



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

**End of Year Concert  
Instrumental Music  
Program**

**28th November**

**Carols on the Oval  
6:30pm  
3rd December**

**School Banking  
Last Day  
Thursday  
5th December**

## From the Principal:

### *“Playing fair...”*

*“Not everyday is a good day, live anyway.*

*Not all you love will love you back, love anyway.*

*Not everyone will tell you the truth, be honest anyway.*

*Not all deals are fair, play fair anyway.”* (Anonymous)

465 children live, work and play together for almost 200 days of the school year at Sacred Heat. Each one of our children brings a different personality, different understandings, tolerance levels and ability to cope. One of the greatest joys of being in our school community is knowing that each child is different. Our hope for each child is that they learn from experience, grow from doing and develop a greater appreciation from others for coexisting.

In our SHS Team we know that competition can be good for children.

When children compete against each other, the game becomes a challenge and motivates children to do their best. This can improve skills, encourage discipline and focus, and make children feel good about their achievements. Competition also increases the desire to win. And that's when children can sometimes find it hard to play fair. Because they want to win, they might challenge rules and other players. Some might get into arguments with their teammates and even start cheating. When children aren't playing fair...

Here are some ideas for those times when your child is finding it tough to play fair:

- Take your child out of the game and talk calmly and clearly about what you expect from her behaviour. Let her know what she can do to play fairly. For example, 'It's important that everyone follows the rules and the rules say that you can only have one throw each turn'. You can also let her know that it's hard but important to play fairly – this might help her control her feelings.
- If your child keeps behaving the same way or if it gets worse, deal with his behaviour. You might have to take him out of the game, and talk with him later when he calms down.
- Talk to your child about her feelings of frustration and what she should do next time. Before your child plays the next game, you could try setting up some ground rules. For example, 'If you complain about the rules, I'll stop you from playing the game'.
- Remind your child that games are about having fun, not about winning or losing. Try to give feedback that focuses on the fun of the game, not who won or lost.
- If your child is bragging about winning as a way of getting attention or respect from others, try praising him for his efforts in other areas more – for example, when he cooperates with others, shares or is helpful.

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**DATE!**

## Winning and losing...

It's not about winning or losing – it's about how you play the game. When your child understands this, she'll be a 'good sport' and have fun playing, no matter whether she wins or loses.

Winning is a great feeling, and it's OK for your child to feel proud of being the winner. It's also important for your child to be a good winner. This means showing sympathy and support to the losing team or player. If you can, try to discourage your child from boasting and instead highlight the fun that everyone had playing the game.

Sometimes it's hard to turn losing into a good experience for your child. But emphasising how well your child played is really important in helping him handle bad feelings. Praise your child's efforts. For example, 'You were great at helping the younger kids' or 'You followed the rules really well'.

Children – and even adults – find it easier to lose in a game of luck than in a game of skill. This is because losing a game of chance doesn't say anything about you or your abilities. If your child is having difficulty dealing with losing, try playing games of chance first, then build up to skill-based activities.

Remember at Sacred Heart we will always promote 'It's how you play the game' first and foremost.  
*"Just play. Have fun. Enjoy the game."* (Michael Jordan)

## Team Leaders - Sacred Heart 2020

We are pleased to advise that the following leadership appointments have been made for 2020

Early Childhood Team Leader (K-1) - Jane Hills

Middle Primary Team Leader (2-4) - Phil van Ryn

Upper Primary Team Leader (5-6) - Sarah Viney

## Maths Olympiad

In 2020 some Grade 5 and 6 students have participated in the Australian Maths Olympiad. Congratulations to Oliver Wright who was placed first at SHS and Sebastian Johnston who was second. Oliver finished in the top 20% in Australia, Sebastian finished in the top 40%.

BW  


**Brent Wilson**  
**PRINCIPAL**



**November 2019**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
24th	25th	26th	27th	28th End of Year Concert Instrumental Music Program @ SPC  Primary Schools Triathlon	29th 2:10pm Assembly	30th
Gr 2,3,4 - Intensive Swim Program - Launceston Aquatic Centre						

**December 2019**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1st	2nd	3rd B-4 Program  6:30pm Carols on the Oval 	4th Sushsi Day  Grade 4 Fishing Excursion	5th 11.30am Band and Strings Party and Instrument Return  School Banking (Last Day)	6th 2:10pm Assembly	7th
8th	9th	10th B-4 Program  Prep-2 Tailrace Excursion 2:15 Kinder Halley Nativity Play	11th Sushsi Day  6:30pm End of Year Mass	12th 2:15 Kinder Rickerby Nativity Play	13th 1:30pm Final Assembly and Gr6 Awards Ceremony	14th
15th	16th Gr.1 Cinema Excursion Grade 3 Aquatic Centre 6:00pm - Gr6 Liturgy and Leaver's Dinner	17th Last Day of School for students	18th	19th	20th	21st

**PAYMENT ARRANGEMENT FORMS FOR 2020**  
Please return to the office by Friday 13th of December.

**ANY FAMILIES INTENDING TO LEAVE SHS**

Could any school families intending to leave SHS at the end of 2019 for work purposes, moving interstate or any other reason please notify the school as soon as possible.

