



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

Welcome BBQ
Feb 28th
5pm

Friday
28th February
Gr 3-6 Swimming
Carnival

No Canteen
Tues-Wed
3rd and 4th March
No Sushi
Wed 4th March

School Fair
Friday
April 3rd

From the Principal:

"Shifting Perspective"

"The secret of being happy is accepting where you are in life and making the most out of every day." (Anonymous)

What would it take to make you happy? Think about your answer for a moment, because we have reasons to be happy every day, even if the world around us seems to have come unglued.

Some of you think that if you only had this or that particular thing you would be happy. Others believe that if you were only in love with someone wonderful, who loved you back, then you would be happy. And there are probably still others who believe that if God would work a miracle and cure you or someone you love of an illness, that would make you happy.

But here is the thing: Happiness is a choice you make, not something that does or doesn't happen to you. You can choose to be happy right now, no matter what you have or don't have.

The first step is gratitude. If you develop and heighten your powers of appreciation by focusing on the beauty in your life instead of the imperfections, you will be halfway there. Take a moment. You will see an abundance of beauty in your life, regardless of your surroundings or circumstances, if you will only look for it. You will be adopting the "attitude of gratitude."

Once you can see it – appreciate it! Not just intellectually – let it give you real joy. Yes, it may be raining at the moment, and it's a mess to walk or drive in it. However, look at what it's doing for the flowers, the fruit trees, the air! It's all in your perspective. You see, the time to be happy is now, the place to be happy is here, and the reasons to be happy are all around us.

One of the greatest pleasures about being Principal of Sacred Heart, regardless of anything else, is the ability to walk into any classroom or playground watch and listen to children and teachers enjoying their learning and play experiences. Listening to teachers I know they are rewarded when they see children overcome challenges to achieve a goal.

So, what are we waiting for? Decide for yourself. Shift your perspective. Choose to be happy. See how that change affects everything else you think, see and do!

"Happiness is not a destination, it's a way of life." (Author unknown)

SHS Swimming Carnival

Tomorrow more than 200 children from Grades 3-6 will be competing in our Swimming Carnival at Riverside. Our school prides itself on participation and outstanding sportsmanship. We look forward to a day full of positive attitudes and encouragement.

Children are reminded

- Not to use the canteen or ask parents to purchase items
- Wear/Bring bathers
- Spare towel, socks and underwear
- Apply sunblock before and during the carnival
- Bring healthy lunch and water
- Maintain a positive attitude for all of the carnival

If you are taking your child home with you at the end of the carnival please inform your child's teacher.

Grade 5 and 6 Camps

Next week Grade 5 and 6 will be participating in their annual camps. Grade 5 are heading to Camp Clayton from Monday - Wednesday on the North West Coast. Grade 6 are heading to Blue Lagoon near Hobart also from Monday to Wednesday.

We wish our Grade 5 and 6 children and staff a safe, enjoyable and memorable experience.

Brent next week

I will be absent from school next week. I will be attending the Grade 6 Camp and then heading to Hobart for Principals meetings. Adele Murphy, Deputy Principal, is available for compliments and challenges.

Brent Long Service Leave

I will be on Long Service Leave from Monday 23rd March till Thursday 9th April, the last three weeks of Term 1. Adele Murphy will be Acting Principal in my absence.

Canteen next week

Our canteen will be closed on Tuesday and Wednesday of next week.

School Fair

Our School Fair for 2020 will be held on Friday 3rd April. Please save the date.

Welcome BBQ

Our Welcome BBQ will be held on Friday 28th February at 5pm on the oval. Sausages and Hamburgers supplied by the P and F. BYO drinks.

Our welcome bbq is a wonderful way to reconnect with returning families and welcome new ones to our school.



Brent Wilson
PRINCIPAL



Parents & Friends Welcome BBQ

The Sacred Heart Parents & Friends would like to invite all school families to attend our Welcome BBQ.

Where: School Oval

When: Friday 28th February

Time: 5-7pm

Hamburgers & Sausages provided. Please bring your own drinks.

We look forward to seeing you.

