



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning  
<http://MyTerncity.com.au>

## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Twitter:

@shslton

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

shsl.pnf@catholic.tas.edu.au

**Welcome BBQ**

**5pm**

**Friday 15th Feb**



**Gr 3-6 Swimming  
Carnival**

**Monday 18th Feb**

**Riverside Pool**

## From the Principal:

### “Let Your Light Shine”

*‘You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a light to put it under a tub; they put it in on a lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.’ (Matthew 5:14-16)*

The scripture passage was shared with our staff to commence our school year on Monday.

We were asked to reflect on what it meant to us. For some of us, that light is our academic skills; for some it is in our skills at building relationships with others; for some, it is musical or sporting or artistic skill; for others it is through our service and care for others.

Whatever our light, no matter how bright, we have a responsibility to let our light shine. When we use our gifts and let our light shine, we give honour and praise to our God. Whenever we let our light shine, we encourage others to shine too. When everyone’s light shines, it’s so much brighter than when just one or two lights shine. So let’s make sure this year we encourage one another to shine and add their light to whatever we do.

I wonder what each one of us will do to help others shine their light? Ask yourself this week what will my contribution be to Sacred Heart? How will I be remembered?

After all, our school will be around long after we leave. Each one of us has only a small period of time to influence the story of Sacred Heart. Each one of us will contribute to the next chapter(s) and it should be our goal to make that contribution both positive for the community and one that builds on the great history of those that have come before us.

Welcome to the 2019 school year at Sacred Heart.

*“Today I close the door to the past, open the door to the future, take a deep breath, step on through it and start a new chapter in my life.” (Anonymous)*

**Brent Wilson  
PRINCIPAL**

## “Holiday Happenings”

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### In the break some of the improvements to SHS included

- **Carpets and floor coverings**

Many areas around our school have new carpets and floor coverings.

- **Painting**

A small number of areas have been painted. A number of other areas will be painted in the Term 1 holidays.

- **Playground**

Our new playground is nearing completion. The large climbing frame and slide has come from Germany missing a few parts. The ‘missing parts’ are now in transit, this means that new playspace will not be in use until these have arrived and been installed.

## “Communication”

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Whole school communication will be through the email or Facebook. Class communication will be through the email, Class Dojo or Educa. The schools contact number is 6331 1011 or email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au).

We encourage good communication with staff and families and often by talking to your child’s teacher as the first point of call resolves most concerns. If you wish to meet with your child’s teacher please arrange an appointment either directly with the teacher through email, or by calling the office. Please respect our students’ learning time by not trying to speak with teachers once the school day has commenced.

## “Absences”

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It is important your child attends school all the time, however if they are absent you need to notify us either by email or call 6331 1011. If your child is late they must sign in at the Office. By law your child must attend school on time every day, if your child is absent more than 10 days per term you will be notified by a letter at the end of the term. If we have concerns about extended absences or consistent lateness we will be following this up.

## “Welcome to our New Students”

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### We welcome Kinder Rickerby children

*Jiyanna Alex, Zoe Austin, Elexis Barker, Elliot Birch, Lachlan Brown, Lidia Coppe, Jack Cowan, Levi Digney, Annabelle Ebbelaar, Georgia Frost, Zoe Gamble, Alexis Gelston, Louis Gul, Oscar Hodge, Billie Kedey, Yeona Kim, Christian Kley, Willow MacDonald Browne, Elodie Palmer, Isla Palmer, Miller Pendrey, Grace Radin, Logan Ray, Nate Reeve, Ameliya Sabu, Johan Thomas, Nicolaas van den Bosch, Andrew Williams*

### Next Monday we welcome Kinder Halley children

*Kalen Bassett, Saige Cairns, Lola Cassidy, Alice Cleaver, Daisy Cooper, Zachary Davis, Mabella Guy, Eleanor Hampton, Jackson Hayes, Phoebe Heathorn, Nila Jose, Zoe Lynch, Loken McGlenn, Nicola McNeil, Carter Medwin, Eva Miller, Sage Parker, Joby Redman,, Cruz Robinson, Addison Russell, Violet Appleby, Noah Spencer, Felix Staggoll, Sophie Turner, Adelaide van Ryn, Charlotte Walsh,, Grace Woodgate, Samara Young*

