

SACRED HEART SCHOOL

NEWSLETTER



Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton**

From the Principal:

'Life may not be the party we hoped for, but while we're here we might as well dance!'

Anon

'Humility is not thinking less of yourself but thinking of yourself less'
C.S. Lewis

Welcome back to our first ever Term 4. It will be a new experience for everyone to adjust to beginning our last term of the school year. Some of the key events and highlights of this term are:

- ✓ Celebration of First Eucharist and Confirmation for some of our students towards the end of this month
- ✓ SHS Validation: our school at the end of this month will have a 3 day validation process. A panel meets with the leadership team, interviews staff and students to provide feedback about how well our school is going in addressing the strategic direction the school is taking
- ✓ Grade 5 Camp
- ✓ NIJSSA Athletics Carnival
- ✓ P & F Trivia Night November 8th in our Presentation Hall
- ✓ SHS Carols
- ✓ End of year activities including Grade 6 Leaver's Dinner
- ✓ Finalising of classes and teachers for 2014.

Welcome and Welcome Back:

We welcome back Jane Hills, Tony Claessens, Adrienne McIntee and John Hood from their long service leave.

We also would like to welcome Miss Lauren Bingley who is on her last practicum teaching experience at our school. Lauren will be teaching on Grade 3 Symons for the next 5 weeks.

It is important that schools support training teachers in placement for practicum experiences. They may be some of the teachers who one day will work in Catholic Education and at S.H.S.

CALENDAR

Term 4: 14/10/13 - 19/12/13

OCTOBER

Thursday 17th

Winning house excursion

Friday 18th

9.00am Assembly

Saturday 19th

Northern Primary School
Basketball Championships

Sunday 20th

Northern Primary School
Basketball Championships

Monday 21st

- Questacon Science Travelling Show K - 6
- 1.30pm Birth - 4 playgroup
- 3.30pm Interschool Athletics team training

Tuesday 22nd

7.30pm Parents & Friends
A.G.M.

Wednesday 23rd

- 10.30am Class Liturgy Prep Hills
- 12.00pm Buddy Mass 1B & 4U

From the Principal: (cont.)

Building Program:

Thank you to parents, students and staff for accommodating the changes in access to the school grounds and gates due to the building program. Things have gone quite smoothly considering the significant work that is being done on the building.

There will be increasing traffic over this term as contractors access the building site for a variety of purposes. I ask everyone to be safe and continue to not try and access the school through the top gate on York Street. For the remainder of the year this is only accessible to people involved with the building program.

Placements 2014:

As written on several of the last newsletters, if parents have any requests for placements of students into classes for 2014 you need to contact, write or email the principal.

It is important that you do not assume that all teachers will be teaching the same grades in 2014 as they are this year. In schools there is often movement as new situations emerge to get the best outcomes for the school and students. It is also important to understand that the school cannot guarantee every request. We spend significant time allocating students across a variety of criteria and maintaining this balance academically, socially, gender, and behaviourally remains our key priority.

First Eucharist and Confirmation:

Our thoughts and prayers continue to be with the following candidates who are preparing for their First Eucharist and Confirmation: Maureen Bawden, Ally Brown, Kalani Ciantar, Ava Connelly, Amelia Cox, Gianne Donovan, Laura Elmer, Billie Hannah, Elizabeth Hannah, Laura Hayes, Kara Hennessy, Ela Iezzi, Georgia Lovell, Anaiya Madden, Jesse Madden, Emma Madden, Oscar Mansell, Eleanor March, Isobelle Mathers, Ella Milwood, William Reilly, Kaitlyn Rice, Jack Ross, Heath Sackley-Akacich, Matthew Saunders, Stefan Tantari and Mia Titmus.

Primary Schools Basketball Championships:

This weekend close to 100 of our S.H.S. students will be competing in the Launceston Primary Schools Basketball Tournament. The number of students alone is outstanding! Thank you to the parents and in particular staff who are taking on coaching roles with our teams. I wish all of the players and coaches all the best.