February 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
23rd	24th	25th	26th	27th Dance Fever 11.30am Band/ Strings program 3pm Gr 5/6 Bookclub	28th Gr 3-6 Swimming Carnival @ Riverside Pool 2.10pm Prep - Gr.2 Assembly 5pm Welcome BBQ	29th
1st	2nd	3rd No Canteen	4th No Canteen/No Sushi School Banking	5th Dance Fever 11.30am Band/ Strings program	6th 2.10pm Assembly	7th
<div>Grade 5 Camp to Camp Clayton</div> <div>Grade 6 Camp to Blue Lagoon, Dodges Ferry</div>						

March 2020

8th	9th Public Holiday	10th 6.30pm Board Meeting	11th Sushsi Day (NEW rice paper rolls)	12th Dance Fever NIJSSA Swimming Carnival @ Riverside Pool	13th 2.10pm Assembly	14th
Grade 4 Camp to Hagley Farm School						
15th	16th	17th St Patrick's Day	18th Sushsi Day	19th Dance Fever	20th 2.10pm Assembly	21st

**Important... please read
if your daughter will need
a winter tunic this year**

Sacred Heart Catholic Primary School

Uniform Shop

GIRLS WINTER TUNIC/SKIRT ORDER FORM - 2020

Parent's Name: _____

Child's Name: _____

Grade: _____

Contact Mob Number: _____

Sample tunics/skirts are no longer available in the uniform shop so please use the waist measurements below to guide you when placing your order.

These measurements are provided by the supplier.

Size 4 - 25" 63.5cm

Size 6 - 26" 66cm

Size 8 - 27" 68.5cm

Size 10- 28" 71cm

Size 12- 30" 76cm

Size 14 - 31" 78.5cm

Size 16 - 32" 81cm

Size 18 - 33" 83.5cm

Quantity: _____

Wool Tunic Size (P-2) \$132.00 - _____

Wool Skirt (grade 3-6) \$128.00 - _____

Deposit (minimum \$50.00 per item)-paid/receipt _____

Please return order form and deposit (min \$50.00 per item) to school office or uniform shop no later than Thursday February 27th

Important Note: winter tunic/skirts are only available by pre order and late orders cannot be filled.

For enquires phone Kelly Cox 0400 128 200 or Rebecca Millwood 0418 721 952



Sophie Turner, Oscar Hodge, Charlotte Walsh, Noah Spencer
 Heidi Philpott, Fletcher Fogarty, Isla Williams, Jasper Stagoll, Sylwester Szpyrka , Poppy
 Ebbelaar ,Harper Smith, Eli Boutcher, Chloe Kedey, Jokaan Alex
 Clancy Richmond, Emma Shelton, Molly Worsley, Jackson Quill, Addison Dennis
 Solomon Boyle, Tahj Jones, Amy Connell, Ashton Mahar, Lily Matthews, Molly Harvey,
 Elizabeth Hoyland, Cooper van Emmerik, Ella Frerk



The Spirit of Jesus is Alive in:

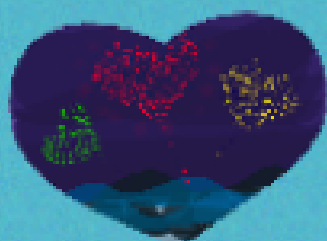
Prep Hills	Adelaide van Ryn for being a kind and caring friend	Addie Russell for being a kind and caring friend
Prep Best/McHarg	Andrew Williams for demonstrating a great 'Have a go' attitude towards writing	Nicola McNeil for outstanding participation and enthusiasm at 'Dance Fever' lessons
Grade 1 Underlin	Olive Dunne for her efforts with your sounds! Sonny Millwood for his amazing reading	Arlie Reece for always being a leader.
Grade 1 Foster	Ellie Broadhurst for her kind and caring nature and willingness to help her friends	Riley McNeil for working co-operatively in his small group with Lisa and learning a new skill
Grade 2 Crawford	Molly Jordan for avoiding distractions and producing excellent work	Sylwester Szpyrka for his beautiful writing Jaxon Baker-Law for working hard across all learning areas.
Grade 2 Reid	Tari Goebel for being a kind and caring class member	Joe Frost For being super engaged in his learning
Grade 3 Wood	Nate Jephcott for your excellent work and skills in Place Value.	Liliana Hodgetts for your excellent work and skills in problem solving.
Grade 3 Symons	Emma Shelton for working hard in Maths this week	Toby Blyth for working hard on his Wellbeing poster
Grade 4 van Ryn	Charlie Williams For going out of his way to make others feel welcome.	Krista Burling For having an excellent work ethic.
Grade 4 Davie	Georgia Freeman for being a Go Kart - a self-motivated student.	Hamish Williams for an outstanding start to Grade 4. Keep working hard Hamish!
Grade 5 Hegarty	Tommy Cameron For always having a go and trying your best!	Daniel Wojcik For your excellent contributions to our class discussions.
Grade 5 Lee	Kayleb Barker for having a positive attitude and giving everything his best effort.	Thomas Tanton for keeping focused and staying on task in class.
Grade 6 Steven	Jasmine Graham For working hard mathematically to achieve great results in multiplication 3 x 3 digits.	Ruby Martin for her deep insights into children's rights.
Grade 6 Viney/Izard	Tyler Scolyer Recognising and demonstrating the importance of Right Time, Right Place in the classroom Lucas Mineall His persistence, hard work and growth mindset in Maths	Maggie Dick Challenging herself to try new strategies in Maths

Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.



Each family will get a Project Compassion box, please try to fill them up, then bring them back to school!

- Thank you



School Canteen

WEEKLY LUNCH

Wednesday @ SHS

SUSHI TO GO

A healthy & easy alternative
for your canteen

RICE PAPER ROLLS

- rice noodles, capsicum, cabbage, lettuce,
carrot, cucumber

crispy chicken
vegetarian

\$4.00

SUSHI

chicken teriyaki
crispy chicken
tuna & avocado
californian
vegetarian

\$4.00



**Friday Help
Still Needed!
For Canteen**

Dance Fever starts
Thursday 13th Feb until
Thursday 9th April
All students in Prep – Gr 6
wear sports uniform every
Thursday

PHYSICAL EDUCATION PROGRAMS FOR SCHOOLS

DANCE FEVER
MultiSport

2020 Term Dates Catholic Schools**Term 1 Thursday 6.2.20 to Thursday 9.4.20****Easter 10.4.20 to Tuesday 14.4.20****Term 2 Monday 27.4.20 to Friday 3.7.20****Term 3 Monday 20.7.20 to Friday 25.9.20****Term 4 Monday 12.10.20 to Thursday 17.12.20****Sacred Heart's Pupil Free
Day for 2020 is Monday
20th July****School Fair
Friday 3rd April****2021 Term Dates Catholic Schools****Term 1 Monday 1.2.21 to Thursday 1.4.21****(Term 1 holidays includes easter break)****Term 2 Monday 26.4.21 to Friday 2.7.21****Term 3 Monday 19.7.21 to Friday 24.9.21****Term 4 Monday 11.10.21 to Wednesday 15.12.21****Please note changes for 2021:**

- Term 1 will commence on the Monday
- Term 1 Holidays/Easter break is for 3 weeks

2020 Carnivals

Friday 28th February - Gr 3-6 Swimming Carnival

Friday 8th May - Prep - 2 Cross Country

Friday 22nd May - Gr 3-6 Cross Country

Friday 11th September - Gr 3-6 Athletics Carnival (date to be confirmed)

Friday 13th November - Prep - 2 Athletics Carnival

Camps 2020

Grade 6 2nd - 4th March

Grade 5 2nd - 4th March

Grade 4 10th - 11th March

Important Uniform Shop News you need to know

- Sports uniform is worn twice during the school week, every Friday and on your child's nominated PE day
- Girls winter tunics and skirts are available by pre order ONLY. Order forms and further details will be included in the newsletter early next year. Tunic and skirt orders will be due by approximately the end of February 2020.
- There will be no changes to the current school uniform for 2020.
- School hats (\$12), swimming caps (\$4) and jumper badges (\$6) can be purchased from the school office.
- Please direct any uniform enquires to shs.clothingpool@catholic.tas.edu over the holiday period. Rebecca and Kelly will be available for enquires from the 29th January.
- Thank you for your custom during 2019 and we look forward to seeing you in the New Year.

Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email shsl@catholic.tas.edu.au
- use the Skoolbag app, fill out an eForm
- advise their teacher

It is a legal requirement that parents are expected to

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.

Webpage: www.sacredheartl.tas.edu.au

Facebook: www.facebook.com/sacredheartl

Pinterest: www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

shs.clothingpool@catholic.tas.edu.au

Sacred Heart B-4 Program is back for 2020

Are you looking for a play based program that gives your child the opportunity to learn, discover, investigate and most of all have FUN!!!!

Would you like to meet new families?

