform shop will be closed to families and no orders will be taken via email.

Please see Midford trading hours below.

Winter tunics and skirts: families will be notified once orders are ready for collection. The manufacturers have given a tentative date of April 29th for completion of the orders.

Sport Track Pants: stock have arrived at school. If you wish to have a pair put on hold for when school returns please email shs.clothingpool@catholic.tas.edu.au

For further information please contact Rebecca or Kelly via email shs.clothingpool@catholic.tas.edu.au

MIDFORD COVID-19 TRADING HOURS

Midford Schoolwear will be re-opening for Term 2 uniform changeover, please see below revised opening hours until further notice.

Our regular opening hours from Monday 27th until further notice are:

Monday	10.00 am – 4.00 pm
Tuesday	10.00 am – 4.00 pm
Friday	10.00 am – 4.00 pm
Saturday	9.00 am – 2.00 pm

Please contact Mel if you have any questions or wish to place an order:

Phone: 6331 4622
email: launceston@midford.com.au



Zoom protocols to support students and their families.

STUDENTS: USING ZOOM



ENVIRONMENT

- Warn other people in your home that you are joining a video call.
- Double check what is behind you before you use your video.



AUDIO/VIDEO

- Your microphone and video should be turned off when you first join the meeting.
- Your teachers and the adults in your home will help you decide when it is ok to turn these on.



HANDS UP/FEEDBACK

- Video calls can be tricky in big groups. You can use the non-verbal feedback under 'participants' to raise your hand or let your teacher know you want to share.



RESPECTFUL BEHAVIOUR

- We only use 'group chat' when on a video call.
- When we act respectfully we all feel included and we learn more.
- Remember the ways you acted respectfully at school and bring these into the online world.



TROUBLESHOOTING

- Something not working? Try leaving the meeting, restarting your device and rejoining.
- If your internet is slow try turning off your video, it makes a big difference.
- Visit support.zoom.us



JUST FOR YOU

- The link and meeting code your teacher has given you should not be shared to anyone else.
- Remember you DON'T need your own ZOOM account.

Message from Commonwealth Bank - School Banking

The health, safety and wellbeing of our communities and our people remains our highest priority. Due to the ongoing uncertainty surrounding coronavirus, the School Banking program will remain on hold. We will continue to monitor the situation and keep you informed with any updates including how we will be managing Dollarmite tokens for students.

In the meantime, here are some handy online resources for parents who wish to maintain momentum with their child's financial education:

- [Start Smart](#): these resources have been created to improve children's money management skills, and is aligned to the Australian Curriculum and the National Consumer Financial Literacy Framework.
- [The Beanstalk](#): offers videos and fun activities for children to learn about money.

Parents and children accessing Helen Halley while learning@home

With all the current changes happening, I wanted to offer some options for the support and counselling that I offer in the school. If your child is currently seeing me and would like either for yourself or your child to keep in contact with me while learning@home an email or a phone call, face time or zoom session can be arranged. Please contact me directly on my email to organise a suitable time. Times available will remain on Thursdays and Fridays (my usual days in this role). Any child who is currently seeing me and is currently attending school will still be seen as per usual, however if you feel there is a sense of urgency for me to see your child please do not hesitate to email me to let me know.

If something has come up for your yourself or your child who I have not seen before, please do not hesitate to make contact so support can be organised either through Belinda Flack (CatholicCare) or myself. Again, please email to let me know.

Wishing you all well at this time. I know these are challenging times and absolutely want you to know I am here to support you.

Kind regards, Helen Halley
Wellbeing



Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email shsl@catholic.tas.edu.au
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

It is a legal requirement that parents are expected to advise the school as to why their child is absent.

Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.

Webpage: www.sacredheartl.tas.edu.au

Facebook: www.facebook.com/sacredheartl

Pinterest: www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

shs.clothingpool@catholic.tas.edu.au

LEARNING@HOME