S.H.S. P & F: Steve Biddulph

On Tuesday 29th October at 7.30pm our School's P & F are hosting Steve Biddulph who will speak on 'The Secret of Happy Children'. I know it can be difficult for some parents to get to evening sessions but I would really encourage parents to try and arrange to be able to attend this session.

P & F Trivia Night:

Friday November 8th we are holding our 2nd P & F Trivia Night. Those that attended last year would agree it was a great night. BYO drinks and nibbles provided. It is a chance to pit your wits against SHS staff who will also have a table at the Trivia Night.

If you can make the event I know it will be a great night.

Summer Uniform:

All students should now be in correct summer uniform having transitioned from winter uniform towards the end of term 3.

This includes hats with all students needing to wear the school hat at recess and lunchtimes.

Some students are beginning to wear the changing elements of the school uniform as we begin this next two year phase of our revised uniform.

The correct school uniform is outlined on our webpage. If parents are unsure, or have any queries, please contact our school office.

SHS Parents and Friends A.G.M.



The annual general meeting will be held on Tuesday the 22nd October at 7.30pm in the staff room. All executive positions will be vacated and the 2013/2014 committee will be elected. Nominations for the 2013/2014 committee can be made at the meeting.

All parents and friends of the school are invited to attend

From the Principal: (cont.)**Ed Alive Software:**

The opportunity to purchase Ed Alive Software has been extended so if anyone has an order can they please be returned to the office by Friday 18th October.

St. Patrick's College Rowing:

We have been asked to officially christen one of St. Patrick's new rowing boats. They have decided to name their new boats after Catholic primary schools that are their main feeder schools. So this Friday the first naming of a new boat 'Sacred Heart' is occurring. It is a positive idea and a recognition of the contribution of our primary schools as the starting point for many students who attend St. Patrick's College.

Cyber Safety:

Below are some useful resources to help with cyber safety for your children at home. We continue to encourage parents to access resources like this to help in supporting your children be safe on line and develop greater understanding of the implications of cyber safety for them.

- ✓ Telstra.com.au/cyber-safety
- ✓ Cybersmart.gov.au/parents.aspx
- ✓ Can download a cyber help button onto your children's devices through: Dbcde.gov.au/helpbutton

Traffic & students safety:

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support, to children watching, of appropriate behaviour.

World Teacher's Day:

This Wednesday Parents and Friends celebrated World Teacher's Day by providing a morning tea for all staff to enjoy. Sacred Heart School is very fortunate to have professional, hardworking and caring staff that work with our children to ensure they receive a quality education in a warm and secure environment. This gesture is to recognise their wonderful work and on behalf of all school families say "THANK YOU". At this morning tea staff also made financial donations to the WEFT program to assist with teacher training in Tanzania.

Leading up to World Teacher's Day last term P & F sent home Stationary Bags inviting families to donate stationary items to support the teacher's in Tanzania. We have had a good response to this inaugural project and thank you very much for your participation. If you still wish to return your bag please return it to your class teacher before Friday October 18th.

Edmund Rice Network Australia Associate School:

The history of our school is embedded in the traditions of Nano Nagle and the Presentation Order as well as Edmund Rice and the Christian Brothers. I am sure there are a few dads who have a history with having attended St. Patrick's Preparatory School.

On Friday 25th October Mr. Chris Smith, National Director of Identity for Edmund Rice Network Australia (ERNA), will visit our school and formalise Sacred Heart as an Associate school of (ERNA).

This allows us to access professional learning and retreat opportunities as well as connect with all schools across Australia who have a tradition linked to Edmund Rice.

Our school is blessed to share traditions of different religious orders and it is important that we continue to 'share the stories' and live out the values and charism of these orders in our school today and into the future.

R E NEWS

Celebrating the Life of Mary in the month of October

The month of October, being the tenth month, is traditionally the month we celebrate and honour the life of Mary, the mother of Jesus and Queen of Heaven.

