

Sacred Heart School Newsletter



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From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

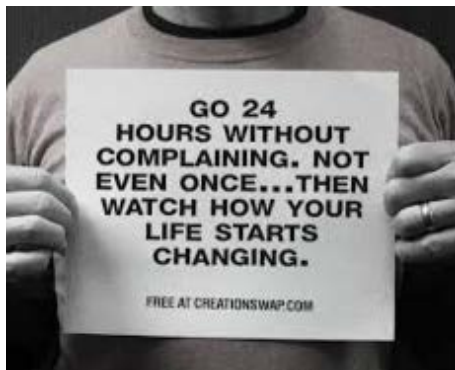
Respect for Others

Respect for our Learning

BeAttitudes: **Be Honest**

"If you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month."

Theodore Roosevelt



Why is it so difficult for us to accept responsibility for our actions as adults? Why is it so hard to 'say sorry' or 'I was wrong'?

I don't mean 'winning the argument' when joking around with friends but the genuine moments when we know we have made a mistake or a bad decision. We expect our children to say sorry, forgive and admit mistakes, yet it appears as adults more often than not we opt out of doing the same.

What are we afraid of that stops this from happening?

As adults we sometimes don't just avoid admitting our wrongs but also then devote our energies to talk with whoever we can find or will listen, to then justify that in fact our actions were valid, reasonable and not wrong! We hope, the more we talk, the more we share, that maybe, just maybe, we can convince ourselves to ignore the little voice inside us! The voice whispering to us..... WE WERE WRONG!

As adults we sometimes not only avoid admitting our wrongs and try to convince ourselves through talking to others that we weren't wrong but also critique the actions of others as well. We start 'sticky beaking' in other backyards, rather than have a good hard look in our own, or listen to the voice we try so hard to ignore!' We can be so afraid, if we stop and have a good hard look, the truth of our own backyard could be too confronting! So, instead we focus our energies outwards not inwards.

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From the Principal:

Sound familiar? It does to me! This was my strong default behaviour for the majority of my early adult life and at times I still revert back to this. If being honest, I have a sense of embarrassment about this and the wasted energy and time I have spent (and at times still spend) on justification, defending, blaming but not claiming and taking personal responsibility.

How in doing so, made no difference to the truth that I would suppress. That I was wrong! That trying to convince myself or others, was weak and easier than facing up to my choices; that somehow judging others and their choices helps me avoid facing up to my own insecurities and doubts. The truth is we are no better or worse than our neighbour. The more we try to convince ourselves otherwise, ironically the more negative and self absorbed we become.

We are all fumbling our way through this life, at times we all stuff it up! If we could all face our own insecurities we would see that those that look like they have it all together don't! That we all have 'blemishes and flaws', just some are hidden better than others. If we had the mental toughness to stop judging others and devote a small amount of this energy inwards, doing a better job with our life, our decisions and our actions, I am sure half the negative stuff that consumes much of our time, would go away! I am a long way of being a saint but a damn lot closer than I was 20 years ago! More importantly a better person that my children will hopefully get to experience! This is what I am trying to do; often poorly, sometimes good, rarely brilliant!

STAFFING 2016

We are in the beginnings of organising staffing for next year. In the next few weeks I will be able to confirm all staffing to parents. There are several changes that we know of already. Two announcements I would like to make now are:

Miss Underlin:

Jaimee has accepted a secondment to St. Thomas More's for 2016. Jaimee is an ongoing teacher at SHCS, we will offer her leave from this position for 12 months to work at STM. Jaimee wants to continue to enhance her professional practice, professional learning and leadership. As a Principal I want to support these opportunities to help have some movement between schools of teachers, which will help improve practice, teaching and learning. Jaimee at this stage will return to SHCS in 2017 and we willingly will hold her ongoing position open during this time. We will advertise for a 12 month replacement position in this weekend's newspaper and through the system website.