### We also welcome to our school

*Johaana Alex, Chloe Axman-Friend, Jacob Blyth, Addison Frerk, Eloise Frerk, Emmett Gale, Miles Gale, Poppy Gale, Olivia Gardner, Stephanie Gardner, Addison Muller, Tillie Pendergast, Sylwester Szpyrka, Tomasz Szpyrka*

**STAFF FOR 2019****LEADERSHIP:**

Mr Brent Wilson	Principal
Ms Adele Murphy	Deputy Principal:
Mrs Helen Halley	Wellbeing (Thursday & Friday)
Mrs Carolyn Symons	Faith/Spirituality (Thursday)
Mrs Anita Mercer	Student Support Coordinator
Mrs Jane Hills	Kinder - Grade 2 Team Leader
Mr Phill van Ryn	Grade 3/4 Team Leader
Mrs Sarah Viney	Grade 5/6 Team Leader

**EARLY CHILDHOOD TEAM**

Mrs Beth Rickerby	Teacher Kinder (Wednesday, Thursday, Friday)
Mrs Helen Halley	Teacher Kinder (Monday, Tuesday, Wednesday)
Mrs Jane Hills	Teacher Prep
Miss Kerri Best	Teacher Prep
Ms Jaimee Underlin	Teacher Grade 1
Ms Jane Foster	Teacher Grade 1
Mrs Sally Reid	Teacher Grade 2/Aboriginal Key Teacher
Mr Dan Crawford	Teacher Grade 2
Mrs Wendy Nas	Early Childhood Teacher (Monday, Friday)
Miss Patricia Crombie	Co-Teacher Prep
Mrs Anna Davie	Co-Teacher Grade 1
Mr Brendan Rose	Co-Teacher Grade 2

**SUPPORT TEAM**

Mrs Yvonne Colgrave	Mrs Lisa Barrett	Mrs Beverly Colbeck	Mrs Kylie Crerar
Mrs Janine Bushby	Mrs Jodie Beardwood	Mrs Rebecca Millwood	Mrs Melissa Brown
Mrs Melissa Bunton	Mrs Vera Hull	Mrs Rebecca Bailey	Mrs Adrienne McIntee
Mr Adriano daRos			

**GRADE 3 & 4 TEAM.**

Mrs Carolyn Symons	Teacher Grade 3 (Monday, Tuesday, Wednesday)
Mrs Patricia Crombie	Teacher Grade 3 (Thursday, Friday)
Mr Simon Wood	Teacher Grade 3
Mr Julian Davie	Teacher Grade 4/ MJR Teacher
Mr Phill van Ryn	Teacher Grade 4/ICT & Digital Technology Key Teacher
Mrs Bronwyn Lang	Co-Teacher Grade 3/4

**SUPPORT TEAM**

Mrs Jennifer Murfet	Mrs Helen Butler	Mrs Simone Ross	Mrs Ros Johnson
Mr Adriano daRos			

**GR 5 & 6 TEAM.**

Mr John Hood	Teacher Grade 5
Mrs Lauren Thompson	Teacher Grade 5 (Monday, Tuesday, Wednesday, Thursday)
Mrs Mel Heathorn	Teacher Grade 5 (Friday)
Mrs Sarah Viney	Teacher Grade 6 (Tuesday, Wednesday, Thursday, Friday)
Miss Penelope Izard	Teacher Grade 6 (Monday)
Mrs Catherine Steven	Teacher Grade 6
Miss Penelope Izard	Co-Teacher Grade 5/6

**SUPPORT TEAM**

Mrs Ros Johnson	Mrs Kylie Crerar	Mr Adriano DaRos	Mrs Jennifer Murfet
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**SPECIALIST TEACHERS**

