



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning  
<http://MyTerncity.com.au>

## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Twitter:

[@shslton](https://twitter.com/shslton)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

shsl.pnf@catholic.tas.edu.au

8th November -

Prep - Gr 2 Athletics Carnival

29th November -

Triathlon @ Devonport

## From the Principal:

### “Courage”

*“Courage is what it takes to stand up and speak. Courage is also what it takes to sit down and listen.” (Winston Churchill)*

When someone told me recently that they thought I was very brave, I dismissed the comment. To me, having courage means overcoming extraordinary challenges, like climbing Mount Everest or running with the bulls. It never dawned on me that I demonstrate bravery every day, yet we all do. In fact, even though we aren't necessarily facing tough physical challenges like climbing a mountain, we deal with a variety of obstacles and a multitude of fears as a part of our daily lives. And for the most part, we dismiss our ability to overcome these as not worthy of acknowledgement.

What I've learned is that recognising your bravery, no matter how insignificant the situation may seem to you, is empowering. It fuels your self-confidence and personal and professional power. And the continued dismissal of how you demonstrate courage, keeps you small.

The dictionary definition of courage is “the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without fear.” I would argue that it isn't necessary to NOT have fear when facing these situations. In fact, we demonstrate more courage when we are fearful and then proceed despite our fear. That shows the most courage of all!

Last weekend the INVICTUS Games commenced in Sydney. An opportunity for returned soldiers who are injured to compete with others with the purpose being to never lose hope no matter the circumstance, and how you control your fate and decide your future.

A timely reminder for us all.

Mitch, founder of our Tasmanian Catholic MJR values program, emailed a number of teachers over the weekend with the messages that he has identified from the INVICTUS Games.

- So many of us ‘moan and groan’ about trivial things that happen to annoy us each day. Be very Thankful for the health and limbs, we take for granted.

## “Courage” (continued)

- The mental toughness and self discipline that has got these competitors to these games. In the old MJR a definition of ‘Self Discipline’, the ability to make yourself do what you want to do. A good lesson for all of us.
- The SPIRIT of Support and Encouragement that competitors give to each other, no matter what nationality , shows “The Spirit of Jesus” being lived and the lesson of acceptance and including, no matter the disability. The Encouragement of their family and friends through terribly hard times.
- Belief in Yourself. So many have overcome immense obstacles and pain to have a go and participate in new activities they never had tried before. They have made life happen for themselves.

Look around our school community this week and recognise that there are vast numbers of children, parents and staff all challenging themselves to be courageous. Maybe all they need is the support and encouragement from one of us to achieve their goal.

*“To dream that you want to dream, that’s the beauty of the human mind. To do anything that you want to do, that is the strength of the human will. To trust yourself to test your limits, that is the courage to succeed.” (Anonymous)*



**Brent Wilson**  
**PRINCIPAL**

## Any Families Intending To Leave SHS

Could any school families intending to leave SHS at the end of 2018 for work purposes, moving interstate or any other reason please notify the school as soon as possible.

## Brent Away Next Week

Next week I will be away from school for most of the week. Northern Catholic Primary Schools will be interviewing for teachers. Adele Murphy will be available for compliments and challenges.

## Parent Survey

Next week all parents will be emailed a survey link. The survey is designed to collect feedback from parents about our school. This week all children from Grades 3-6 have been completing their own survey. We are hopeful all families will take 10 minutes to complete the survey. Thanks in anticipation.

## Volunteers Afternoon Tea Friday 9th November

All parents/carers who have volunteered their time during the year to support the students are invited to attend Assembly on Friday 9th November at 2:00pm and then enjoy some afternoon tea in the staff room.

## Parent and Friends

Our Parents and Friends conducted their AGM on Tuesday evening. Thanks to our outgoing committee members Kelly Cox and Kathy Taylor who have served as President and Treasurer over the last three years.

Congratulations and best wishes to our incoming executive:

- President - Nat Zegveld
- Secretary - Tahnee Hodgetts
- Treasurer - Catherine Pel
- Vice President - Louise Madden

## ATSI Family Day

Last week some of our ATSI families gathered to share stories, engage in a range of craft activities and celebrate their culture. Thanks to the families who joined us and to Sally Reid for organising the afternoon.



## Basketball Tournament

This weekend 7 teams from SHS will compete in the Grade 5/6 Northern School Basketball Championships. We wish each team well for an enjoyable weekend of games. We look forward to hearing about teams who represent our school with pride and display outstanding sportsmanship.