Mrs Vecchione:

As many parents would already know, Jade is pregnant with her second child. Jade will not be returning to SHCS in 2016 as she is due early in the year and will enjoy the opportunity to be mum with a new baby and second child. At this stage Jade's plans going forward are uncertain. Jade will continue to work as Co-teacher in Prep for the remainder of this year.

CYBERSAFETY: SUPPORT FOR PARENTS AND STUDENTS

Below is a fantastic website that provides fact sheets, resources, information to two groups: one for parents and one for students. I would strongly encourage everyone to spend 10-15 minutes navigating the site and seeing if there is anything that can help you as the parent, in parenting your children around being cybersafe.

www.thinkuknow.org.au

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From the Principal:

PARENTS AND FRIENDS A.G.M.

On Tuesday night our P & F held their A.G.M. The new Executive is:

President:	Kelly Cox
Vice President:	Sam Buchanan
Treasurer:	Cathy Taylor
Secretary:	Natalie Zegveld
Committee members:	Natasha Brewer and Louise Madden

A sincere thank you to our committee and their willingness to take these roles on for the next year. We will send out a letter to all parents around the role of Fair Convenor or a Fair Convening Committee in coming days.

PRIMARY SCHOOLS BASKETBALL TOURNAMENT

Fantastic weekend for a large number of our Grade 3-6 students last weekend. Teams represented our school and what we are about with great pride. Congratulations to teams that won! Congratulations to teams that competed and didn't win and congratulations to teams in between.

An attitude of gratitude to our coaches and team managers! We will be forwarding small gestures of our thanks in coming days. An attitude of gratitude to parents who came along at 7:20 am or waited around until 8:10pm at night. An attitude of gratitude to Isobelle Mathers, who having broken her arm in the days before the tournament, not only came along to the games her team competed in, but also watched other games and cheered along.

2016 GRADE 3 PARENTS IPAD INFORMATION SESSION

On Tuesday 17th November at 7pm parents of students in Grade 3 in 2016 are asked to attend a parent information session on the 1:1 iPad program, your children will be involved in next year. More information in upcoming newsletters.

IMPORTANT : PARENT HELP

A reminder to parents that if you intend to do any parent help in classrooms, an excursion, a camp or help with swimming lessons you **MUST** have a current Working With Vulnerable People registration.

Please remember that once you have your WWVP registration approved you need to bring your card to the school office for verification.

Prep - Gr.1 Swimming Program 26th - 30th October

Gr.2 - Gr.4 Swimming Program 16th - 27th November

If you intend to help with swimming you MUST have a current Working With Vulnerable People Check

WORKING WITH VULNERABLE PEOPLE

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

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R.E News

This weekend our Parish Community celebrates the Sacraments of Confirmation and First Eucharist. At school we have been supporting these children in prayer as they have been preparing for this special time. Archbishop Julian will be celebrating these Sacraments with the following children from our school. We congratulate these children and wish them every blessing at this time and always.

Our Sacred Heart children are:

Harry Ross, Summer Alexander, Tyler Alexander, Samuel Barrett, Sam Cowley, Will Cowley, Rohan Crawford, Amelia Duffy, Isabella Davie, Leah Ellings, Emilee Faulkner, Sienna Foster, Joshua Gillow, Zoe Gillow, Corey Guiver, Ruby Howe, Claudia Kirk, Gabriel Kirk, Alexander Luttrell, Elina McCormack, Brady Meek, Evan Pereira, Lachlan Reilly, Max Symons and Abigail Talbot.

You are very welcome to attend the celebrations on Saturday, 24th at Sacred Heart Church, Newstead at 6.00pm or Sunday, 25th at Church of the Apostles at 10.30am.

Prayer for a Child's Confirmation and First Eucharist

Lord Jesus,

Bless the children coming forward to receive the Sacraments of Confirmation and First Eucharist.

May this day be an initial step into a life-long love of God – Father, Son and Holy Spirit.

May they know that they can turn to you for comfort, guidance and wisdom as they grow into full discipleship.

