



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

**Kinder
Enrolments
for 2021
Close May 29th**

**School Fair
Friday
April 3rd**

**Brixhibition
entries due
Thursday
March 19th**

From the Principal:

“Camps at Sacred Heart”

“Life is an echo. What you send out, comes back. What you sow you reap. What you give, you get. What you see in others exists in you. Remember, life is an echo. It always gets back to you. So give goodness.” (Anonymous)

About this time last year we booked the 2020 Grade 5 and 6 Camp venues. To ensure the camps are available we need to book one year in advance for all camps. Each camp requires careful planning and discussion by teachers. This includes thorough OHS checks and “seemingly ongoing” paperwork. Each and every adult that attends camp works hard before camp and even harder on camp. Each staff member gives up significant personal time. On each camp I always ask myself is it worth it? The answer was obvious. It was a resounding YES.

Observing the children engaged in a wide variety of activities that promoted self reflection, teamwork, co-operation, patience, respect, initiative, courage and organisation. These life skills are ones that we can’t always teach in a classroom and indeed school camps will always enable us to see children shine in ways we don’t always expect.

There were many other times during the camp that I felt genuinely proud to be Principal of Sacred Heart. These included

- The manners of the children
- The consistent positive attitude of every child to the activities on camp.
- The exceptional positive class spirit that abounded throughout.
- Children challenging themselves.

Few Catholic schools in Tasmania offer the opportunities that we do at Sacred Heart.

School camps are a major step in developing self-confidence and independence as it is truly a chance to take responsibility for oneself. Obviously, when on camp, children are not left to fend for themselves without help and support, but the help and support has to be very different, because Mum and Dad are not the ones giving it. On camps, children to varying degrees depending on their age and experience, really do have to shoulder their challenges and make decisions about the best course of action for themselves and others.

After school camps, children know that they can survive without their family - no one is suggesting that this become their preferred situation - and the difference in them as confident people is very apparent.

- They know that they can rely on themselves, their peers, and adults other than their families.
- They know that they can use their own skills and abilities to help others and themselves.
- They bring back news of activities and experiences which no one else in the family can contradict or embellish, and, which they can enjoy sharing.

There are increasing concerns about the disconnection between children and nature. There are also concerns about risk-averse approaches to play, sedentary technology experiences and lack of time for unstructured outdoor play and their likely negative consequences for children's long-term health and wellbeing.

Outdoor play in nature offers a number of benefits, including opportunities to learn

- Physical skills and building stamina
- How to manage risks
- Respect for nature
- Social skills – collaboration, co-operation, team work, patience, respect for one another, tolerance and understanding

Thanks to the parents who supported and assisted on camps.

Thanks to Sarah Viney, Catherine Steven, Penelope Izard and Dee Gillen for leading our Grade 6 camp.

Thanks to Hannah Lee, Alex Hegarty, John Hood, John Anderson, Adriano da Ros and Deb Scott for leading our Grade 5 camp.

Thanks to Julian Davie, Phil van Ryn, Brendan Rose, Anita Mercer, Helen Butler and Simone Ross for leading our Grade 4 camp.

Camps are times for growth. Indeed one of the challenges we put to the children was to reflect on their own personal journey. They are asked to share what they had learnt about themselves. It is appropriate that the children of Sacred Heart are identifying and actioning their personal imperfections during this Lenten season. Each one of us is equally asked to consider how they can make others' lives better.

"Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever." (Psalm 23:8)

Fair

Our school fair is less than a month away. Our school is indebted to the past generations of parents and staff who have worked hard to provide our school with the exceptional resources the children currently enjoy. As the current generation of the SHS community it is up to us to continue to work hard.

Last year the P and F via the Fair allocated \$90,000 to the play space beside Kinder. This year the P and F have committed to \$15,000 for an all-weather surface.

So..... when notes or requests come for each family to spend 1 hour on a stall please consider how little time this is and how if all families assist our fair will be so much more effective.

Wendy and Barry Nas on leave

Wendy and Barry Nas will be taking the last 4 weeks of Term for Long Service Leave. We wish Wendy and Barry a restful and enjoyable break.

Hayley Johns will replace Wendy, John Hood will replace Barry.

Board

Congratulations to Tiffany Hogarth and Mallory Schipper for their election to the Sacred Heart Catholic Primary School Board.