Number ten is an important number used in the Rosary – a beautiful prayer remembering the life of Mary, whose focus was Christ.

For 2000 years, people have loved Mary and looked to her for guidance because she was the person closest to Jesus. Mary is Jesus' mother and Mary is our heavenly mother, who is with us in many ways now.

We look to Mary's example of compassion, kindness, faithfulness and service.



Mary always listened to God.

May we learn to be quiet enough to listen to God.

Mary helped her family and friends in time of need.

May we learn to reach out to others when they need us.

Mary loved Jesus very much and was very close to him.

May we grow close to Jesus through our love for him.

Mary served God by doing what was asked of her.

May we serve God by following God's will for us.

Helen Halley APRE

RECENT STUDENTS OF THE WEEK

Prep Reid	Olivia Worley For a great rocket story and art work	Jesse McCarthy For a great rocket story and art work
Prep Hills	Archie Cooper For his positive attitude and smile!	Isobel Leake For fabulous journal writing
Grade 1 Crawford	Thomas Mineall For showing a positive attitude to all aspects of school life	Seth Clarke For being an extremely kind class member
Grade 1 Best	Xavier Rawlings For an outstanding term 3	Kate Rigby For an outstanding term 3
Grade 2 Sydes/Weir	Ryan Lovell For a great effort in our Geography challenge	Ruby Howe For being such a helpful class member
Grade 2 van Ryn	Nickolai Miller For displaying a fantastic work ethic	Alex Brown For making a big improvement in his writing
Grade 3 Hood	Amelia Lewis For being a positive person and kind to others	Mia Baldock For being positive and cheerful
Grade 3 Symons	Laura Hodgetts For excellent spelling results	Ewen Cooper For working hard in the presentation of his work
Grade 4 Smith	Eleanor March For Aboriginal Art designs	Ripley Martin For efforts in Science
Grade 4 Underlin	Hannah Sydes For being super resilient and never giving up	Tom Boric For making good choices and sharing his thinking
Grade 5 McLeod/Viney	Eboni Sydes For an outstanding term	Lachlan Mudge For being a friend to all in 5M/V
Grade 5 Illingworth	Amy Pereira For always being happy, helpful and friendly and for being a super worker	Ava Drew For being friendly and helpful and for always GTS's everyone
Grade 6 Claessens	Porschea George For providing her class with endless smiles and a positive attitude	Josh Rigby
Grade 6 Davie	William McLeod For the positive and diligent approach he displays to his work. A terrific term!	Emma Hughes For excellent attitude and her persistence with difficult tasks. A great term!

HISTORY ASSESSMENT by Ally Brown Gr 4S

Aboriginal interview

Most of us know the Europeans came to Australia in 1788 and invaded Aboriginal and Torres Strait Islander land. They brought new animals, new food, new weapons, and certainly new people, but they also brought diseases and changed the way the Aboriginals lived which made big impacts on their health. I have Doctor Barbara Weir with me today and she has done special study on this particular topic so I'm sure she'll tell us some very interesting facts.

Q.1 Can you tell me some of the main illnesses that affected the Aboriginals?

A.1 Oh certainly, there were many diseases that affected the Aboriginals but the main ones were smallpox, measles, influenza, heart disease, whooping cough, cholera, eye irritations, malnutrition, well malnutrition wasn't really a disease but it certainly acted like one, German measles, scarlet fever, venereal disease, kidney disease, tuberculosis, and the common cold.

Q.2. How did Aboriginals catch most of these diseases?

A.2. Mostly through either dirty water supplies or contact with the Europeans.

Q.3. What are some of the new foods that Europeans brought to Australia that impacted on Aboriginal health?

A.3 Well, Europeans certainly had a less healthy life style than the Aboriginals. They brought sugar, which had a big impact on the Aboriginal's teeth, new grains such as wheat and barley, as well as new fruit, vegetables, and nuts. They also brought new baked foods such as bread and biscuits.

Q.4. How did new European animals affect Aboriginal health?

