

Sacred Heart School Newsletter



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From the Principal:

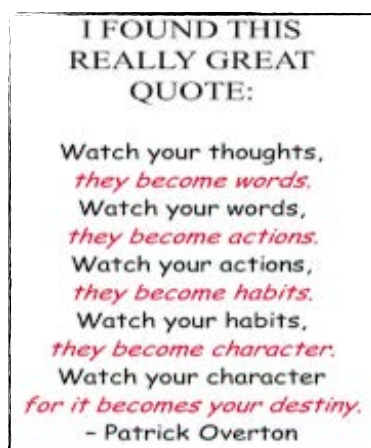
OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

BeAttitudes: *Be a Peacemaker*



Thanks to the grandparent who shared this with me this week:

"Signe Whitson, a child and adolescent therapist, has a timely message for parents and educators: "there is a real need to draw a distinction between behavior that is rude, behavior that is mean and behavior that is characteristic of bullying." In a HuffPost article, she clarifies the way she identifies the difference and asks adults to remember that distinguishing between them allows "teachers, school administrators, police, youth workers, parents and kids all know what to pay attention to and when to intervene."

Whitson's article was prompted by an encounter with a parent, who told her, "Last week, my daughter was bullied really badly after school!" and then went on to describe what Whitson characterized as a benign encounter between playful children throwing leaves. She writes, "While I always want to be careful not to minimize anyone's experience... if kids and parents improperly classify rudeness and mean behavior as bullying -- whether to simply make conversation or to bring attention to their short-term discomfort -- we all run the risk of becoming so sick and tired of hearing the word that this actual life-and-death issue among young people loses its urgency as quickly as it rose to prominence."

So how does Whitson define the differences? Rude, she says, is "inadvertently saying or doing something that hurts someone else." In children this takes the form of social errors like "burping in someone's face, jumping ahead in line, bragging about achieving the highest grade or even throwing a crushed up pile of leaves in someone's face." The critical factor? "Incidents of rudeness are usually spontaneous, unplanned inconsideration, based on thoughtlessness, poor manners or narcissism, but not meant to actually hurt someone."

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From the Principal:

Being mean involves "purposefully saying or doing something to hurt someone once (or maybe twice)." Unlike unthinking rudeness, "mean behavior very much aims to hurt or depreciate someone....Very often, mean behavior in kids is motivated by angry feelings and/or the misguided goal of propping themselves up in comparison to the person they are putting down." And while Whitson agrees that both rudeness and mean behavior require correction, they are "different from bullying in important ways that should be understood and differentiated when it comes to intervention."

Bullying is "intentionally aggressive behavior, repeated over time, that involves an imbalance of power....Kids who bully say or do something intentionally hurtful to others and they keep doing it, with no sense of regret or remorse -- even when targets of bullying show or express their hurt or tell the aggressors to stop." Whitson gives examples of multiple kinds of bullying, including physical and verbal aggression, relational aggression (like social exclusion, hazing, or rumor spreading), and cyberbullying. The key aspect to all of them is the ongoing nature of the behavior, which leaves the victims feeling powerless and fearful.

Whitson is pleased that, in the past few years, "we have collectively paid attention to the issue of bullying like never before; millions of school children have been given a voice.....and thousands of adults have been trained in important strategies to keep kids safe and dignified in schools and communities." As we continue to improve our response to bullying, she asks all adults who interact with children to remember that "a child's future may depend on a non-jaded adult's ability to discern between rudeness at the bus stop and life-altering bullying."

To read Signe Whitson's entire article on HuffPost, visit <http://huff.to/1XIDuIT>.

NIJSSA ATHLETICS CARNIVAL

Tomorrow many of our Grade 3-6 students compete in the NIJSSA Athletics Carnival. The carnival involves all catholic and independent schools within Launceston. We wish all of our students all the best and know that they will give their very best in representing our school.