**Important Dates**

**November**

Thurs 28th -End of Year Concert Instrumental Music Program & SPC

**December**

Tues 3rd -6:30pm SHS Carols

Wed 11th -6:30pm End of Year Mass

Fri 13th -Gr 6 Assembly - Awards Ceremony

Mon 16th -Gr 6 Leaver's Dinner and Liturgy

Tues 17th -Last Day Term 4

**Term One 2020**

First day - Thursday 6th February

Last day - Thursday 9th April

Easter 10th April to 14th April

**Camps 2020**

Grade 6 2nd - 4th March

Grade 5 2nd - 4th March

**Grade 4 10th -11th March**

**Uniform Shop open:  
Thursdays 2 - 4pm**

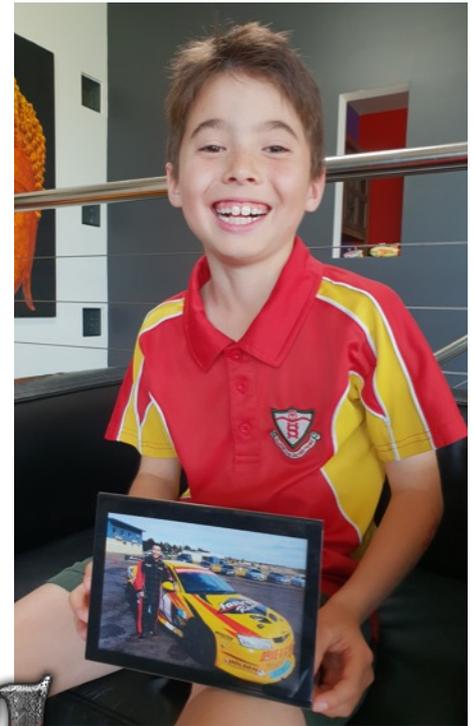
Email: [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

Uniform Shop - last day for 2019 is 28th Nov

Uniform Shop Back to School Day 2020-  
Thursday January 30th, 10-3pm

Changed  
DATE!





# Poetry

## A Cat By Benjamin (Year 4, 2019)

a bit louder  
it's fluent  
stops  
nerves  
unknowing words  
so delicate  
a cat sleeping on a rug  
that was a picture  
stopping  
a flute repeating words  
the ham was champagne  
and the tabby woke up

## Torrent By Italia (Year 4, 2019)

a wobbly post  
with a walking  
non stop talking  
bird on top  
clawing  
a spiny leaf  
that looks like  
the Canadian flag  
with water drops  
falling down  
all over  
a world of  
reflective mirrors  
and a woman with a beard

## The Magic Photo By Jasper (Year 4, 2019)

In the  
world there  
is this thing  
called  
the magic  
picture

And there  
is only  
one of  
them in  
the world

And it  
holds the  
power of seeing  
my Dad through it

## Sacred Heart B-4 2019

Come along to enjoy a variety of play based, indoor/outdoor experiences and explore the age/stage appropriate activities such as music/movement, fine/gross motor play, creative, dramatic, literacy and sensory activities

B-4 will re commence as normal on Tuesday 3rd December.

Please email [Rebecca.millwood@catholic.tas.edu.au](mailto:Rebecca.millwood@catholic.tas.edu.au) for more information.