A.4. Oh, the new animals impacted a variety of different ways but there were two main ones: the new animals ate the native animals that Aboriginals relied on for food, and they drank from Aboriginal water supplies, which introduced bacteria which made the Aboriginals very, very sick if they drank from it.

Q.5. Did the Europeans do anything deliberately to make the Aboriginals sick?

A.5. Sort of, they did poison water supplies to get rid of some Aboriginals but other than that I don't think they really meant to, it was just because of the big difference in culture.

Q.6. Did the Aboriginals suffer in any other ways from these diseases?

A.6. Yes they did, they suffered mentally in some ways because of loss of family, friends, tribes and culture.

Q.7 How did European culture effect aboriginal health?

A.7 The Europeans always wanted more land, so, they cleared Aboriginals land so they lost food and water supplies, which led to malnutrition, and that made the Aboriginals sick.

Q.8. Could some Aboriginals have starved because of this?

A.8 Yes, actually starvation was a very big threat to many Aboriginal lives because they could no longer wander freely in search of food.

Q.9 Did European settlement effect Aboriginal children's health?

A.9. Yes, birth rates dropped, as a result of the impacts to health.

Q. 10 Do Aboriginals still have problems with their health today?

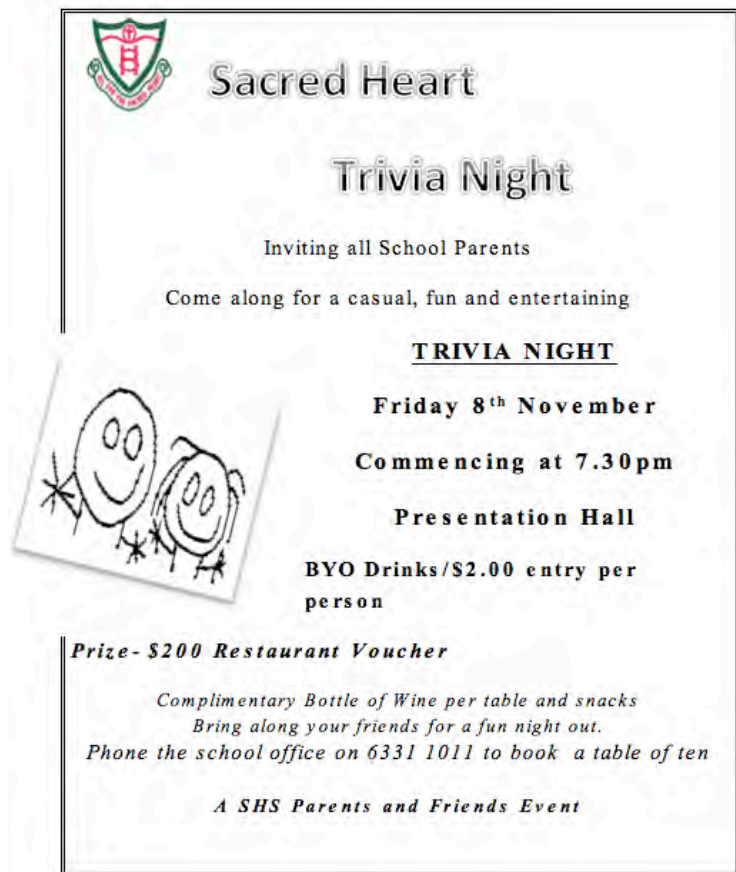
A.10 Yes they certainly do, those problems are alcohol, smoking and drugs, those are big problems even for non indigenous people like you or me.


Thankyou Dr. Barbara Weir for explaining those questions to us.

