



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

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### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

**Friday Sept 6th**  
**Gala Day Venues**  
**Soccer - Churchill Park**  
**Football - St Anthony's**  
**Netball - Hobbler's Bridge**  
**Yoga - Sacred Heart**  
**9:30am - 2:30pm**

**Monday Sept 9th**  
**Athletics Carnival**

**Thurs Sept 12th**  
**Nude Food Day**

## From the Principal:

### *"Building Community"*

*"It takes a village to raise a child..."* (African proverb)

Many of you will have heard the aforementioned African proverb. It is often used to help us all understand the role we all play in providing support, guidance, understanding and critically love for all members of a community. In our community there are more than 460 children, all in different phases of life's journey.

We know that children learn and grow at different varying degrees. Some master walking and talking more quickly than others, some children are able to read and write earlier in their life and some are able to interact and make friends more easily than others.

Does this make any child a better person than the next?

The great beauty of working and living within the community of Sacred Heart is that we are able to meet and engage with so many different children. Each child created in the image of God, each child so different from others and each child a gift that we should truly celebrate.

There are times of course when our own children will share where they have been hurt by others in our community, this is what happens in life. How we respond in these moments provides our children with a model for their own behaviour. If we look for blame and seek consequences then our children will equally look to find fault in others rather than seeking a way forward where every child grows looking for a positive response.

Is this easy? Is this fair? Is this equitable?

When things don't go right for children when they are learning to read and develop skills in numeracy we teach and re teach children how.

The challenge we all face in life is that there are times when things don't seem fair. Part of supporting children in growing up is to develop their understanding of how to see the positive in everything they do.

I wonder if we asked the children of Third World countries was it fair that they had been born into a life of poverty what the response would be?

*"Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." (Matthew 19:14)*

## Final Day of Term 3

The final day of Term 3 is Friday 27th September. On this day children are encouraged to wear their favourite sports teams colours. Children who wear 'plain clothes' or 'sports colours' are asked to bring a gold coin donation. All money collected will be sent to the Archbishop's Samaritan Fund. The Archbishop uses this money to support Tasmanian families who are undergoing hardship.



**Brent Wilson  
PRINCIPAL**

## Grade 3-6 Athletics Carnival

*Monday 9th September Grade 3-6 children will participate in the annual Athletics Carnival. The prime purpose for this carnival is always*

*Have fun*

*Enjoy the spirit of competition*

*Try new events*

*Support classmates and house teams*

*Challenge yourself to perform at your best*

*On these days there will always be children who finish first and last. Regardless of each child's placing our school believes that to participate is to win.*

*Last week our Grade 6 children developed the following expectations.*

*No canteen on the day. Bring your own lunch and lots of water.*

*No running across the track when races are on.*

*Be aware of your surroundings. Do not walk across the middle of the oval (there could be a discus / javelin flying through the air or a swooping plover).*

*Encourage everyone, even children not in your house.*

*Lots of bucket filling and no put downs. The day is all about doing your personal best and having fun!*

EVENT	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2.00
Shot Put	6G		6B		5G			5B		
Discus	6B		6G		5B			5G		
Javelin	5G		5B		6G		6B			
Vortex		4B		4G		3B		3G		
Long Jump	5B	4G	5G	4B	6B	3G	6G	3B		
3 Legged Race		3B		3G		4B		4G		
Egg & Spoon		3G		3B		4G		4B		
70m			3G/B 4G/B							
100m					3G/B 4G/B					
						5G/B 6G/B				
200m							5G/B	6G/B		
400m	3G/B 4G/B									
800m		5G/B 6G/B								
6x70m								3G/B 4G/B		
4x100m										5G/B 6G/B

## First Eucharist Candidates

A reminder that this weekend the Candidates for First Eucharist have the Presentation of the Lord's Prayer followed by rehearsal for First Eucharist.

Also Church of the Apostles Sunday night service has returned to normal time of 6:30pm.

The last faith sharing for 2019 is Monday or Tuesday night, a must for all candidates.



## ROCK N ROLL

Thanks to the families who supported our Rock and Roll Night last Friday. Thanks to our Parents and Friends who set up and cleaned up. A VERY BIG THANKS to Barry Nas for another fantastic evening. We are indebted to Barry for 25 years of this event.





# ROCK N ROLL



## URGENT: Library help needed Can you help?

Currently we have a large number of new books that need to be covered. We are seeking people who are able to help us with this job on Friday 13th September. If you are able to give an hour or two of your time on this day it would be most appreciated. Please email the school office .....

## THE A BIG BANG

Grade 5 recently got to see a **Hofmann Voltmeter** in action.

What is a Hoffman Voltmeter we hear you ask?.....



It is electrolysis of water.

The voltmeter is an apparatus which sends an electric current through water. It then **separates the oxygen and hydrogen atoms in the water**. There are **two parts hydrogen to one part oxygen in water**.

