

# Sacred Heart School Newsletter



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## From the Principal:

### Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

BeAttitudes: **Be Honest**

<http://MyTermcity.com.au>

I have found myself watching 'I'm a Celebrity Get Me out of Here' more than I wish I did. I find it interesting to see how people are portrayed either through 'select editing' or how they choose to portray themselves knowing that the cameras are there. The situation must be such a 'fishbowl' At the same time it is compelling and frustrating to see how such petty and trivial things escalate into such big issues.

Alternately, how appreciative and grateful they are for small things that we often do not appreciate until we are without them. Aristotle is accredited with the quote "...we are what we repeatedly do. Excellence, then is not an act but a habit." A habit we continue to aspire everyone in and associated with S.H.C.S. to have is an 'Attitude of Gratitude.' The following is taken from an article (Thanks Nat for the link)

**'Make Your Life Better by Saying Thank You .' by James Clear:**

### ***When you're receiving a compliment.***

*We often ruin compliments by devaluing the statement or acting overly humble. Internally, you might think this prevents you from appearing arrogant or smug.*

*The problem is that by deflecting the praise, you don't acknowledge the person who was nice enough to say something. Simply saying "Thank You" fully acknowledges the person. Getting compliments should be fun and enjoyable, but we often ruin the experience. There's no need to sabotage compliments that come your way. Accept them with grace and enjoy the moment.*

### ***When you're running late.***

*Being late is the worst. It's stressful for the person who is running late and it's disrespectful to the person who is waiting. Most people stumble in the door and say, "Sorry I'm late." Saying "Thank You" turns the tables and acknowledges the sacrifice the other person made by waiting. Thank you for waiting. When we make a mistake, someone else often makes a sacrifice. Our default response is to apologize for our failure, but the better approach is to praise their patience. Thank them for what they did despite your error.*

### ***When you're receiving helpful feedback.***

*Feedback can be very helpful, but we rarely see it that way. The standard reaction is to get defensive. That's a shame because the correct response is to simply say, "Thank You". Nobody likes to fail, but [failure is just a data point](#). Respond to helpful feedback with thanks and use it to become better.*

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## From the Principal:

### ***When you're receiving unfair criticism.***

*Sometimes criticism isn't helpful at all. It's just vindictive and mean. One of the best approaches is to just say thank you and move on. When you thank someone for criticizing you, it immediately neutralizes the power of their statements. If it's not a big deal to you, then it can't grow into a larger argument. Releasing the need to win every argument is a sign of maturity. Win the argument by the way you live your life.*

### ***When someone gives you unsolicited advice.***

*Everybody has an opinion on what you should do and how to do it, or in hindsight what you should have done. I think most people are just trying to be helpful, but hearing someone's opinion about you when you didn't ask for it can be annoying. Just say "Thank You." Pointing out others faults doesn't remove your own.*

' Addressing the people and his disciples Jesus said, 'The scribes and the Pharisees occupy the chair of Moses. You must do what they tell you and listen to what they say; but do not be guided by what they do, since they do not practice what they preach....The greatest among you must be your servant. Anyone who exalts himself will be humbled, and anyone who humbles himself will be exalted.' (Matthew 23 1-12:)

The act of saying Thank you more often, or the act of not saying thank you enough, are actions of habit that either model gratitude or model a lack of gratitude in action. As tough as it is to swallow this is true. The challenge we all face is creating the habits to avoid being scribes or Pharisees.

**Thank you to all our parents working hard in the organising and preparation of our School Fair 18th March**

**Thank you to our teachers supporting the different needs of our students in a positive and encouraging way.**

**Thank you to Fr. Anthony for taking up the position of priest in our Parish and being so open to connecting with the SHCS community.**

## **WELCOME FR. ANTHONY**

This week I welcome Fr. Anthony to our school and Parish of Launceston. Fr. Anthony celebrated our Welcome Mass today and visited our Assembly last week. He is committed to being visible and engaging with our students. He also provides support to Fr. Mark and the workload that he has to meet.



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## From the Principal:

### MYTERN PARENT FACE BOOK PAGE

If you would like to keep learning about MyTern, one way is to connect to the Parent Facebook Page for MyTern. You can access this by searching for MyTerncity through Facebook. This page is not just for parents at SHCS but across Australia.

