



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning  
<http://MyTerncity.com.au>

## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Twitter:

@shslton

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

**Rock'n'Roll Night  
@ St Ailbes  
Friday 31st August  
6-8pm**



## Sacramental Candidates for 2018

A reminder to all Sacramental Candidates for 2018 about the Candidates Fun Day on Friday 24th August at St Ailbe's Hall. Please return your permission forms to your child's class teacher.

## From the Principal:

### "Wellbeing at Sacred Heart "

*" The one thing that you have that nobody else has is you, your mind, your story, your vision. So write and draw and build and play and dance and live as only you can." (Anonymous)*

Our school understands the importance of supporting the whole child. We provide a variety of experiences to support children. Each one of our programs is designed to complement the ongoing support that parents and families provide for their children. As a school community we all should continue to consider how we as individuals can nourish the well-being of each and every one of our community.

The programs that our school provide includes...

- **MJR** (Ava, Annaliese and Julian Davie - 6 Davie)

MJR is a main part of Sacred Heart's culture and the way we live our lives each day. We have many customs relating to Jesus that we learn through the MJR program. This program helps the children to connect with Jesus and make him real through their hearts. They learn to love and respect each other just as Jesus would have wanted. Making Jesus Real means to act out His Gospel Values by Filling Up People's Buckets, Being a Giver not a Taker and being a W.E.S.T. person. At Sacred Heart we have many ways to spread the positive message of Making Jesus Real. Remember this: Live Jesus In Your Hearts, Forever!

Each month we focus on a MJR value. Students are chosen from each class that best live out this value and are then able to celebrate by having Afternoon Tea with the Principal. Our students are encouraged to be Christ-like in their words and actions with an emphasis on being more like Jesus. For the month of August we are being -

Givers not Takers

Do you share what you know with others in class discussions?

Do you help others when they need it?

Do you give positive compliments to your classmates?

Do you fill up other people's bucket with a kind word, a smile or a compliment?

P.T.O

## “Wellbeing at Sacred Heart ”...continued

### MY TERN in action. (Helen Halley)

In classes and in our play times, when needed students are encouraged to consider what road they are on - rough/red roads or smooth/green roads. Then it's important for them to check if they are in control. And if not, what PETs (personal emotional tools) could they use to regain control.

We are wanting the students to begin to gain an understanding of where they emotionally (the "name it to tame it" awareness) and then find strategies or PETs to regain that control. Knowing that we are in control of our own steering wheel and where to steer it is key to emotional regulation.

Posters are set up around the school to remind children about this, with many PETs displayed as reminders opposite the canteen going into the gym. Perhaps it might be a good time to revisit what are your PETs and how you can call on them whenever you need to. Maybe discuss as a family. Maybe make a list or display at home. HERE'S SOMETHING GOOD TO KNOW : **Deep, slow breathing is the easiest "go to" PET for everyone - easy to access, no need to pack, everyone has a set of lungs to use!**

What road are you on?

Are you in control?

If not, what PET  
can you use to regain control?



### HEALTH (John Anderson)

During Health lessons this term students in Grades 3-6 have been learning about safety issues that students may encounter in their everyday lives, assessing risk, making decisions and behaving in ways that protect their own safety and that of others.

We have learnt some basic first aid, studied what DRSABCD means, learnt about calling 000 in an emergency and discussed how defibrillators work.

We have talked about water safety, how to spot a rip, what to do if you're caught in a rip and why it's a good idea to swim between the flags at a beach.

The children have learnt what the AquaCode means:

Go together, reach to rescue and stay afloat & wave.

To discuss these topics further with your child please go to the following links:  
DRSABCD action plan-

<https://www.stjohnnsw.com.au/drsabcd-action-plan/>

The AquaCode-

[http://www.swimandsurvive.com.au/content\\_common/pg-water-safety-kids.seo](http://www.swimandsurvive.com.au/content_common/pg-water-safety-kids.seo)

**Brent Wilson**  
**PRINCIPAL**



## First Eucharist

Last weekend 24 of our Sacred Heart children received the Sacrament of First Eucharist.

Congratulations to ...

*Henri Bergamin, Ella Beale, Fletcher Crosswell, Ethan Ercole, Sam Dick, Maggie Dick, Molly Dick, Alice Fox, Molly Harvey, Lachlan Jenkins, Ruby Powell, Hugh Rickerby, Emily McMullen, James Humphreys, Emily Johns, Sebastian Page, Francesca Page, Thomas Page, Isabella Perry, Will Saltmarsh, Aria Spencer, Alex Woolley, Daniel Wojcik and Hannah Zegveld.*



## Unacceptable use of images - Information for families

Please take the time to read this [school policy](http://www.sacredheartl.tas.edu.au/files/8615/3491/0848/Acceptable_Use_of_Images_-_Information_for_Families.pdf)...