Thank you for their goodness.

May their receiving of these Sacraments inspire all of us to cherish God's love in our lives and in our hearts.

Amen



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From the Principal:

~ October 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
25th	26th	27th	28th	29th	30th	31st
		3.15pm Gr 5/6 Bookclub		10am Strings program 1.30pm Band program	2.15pm Assembly	
Prep - Grade 1 Intensive Swimming Program @ Aquatic Centre						

~ November 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1st	2nd	3rd	4th	5th	6th	7th
	Public Holiday	St Pats staff visit to Gr.6 students going into Gr.7 2016 3.10pm Art Club		10am Strings program 1.30pm Band program	NIJSSA Athletics carnival 2.15pm Assembly	

Please click on the link below to watch our most recent movies!!

<http://www.sacredheartl.tas.edu.au/news-events/video-gallery/>

Including Book Buddies reading and Keep on Moving

REMINDER : BEFORE SCHOOL EXPECTATIONS

- ❖ Mrs. Deb Scott will be at school from 8:00am each school day for any students arriving before 8.30am
- ❖ Students will continue to go to our Presentation Gym.
- ❖ **If a student is here before 8:20am the cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Tuesday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

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The Spirit of Jesus is Alive in:

Prep Hills	Gus Pederson For an outstanding week in prep	Jordan Baker-Law For great work on his story map
Grade 1 Crawford	Sienna Walker For being extremely resilient this week	Aria Spencer For reading beautifully in her reading group
Grade 1 Underlin	Lily Humphreys For her excellent reading	Lily Smith For her awesome work in Maths
Grade 2 Reid	Meg Rickerby For a great start to Term 4	Jasper Jamieson For an excellent presentation about Port Arthur
Grade 2 van Ryn	Lachlan Davern For making very good behaviour choices	Lilia Colgrave For a fantastic effort in spelling this week
Grade 3 Hood	Annaliese Leeflang For consistently working hard in all subjects	William Andrews For a "ready to learn" approach to school
Grade 3 Symons	Zoe Gillow For excellent work in subtraction	Xavier Rawlings For excellent reading comprehension
Grade 4 Hegarty	Abi Talbot For a great start to term 4	Grace Campbell For a great effort with your descriptive writing
Grade 4 Wood	Jorja Rayner For achieving the weeks highest Class Dojo points tally	Cory Guiver For excellent problem solving in Maths James Leake For excellent written responses on BTN stories
Grade 5 McLeod	Mitchell Nicholas For making an enthusiastic start to term 4	Lucy Petrack For writing an entertaining adjective poem
Grade 5 Viney/Badcock	Will Cowley For always putting his absolute best effort into all areas of his learning	Ella Pursell For the detail and effort she puts into her work
Grade 6 Davie	Ally Brown For her kind thoughtful and well spoken speech to Mitch	Thomas Geale For being a Go-Kart
Grade 6 Claessens	Isabella Tys For always considering others and their needs	William Reilly For always being a "team player" and thinking of others

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ANIMALS ON SCHOOL GROUNDS

After we recently advised the below to school staff, it's timely to also share this with the rest of our community.

Did you know... An extract of relevant Tasmanian legislation (Dog Control Act 2000) states:

- (1) A person must not take a dog into –
 - (a) any grounds of a school, preschool, kinder, creche or other place for the reception of children without the permission of a person in charge of the place.

- (2) This section does not apply to –
 - (a) a guide dog that is accompanying a wholly or partially blind person or is in training for that purpose; [There are other exceptions besides just '2a' above.](#)

Your duty... If you wish to bring any animals onsite, prior approval needs to be obtained from the Principal. The Principal may give approval, & may also stipulate reasonable precautions.

The school &/or individuals can be fined up to \$650 for any infringement of the Act.

SACRED HEART NOW HAS AN APP AVAILABLE FOR DOWNLOAD

If you search for "Sacred Heart Launceston" in the App Store (or Android Store) you will find it. Make sure you choose the **Skoolbag** version.