Our school board consists of

Chairperson - Shane Rickerby

Vice- Chair - Kylie Boyle

Secretary - Cas Douglas

Treasurer - Jo Widdowson

Members - Ty Turner, Katrina Spencer, Tiffany Hogarth, Mallory Schipper

Parish Priest - Fr Mark Freeman


Principal - Brent Wilson

Brent Wilson
PRINCIPAL

March 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
8th	9th Public Holiday	10th Gr 5 Glover Exhibition 6.30pm Board Meeting	11th Sushsi Day (NEW rice paper rolls) School Banking	12th Dance Fever 11.30am Band/ Strings program NIJSSA Swimming Carnival @ Riverside Pool	13th 2.10pm Assembly	14th
15th	16th	17th St Patrick's Day Gr.2 Greens Beach excursion	18th Sushsi Day School Banking	19th Dance Fever 11.30am Band/ Strings program Brixhibition entries due today	20th 2.10pm Assembly	21st
22nd	23rd Catholic Education Week	24th 7.30pm P & F Meeting	25th Sushsi Day School Banking	26th Dance Fever 11.30am Band/ Strings program	27th 2.10pm Assembly	28th

April 2020

29th	30th March	31st March	1st School Banking	2nd Dance Fever 11.30am Band/ Strings program	3rd  No Lunch orders today	4th
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School Families - Kinder 2021

All school families who have a child who is 4 years of age as of the 1st January 2021, please complete an enrolment form from our school office ASAP.

I would also encourage you to make contact with families and friends who you know are looking at enrolling their children at S.H.S. to also make contact with the school as soon as possible.

Enrolments close on Friday 29th May 2020

The Spirit of Jesus is Alive in:

Prep Hills	Zoe Lynch for demonstrating a great attitude towards having a go at writing.	Alice Cleaver for being a responsible and helpful class member
Prep Best/McHarg	Nate Reeve Always showing the '5 L's' of learning and being a respectful class member.	Zoe Lynch for demonstrating a great attitude towards having a go at writing.
Grade 1 Underlin	Tom Bishop for his excellent ICT skills	Phoebe Green for always being kind!
Grade 1 Foster	Tillie Pendergast for her positive attitude towards all aspects of school	Patrick Neighbour for his caring nature and willingness to help his friends
Grade 2 Crawford	Valentina Agostini for her excellent work in Smart Spelling and for being very resilient this week	Isaac Milner for listening extremely well in class this week Lennox Hardinge for the amazing determination that he is showing when learning to spell tricky words
Grade 2 Reid	Ella Davis for being a kind, caring friend.	Bayani Beeton For always taking care with his writing and spelling.
Grade 3 Wood	Johaán Alex for placing third in the Tasmanian SumDog Challenge	Imogen Lee for her excellent progress on coding in digital Technologies lessons
Grade 3 Symons	Lily Champ for a fantastic week with a positive attitude	Sam Cameron for excellent handwriting this week
Grade 4 van Ryn	Charlie van Zetten: Great work on his angles poster.	Shae Anderson: Fantastic work on angles.
Grade 4 Davie	Cooper Reeve for a super effort with our HASS unit on the First Fleet.	Fiadh McCormack for being a hardworking member of Grade 4.
Grade 5 Hegarty	Will Brewer for your fantastic attitude and willingness to have a go at camp!	Keira Jephcott For being encouraging and helpful to your peers on camp!
Grade 5 Lee	Lillian Neighbour for being a supportive friend on camp	Frankie Page for having a positive mindset and attitude on camp
Grade 6 Steven	Issy Crerar For her outstanding rap performance in the camp talent show.	
Grade 6 Viney/Izard	Lana Rice For being an encouraging and thoughtful team member on Camp	Oscar Marsden For showing initiative and leadership skills in the team challenges on camp

PARENTS AND FRIENDS NEWS

SHS 2020 Twilight Fair-Friday 3rd April

Fair Planning has begun and we would love your help!

Sponsors/ Donations

If you have a business or your workplace would like to contribute to the Sacred Heart Twilight Fair and provide goods or monetary donations it would be greatly appreciated and assist with the fair planning.

Suggestions of donations include:

- a prize for the Treasure Chest
- Prizes for the Chocolate Wheel
- Vouchers, movie cards, gift cards, restaurant vouchers, toys, games, home wares, gift hampers
- Garden/Produce donations-plants, homemade wares, jams, preserves, relishes.

Stall Convenors Wanted

Convenors are required for the following stalls:

Chocolate Wheel

Cake Stall

Ice cream/Drinks



Being a stall convenor is a great way to meet new families and assist with the school's major fundraiser. A stall convenor will receive help from fair coordinators to organise the stall during fair planning, set up and supervise during the night. Rostered parent help is supplied on the night so you won't be asked to stay on the stall all night.

Stall Roster's

Stall rosters will become available in the coming weeks and parent help is essential for the Fair to operate smoothly on the night. Please register your help by filling in a slot on the roster.