[http://www.sacredheartl.tas.edu.au/files/8615/3491/0848/Acceptable\\_Use\\_of\\_Images\\_-\\_Information\\_for\\_Families.pdf](http://www.sacredheartl.tas.edu.au/files/8615/3491/0848/Acceptable_Use_of_Images_-_Information_for_Families.pdf)

## Brent away this week

This Wednesday 22nd August - Friday 24th August I will at Principals meetings. Tasmanian Catholic School Principals meet as a collective once a term to discuss a range of educational matters. Adele Murphy will be available for your compliments and challenges.

## Renew WWVP registration

Reminder that if you have renewed your Working with Vulnerable People registration that you need to show your new card at the office.

Please note - you will receive an email reminder when your registration is due for renewal

## Locked Bottom Gate

Our Margaret Street gate is now being locked from 3.30pm onwards to provide additional safeguards for children still at school. Parents who need to access or depart school after this time are asked to exit from the York Street gate. Thanks for your support.

## Entertainment Book Fundraiser

Parents and Friends Entertainment Book Fundraiser is in its last weeks so hurry don't miss out

Are you looking for a Father's Day gift? The Entertainment Book may be what you're looking for and give Dad a value packed gift this Father's Day.

Books or Digital memberships are available for \$65.00 and can be purchased online or purchased (cash sales) from the school office.

All funds raised support the 5/6 Book Club to purchase much needed novel sets.

Thank you for your support.







### Seasons for Growth Grief Program

#### Learning to live with change and loss

Our school has over recent years offered Rainbows as a program to support children dealing with Grief and Loss in their lives. Last year and this year we are working with CatholicCare and are able to offer a similar program called Seasons for Growth, where young people may benefit from learning how to manage these changes effectively. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

We are pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who attend.

The Seasons for Growth Program runs for eight weeks and each weekly session is 40 – 50 minutes. The program concludes with a 'Celebration' session.

**Our next sessions will be held for Grades 5 and 6 students**

**and will begin in late this term on 14<sup>th</sup> September.**

If interested for your child, please contact me so I can pass on the CatholicCare forms to you for you to complete. Once received I forward these forms directly to the CatholicCare Chloe Bayley.

If you require any further information please do not hesitate to contact me.

Kind regards, Helen Halley

[helen.halley@catholic.tas.edu.au](mailto:helen.halley@catholic.tas.edu.au)

### 2018 Term Dates Catholic Schools

**Term 1 Thursday 8.2.18 to Friday 13.4.18**

**Term 2 Monday 30.4.18 to Thursday 5.7.18**

**Term 3 Tuesday 24.7.18 to Friday 28.9.18**

**Term 4 Tuesday 16.10.18 to Thurs 20.12.18**

**6th July 2018 - Pupil Free Day**

**23rd July 2018 - Pupil Free Day**

**15 October 2018 - Pupil Free Day**

### 2019 Term Dates Catholic Schools

**Term 1 Thursday 7.2.19 to Friday 12.4.19**

**Term 2 Monday 29.4.19 to Friday 5.7.19**

**Term 3 Monday 22.7.19 to Friday 27.9.19**

**Term 4 Monday 14.10.19 to Tues 17.12.19**

**Pupil free days will be communicated as soon as they are confirmed**






# Father's Day Celebration 2018



WEDNESDAY  
29TH AUGUST  
1PM TO 3PM



COME AND ENJOY A RELAXING  
AFTERNOON WITH YOUR  
CHILD/CHILDREN

August 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
19th	20th	21st	22nd	23rd	24th	25th
		3.10pm Gr 5/6 Art Club	School Banking <b>9.15am Book Week Parade</b> 	8.30am Band Program 11.30am Strings Program	2.10pm Assembly Sacramental Candidates Faith and Fun day @ St Ailbes	
26th	27th	28th	29th	30th	31st	1st Sep
		3.10pm Gr 5/6 Art Club 3.15pm Gr 5/6 Book Club 7.30pm P & F General Meeting	School Banking <b>Fathers day Celebration</b> 		2.10pm Assembly <b>Rock'n'Roll Night @ St Ailbes</b> 	

September 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
2nd	3rd	4th	5th	6th	7th	8th
		3.10pm Gr 5/6 Art Club Kinder Halley - Hagley Farm School Excursion	School Banking	8.30am Band Program 11.30am Strings Program	2.10pm Assembly Kinder Nas - Hagley Farm School Excursion	
9th	10th	11th	12th	13th	14th	15th
	<b>SHS Gr 3-6 Athletics Carnival @ St.Leonards</b>	3.10pm Gr 5/6 Art Club 6.30pm Board Meeting	School Banking	8.30am Band Program 11.30am Strings Program 5pm Strings Sioree	2.10pm Assembly	
16th	17th	18th	19th	20th	21st	22nd
		3.10pm Gr 5/6 Art Club	School Banking	8.30am Band Program 11.30am Strings Program	2.10pm Assembly	