## The Spirit of Jesus is Alive in:

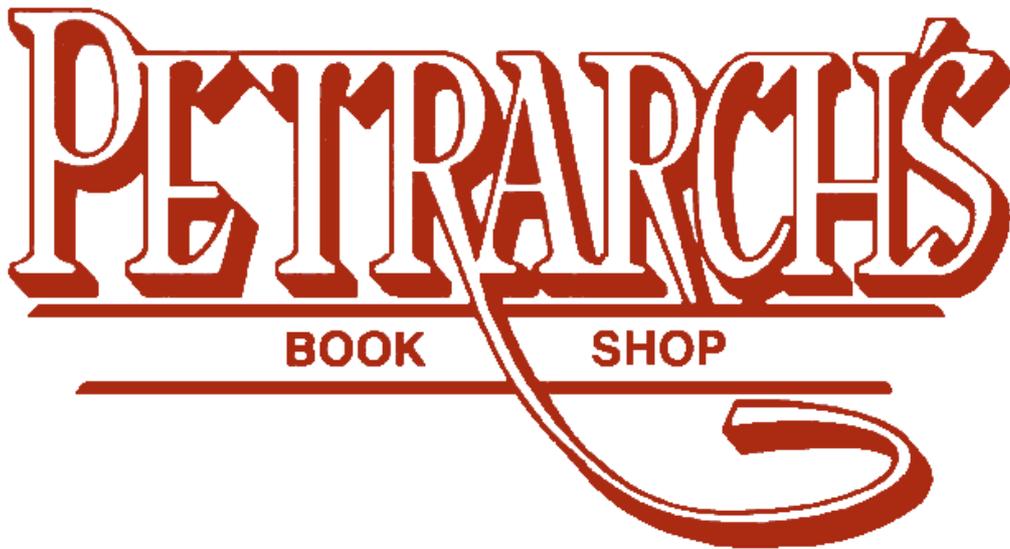
Prep Hills	<b>Buddy Gonzy</b> for being a super speller	<b>Phoebe Spencer</b> for making great progress with her reading
Prep Best	<b>Jack Jordan</b> for his amazing attitude towards his learning	<b>Arlie Reeve</b> for an amazing attitude and effort with her reading
Grade 1 Foster	<b>Isobel Zegveld</b> for her kind and caring nature and always looking out for her friends	<b>Joe Frost</b> for working consistently well in all areas
Grade 1 Underlin	<b>Zara Cearley</b> for her persistence and always being ready to learn.	<b>Lennox Hardinge</b> for having a 'Have a Go' attitude.
Grade 2 Reid	<b>Tamara Lewis</b> for diligently completing her homework.	<b>Imogen Lee</b> for making an informative and eye-catching poster on Singapore.
Grade 2 Crawford	<b>Lola Gonzy</b> for her positive attitude	<b>Harry Sulzberger</b> for an excellent week at school.
Grade 3 Symons/Crombie	<b>Emersyn Bramich</b> for being enthusiastic learner and for always trying her hardest. Keep up the hard work!	<b>Charlie Van Zetten</b> for always looking for a challenge to improve his own learning. Keep up the hard work!
Grade 3 Wood	<b>Fletcher Luttrell</b> for the tremendous care and consideration you show to the younger students in our community.	<b>Lily Mercer</b> for your excellent achievement and efforts in our Science lessons.
Grade 4 Davie	<b>Gus Pedersen</b> for being a Go-Kart with his school work.	<b>Charlize Spencer-</b> for supporting her own learning by asking questions and having a 'have a go' attitude.
Grade 4 van Ryn	<b>Meg Rickerby</b> For the outstanding level of commitment she has to everything she does	<b>Lillian Neighbour</b> Her hard work and focus in Grammar.
Grade 5 Hood		
Grade 5 Thompson Heathorn	<b>Lizzie Hoyland</b> For always welcoming new experiences at school with a can-do attitude and enormous gratitude.	<b>Tyler Scolyer</b> For being determined to finish the year off with positivity, focus and great choices.
Grade 6 Steven	<b>Molly Ross</b> For her effort and creativity with her narrative.	<b>Zane Headland</b> His leadership and responsibility as House Captain
Grade 6 Viney/Izard	<b>Charlotte Conway</b> For being motivated, organised and on top of tasks this term	<b>Meg Rickerby</b> For the outstanding level of commitment she has to everything she does



## NORTHERN RANGERS SCHOOL VISIT



On Monday our Preps, Grade 3s and Grade 5s participated in a soccer clinic run by the Northern Rangers Soccer Club. Chilean Fernando Paredes, the head coach of the Northern Rangers taught us about dribbling, shooting and passing a soccer ball. Everyone had a great time and worked together really well. If your son or daughter would like to play soccer for the Northern Rangers in 2020 please contact the junior president Luke Connors (e- [nrfc.jp@gmail.com](mailto:nrfc.jp@gmail.com)).



## **2020 Booklists** are now available online through **Petrarch's Book Shop**

**Step 1** - click on the link for

[Petrarch's Book Shop](#)

**Step 2** - click on 'Back to School'

**Step 3**- Click on "Start Order"

**Step 4** - go to "School" in the top left hand corner, from this drop-down box, choose "Sacred Heart School"

**Step 5** - Choose year level

**Step 6** - Place your order

## PARENTS AND FRIENDS NEWS

### SHS 2020 Twilight Fair Planning has begun.....

#### Sponsors/ Donations

If you have a business or your workplace would like to contribute to the school fair and provide financial sponsorship it would be greatly appreciated and assist with the fair planning.