A Grade Volunteer Competition prize is offered for the first grade who completes their roster

Treasure Chest Keys

From next week Grade 5 students will be visiting classrooms to sell



Treasure Chest Keys.

Purchase a key for \$2.00 each to have the chance to win a fantastic prize

Limited keys available. Unlucky keys will receive a lucky dip prize on the night.

White Elephant Donations

The White Elephant Stall would love to have your unwanted goods. Toys, books, home wares, games/puzzles. Would be much appreciated

Donations are being accepted now and can be delivered to the foyer area near the Canteen.

PLEASE no electrical items, clothing or shoes.

Sacred Heart's Major Fundraiser

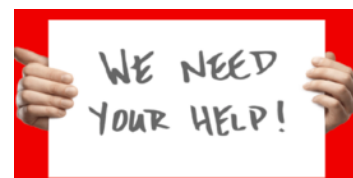
There are many ways in which you can become involved in the Fair, which raises important funds for the future Playground Developments of SHS. Watch out in the coming weeks for further information or contact a Fair Committee member:

Cate Pel:
0406769 553

Louise Madden:
0400367337

Kim Barrett:
0447 771 893

Rebecca Millwood:
0418 721 952



If you are available to convene a stall or assist with donations please contact a committee member. Many thanks!!

Sacred Heart Twilight Fair

2020 Class Stalls Allocations

Grade	Stall	Stall Convener
KINDER	Lucky Dip Ice cream/Drinks	Kinder team
PREP	Fair Bags White Elephant	Sarah Axman-Friend Esther Beeton
GRADE 1	Chocolate wheel Cake Stall	
GRADE 2	Festival Food Tattoo's	Louise Madden Paul-Happy Shack Airbrushing
GRADE 3	Plants/ Produce Fairy Floss	Tahnee Hodgetts Simon Wood
GRADE 4	Face Painting Chips/Calamari	Eddy- Dream Entertainment Turkey and rostered help
GRADE 5	Treasure Chest Lucky Jar Deserts	Grade 5 team Jacquie Cameron Mandy Jones
GRADE 6	Beer/Wine Chocolate Wheel	Todd Hills





GRADE 4 CAMP



School Canteen

WEEKLY LUNCH

Wednesday @ SHS

SUSHI TO GO

A healthy & easy alternative for your canteen

RICE PAPER ROLLS

- rice noodles, capsicum, cabbage, lettuce, carrot, cucumber

crispy chicken **\$4.00**
vegetarian

SUSHI

chicken teriyaki
crispy chicken
tuna & avocado
californian
vegetarian

\$4.00



**Friday Help
Still Needed!
For Canteen**

Dance Fever starts
Thursday 13th Feb until
Thursday 9th April
All students in Prep - Gr 6
wear sports uniform every
Thursday

PHYSICAL EDUCATION PROGRAMS FOR SCHOOLS

DANCE FEVER MultiSport

2020 Term Dates Catholic Schools**Term 1 Thursday 6.2.20 to Thursday 9.4.20****Easter 10.4.20 to Tuesday 14.4.20****Term 2 Monday 27.4.20 to Friday 3.7.20****Term 3 Monday 20.7.20 to Friday 25.9.20****Term 4 Monday 12.10.20 to Thursday 17.12.20**

Sacred Heart's Pupil Free Day for 2020 is Monday 20th July

School Fair Friday 3rd April

2021 Term Dates Catholic Schools**Term 1 Monday 1.2.21 to Thursday 1.4.21***(Term 1 holidays includes easter break)***Term 2 Monday 26.4.21 to Friday 2.7.21****Term 3 Monday 19.7.21 to Friday 24.9.21****Term 4 Monday 11.10.21 to Wednesday 15.12.21****Please note changes for 2021:**

- Term 1 will commence on the Monday
- Term 1 Holidays/Easter break is for 3 weeks

2020 Carnivals

Friday 8th May - Prep - 2 Cross Country

Friday 22nd May - Gr 3-6 Cross Country

Friday 11th September - Gr 3-6 Athletics Carnival (date to be confirmed)

Friday 13th November - Prep - 2 Athletics Carnival

Uniform Shop**Thursdays****2 - 4pm**

Email:

shs.clothingpool@catholic.tas.edu

St Patrick's College
LAUNCESTON

ST PATRICK'S COLLEGE

YEAR 7, 2021 ENROLMENT INFORMATION EVENING

**WEDNESDAY,
18 MARCH, 2020; 7.00 PM**

ST PATRICK'S COLLEGE CHAPEL

www.stpatricks.tas.edu.au/enrolments

Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email shsl@catholic.tas.edu.au
- use the Skoolbag app, fill out an eForm
- advise their teacher

It is a legal requirement that parents are expected to

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.