OUR WEEK IN PICTURES



SCHOOL NOTICES



 **Sacred Heart**

Trivia Night

Inviting all School Parents

Come along for a casual, fun and entertaining

TRIVIA NIGHT

Friday 8th November

Commencing at 7.30pm

Presentation Hall

BYO Drinks/\$2.00 entry per person

Prize- \$200 Restaurant Voucher

Complimentary Bottle of Wine per table and snacks
Bring along your friends for a fun night out.
Phone the school office on 6331 1011 to book a table of ten

A SHS Parents and Friends Event



Sacred Heart Parent and Friends
are proud to present
The Secret of Happy Children
 - a special evening with **Steve Biddulph**
Tuesday 29th October 2013
At Sacred Heart School Presentation Hall
7.15pm for 7.30pm
\$15.00 per person

For thirty years **Steve Biddulph** has been giving talks around the world, helping parents understand the psychology of children. His talks are hilarious, moving, and immediately helpful. 130,000 parents in 17 countries have listened to him speaking live.

Based on his bestselling book of the same name, **The Secret of Happy Children** covers girls and boys from birth to 21, showing you a clear roadmap of what to do and when.

Topics include...

Is my child normal? - the question every parent asks.
 From toddlerhood to teenage-hood - what is going on?
 Understanding your parenting style and what might be missing

Softlove and firm love, and when to use which

Discipline - it isn't what you think

Helping your family to slow down and be happier

Bring a friend or two, and enjoy a good night out that might even change your life.

Steve's books, including *Raising Boys*, *Raising Girls*, *Complete Secrets*, and *Manhood*, will be available for purchase on the night.

Tickets can be purchased online at
<http://www.trybooking.com/DQVU>
or the Sacred Heart School office

on

63 311 011.

We regret that children and babies cannot be admitted to the talks.



Caritas Australia wish to thank Sacred Heart School staff and the school community for efforts in promoting and encouraging student participation in Project Compassion and for the contribution of \$867.40 to Project Compassion 2013.

Thank you

SCHOOL NOTICES

Sacred Heart 140 year celebrations!
(combined with Grandparents Day)
In celebration of 140 years old our
school is having an
OLD FASHIONED DAY
- all things olden but golden!



Wednesday, 13th November

Wear Old Fashioned Clothes ...

e.g.: boys - collared shirt, braces, long shorts or trousers with long socks, cap boots or school shoes

e.g.: girls - collared shirt, long skirt, shawl, gloves, boots or school shoes

As part of our celebrations we will be having olden day activities all day long including classes and games.

In the afternoon, at 1.30, we will be having a special concert with olden day items especially for all our Grandparents.

Please mark this date on your calendars and diaries.

More details to come in following weeks but for now please give some thought to what you could wear (the holidays might be a good time to find some things) and letting Grandparents or Significant Elders you would like to invite know.



Tuesday Book Club *The Last Thirteen* by James Phelan

"I click my fingers and everybody dies. Sam wakes from his nightmare to discover the terrifying reality. It will come true. Kidnapped from school and finding out his parents aren't who he thinks they are, Sam is suddenly running from danger at every turn. Nothing will ever be the same again. With his life and identity shattered, Sam's salvation is tied to an ancient prophecy. He is in the final battle to save the world, up against an enemy plotting to destroy us all. He alone can find the last 13. 13 books. 13 nightmares. 1 destiny"

The next meeting will be **Tuesday 5th November** from 3.15pm - 4.30pm.

Everyone welcome from Grades 5 and 6.

SCHOOL



HATS

\$10.00

Available from the office

2013 TERM DATES

TERM 4 Monday 14.10.2013 to Thursday 19.12.13

2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14

TERM 2 Monday 05.05.14 to Friday 04.07.14

TERM 3 Monday 21.07.14 to Friday 26.09.14

TERM 4 Monday 13.10.14 to Wednesday 17.12.14

EASTER Friday 18.04.14 to Monday 21.04.14

COMMUNITY NEWS

CATHOLIC PARISH OF LAUNCESTON — MASS OF REMEMBRANCE

Thursday, 7th November 2013 at 7.30pm in St Finn Barr's Church, 247 Invermay Road, Invermay

An invitation is extended to everyone who has lost a loved one, especially during the last year to come along to our annual Mass of Remembrance. Relatives and friends are also invited to attend. You may wish to bring a photo or memento of your loved one and there will be an opportunity to place this on the altar during the service if you wish. You are also invited to stay for refreshments after Mass. All are welcome to join in this very special celebration of our faith. For further information, please contact the Parish Office on 6331 4377

ST PATRICK'S COLLEGE COME AND TRY ROWING AND FAMILY FUN DAY!