### Primary Schools Basketball Tournament

Grade 5/6  
October 27th & 28th

# GR 3/4 BASKETBALL TOURNAMENT

Congratulations to our Grade 3/4 Basketball teams who represented our school last weekend. The 7 teams are to be commended for their excellent sportsmanship, display of skills and team spirit. Thanks to the many committed parents and former pupils who coached out teams. Thanks also to the large number of parents and SHS community members who came along to support our teams.


Congratulations especially to 3/4 Powell who were placed First in Division 1.



## October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
21st	22nd	23rd	24th	25th	26th	27th
		Birth - 4 Commences today 7.30pm P & F AGM & General Meeting	School Banking	Foundation Band & Strings Workshop @ St Ailbes	Gr 5/6 Gala Day	
28th	29th	30th	31st	1st Nov	2nd Nov	3rd
		3.15pm Gr 5/6 Book Club	School Banking	8.30am Band Program 11.30am Strings Program	<b>NIJSSA Athletics Carnival</b> 2.10pm Assembly Program	

## November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4th	5th	6th	7th	8th	9th	10th
	Public Holiday	Kinder Halley Excursion to Penny Royal	<b>Grandparents Day</b> <i>GRANDPARENTS fill the world with LOVE</i>	8.30am Band Program 11.30am Strings Program Kinder Halley Excursion to Penny Royal <b>SHS Prep - Gr.2 Athletics Carnival</b>	2.10pm Assembly <b>Volunteer Afternoon Tea 2.45pm-3.30pm</b> 	
11th	12th	13th	14th	15th	16th	17th
		6.30pm Board Meeting 7pm 2019 Band Program Information evening @ SPC		Development Band & Development Strings workshop day @ St Ailbe's	2.10pm Assembly	
18th	19th	20th	21st	22nd	23rd	24th
				8.30am Band Program 11.30am Strings Program	2.10pm Assembly	
Grades 2, 3 & 4 Intensive Swim Program @ Launceston Aquatic Centre						

## Dates to Note

- 29th Nov** - 7pm Catholic Schools Instrumental Music Program
- 5th Dec** - 6.45pm Carols on the Oval
- 10th Dec** - 6.30pm Gr 6 Leavers Dinner & Liturgy
- 18th Dec** - 2pm Final Assembly & Grade 6 Awards
- 19th Dec** - 7pm End of Year Mass
- 20th Dec** - Final Day for Students

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** [www.pinterest.com.au/sacredheartl/](http://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**S.H.S. Clothing Pool email**

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

## Triathlon News

Geard Cycles on Wellington St and Cycology @ 119 York St are delighted to offer free bike safety checks to all Sacred Heart students participating in the upcoming triathlon challenge.

To take up the offer, we would require the student's name at the time of booking.



**Uniform Shop open:**

**Thursday's 2 - 4pm**

**Email:**

**shs.clothingpool@catholic.tas.edu.au**

**Uniform Shop - last day for 2018 is 29th Nov**

**Uniform Shop Back to School Day 2019-  
Thursday January 31st, 10-3pm**

Family Mass

Sunday 9am

St Patrick's College Chapel

All welcome!

18<sup>th</sup> March

15<sup>th</sup> April

20<sup>th</sup> May

17<sup>th</sup> June

15<sup>th</sup> July

19<sup>th</sup> August

16<sup>th</sup> September

21<sup>st</sup> October

18<sup>th</sup> November

### 2018 Term Dates Catholic Schools

**Term 1 Thursday 8.2.18 to Friday 13.4.18**  
**Term 2 Monday 30.4.18 to Thursday 5.7.18**  
**Term 3 Tuesday 24.7.18 to Friday 28.9.18**  
**Term 4 Tuesday 16.10.18 to Thurs 20.12.18**

**6th July 2018 - Pupil Free Day**

**23rd July 2018 - Pupil Free Day**

**15 October 2018 - Pupil Free Day**

### 2019 Term Dates Catholic Schools

**Term 1 Thursday 7.2.19 to Friday 12.4.19**  
**Term 2 Monday 29.4.19 to Friday 5.7.19**  
**Term 3 Monday 22.7.19 to Friday 27.9.19**  
**Term 4 Monday 14.10.19 to Tues 17.12.19**