Webpage: www.sacredheartl.tas.edu.au

Facebook: www.facebook.com/sacredheartl

Pinterest: www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

shs.clothingpool@catholic.tas.edu.au

Wellbeing Support

At Sacred Heart School we offer different types of Wellbeing support for the students and families. My role at SHS is one of support - for your child to know that I am someone they can chat to and be supported by in working towards their own wellbeing goals. Sessions are held in my new space (old hall area), in a confidential environment on a regular or semi-regular basis depending on the needs and goals of your child or the needs of your family.

I feel very fortunate to have SHS designate two days a week for me to offer this in my capacity as an experienced teacher as well as my recent studies in Counselling, play and sand play therapy, creative therapies, Peaceful Kids, mindfulness, Tuning In, supporting anxious children, grief and loss, trauma and MY TERN and RULER training.

If this is something you want for your child, I am very happy to meet with you if you wish to touch base with me about your child or your current situation - just email me to make an appointment. Alternatively, we can communicate via phone by calling the school or you can email me at helen.halley@catholic.tas.edu.au

Kind regards,
Helen Halley



Wellbeing – Growing Great Kids

Shared by Helen Halley, SHS Wellbeing Leader



I have come across two great links recently from Maggie Dent and thought that some parents might be interested. The first link is an article about "Why parenting is really all about neuroplasticity". This article takes into the child's learning from when they are very young, right through to what happens to them as teenagers. The second link is a clip (just over 4 mins) on Things that Build Resilience in Kids. The two links complement each other.

https://www.maggiedent.com/blog/why-parenting-is-really-all-about-neuroplasticity/?utm_source=Maggie%27s+mailing+list&utm_campaign=2eed4199fb-&utm_medium=email&utm_term=0_a8ec9d9d01-2eed4199fb-252049309&goal=0_a8ec9d9d01-2eed4199fb-252049309&mc_cid=2eed4199fb&mc_eid=73743f63ad

https://www.youtube.com/watch?v=sOvj9J51XuY&feature=youtu.be&utm_source=Maggie%27s+mailing+list&utm_campaign=2eed4199fb-&utm_medium=email&utm_term=0_a8ec9d9d01-2eed4199fb-252049309&goal=0_a8ec9d9d01-2eed4199fb-252049309&mc_cid=2eed4199fb&mc_eid=73743f63ad

Sacred Heart B-4 Program is back for 2020

Are you looking for a play based program that gives your child the opportunity to learn, discover, investigate and most of all have FUN!!!!

Would you like to meet new families?

Bring along a friend.

Do you want time out to sit and play with your child?

If your child is aged 0-4 then come along to the Birth to 4 program each Tuesday during school term. We will paint, sing, dance, make and create, share stories, dress up and explore the outdoors.

It's FREE!!!

Two sessions available: Morning- from 9am-11am

Afternoon-from 12.30pm-2.30pm

Bring along a hat, water bottle and a piece of fruit to share at eating time

Kinder Green room will host the B-4 program each Tuesday

For further information please email:

rebecca.millwood@catholic.tas.edu.au



Brixhibition Kids Comp 2020

The Tasmanian Brick Enthusiasts Inc. and Brixhibition invite all Primary School students in the Northern Tasmania area, to compete in an individual Lego Competition running in the first term of 2020.

- Each student to have their Lego creation completed and ready for judging by your school on **Thursday 19th March 2020**
- Medallions and Prizes to win
- Each overall winner is invited to display their winning Lego creations, at Brixhibition Albert Hall, Tamar Street, Launceston on Sat 25th and Sun 26th April 2020.
- Entry Forms and Conditions or Entry are available from your school.
- All Brixhibition Kids Comp winners displayed at Brixhibition will be judged by Tasmanian Brick Enthusiasts Inc. members (approx. 30 judges)

• **Brixhibition Grand Prize Winners to be awarded at Albert Hall**

- 1st Place: Trophy and \$300 Gamesworld Plus Voucher
- 2nd Place Trophy and \$200 Gamesworld Plus Voucher
- 3rd Place Trophy and \$100 Gamesworld Plus Voucher
- 4th Place Trophy and a Lego Set

- Winners announced at 3pm, Sun 26th April 2020 at Brixhibition

Brixhibition Kids Comp 

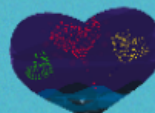
Saturday 25th – Sunday 26th April 2020
9:30am – 4:00pm
Albert Hall, Tamar Street, Launceston

Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

PROJECT COMPASSION
GO FURTHER TOGETHER

Each family will get a Project Compassion box, please try to fill them up, then bring them back to school!

- Thank you



PIC•COLLAGE