LEARN TO ROW!

Have you always wanted to row? Do you think you would like to do rowing as a sport when you enter St Patrick's College in Year 7?

Come and enjoy a chance to experience rowing at Lake Trevallyn – Saturday 19th October, 2013 (at the end of Lake Trevallyn Rd) from 8.30-10.30am.

St Patrick's College coaches and senior rowers will be there to assist and greet Year 6's who will be introduced to rowing in boats, have a go on a rowing machine, meet other Year 6 students attending St Pat's in 2014 and enjoy some morning tea.

Parents and families are encouraged to come along! Please contact the Rowing Coordinator with any questions, or to express interest in volunteer rowing coaching an U13 (Year 7, 2014) squad! Contact

steph.wogowitsch@stpatricks.tas.edu.au



Open Invitation

To past staff and students of St Thomas More's Primary School/Marian College and anyone else who would like to visit the school during our 75th Anniversary celebrations on 29 and 30 Nov.

Friday: Open School 9.00am - 4.00pm
Planting of time capsule and tree - 11.15am
Tea, coffee & scones from 9.00am
Sausage sizzle - 12.30pm onwards
Concert inc play about Mary MacKillop and choir - 2.00-3.00pm

Saturday: Open School 4.00 - 6.00pm
Mass at Sacred Heart Church, Newstead, 6.00pm
Supper in the Josephite Hall - 7.00pm

RSVP by 8 November



St Thomas More's Catholic Primary School
Launceston Tasmania

COMMUNITY NEWS

Children's Week



**Saturday 19 October to
Sunday 27 October, 2013**

For more information contact:
Launceston City Council
T: 03 6323 3381 F: 03 6323 3385 I
www.launceston.tas.gov.au



Ken Saunders
President EVOC
6396 6096
kpsaunders@activ8.net.au

COME AND TRY ORIENTEERING

You can start with an orienteering course that is either a pleasant stroll or an easy jog, either alone or in a group, along park tracks, and then progress when you wish to the more demanding courses as your navigating skills and fitness improve. At the event information boards will describe courses which are available and any other information which you need to know. However if you need help ask at the registration desk.

We have people willingly waiting to assist new orienteers.

WHO SHOULD TRY

Primary students,
Secondary students,
Family groups, [Prams and Grand Parents most welcome]
Beginners and the more experienced,
Getting fit or the serious athlete. We have events and courses for **everyone.**

WHAT TO BRING

Sandshoes
Sports clothes [Check weather conditions]
Drink bottle
Compasses [Not required for first session[s] beginners course. Have a go before you buy one]
Small entry fee to cover map printing, control cards and control markers

WANT TO KNOW MORE

Come and watch
Ring the numbers enclosed
Check the website

[http://
www.tasorienteeing.
asn.au](http://www.tasorienteeing.asn.au)



New to Orienteering

NB This is an excellent opportunity for BEGINNERS to come and get a taste of orienteering.

Warren McDonough, Exeter High 63944366 63274161 [h]
437174160[m] warren.mcdonough@education.tas.gov.au

baby & kids
by kids'pet market

Sunday 20th October
9am - 12pm

Launceston PCYC
148 Abbott Street,
Newstead

\$3 Entry
(kids free)

Quality,
pre-loved
baby & kids goods.
Clothes, shoes, toys,
prams, highchairs,
carseats and much
more, at bargain
prices!

www.babykidsmarket.com

MONSTER GARAGE SALE

Saturday 26th October 2013

9.00am onwards
St Albie's Hall, Margaret Street, Launceston
\$15 table

Contact: Libbie on 0458 145 004 or
Giselle on 0419 560 204
To make a booking

A St Patrick's College, Friends of Music Fundraiser

Refreshments available!