But the **best bit was....**

Once the oxygen and hydrogen had separated we allowed some to escape into a test tube. We blew a match out then put it into the test tube filled with **oxygen and the flame from the match reignited**.

Next, we let the hydrogen into the test tube and put a burning match stick into the test tube which caused **a really loud bang!**

**Thanks to Ella's dad, Ben** for helping us out with a memorable science lesson (look out Mr Claessens - you have competition).

By Will and Ella



## The Spirit of Jesus is Alive in:

Prep Hills	<b>Jasper Stagoll</b> for his significant contribution to class discussions	<b>Mia Adams</b> for being a great friend and helper in Prep this week
Prep Best	<b>Jimmy Douglas</b> for outstanding work in identifying and using positional language to describe the location of objects	<b>Heidi Philpott</b> for an amazing effort with her narrative writing. Great listening for sounds and spelling simple words correctly.
Grade 1 Foster	<b>Molly Jordan</b> for consistently trying her hardest in all areas especially reading	<b>Rupert Williams</b> his caring personality and positive attitude towards all aspects of school life
Grade 2 Reid	<b>David Joseph</b> for his great attitude towards all his tasks this week.	<b>Kye Jago</b> for his excellent manners and kindness to others
Grade 2 Crawford	<b>Maddie Mayne</b> for bringing a positive attitude to school everyday <b>Addison Greenwood</b> for her excellent information report.	<b>Maddie Mayne</b> for bringing a positive attitude to school everyday
Grade 3 Symons/Crombie	<b>Jake Hailey</b> for always trying his hardest. Keep up the hard work Jake!	<b>Ally Agelopoulos</b> for being an awesome role model in class. Keep up the hard work.
Grade 3 Wood	<b>Max Robinson</b> for tremendous improvements in your skills in Multiplication. <b>Bella-Rose Marquis-Lopes</b> for great progress in writing	<b>Ebony Harper</b> for your excellent efforts in writing greater detail and using descriptive language.
Grade 4 Davie	<b>Roma Martin</b> for demonstrating an eagerness to learning.	<b>Miles Gale</b> for being a positive learner and being an including member of the class.
Grade 4 van Ryn	<b>Ruby Powell</b> for creating an outstanding National Water Week poster.	<b>Molly Dick</b> for creating an outstanding National Water Week poster.
Grade 5 Hood	<b>Isabella Perry</b> for your thoughtful contributions during our class discussions	<b>Orla Kelly</b> for consistently applying yourself in every subject
Grade 6 Steven	<b>Jack Cramp</b> For the determination and hard work he is putting into Mathematics to achieve his goal.	<b>Oliver Wright</b> For team work and participation in ToM
Grade 6 Viney/Izard	<b>Eloise Heather</b> for the friendly and positive way she works with others	<b>Emilia Macri</b> for always making outstanding choices in every situation

August 2019						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1st				5th 10am Band Program 11.30am Strings Program	6th <b>No Assembly</b>  Gala Day G5/6	7th
September 2019						
8th Movie Night	9th Athletics Carnival (3-6)	10th 3pm Art Club Kinder Halley Hagley	11th Sushsi Day No Lunch Orders School Banking	12th 10am Band Program 11.30am Strings Program	13th 2:10pm Assembly Kinder Rickerby Hagley	14th
15th	16th	17th 3pm Art Club	18th Sushsi Day No Lunch Orders School Banking	19th 10am Band Program 11.30am Strings Program	20th 2:10pm Assembly	21st
22nd	23rd Trout Fishing Tournament with Mr van Ryn	24th 3pm Art Club	25th Sushsi Day No Lunch Orders School Banking	26th 10am Band Program 11.30am Strings Program	27th 2:10pm Assembly Last Day of Term	28th

### Important Dates

#### September

Fri 27th -Last Day of Term - Footy Colours Day

Mon 23rd -Trout Fishing Tournament

#### October

19th-20th -3/4 Basketball Tournament

26th-27th -5/6 Basketball Tournament

#### November

Fri 1st -NIJSSA Athletics Carnival

Wed 6th -Grandparent's Day

Thurs 28th -End of Year Concert Instrumental Music Program & SPC

#### December

Tues 3rd -6:30pm SHS Carols

Wed 11th -6:30pm End of Year Mass

Fri 13th -Gr 6 Assembly - Awards Ceremony

Mon 16th -Gr 6 Leaver's Dinner and Liturgy

Tues 17th -Last Day Term 4

## TARGETTS SCHOOLWEAR

Please be advised that Targetts has now closed but

### Midford's School Wear

will be open as of Monday 9th September in the old Targetts store.

132 Charles Street

Opening hours:

Mon-Fri 8.30am-5.00pm

Saturday 9am-2pm

## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

**It is a legal requirement that parents are expected to advise the school as to why their child is absent.**

### Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

### Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.