### SCHOOL FACE BOOK PAGE

Just a reminder for parents that the school set up the Sacred Heart Facebook Page to further enhance sharing critical information with parents, updates, photos of our students in their learning as well as reminders of upcoming events. The page was not set up as a forum for discussion or a place to ask questions that would require answers in a short space of time. As Principal I primarily am the person writing the Twitter and Facebook updates. If there are queries or questions, contact me or contact our office. This would be quicker and more accurate than writing a comment or question out into 'Facebook Land'

### PARENT/CLASS FACE BOOK PAGE

It is great that we have had parents organise and create Facebook pages for parents to connect and get to know each other as well as provide support and information. As raised last year the school asks that if these pages are created that:

- all parents are invited not just some
- teachers are invited to join
- if the name of the teacher is part of the Facebook Page, that the teacher themselves has been asked whether this is ok or not.
- We also really encourage parents to make the most of the social media for information, social events and questions rather than opportunities to write



### NOTES ON CARS

Some parents and staff have had written notes left on the windshields of their cars in the last week. The notes have expressed concerns around cars parking in the right spaces during the allocated times clearly marked on signs. To make it clear the School has not written these notes. Our view that even though we understand the frustrations of parking that are associated with our school, this approach will not bring about improvement only potentially increase tension. If there are concerns or there are cars continually not following the legislated parking please let the school know and we will contact the Council or police if needed.

### CAR PARK UPDATE

Planning is underway for the redevelopment of our Car Park. Consultation with Parish and Catholic care is underway. We are hoping to be able to begin work on the Car Park towards the end of March. We have chosen this time as it is the end of Term 1 just after Easter and only another 8 days until end of Term 1. This minimize's the impact for all stakeholders including parents, Parish and Catholic Care.

### THIS WEEK

<i>Friday 26th Feb</i>	9am Assembly 12:40pm 5 /6 Friday Sport
<i>Monday 29th Feb</i>	Gr. 5 Camp
<i>Tuesday 1st March</i>	Gr. 5 Camp -Matt attending KIndeR/Prep Network Days for teachers - relief in these classes 7:30pm Parent Information Evening ; Sacrament of Reconciliation - Newstead Catholic Church
<i>Wednesday 2nd March</i>	Gr. 5 Camp -Matt attending 1 / 2 Network Days for teachers - relief in these classes
<i>Thursday 3rd March</i>	

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## From the Principal:

### REMINDER - BEFORE SCHOOL EXPECTATIONS

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from 8:00am each school day to supervise any students.
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

### KINDER 2017: IMPORTANT INFORMATION

Catholic Schools in Launceston will have a slightly adjusted process for enrollment of Kinder students for 2017. All schools will hold Parent Information Evenings for prospective parents. Our school will also have an Open Day for any parents interested in seeing how our school operates and functions, in helping them decide whether our school will suit the learning needs of their child. We will still hold the kinder enrollment interviews however these wont go as long as previous years as the Information evening and Open Day will provide many of the questions and answers that parents have.

Please let any friends or family know of the dates below, we will be advertising this dates in parish newsletters and in The Examiner across 2-3 weekends.

**Parent Information Evening March 10th at 7pm at SHCS**

**SHCS Open March 16th Day 9-3pm -any time during this period**




Catholic Primary Schools of Launceston invite prospective parents of 2017 Kindergarten students to Parent Information Evenings.

We encourage parents to attend any information session of potential schools for their child.

Listed below are dates and times for each school. If any further queries please contact individual schools during office hours on numbers provided:

St Thomas More's Catholic School	Wednesday 9th March	7:00pm	6337 7200
Sacred Heart Catholic School	Thursday 10th March	7:00pm	6331 1011
Larmenier Catholic School	Tuesday 15th March	7:00pm	6339 1910
St Finn Barr's Catholic School	Wednesday 16th March	7:00pm	6326 3082
St Anthony's Catholic School	Tuesday 22nd March	7:00pm	6327 3618