Mr Barry Nas	Teacher Music (Monday, Wednesday, Thursday)
Mr John Anderson	Teacher P.E./Health (Monday, Tuesday, Wednesday, Thursday)
Mrs Melissa Heathorn	Teacher Art (Tuesday)

**SUPPORT STAFF**

Ms Lidia D'Ambrosio	Office/Finance Manager
Mrs Maree Mills	Office Administration
Mrs Karen Cettolin	Executive Assistant
Mr Russell Hayward	Computer Support
Mr Phil Illingworth	Utility Officer
Mrs Deb Scott	Canteen

February 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
3rd	4th	5th	6th	7th <b>First Day for Students</b> All students in Sports Uniform	8th All students in Sports Uniform	9th
10th	11th Gr 3/4 swimming trials @ Riverside Pool	12th 6.30pm Board Meeting & AGM 7pm Prep parent information session	13th Gr 5/6 swimming trials @ Riverside Pool School Banking resumes	14th	15th 5pm Welcome BBQ	16th
17th	18th SHS Swimming Carnival Riverside Pool	19th	20th	21st	22nd	23rd
24th	25th	26th 3pm Gr 5/6 Book Club 7.30pm P & F Meeting	27th	28th 10am Band Program 11.30am Strings Program	1st March	

### School Uniform- week 1 2019

Children recommence classes on Thursday 7th February. Children are asked to wear Sports Uniform on Thursday 7th and Friday 8th Feb

### 2019 Carnivals

**Monday 11th- Wednesday 13th February**  
Swimming Trials

**Monday 18th February**  
SHS Swimming Carnival

**Friday 17th May**  
SHS Prep - 2 Cross Country

**Thursday 23rd May**  
SHS Gr 3-6 Cross Country

**Monday 9th September**  
SHS Gr 3-6 Athletics

**Thursday 14th November**  
SHS Prep-2 Athletics

### 2019 Camps

**Monday 4th- Wednesday 6th March**  
Gr 5 Camp to Camp Clayton

**Monday 4th- Wednesday 6th March**  
Gr 6 Camp to Dodges Ferry

**Thursday 7th- Friday 8th March**  
Gr 4 Camp to Hagley Farm School

## Traffic & Students Safety

The school urges all parents to support road safety by obeying signage displayed, and also asks you remind your child(ren) to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to any children watching.

## Health related content for newsletters circulated by Schools and other Education settings to parents/carers

Bushfire smoke will continue to affect Tasmania during February.

The smoke will vary – it may be light or heavy and may last from several hours to days. Smoke may affect places that are far away from fire. People anywhere in the state can expect to experience smoke at times during February.

Parts of southern Tasmania experienced extremely high and potentially harmful levels of smoke in late January, and more smoke in this region is expected through February.

Most school age children can cope with periods of moderately poor air quality but may experience itchy eyes and throat irritation.

Some children of school age or younger are more at risk of health harms from smoke. These more vulnerable children include those aged less than 5 years and those of any age with asthma or other chronic medical conditions.

It is most important that children with conditions such as asthma have a current action plan from their GP and it is shared with their school.

Exposure to smoke will be managed by:

- Keeping classrooms as free of smoke as possible by closing windows and doors
  - Setting air-conditioning to recycle
  - Not running outdoor activities when it is smoky

Real-time data on air quality at over 30 sites in Tasmania is provided by the Environment Protection Authority at:

<https://epa.tas.gov.au/epa/air/monitoring-air-pollution/real-time-air-quality-data-for-tasmania>

More information about smoke and health is available at:

[https://www.dhhs.tas.gov.au/publichealth/alerts/air/bushfire\\_smoke](https://www.dhhs.tas.gov.au/publichealth/alerts/air/bushfire_smoke)