#### Stall Convenors Wanted

Convenors are required for the following stalls:

- Face Painting
- Chocolate Wheel
- Cake Stall
- Fair Bags
- Deserts
- Ice cream/Drinks
- Fairy Floss



The role of a stall convenor is to organise the stall during fair planning, set up on fair day and supervise on fair night. Rostered parent help is supplied on the night and it's a great way to meet school families.

For further information on stalls or sponsor donations please email

[rebecca.millwood@catholic.tas.edu.au](mailto:rebecca.millwood@catholic.tas.edu.au)





# MINI VINNIES

## CHRISTMAS HAMPERS

In Term 4 the Mini Vinnies team will be focusing on Christmas Hampers for the Vinnies Christmas Appeal.

Each grade has been given hamper to fill. Vinnies have asked us to focus on collecting food this year and have provided a list of suggested food donations (see below).



Please fill the hampers with **Food items** and **Christmas treats** that are non-perishable and in-date, such as:

Tinned Salmon	Tinned Corn	Tinned Beans	Christmas Bon Bons
Tinned Tuna	Tinned Tomatoes	Tinned Peas	Fruit Mince Pies
Tinned Ham	Tinned Fruit	Tinned Beetroot	Christmas Cakes
Milo	Jelly crystals	Pasta Sauce	Christmas Puddings
Fruit Juice	Cranberry Sauce	Spaghetti	Long-life Custard
Sparkling Apple Juice	Gravy Mix	Deb Dried Potato	Tinned shortbread
Soft Drink	Breakfast Cereal	Rice Crackers	Boxes of Chocolates
Water Cordial	Jams & Honey	Sweet biscuits	Christmas Stockings
Coffee	Wrapping Paper	Savoury Biscuits	Bags of Lollies
Serviettes	Grocery Cards	Potato chips	Popcorn

Please bring in all items by Monday December 2.

Thanks for your help and support,

## The Mini Vinnies 2019 Team

## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

**It is a legal requirement that parents are expected to advise the school as to why their child is absent.**

### Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

### Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.



## Last 2019 Carnival

Thursday 14th November  
SHS Prep-2 Athletics

Webpage: [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

Facebook: [www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

Pinterest: [www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

S.H.S. Parents and Friends email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

S.H.S. Clothing Pool email

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

## 2019 Term Dates Catholic Schools

**Term 3 Tuesday 23.7.19 to Friday 27.9.19**  
**Term 4 Monday 14.10.19 to Tues 17.12.19**

## 2020 Term Dates Catholic Schools

**Term 1 Thursday 6.2.20 to Thursday 9.4.20**  
**Easter 10.4.20 to Tuesday 14.4.20**  
**Term 2 Monday 27.4.20 to Friday 3.7.20**  
**Term 3 Monday 20.7.20 to Friday 25.9.20**  
**Term 4 Monday 12.10.20 to Thursday 17.12.20**

## End of Year Concert & Awards Evening

St Patrick's College  
Thursday 28th November

The process for ticketing for this event has changed. Tickets have been allocated at two tickets per family and these will be available from your school office the week beginning 21st October. Tickets have been enveloped for either your son / daughter (eldest involved in the Launceston Catholic Schools Instrumental Music Program) to collect or parents / guardians. Information will be included with the tickets in relation to the rehearsal day and the allocation of extra tickets if required.



### **End of Year Concert & Awards Evening - St Patrick's College - Thursday 28th November**

Dear Parents/Guardians,

By now your son/daughter should have delivered your tickets and letter regarding the Primary Rehearsal Day on Wednesday 27th November. These were distributed in late October. Could I please ask that you return any unwanted tickets in the envelope provided or make your requests for the additional two tickets mentioned in the letter asap. If you have not received your tickets please email [music@stpatricks.tas.edu.au](mailto:music@stpatricks.tas.edu.au) with your child's name and school.

Thank you. Cathy Ford, Arts Administration, St Patrick's College

## SCHEDULE OF FEES 2020

Invoices will be issued to you early in the new school year.

<b>Tuition Fees</b> (Kinder to Gr 6)	\$1947.00 per student per year
<b>Capital Levy</b>	\$250.00 per family per year
<b>P&amp;F Fees</b>	\$63.00 per family per year
<b>TOTAL</b>	<b>\$2260.00</b>

5% discount on the fee component will be given for full payment made by

30th March 2020.