## 2018 Carnival

Thursday 8th November  
Prep - Gr.2 Athletics Carnival

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** [www.pinterest.com.au/sacredheartl/](http://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**S.H.S. Clothing Pool email**

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

## The Spirit of Jesus is Alive in:

Prep Hills	<b>Isobel Zegveld</b> For excellent engagement in all learning tasks	<b>Owen Richardson</b> For consistently displaying excellent listening skills
Grade 1 Foster	<b>Jesse Maxfield</b> For his improved contribution to class discussions when sharing his ideas	<b>Milla Burrows</b> For her positive attitude towards Maths and learning how to read a calendar
Grade 1 Gleadow	<b>Bonnie McManamey</b> For brilliant work in Maths this week	<b>Cooper Bassett</b> For being a helpful and respectful student
Grade 2 Crawford	<b>Krista Burling</b> For writing an excellent Information Report about dogs <b>Fletcher Luttrell</b> For great improvements in his handwriting	<b>Chase Weber</b> For showing determination in class and in PE
Grade 2 Reid	<b>Ella Viney</b> For being a go cart	<b>Justin Calabro</b> For working well on this week's STEM challenge
Grade 3 Symons	<b>Xavier Davie</b> For encouraging others	<b>Giarna Acquarola</b> For concentrating and being focused on her work
Grade 3 Underlin	<b>Elliott de Jong</b> For his excellent work in Maths <b>Jasper Lee</b> For his excellent work with addition and subtraction	<b>Jordan Baker-Law</b> For his determination when completing tasks
Grade 4 van Ryn	<b>Whole Class</b> For a great week 4	
Grade 4 Wood	<b>Stella Tyson</b> For your excellent work in Mathematics	<b>Isabelle Crerar</b> For care and concern of towards your classmates
Grade 5 Hood	<b>Abbie Kingston</b> For always giving 100% to everything she does - especially in Mathematics	<b>Jack Cramp</b> For creating an incredibly informative PowerPoint about the history of YouTube
Grade 5 Viney/Liston	<b>Brodie Gardner</b> For his interesting and alternative perspective on a range of topics	<b>Lilia Colgrave</b> For being a little ray of sunshine and welcoming others
Grade 6 Steven	<b>Max Maloney</b> For his contributions to our class discussions and sharing about his holiday	<b>Alice Mathers</b> For being a responsible, organised and diligent class member.



**Come and celebrate Mr Nas' 25th  
Rock and Roll Night**  
**Friday 31st of August 2018, 6 to 8pm**  
**Doors open at 6pm**  
**Entry \$10 a family**  
 all entry proceeds raised are used to support  
 the Sacred Heart School Music Program



## Rock and Roll Night Lucky Door Prize

With thanks To Coles and The Harvey Family the Parents and Friends have the pleasure of running a Lucky Door Prize at Rock and Roll Night.

A framed signed Usain Bolt  
Shirt  
valued at \$1200

Tickets \$5 each

Tickets can be purchased at the office from Monday the 20th of August and at the Door on Rock and Roll Night.

All funds raised from the Lucky Door

## Parents and Friends Meeting 27th August - Guest Speakers

everyone is invited to attend 7.30pm in the Staff Room

**Samoan Primary School Principal, Ms Fuimaono Tauaanae**  
 as part of the  
**Samoa to Tasmania: the Australia-Pacific BRIDGE Program**

**Mr Greg Boon from the Tasmanian Catholic Schools Parents Council**  
 providing an update on TCSPC activities and services, and promote their  
**Successful Learning Program**

# Epilepsy Tasmania Fundraiser

My name is Lily Smith and I'm writing to you today to launch a fundraising initiative to raise money and awareness for Epilepsy Tasmania.

Epilepsy is a condition that affects 20,000 Tasmanians directly, with a further 80,000 Tasmanians affected by the condition in some way. It can affect anyone of any age from any background and is usually diagnosed when someone has had a series of seizures. Interestingly, 50% of people who have epilepsy don't know what has caused it, and this is why we need to raise money to fund research to learn more, hopefully find a cure and save lives.

To support Epilepsy Tasmania, I am selling Keep Cups with all money raised going directly to Epilepsy Tasmania to support Tasmanians and their families who are suffering from the condition. The Keep Cups come in two colour options, purple and grey and selling for **\$18** each. They would not only make a great Father's Day gift, but you will be helping the environment by reducing the amount of disposable coffee cups going into landfill.