**2019 Term Dates Catholic Schools****Term 1 Thursday 7.2.19 to Friday 12.4.19****Term 2 Monday 29.4.19 to Friday 5.7.19****Term 3 Tuesday 23.7.19 to Friday 27.9.19****Term 4 Monday 14.10.19 to Tues 17.12.19****22nd July 2018 - Pupil Free Day***Webpage:* [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)*Twitter:* @shslton*Facebook:* [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)*Pinterest:* [www.pinterest.com.au/sacredheartl/](http://www.pinterest.com.au/sacredheartl/)*S.H.S. Parents and Friends email*[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)*S.H.S. Clothing Pool email*[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

★ ★ ★ **SAVE THE DATE** ★ ★ ★



**Sacred Heart's  
2019 school fair  
date has been  
confirmed as  
Friday March  
22nd.**

We have some new faces joining the Fair Committee Team with:

**Fair Coordinator** – Catherine Pel 0406 769 553

**Food Stall Coordinator** – Sarah Khun

**Non-Food Stall Coordinator** – Rebecca Millwood 0418 721 952

**Entertainment Coordinator** – Phil Illingworth

Parent support and assistance is needed to ensure we are able to staff the Fair and make it yet another successful year.

If you would like to become involved and be a stall convenor, please direct your enquiries to the appropriate committee person.

**PARENTING ADOLESCENTS (8-18) WITH  
UNDERSTANDING, SENSITIVITY AND  
ENGAGEMENT**

# PAUSE PARENTING PROGRAM

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Join PAUSE to discover more about you child's brain development, communication, social media, gaming, internet safety, problem solving and how to have difficult conversations.

**WHERE: CATHOLICCARE LAUNCESTON,  
201 YORK STREET**

**WHEN: STARTING WEDNESDAY 27TH FEB (4  
WEEKS; 6/3, 13/3 AND 20/3) AT 10AM OR  
5:30PM**

This is a free course and to register please call 03 6332 0600 or email [catholiccare.launceston@aohtas.org.au](mailto:catholiccare.launceston@aohtas.org.au)



## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

It is a legal requirement that parents are expected to advise the school as to why their child is absent.

## Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Reminder - Before School expectations

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from **8:00am** each school day for any students.
- ❖ **Students are not to arrive before 8am**
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

**Reminder that dogs are not permitted on the school grounds without prior permission from the Principal**

## TOILET ACCESS AFTER HOURS

Student toilets are locked daily at approximately 3:15pm-3:30pm. There is a toilet located in the administration building, which is opened until 4:00pm daily.

## SCHEDULE OF FEES 2019

<b>Tuition Fees</b> (Kinder to Gr 6)	\$1903.00 per student per year
<b>Capital Levy</b>	\$240.00 per family per year
<b>P&amp;F Fees</b>	\$63.00 per family per year
<b>TOTAL</b>	<b>\$2206.00</b>

5% discount on the fee component will be given for full payment made by  
30th March 2019.

1 Child family early payment discount	\$95.00
2 Child family early payment discount	\$190.00
3 Child family early payment discount	\$285.00
4 Child family early payment discount	\$330.00

**Family Discount** can be claimed by families with multiple children at Tasmanian Catholic schools or colleges in accordance with Catholic Education Commission School Fee Assistance Policy. The discount rate is 3 children 10%, 4 children 20%, 5+ children 30% on tuition fee only. We will apply this discount once the payment plan form is returned and completed.

**Music program** will be invoiced in April and added to your school fees.

\$530 per year with instrument or \$300 if you have your own.

**Payment Arrangement form** must be completed by **ALL** families even if a payment plan is already in place (just mark this on form).

Please note: Complete section 4 Of the Payment Arrangement form if you wish your fees to be deducted from your credit card monthly (Mar-Nov) **OR** complete the attached Direct Debit form if you would like your fees to be deducted weekly, fortnightly or monthly from your saving account.