1 Child family early payment discount	\$97.00
2 Child family early payment discount	\$195.00
3 Child family early payment discount	\$292.00
4 Child family early payment discount	\$390.00

**Family Discount** can be claimed by families with multiple children at Tasmanian Catholic schools or colleges in accordance with Catholic Education Commission School Fee Assistance Policy. The discount rate is

3 children 10% discount on tuition fee only

4 children 20% discount on tuition fee only

5+ children 30% discount on tuition fee only

We will apply this discount once the payment plan form is returned and completed.

**Music program** will be invoiced in April and added to your school fees. \$550 per year with instrument hire or \$320 if you have your own instrument.

**Financial hardship** forms are available from the office.



Are you interested in giving Triathlons a tri? Why not join us at a race this season?

A great way to practice for the Schools Triathlon Challenge

Devonport 28<sup>th</sup> November/Hobart 6<sup>th</sup> December.

## TRYPSTAR EVENTS

DATE	EVENT	LOCATION	AGE	KEY	RACE ORGANISERS
25/08/19	Duathlon	Hobart DEC	7-9/10-12	C,D	Triathlon South
22/09/19	Duathlon	Hobart DEC	7-9/10-12	C,D	Triathlon South
20/10/19	Duathlon	Hobart DEC	7-9/10-12	C,D	Triathlon South
27/10/19	Triathlon–Pool Swim	Georgetown	7-9/10-12	A,B	Launceston Triathlon Club
10/11/19	Duathlon	Hobart DEC	7-9/10-12	C,D	Triathlon South
10/11/19	Triathlon	Stanley	7-9/10-12	A* B*	Cradle Coast Triathlon & Multisport
24/11/19	Aquathlon	Georgetown	7-9/10-12	E,F	Launceston Triathlon Club
15/12/19	Triathlon	Georgetown	7-9/10-12	A,B	Launceston Triathlon Club
27/12/19	Aquathlon	Bellerive	7-9/10-12	E,F	Triathlon South
04/01/20	Aquathlon	Bridport	7-9/10-12	A,B	Launceston Triathlon Club
11/01/20	Aquathlon	Burnie	7-9/10-12	E,F	Cradle Coast Triathlon & Multisport
18/01/20	Triathlon	Seven Mile Beach	7-9/10-12	A,B	Triathlon South
02/02/20	Triathlon	Seven Mile Beach	7-9/10-12	A,B	Triathlon South
26/01/20	Duathlon	Latrobe	7-9/10-12	C,D	Cradle Coast Triathlon & Multisport
02/02/20	Triathlon	Seven Mile Beach	7-9/10-12	A,B	Triathlon South
08/02/20	Triathlon	Scamander	7-9/10-12	A,B	<a href="mailto:Barry.Lefevre@bodc.tas.gov.au">Barry.Lefevre@bodc.tas.gov.au</a>
14/02/20	Aquathlon	Kingston Beach	7-9/10-12	E,F	Triathlon South
22/02/20	Aquathlon	Coles Bay	7-9/10-12	A,B	<a href="mailto:info@colesbayhalf.com.au">info@colesbayhalf.com.au</a>
01/03/20	Triathlon	Devonport	7-9/10-12	A,B	Cradle Coast Triathlon & Multisport
15/03/20	Aquathlon	Preservation Bay	7-9/10-12	A,B	Cradle Coast Triathlon & Multisport
22/03/20	Aquathlon	Georgetown	7-9/10-12	E,F	Launceston Triathlon Club
29/03/20	Triathlon	Seven Mile Beach	7-9/10-12	A,B	Triathlon South
05/04/20	Aquathlon	Beauty Point	7-9/10-12	E,F	Launceston Triathlon Club

### KEY

- |   |   |
|---|---|
| A. Triathlon - 100m swim/3km ride/1km run (7-9)     | A* mountain bikes required as ride leg on a track |
| B. Triathlon - 200m swim/6km ride/1.5km run (10-12) | B* mountain bikes required as ride leg on a track |
| C. Duathlon - 1km run/3km bike (7-9)                |   |
| D. Duathlon - 2km run/6km bike (10-12)              |   |
| E. Aquathlon - 100m swim/1km run (7-9)              |   |
| F. Aquathlon - 300m swim/4km run (10-12)            |   |

**PLEASE CHECK WITH RACE ORGANISERS PRIOR TO RACES AS EVENTS MAY BE ALTERED**

**Entry fee:** Members - free (please provide proof of membership) Non-members - \$5.00

**Membership information:** [click here](#)

**Triathlon Tasmania website** [click here](#)