**Pupil free days will be communicated as soon as they are confirmed**

## The Spirit of Jesus is Alive in:

Prep Hills	<b>Eliza Davie</b> For excellent work on writing this week	<b>Eli Heathorn</b> For excellent improvement with his concentration this week
Prep Best	<b>Charlie Hall</b> For a fantastic effort with her Holiday News writing	<b>Jonty Hodgetts</b> For a great effort with her Holiday News writing
Grade 1 Foster	<b>Milla Burrows</b> For super improvement with her reading and writing <b>Toby Blyth</b> For being a positive and helpful member of our classroom	<b>Sam Cameron</b> For a wonderful positive start to term 4
Grade 1 Gleadow	<b>Lola Gonzy</b> For giving excellent reasons to persuade an audience. Well done	<b>Roman van Ryn</b> For an excellent start to the Term and his enthusiasm for learning
Grade 2 Crawford	<b>Angus Brock</b> For an excellent start to Term 4	<b>Ava Maddy</b> For her excellent knowledge about the continents
Grade 2 Reid	<b>Layla Wines</b> For fantastic work in all tasks this week	<b>Addison Dennis</b> For great work in maths
Grade 3 Symons	<b>Harry Shelton</b> For a great start to Term 4	<b>Jasmine Hartley</b> For her great attitude to her classwork
Grade 3 Underlin	<b>Oliver Hodgetts</b> For his thoughtfulness and willingness to put others before himself	<b>Amelia Lowe</b> For her excellent narrative writing
Grade 4 Wood	<b>William Bevis</b> For an excellent start to Term 4 and great work on Fractions in Mathematics	<b>Mitchell Campbell</b> For great work on Fractions in Mathematics
Grade 5 Hood	<b>Charlotte Barrett</b> For making a concerted effort to apply herself this week	<b>Seb Page</b> For thoughtful contributions during our maths unit on probability
Grade 6 Steven	<b>Clemente Reyes Moreno</b> For an excellent project on his home country Chile	<b>Lachlan Jenkins</b> For an excellent 1st week back to term 4 remaining focused and completing all tasks
Grade 6 Davie	<b>Noah McCullagh</b> For the smile he brings to our class everyday	<b>Brodie Dobson</b> For being a hardworking, lovely young man

### Traffic & Students Safety

The school urges all parents to support road safety by obeying signage displayed, and also asks you remind your child(ren) to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to any children watching.

## GRANDPARENTS DAY

Your grandchild requests your presence for...



# high tea

## AT THE HEART

| see what's happening in the classroom |  
have a silly selfie together | share light refreshments

**7 November 2018 • 2-3 PM**

Proceed directly to your grandchild's classroom  
Sacred Heart Catholic Primary School  
227 York Street, Launceston

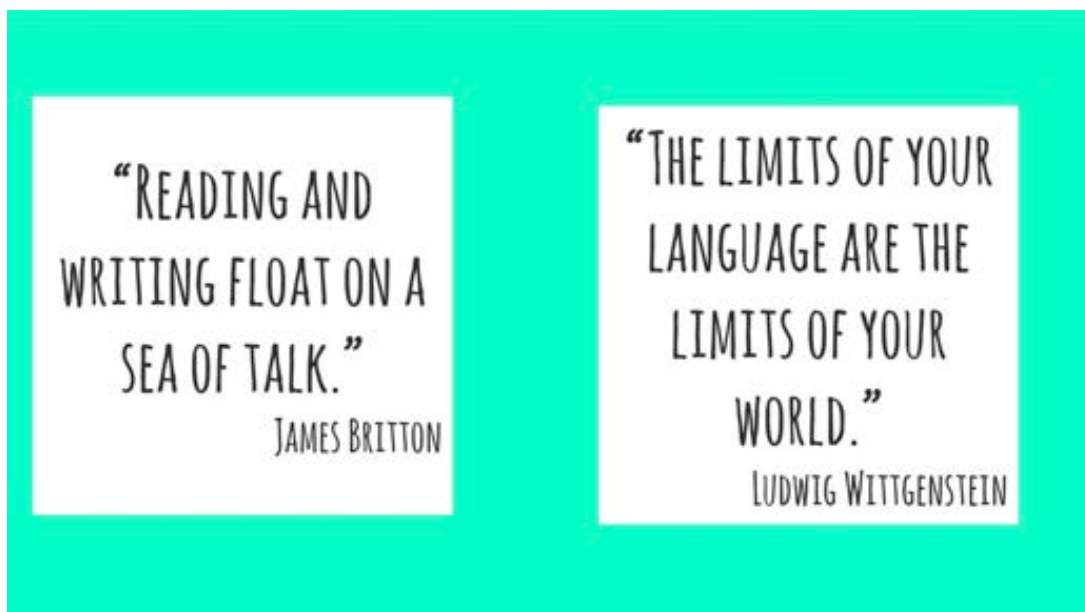


## Oral Language

This year at Sacred Heart our teaching and learning focus has been on developing students' oral language skills. Oral language encompasses two components. Expressive language (speaking) is the use of words and non-verbal processes to share meaning with others. Receptive language (listening) is the process of understanding what has been expressed.



Oral language is the student's first, most important and frequently used medium of communication. It is the foundation for the development of literacy skills which is considered to be a strong indicator of future reading, writing and overall academic achievement. Oral language skills become progressively sophisticated throughout the primary years and permeate into every area of our primary school curriculum.