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~ March 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>28th</b>	<b>29th</b> Gr 5 Camp	<b>1st March</b> Gr 5 Camp 3.15pm Art Club 7.30pm Information/ Registration evening for reconciliation	<b>2nd March</b> Gr 5 Camp	<b>3rd March</b> 12.45pm Band/Strings Program	<b>4th March</b> 9am Assembly Gr 5/6 Summer Friday Sport	<b>5th</b>
<b>6th</b>	<b>7th</b> Gr 6C Camp	<b>8th</b> Gr 6C Camp 3.15pm Gr5/6 Book Club 6.30pm Board Meeting	<b>9th</b> Gr 6C Camp	<b>10th</b> 12.45pm Band/Strings Program <b>7pm Kinder 2017 Information Evening</b>	<b>11th</b> 9am Assembly Gr 5/6 Summer Friday Sport	<b>12th</b>
<b>13th</b>	<b>14th</b>	<b>15th</b> <b>NIJSSA Swimming Carnival</b> 3.15pm Art Club	<b>16th</b> SHS Open Day for Kinder 2017 Enrolments	<b>17th</b> 12.45pm Band/Strings Program	<b>18th</b> 9am Assembly 	<b>19th</b>
<b>20th</b>	<b>21st</b> 3.30pm Faith Sharing Session 3.30pm @ The Church of Apostles	<b>22nd</b> 3.30pm Faith Sharing Session 3.30pm @ The Church of Apostles 7.30pm P & F Meeting	<b>23rd</b>	<b>24th</b>	<b>25th</b> Good Friday	<b>26th</b>

## RECONCILIATION

Information and registration evening at  
Sacred Heart Church, Newstead  
Tuesday 1st March, 7:30pm

## Uniform Shop News

Open every Thursday 2pm-4pm  
[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

**SCHOOL BANKING FOR 2016 IS EVERY WEDNESDAY**



Webpage: [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

Twitter: @shslton

Facebook: [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email [shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

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## Term Dates Catholic Schools

### 2016

**Term 1 Thursday 4.2.16 to Friday 8.4.16**

**Term 2 Tuesday 26.4.16 to Friday 1.7.16**

**Term 3 Monday 18.7.16 to Friday 23.9.16**

**Term 4 Monday 10.10.16 to Thursday 15.12.16**

**Friday 20<sup>th</sup> May 2016 Student Free day**

### 2017

**Term 1 Thursday 9.2.17 to Thursday 13.4.17**

**Term 2 Monday 1.5.17 to Friday 7.7.17**

**Term 3 Monday 24.7.17 to Friday 29.9.17**

**Term 4 Tuesday 17.10.17 to Thursday 21.12.17**

### 2018

**Term 1 Thursday 8.2.18 to Friday 13.4.18**

**Term 2 Monday 30.4.18 to Friday 6.7.18**

**Term 3 Monday 23.7.18 to Friday 28.9.18**

**Term 4 Tuesday 16.10.18 to Thursday 20.12.18**

The parish now has a blog spot which has links to our weekly bulletin and other information.

blog spot:

[launcestoncatholicparish.wordpress.com](http://launcestoncatholicparish.wordpress.com)



## Lego Challenge 2016

The Tasmanian Brick Enthusiasts Inc. and Brixhibition invite all Primary School students in the Northern Tasmania area to compete in a Lego Competition running in the first term of 2016.

- Each student to have their Lego creation completed and ready for judging by your school by **Monday 21st March 2016**
- Each School to have judged and announce their winning entrant by **Friday 25th March 2016**
- The Winner of your school will win a winners medal and a free pass to Brixhibition at Albert Hall, Launceston
- Each Schools Lego Challenge Winner is invited to display their winning Lego creations, at Brixhibition Launceston on **Sat 11th and Sun 12th April 2016**.
- All Lego Challenge winners displayed at Brixhibition will be judged by Tasmanian Brick Enthusiasts Inc. members

- **Prizes**
  - 1<sup>st</sup> Place \$300 Birchalls Gift Voucher
  - 2<sup>nd</sup> Place \$200 Birchalls Gift Voucher
  - 3<sup>rd</sup> Place \$100 Birchalls Gift Voucher

- Winners and announced at **3pm, Sun 17th April 2016** at Brixhibition
- Application forms and conditions are available from your school

Happy Legoing!



Saturday 16<sup>th</sup> – Sunday 17<sup>th</sup> April 2016  
9:30am – 4:30pm  
Albert Hall, Launceston

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

**If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

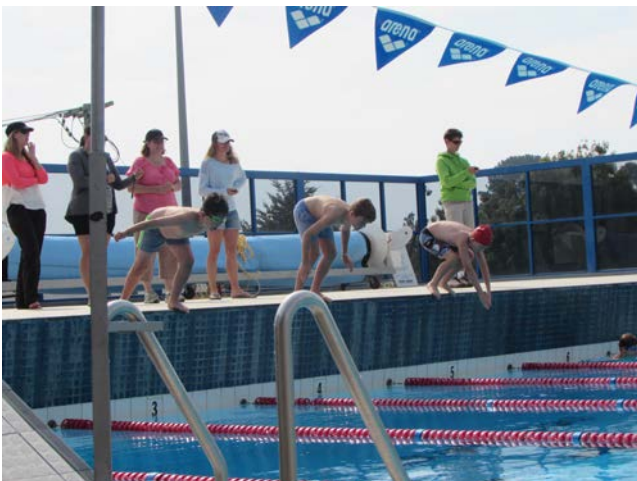
**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