Bring along a friend.

Do you want time out to sit and play with your child?

If your child is aged 0-4 then come along to the Birth to 4 program each Tuesday during school term. We will paint, sing, dance, make and create, share stories, dress up and explore the outdoors.

It's FREE!!!

Two sessions available: Morning- from 9am-11am

Afternoon-from 12.30pm-2.30pm

Bring along a hat, water bottle and a piece of fruit to share at eating time

Kinder Green room will host the B-4 program each Tuesday

For further information please email:

rebecca.millwood@catholic.tas.edu.au



INFORMATION NIGHT FOR RECONCILIATION



We invite parents and carers of children in grade 3 and above that have not received the Sacrament of Reconciliation to join us for an information evening on Tuesday, 3 March at 7:30 pm.

Your child will have been baptised and now seeking to continue on their faith journey, this step prepares them to follow on with Confirmation and First Eucharist in following years.

The meeting is essential for enrolment of your child and will be held at the
Parish Pastoral Centre,
44 Margaret Street, Launceston.

For enquiries please call the Launceston Parish office on 6331 4377.

Yesterday our school community celebrated our Welcome Mass. We contemplated what this year will bring and we prayed that the Holy Spirit will guide us to be courageous and compassionate. Each class has started considering what it means to be dignified, courageous and compassionate. We can be courageous in our choices and what we share with others. We can ensure we respect ourselves and each other (dignity). We can show compassion to fellow classmates, as well as those in our wider communities.

It was uplifting to see how the Australian community, as well people from all around the world have shown great compassion in the face of our countries bushfire disaster. It is our calling to do God's work and show compassion to all. This can mean at times we will have to be courageous, to stand up for what we believe in and to reach out to those in need.

Next week, Ash Wednesday will begin in our Lenten Season. Lent is a season of reflection and preparation, before we celebrate Easter. It is also an opportunity to reach out to those in need. Children will be bringing home Project Compassion boxes, and they will also be in their classes. This is just one way we can show compassion and help those in need.



*Carry the Lantern
with
Dignity, Courage
and Compassion.*

Peace, love and happiness,

Anna Davie
REC

Swimming Carnival Gr 3-6

Friday 28th February @ The Riverside Pool

Children are reminded to wear sports uniform and bring the following

- Outstanding attitude and positive spirit
- Bathers and towel
- Goggles and Swimming cap (House coloured caps are available at the office for \$4)
- Plastic bag for wet clothes
- Sunscreen, coat, hat and medication (if needed)
- Morning Tea , Lunch and Water

Children will NOT be able to use the canteen at the carnival. Parents are asked not to purchase items from the canteen for the children.

Thanks to the parents who have offered to assist at the carnival.

The approximate times for events are as follows

- 9:30 - Grades 3-6 33m Freestyle
- 10:30 - Grades 4-6 66m Freestyle
- 11:15 - Grades 3-6 33m Backstroke
- 12:25 - Grades 3-6 33m Breaststroke
- 1:25 - House relays



St Patrick's College
LAUNCESTON

ST PATRICK'S COLLEGE

YEAR 7, 2021 ENROLMENT INFORMATION EVENING

**WEDNESDAY,
18 MARCH, 2020; 7.00 PM**

ST PATRICK'S COLLEGE CHAPEL

www.stpatricks.tas.edu.au/enrolments

282 Westbury Road, Prospect TAS 7250 | T: 03 6341 9988 | E: contact@stpatricks.tas.edu.au

Wellbeing Support

At Sacred Heart School we offer different types of Wellbeing support for the students and families. My role at SHS is one of support - for your child to know that I am someone they can chat to and be supported by in working towards their own wellbeing goals. Sessions are held in my new space (old hall area), in a confidential environment on a regular or semi-regular basis depending on the needs and goals of your child or the needs of your family.

I feel very fortunate to have SHS designate two days a week for me to offer this in my capacity as an experienced teacher as well as my recent studies in Counselling, play and sand play therapy, creative therapies, Peaceful Kids, mindfulness, Tuning In, supporting anxious children, grief and loss, trauma and MY TERN and RULER training.

If this is something you want for your child, I am very happy to meet with you if you wish to touch base with me about your child or your current situation - just email me to make an appointment. Alternatively, we can communicate via phone by calling the school or you can email me at helen.halley@catholic.tas.edu.au

Kind regards,
Helen Halley