Our staff have been involved in professional learning as well as working through inquiry cycles in order to reflect upon our practice and identify how best we can support the development of our student's oral language by providing opportunities for high quality talk.

In order to provide students with further oral language experiences we will be providing weekly questions in the newsletter as stimulus for discussions to have with your children at home.



What is the one thing you couldn't live without. Why?

Adele Murphy

Assistant Principal

**What is the best thing about being ... years old?**

# Wine Fundraiser

A great excuse to stock up the wine rack, purchase a gift or start the Christmas shopping while supporting our club.

For every bottle of the award winning Devil's Corner range, \$5 will be donated to Sacred Heart Little Athletics Club.

PLUS

If you purchase 4 bottles of wine by October 26, you will receive a 5th bottle (of your choice within the range) **FREE!**

PLUS

Everyone who purchases a bottle of wine will go into the draw to win a wine and cheese hamper valued at \$100!

Complete the online Order Form from the link below or scan the QR code



<https://goo.gl/forms/hsuTerE7h9xJUHAq1>



**SACRED HEART**  
LITTLE ATHLETICS CLUB

*Devil's Corner*  
TASMANIA

**THE IMPOSSIBLE  
QUEST**

Kate Forsyth

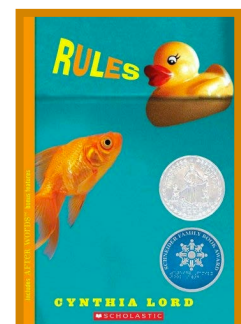


Gr 5/6  
Tuesday Book Club  
2018

The next meeting is

Tuesday 30th October  
3:00pm - 4:00pm.

**RULES**  
Cynthia Lord



## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

It is a legal requirement that parents are expected to advise the school as to why their child is absent.

## Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Reminder - Before School expectations

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from **8:00am** each school day for any students.
- ❖ **Students are not to arrive before 8am**
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

**Reminder that dogs are not permitted on the school grounds without prior permission from the Principal**

## TOILET ACCESS AFTER HOURS

Student toilets are locked daily at approximately 3:15pm-3:30pm. There is a toilet located in the administration building, which is opened until 4:00pm daily.



The Buckby Saints Basketball Club aims to develop players to the best of their ability in an inclusive and supportive environment. The club promotes a culture where a child's enjoyment of the sport is paramount and the development of both sporting and life skills are highly valued.

## SELECTION DAYS

**SATURDAY 17<sup>TH</sup> NOV & SUNDAY 18<sup>TH</sup> NOV @ ST PATS GYM**

(see adjacent times for each age group)

**FOR THOSE INTENDING TO PLAY BUT ARE UNABLE TO ATTEND ON THE DAY, PLEASE NOTIFY THE CLUB VIA EMAIL.**

[launcestonsaints@gmail.com](mailto:launcestonsaints@gmail.com)

**A \$50 non-refundable deposit (to be deducted from Club fees) is required to be paid either at selections or by Friday 23<sup>rd</sup> November (via direct debit), for players to be placed in a team. Teams will be finalised by Friday 30<sup>th</sup> November.**

**More details regarding registration and payment of fees will be available at the selection days. The balance of club fees, together with BTas & LBA fees, must be paid early February prior to RD 1.**

### Saturday 17<sup>th</sup> November

**U10 Girls**  
9am – 10am  
**U10 Boys**  
10:30am – 11:30 am

**U12 Girls**  
12:30 pm – 2pm  
**U12 Boys**  
2:30pm – 4pm

### Sunday 18<sup>th</sup> November

**U14 Girls**  
9am – 10:30am  
**U14 Boys**  
11am – 12:30pm

**U16/18 Boys**  
1:30pm – 2:30pm

**U16/18 Girls**  
3pm – 4pm

#### SAINTS merchandise

Ordering is via our online Saints Shop open 17<sup>th</sup> Nov to 16<sup>th</sup> December.

Samples will be available on the day to check sizing etc.



**FREE ASSESSMENT AND 1ST CLASS**

Start your swimming journey with us today  
\* WATER AWARENESS FOR BABIES AND TODDLERS  
\*LEARN TO SWIM  
\*STROKE CORRECTION  
\*LOADS OF FUN AND FRIENDLY FACES

ANNA'S PHONE: 0407 311 315  
[www.streamlineswimacademy.com.au](http://www.streamlineswimacademy.com.au)  
email: [inquiry@streamlineswimacademy.com.au](mailto:inquiry@streamlineswimacademy.com.au)

At Streamline Swim Academy we believe in real water safety, skills and confidence progression in a fun and non threatening environment.