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## SHS GRADE 3-6 SWIMMING CARNIVAL

On Monday the Grade 3-6 students participated in the Sacred Heart Swimming Carnival at the Riverside Pool. Everyone did a fantastic job in the wet weather. Well done to the Grade 3's for finishing your first swimming carnival. We are really proud of Rice House for finishing with the most points. We now look forward to the NIJSSA Swimming Carnival on Tuesday 15<sup>th</sup> March.

By Mia Baldock and Mitchell Nicholas (Rice House Captains)



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## SACRED HEART LEGO CLUB 2016

Please if you have any old or spare Lego to donate to our Lego club that would be fantastic. At the moment we have lots of children wanting to join but not enough Lego for everyone!



**PLEASE HELP US IF YOU CAN**

## GR 5/6 FRIDAY SPORT ROSTER 26TH

<i>Sport &amp; Venue</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>
<b>T-Ball</b> St Anthony's & Scotch Oakburn	Div 1 <b>Sharon Krushka/</b> St A	Div 2 <b>Jane Foster/ Sarah Viney</b> SOC				
<b>Super 10's</b> Faulkner Park	Div 1 Team A <b>Simone Ross</b>	Div 1 Team B <b>Michelle Madden</b>	Div 2 <b>Tony Claessens/ Sam Williams</b>			
<b>Super 6's</b> NTCA	Team1 <b>Anna Davie</b>	Team 2 <b>Monica Cini</b>	Team 3 <b>Matt Heather</b>	Team 4 <b>Liz Illingworth</b>	Team 5 <b>Tracy Jones</b>	Team 6 <b>Teresa McLeod</b>
<b>Hard Ball Cricket</b> St Anthony's & Windsor Park	<b>SHS1 Andrew Cowley/ Matt Jones</b> St A	<b>SHS2 Greg Symons/ Julian Davie</b> Windsor Park				

## GIRLS WINTER DRESSES - ORDER NOW

To ensure winter tunics and skirts are available for term 2 orders are now required. Winter tunics and skirts are **ONLY AVAILABLE** by **PRE ORDER** - our supplier cannot fill late orders.

### Winter Dresses

**Tunic** (Prep- Gr 2) **\$130.00** green tartan skirt with detachable bib

**Skirt** (Gr 3-6) **\$122.00** green tartan skirt only

Order forms are available at the school office and in the uniform shop.

Prep girls will bring home an order form this week.

A minimum \$50.00 deposit to be paid at time of ordering.

Please leave your completed order form and deposit at the school office or uniform shop - **NO LATER** than the **3RD of MARCH 2016**.

Some second hand tunics and skirts are available (limited sizes) in the uniform shop for sale. Other winter uniform items e.g. shirts, tights etc will be available in the uniform shop and do not need to be pre ordered.

For enquires phone Kelly Cox 0400 128 200 or Rebecca Millwood 0418 721 952.

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## The Spirit of Jesus is Alive in:

Prep Hills	<b>Lily Mercer</b> Welcome to Sacred Heart! <b>Layla Wines</b> Welcome to Sacred Heart!	<b>Mauve Rickerby</b> For great listening this week <b>Max Robinson</b> For being a great listener
Grade 1 Murphy	<b>Jeremy Churchill-Bakes</b> For excellent ideas during recount writing	<b>Ivy McCullagh</b> For being a respectful class member
Grade 1 Crawford	<b>Giarna Acquarola</b> For always trying her very best at school	<b>Jasper Lee</b> For outstanding work in Maths this week
Grade 2 Reid	<b>Emily McMullen</b> For being a great friend and always ready to help others	<b>Lucas Mineall</b> For great listening this week
Grade 2 van Ryn	<b>Stella Freeman</b> For showing great understanding in science	<b>Tyler Scolyer</b> For being a kind and generous class member
Grade 3 Hood	<b>Jasper Jamieson</b> For excellent vocabulary use in reading groups	<b>Ella Long</b> For being an independent worker in our class
Grade 3 Symons	<b>Lilia Colgrave</b> For kindness to others	<b>Harry Costello</b> For helpfulness to others
Grade 4 Hegarty	<b>Kate Rigby</b> For always putting in your best effort with every task	<b>Max Roney</b> For excellent work in Maths this week
Grade 4 Wood	<b>William Andrews</b> For your good work in Mathematics on Place Value	<b>Oliver Baldock</b> For your excellent results and sportsmanship in the SHS Swimming Carnival
Grade 5 McLeod	<b>Isobel Steven</b> For amazing talent at swimming	<b>Ryan Leonard</b> For writing excellent paragraphs
Grade 5 Viney/Sydes	<b>Elina McCormack</b> For her great attitude to, and participation in, all activities this week	<b>Barnaby Jones</b> For his enthusiasm and effort in all school activities so far this year
Grade 6 Davie	<b>Ben Armour</b> For a positive start to grade 6, keep up the good work!	<b>Reece Crocket</b> For a positive attitude in reading
Grade 6 Claessens	<b>Ella Pursell</b> For making a great start and showing a great attitude toward her work	<b>Lucie Slevac</b> For working hard and giving of her very best