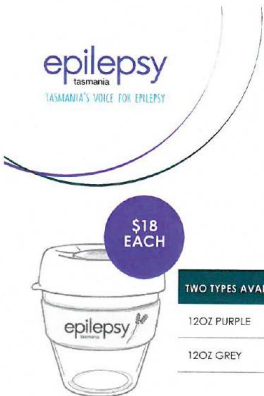
Order forms have been handed out to all students. If students could please return completed forms and money to their class teacher  
Wednesday 29<sup>th</sup> August that would be  
Orders will be filled and distributed on  
30<sup>th</sup> and Friday 31<sup>st</sup> August, just in time  
Father's Day!

I hope you can support my fundraising  
help Epilepsy Tasmar  
work.

Thank you.

Lily Smith

Grade 4 van Ryn



## KEEP CUP ORDER FORM

NAME	
CLASS	
HOW MANY PURPLE?	
HOW MANY GREY?	
TOTAL AMOUNT PAID	

P 03 63 44 6881 | 1300 852 853 | [epilepsytasmania.org.au](http://epilepsytasmania.org.au)





## Primary Schools Basketball Tournament

Grade 3/4

October 20th & 21st

Grade 5/6

October 27th & 28th

Please make payment of \$55 per player to the office by the 21st September

## Cheer Comps

On the 18th of August I went down to Hobart with my Mum and Dad and had my Cheer Comps. It was at Kingston Sports Centre. There were many teams, they were all from Hobart except for the New Zealand team and us. It was a very tight competition. Athena (my team), came 3rd. We got a trophy and a banner each. We are **state champions!** (I got a bow and top).

By Cassidy Bowman



**Boys School Ties and  
Girls Tights are in stock  
in the Uniform Shop**

**Email:**

**shs.clothingpool@catholic.tas.edu.au**

**Uniform Shop open:  
Thursday's 2 - 4pm**

*Family Mass*

*Sunday 9am*

*St Patrick's College Chapel*

*All welcome!*

*18<sup>th</sup> March*

*15<sup>th</sup> April*

*20<sup>th</sup> May*

*17<sup>th</sup> June*

*15<sup>th</sup> July*

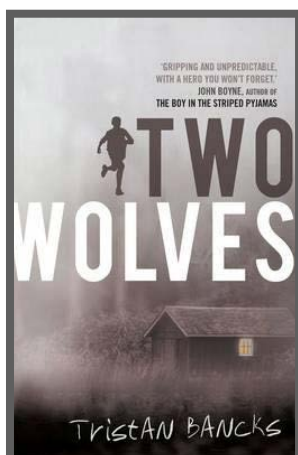
*19<sup>th</sup> August*

*16<sup>th</sup> September*

*21<sup>st</sup> October*

*18<sup>th</sup> November*

**TWO WOLVES**  
Tristan Bancks

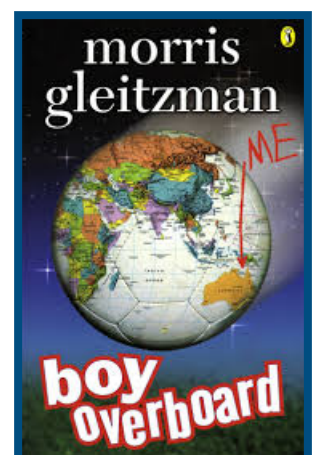


**Gr 5/6**  
**Tuesday Book Club**  
**2018**

**THE NEXT MEETING IS**

**TUESDAY 28TH AUGUST**  
**3:00PM - 4:00PM.**

**BOY  
OVERBOARD**  
Morris Gleitzman



















## Australian Schools Trout Fishing Championships

**Monday 24th September 2018,  
Brumby's Creek, Cressy Tasmania.**

**Do you like fishing?**

**Have you got the skills to represent your school at the  
Australian Schools Trout Fishing Championships?**

**Ms. Lang will be taking 2-3 teams along and we need **up to 12**  
students from grades 3-6 in our team.**

**If this is something you might be interested in then please submit  
your typed application to Ms. Lang by **Friday August 30th 2018.****

**Your written application will need to address:**

- Why you want to, or deserve to be, on the Sacred Heart Team.**
- Your fishing experience.**
- Whether your parent/s or caregivers can help out on the day.**
- Anything else you think will help us make our selection.**

**If you need anymore information please see Ms. Lang or ask your  
parents to email Ms. Lang**

**[bronwyn.lang@catholic.tas.edu.au](mailto:bronwyn.lang@catholic.tas.edu.au)**





## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

It is a legal requirement that parents are expected to advise the school as to why their child is absent.

## Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Reminder - Before School expectations

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from **8:00am** each school day for any students.
- ❖ **Students are not to arrive before 8am**
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

**Reminder that dogs are not permitted on the school grounds without prior permission from the Principal**

## TOILET ACCESS AFTER HOURS

Student toilets are locked daily at approximately 3:15pm-3:30pm. There is a toilet located in the administration building, which is opened until 4:00pm daily.