Direct Debits can be set up as ongoing or from March – November

**Financial hardship** forms are available from the office.

## Sacred Heart School - Canteen Menu - 2019

<p><b><u>RECESS and LUNCH</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Salada (Butter, Vegemite)</td><td style="text-align: right;">30c</td></tr> <tr><td>Biscuits and Cheese</td><td style="text-align: right;">50c</td></tr> <tr><td>Choc Chip Muffin 97% Fat Free</td><td style="text-align: right;">1.50</td></tr> <tr><td>Pikelet (Butter)</td><td style="text-align: right;">50c</td></tr> <tr><td>Popcorn</td><td style="text-align: right;">50c</td></tr> <tr><td>Vegie Chips</td><td style="text-align: right;">1.00</td></tr> <tr><td>Chicken Crackers</td><td style="text-align: right;">1.00</td></tr> <tr><td>Piece of Fruit</td><td style="text-align: right;">80c</td></tr> <tr><td>English Muffins (Butter) <b>RECESS ONLY</b></td><td style="text-align: right;">30c</td></tr> <tr><td>Small Hot Cheese Roll (preorder for recess)</td><td style="text-align: right;">50c</td></tr> </table> <p><b>MUST PLACE AN ORDER IN THE MORNING BEFORE RECESS</b></p> <p><b><u>LUNCH</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td colspan="2">Toasted Sandwiches (White or Wholemeal Bread)</td></tr> <tr><td>Ham</td><td style="text-align: right;">2.50</td></tr> <tr><td>Cheese</td><td style="text-align: right;">2.50</td></tr> <tr><td>Chicken</td><td style="text-align: right;">2.50</td></tr> <tr><td>Ham and Cheese</td><td style="text-align: right;">3.50</td></tr> <tr><td>Chicken and Cheese</td><td style="text-align: right;">3.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Hot Cheese Roll (large)</td><td style="text-align: right;">1.50</td></tr> <tr><td>Hot Cheese Roll (small)</td><td style="text-align: right;">50c</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Pasta (Fresh Daily)</td><td></td></tr> <tr><td>Spaghetti Bolognaise</td><td style="text-align: right;">5.50</td></tr> <tr><td>Lasagna</td><td style="text-align: right;">5.50</td></tr> </table> <p><b><u>HOT FOOD MENU</u></b></p> <p><b><u>ONLY AVAILABLE FRIDAYS</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Sauce</td><td style="text-align: right;">20c</td></tr> <tr><td>Medium Pies</td><td style="text-align: right;">3.00</td></tr> <tr><td>Sausage Rolls</td><td style="text-align: right;">3.00</td></tr> <tr><td>Pizza</td><td style="text-align: right;">3.00</td></tr> <tr><td>Chicken Wing Things</td><td style="text-align: right;">1.20</td></tr> <tr><td>Chicken Nuggets (80% Breast Chicken)</td><td style="text-align: right;">90c</td></tr> </table>	Salada (Butter, Vegemite)	30c	Biscuits and Cheese	50c	Choc Chip Muffin 97% Fat Free	1.50	Pikelet (Butter)	50c	Popcorn	50c	Vegie Chips	1.00	Chicken Crackers	1.00	Piece of Fruit	80c	English Muffins (Butter) <b>RECESS ONLY</b>	30c	Small Hot Cheese Roll (preorder for recess)	50c	Toasted Sandwiches (White or Wholemeal Bread)		Ham	2.50	Cheese	2.50	Chicken	2.50	Ham and Cheese	3.50	Chicken and Cheese	3.50			Hot Cheese Roll (large)	1.50	Hot Cheese Roll (small)	50c			Pasta (Fresh Daily)		Spaghetti Bolognaise	5.50	Lasagna	5.50	Sauce	20c	Medium Pies	3.00	Sausage Rolls	3.00	Pizza	3.00	Chicken Wing Things	1.20	Chicken Nuggets (80% Breast Chicken)	90c	<p><b><u>LUNCH continued</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Chicken Burger in Roll</td><td style="text-align: right;">3.50</td></tr> <tr><td>Chicken Burger in Roll with Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td>Salad Sandwich (White or Wholemeal)</td><td></td></tr> <tr><td>Ham Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td>Chicken Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td>Salad Roll (White or Wholemeal)</td><td></td></tr> <tr><td>Ham Salad</td><td style="text-align: right;">4.00</td></tr> <tr><td>Chicken Salad</td><td style="text-align: right;">4.00</td></tr> </table> <p><b><u>DRINKS</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Water</td><td style="text-align: right;">1.00</td></tr> <tr><td>Orange Juice</td><td style="text-align: right;">2.50</td></tr> <tr><td>Apple Juice</td><td style="text-align: right;">2.50</td></tr> <tr><td>Chocolate Milk</td><td style="text-align: right;">2.50</td></tr> <tr><td>Strawberry Milk</td><td style="text-align: right;">2.