We will be using this app to send timely reminders to parents so when you start it up for the first time please choose "Allow" or "OK" for notifications.

It is important that you go to the "More" or "Alerts" section and **choose "Setup Push Notifications"**. In this area you can select the year levels that your children are currently in.

This is useful to ensure you only get notifications relevant to your family.

We hope you will find our new school app to be a great place to access newsletters, policies, photos, Mr Jones' twitter feed and more. You can also use it as a handy way to notify the school of your child's absence using the "e-form".

Here is a list of current features in the app...

- Push Notifications – Get Important School News instantly
- Choose only the alerts and information relevant to you
- Read the Newsletter – All the latest newsletters are available inside the app.
- Keep up with our Twitter Feed – All Mr.Jones' Twitter Posts are located in the app.
- Report Absences – You can send an email directly to the school using a handy form built into the app. Report your child's illness using a custom made form within the app.
- Important School Information – Keep up with school policies, P&F news, Uniform and Canteen pricing, Photos
- Phone the school straight from the app.
- Keep up with important school calendar dates and events.



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YMCA
Nerf Boot Camp

- Weapon Handling
- Obstacle Course
- Marching
- Fitness Training
- Stealth Mode
- NERF BATTLE

\$8.50

6 WEEKS OF TRAINING & MAYHEM!
Starting Monday 26th October
4:00pm - 5:00pm
Contact us today!

PH: 6344 3844
www.ymcalaunceston.org
like us on facebook



TRAFFIC SAFETY

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.

Planning is underway for the Parents and Friends Market on the Green with 5 stalls already booked. This is a great day for discovering a bargain or two from new and used stalls.



Sunday 15th November on the School Oval from 12 noon.

Stall bookings now available

\$25.00 per trestle table

\$15.00 if own trestle table supplied

To secure your stall booking contact Tracy on 0419 568 598 or email

shsl.pnf@catholic.tas.edu.au

If you would like to support the Market on the Green by sponsoring the BBQ, donating a raffle prize, providing refreshments/entertainment, help on Market day then contact Rebecca on 0418 721 952.

A Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.

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Star Wars Episode VII: The Force Awakens Fundraiser

Be the first to see the highly anticipated Star Wars Episode VII: The Force Awakens when it is released on Thursday 17th December. Catholic Youth Ministry are holding a special viewing of this film at Village Cinemas as a World Youth Day fundraiser. Get all your friends and family together for this epic cinematic reveal and get ready for one brilliant evening! Come dressed for the occasion and be in the running for the best-dressed competition, as well as other give-aways and competitions before the film begins. Tickets are \$30 pp and include: movie ticket, small popcorn and a 600ml drink (as well as chances for give-aways!). This event is being held at Village Cinemas Eastlands and Village Cinemas Launceston. Book your ticket now at: www.cymtas.org.au or by contacting Rachelle Smith on 0400 045 368

KIDS PARADISE

Happy Halloween

THURSDAY 29TH OCTOBER



DJ GAMES PRIZES

Get dressed up and have a family fun night out and support Cormiston Girl Guides. Cafe will be open for pizza and drinks, so come and have a great time. Tickets \$12.50 per child

6-8PM 0474131722



Move Well Eat Well



Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:

- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:

- dancing to music
- backyard play
- chasings or imaginary games with friends



Sport



Dancing



Chasings

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleatwell.tas.gov.au

Department of Health and Human Services Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - Go for your life! Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.



Move Well Eat Well



Cheap, creative ways to play...



Use:

- Cardboard boxes
- Blankets
- Ropes
- Buckets/baskets
- Balloons

Visit and explore:

- Playgrounds
- Parks
- Beaches
- Reserves



Try:

- Balancing
- Climbing
- Jumping
- Chasing
- Hopping
- Rolling

For more information and for family ideas on healthy eating and physical activity visit:
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