# Sacred Heart School Newsletter



**18th of March, 5 - 8pm**

## Announcing - 2016 Class Stalls

**Kinder - Lucky dip & Popcorn**

**Prep - Plant & Produce & Craft Stalls**

**Grade 1 - White Elephant & BBQ Stalls**

**Grade 2 - Cake Stall, Chips & Calamari & Crazy Hair**

**Grade 3 - Face Painting, Ice Creams & Drinks & Chocolate Wheel**

**Grade 4 - Fairy Floss & Festival Foods Stalls**

**Grade 5 - Treasure Chest & Fair Bags**

**Grade 6 - Lucky Envelopes, Beer & Wine Stall, Chocolate Wheel**

### WHITE ELEPHANT STALL

We want your trash to turn into someone else's treasure. Please bring in your excess, games, crockery, books, DVDs, CDs, homewares etc.

Donated goods can be left in the foyer of the Presentation Hall

### CHOCOLATE WHEEL

We need donations to make the Chocolate Wheel a success. Prizes can be toys, gift lines, vouchers for restaurants, shops, car services, hairdressers, beauty therapies etc. the possibilities are endless. Prizes can be for adults or children. Please donate now to help make the Chocolate Wheel a success in 2016. Donations can be left at the school office or with class teachers.

# Sacred Heart School Newsletter



**18th of March, 5 - 8pm**

## FAIR SPONSORS & DONORS 2016



**Jenna's Hair Design**

### FAIR RAFFLE 2016

1st prize: \$400 Coles/Myer gift voucher

2nd prize: \$300 Tint A Car voucher donated by  
Tint A Car

3rd prize: Schwinn Gremlin 16" bicycle rrp  
\$199.95 donated by Geard Cycles

4th prize: Boags Brewery Tour family pass value  
\$126 donated by Tracy & Darren Harvey

Books will come home in the next weeks

### Sign up Rosters

Rosters will be on classroom  
doors next week

PL



# Sacred Heart School Newsletter

## SHS School Fair

### Food Stall Convenor Update - Fair Friday 18th March 2016

3 weeks to go - it's all hands on deck now!!

All the food stalls now have convenors and the class allocation has been done so keep your eye out for volunteer rosters - entertainment and food stalls need parent help for them to be successful so please pop your name down on your class roster. Make a night of it - get a group of friends together and schedule yourselves onto a stall at the same time - it makes the night a lot of fun!

Next week, we will be sending out a list of items that classes can donate towards the fair. Your assistance in making donations means that the Fair makes more money for the school, which directly benefits our children.

Your support to make this a great fair is appreciated.

Nic Duffy  
0419 115 372

Jo Marsden  
0428 263 949

### CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM LAUNCESTON

THIS MUSIC PROGRAM IS AVAILABLE  
AT YOUR SCHOOL!

Why join another program when you can learn to  
PLAY WITH YOUR SCHOOL FRIENDS?



Would you like more information?  
Would you like an enrolment form?

See your Front Office now or  
visit: [tinyurl.com/nsyd3f3](http://tinyurl.com/nsyd3f3)

JOIN TODAY!



*Sacred Heart Catholic Primary School*

### Birth to 4 Program 2016

Come along to discover, learn and investigate with your child each **Tuesday** during school term.

Sessions will be held in our Kindergarten room from:

9:15am - 11:15am

or

12:45pm - 2:45pm

Sessions will commence on **Tuesday 23rd February**.

Please bring along a hat, a water bottle, a spare set of clothes (so we can have lots of fun) and a piece of fruit to share at snack time.