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Milkshakes (Choc/Vanilla) (only available at recess)</td><td style="text-align: right;">1.50</td></tr> </table> <p><b><u>ICE CREAMS</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Icypole</td><td style="text-align: right;">70c</td></tr> <tr><td>Frozen Yoghurt</td><td style="text-align: right;">2.50</td></tr> </table> <p><b><u>EXTRAS (ONLY AVAILABLE LUNCH)</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Sun Fruit Licorice</td><td style="text-align: right;">20c</td></tr> <tr><td>Sun Fruit Python</td><td style="text-align: right;">80c</td></tr> <tr><td>Yoghurt Babies</td><td style="text-align: right;">10c</td></tr> </table> <p><b><u>HAPPY PACK \$6.50 - FRIDAYS ONLY</u></b></p> <p>1 Medium Pie or 1 Sausage Roll, 1 Drink, 1 Pkt Popcorn or Vegie Chips, 1 Treat or Salad Roll or Salad Sandwich, 1 Drink, 1 pkt Popcorn, 1 piece of Fruit</p>	Chicken Burger in Roll	3.50	Chicken Burger in Roll with Salad	4.50	Salad Sandwich (White or Wholemeal)		Ham Salad	4.50	Chicken Salad	4.50	Salad Roll (White or Wholemeal)		Ham Salad	4.00	Chicken Salad	4.00	Water	1.00	Orange Juice	2.50	Apple Juice	2.50	Chocolate Milk	2.50	Strawberry Milk	2.50			Milkshakes (Choc/Vanilla) (only available at recess)	1.50	Icypole	70c	Frozen Yoghurt	2.50	Sun Fruit Licorice	20c	Sun Fruit Python	80c	Yoghurt Babies	10c
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Chicken Salad	4.50																																																																																																		
Salad Roll (White or Wholemeal)																																																																																																			
Ham Salad	4.00																																																																																																		
Chicken Salad	4.00																																																																																																		
Water	1.00																																																																																																		
Orange Juice	2.50																																																																																																		
Apple Juice	2.50																																																																																																		
Chocolate Milk	2.50																																																																																																		
Strawberry Milk	2.50																																																																																																		
Milkshakes (Choc/Vanilla) (only available at recess)	1.50																																																																																																		
Icypole	70c																																																																																																		
Frozen Yoghurt	2.50																																																																																																		
Sun Fruit Licorice	20c																																																																																																		
Sun Fruit Python	80c																																																																																																		
Yoghurt Babies	10c																																																																																																		

**Lunch Orders Available - Monday to Friday**  
**1<sup>st</sup> and 4<sup>th</sup> TERM HOT FOOD WILL ONLY BE AVAILABLE ON FRIDAYS**  
**2<sup>nd</sup> and 3<sup>rd</sup> TERM HOT FOOD MENU WILL BE AVAILABLE EVERY DAY**

Help is needed in the School Canteen this year. Your help would be appreciated. If you can help could you fill out the slip below. The hours are 9.00 – 11.30am on Fridays

.....

Name: ..... Contact Number: .....

Fridays 9.00-11.30am

Frequency:            Weekly            Fortnightly            Monthly            (please circle)