## 2019 Carnivals

**Monday 9th September**

SHS Gr 3-6 Athletics

**Thursday 14th November**

SHS Prep-2 Athletics

## 2019 Term Dates Catholic Schools

**Term 3 Tuesday 23.7.19 to Friday 27.9.19**

**Term 4 Monday 14.10.19 to Tues 17.12.19**

## 2020 Term Dates Catholic Schools

**Term 1 Monday 6.2.20 to Thursday 9.4.20**

**Easter 10.4.20 to Tuesday 14.4.20**

**Term 2 Monday 27.4.20 to Friday 3.7.20**

**Term 3 Monday 20.7.20 to Friday 25.9.20**

**Term 4 Monday 12.10.20 to Thursday 17.12.20**

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** [www.pinterest.com.au/sacredheartl/](http://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**S.H.S. Clothing Pool email**

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

# Vinnies Donation Drive Term 3



We are collecting items to make up Survival Kits and Hygiene Kits to donate to people in need. Here are some of the items we want to collect:

## WINTER SURVIVAL KITS:

LED torches, batteries, reusable coffee cups, reusable drink bottles, sunscreen, sun hats, plastic ponchos and warm clothing, blankets, sleeping bags here

some

are  
ideas



## HYGIENE KITS:

Toiletries such as shampoo and conditioner, toothbrushes, toothpaste, soap, face washer, hair brush, deodorant, band-aids, razor and shaving cream, tissues, moisturiser, nail clippers, sanitary items.



We will make up packs ready to hand out to people in need

There will be donation baskets in each Grade to put the items.

We'd love to see all classes getting involved.

Please donate as much as you can as it will really help someone in need.

All items to be in by September 18

## Emergency Practice

Within the next few weeks, whilst at recess or lunch we will hold an unannounced emergency practice with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation).

Like for fire evacuation drills, we recognised the worth to test this process.

We have plans in place to make this practice as least disruptive as able.

If you have queries please call our Safety Officer, Simon Natoli on 0400 105 476

## Sacred Heart B-4 2019

### Tuesday

Come along to enjoy a variety of play based, indoor/outdoor experiences and explore the age/stage appropriate activities such as music/movement, fine/gross motor play, creative, dramatic, literacy and sensory activities



Morning session- 9.00am-11.00am

Afternoon session-12.30-2.30pm

Bring along a hat, water bottle  
and a piece of fruit to share for

Morning/afternoon tea.



Please email [Rebecca.millwood@catholic.tas.edu.au](mailto:Rebecca.millwood@catholic.tas.edu.au) for more information.

# Sacred Heart Nude Food Day Thursday 12th September

Thursday 12th September is National Health & Physical Education Day. As part of this celebration Sacred Heart will be holding a nude food day and games morning with our buddy grades. Please bring along food without packaging for your lunch.

### PACK

- \*Snacks in reusable containers.
- \*Water in a reusable bottle.
- \*Reusable utensils when needed.
- \*A reusable lunchbox.

### AVOID

- \*Food packed in plastic bags, cling film or foil.
- \*Single-use drink boxes, cans, cartons or bottles.
- \*Single-use forks or spoons.
- \*Pre-packaged or single serve food items.

# HOW TO PACK A NUDE FOOD LUNCH

The Nude Food Warriors have created a step-by-step guide to make packing a Nude Food Lunch easy as 1, 2, 3!



## STEP 1

Choose the main lunch item, it may be something from the list below or a Nude Food creation of your own

- Sandwich/ Roll
- Wrap/Pita
- Frittata/Quiche
- Pasta/Pasta Salad
- Salad
- Sushi/Rice Paper Rolls
- Noodles
- Stir Fry
- Egg Muffins

## STEP 2

Select your fruit

- |            |             |
|------------|-------------|
| Apple      | Berries     |
| Orange     | Fruit Salad |
| Banana     | Pear        |
| Grapes     | Mandarin    |
| Watermelon | Kiwi Fruit  |

## STEP 3

Pick a nutritious Nude Food snack

- Yoghurt
- Vegetable Sticks and dip
- Cheese and crackers
- Popcorn (natural)
- Rice Crackers
- Vege chips (homemade)
- Pretzels

## STEP 4

Dont Forget Hydration!

Fill your favourite reusable drink bottle with filtered of tap water! Remember to refill throughout the day to make sure you stay hydrated!

Stuck on what to pack your Nude Food Lunch in? Turn over for some great storage ideas!



Join the Nude Food MOVEMENT





**M O V I E**

**C O N C E R T**

**8<sup>TH</sup> SEPTEMBER 1:30 & 3:30**

**ORANA HALL- CROAGH PATRICK**

**251 PEEL ST**

**ENTRY BY GOLD COIN**