SWIMMING PROGRAM

Thank you to all parents, staff and students who participated with such positivity and respect during the Prep and Grade 1 five day swimming program. It was great to see students improve in their confidence in swimming, improve their organisation and ability to get dressed and changed as part of the responsibility of doing the swimming program.

REMEMBRANCE DAY

On Wednesday 11th November the school will recognise Remembrance Day. There will be a short reflection including one minutes silence close to 11am recognising the formal signing of the end of World War One.

GRANDPARENTS DAY

This coming Wednesday the 11th November we have our Grandparents Day. Activities will be held between 9-11am on the day. If grandparents and significant others cannot make this time, they are still very welcome any time during the day to share time with their grandchildren.



Grandparents' Day Concert

Hey Grandma & Grandpa, you're invited to step back in time and come along to our groovy concert held in your honour. We'll also have tea, coffee and morning tea for you to enjoy afterwards.

Wednesday 11th November,

Presentation Hall

9am-11am

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From the Principal:

SMART START BANKING WORKSHOPS GRADE 4 & GRADE 6

This Friday our students in Grade 4 and Grade 6 will be involved in workshops around financial literacy and banking. Commonwealth Bank facilitates organising this and is a positive opportunity to help our students begin to develop some financial literacy.



StartSmart

STAFFING 2016

Interviews for ongoing teaching positions and a 12 month limited tenure position for Jaimee Underlin will move to interview stage this coming week. Our school is privileged to have quality teachers who are motivated and willing to be part of SHCS community. The challenge for the interview panel will not be finding a quality applicant rather which quality applicants will unfortunately not win a position.

CYBERSAFETY

Under the Enhancing Online Safety for Children Act, 2015, the Office of Children's eSafety Commissioner, facilitates rapid removal of serious cyberbullying material affecting Australian children. More information for parents can be found at the website

www.esafety.gov.au

Also the following website offers great resources for children and parents:

www.thinkuknow.org.au

Cybersafety is primarily the responsibility of parents, the school while able to manage and support families and students in being aware of cybersafe behaviours, cannot control what happens outside of the school setting.

The above resources support parents to parent their children in the use of social media.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

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1st Annual Sacred Heart Catholic School Grade 3-6 ART EXHIBITION



Come along and view the talented work from our Grade 3-6 Art program and Art club program. Artwork will be exhibited in the Presentation Hall.

17th November 2015

Gold coin donation, OPEN: 3:30-6:00pm

Wine and finger food will be supplied.

Please RSVP to the Office by 10th November.



The Market on the Green has been cancelled for 2016 due to low stall bookings for this year.

Thank you to those who did book a stall and showing support for this event and apologies for any inconvenience caused.

Thank you to Tracy, Sam, Helen, Jennifer and Magriet for volunteering their time to assist with the Market preparations.



SHS 2016 Fair Committee Meeting - Tuesday, 10th November, 7.30pm

Thank you to the parents who have volunteered to join the 2016 SHS Fair Committee. The committee's first meeting will be held next Tuesday in the staff room from 7.30pm. Please come along if you are interested in being a part of the organising committee, your input and ideas are encouraged and welcomed. For further information and enquiries please contact Kelly Cox on 0400 128200 or email coxk13@gmail.com

Fair Stall Conveners

If you are interested in **convening or continuing to convene a Fair Stall** could you please let Kelly know by next **MONDAY** (Nov 9th) so a list of confirmed Stall and Stall Conveners, can be prepared for the new Fair Committee to assist them with planning our school fair.

Sacred Heart School Newsletter

From the Principal:

~ November 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
8th	9th Prep Gymnastics @ 1.30pm	10th 6.30pm Board Meeting	11th Grandparents Day 9-11am Gr.1 Gymnastics @ 1.30pm	12th Development Band Workshop Day @ St Ailbes Prep - Gr.2 Athletics Carnival	13th 2.15pm Assembly	14th
15th	16th Prep Gymnastics @ 1.30pm	17th 7pm Band/Strings info evening for 2016 @ SPC	18th Gr.1 Gymnastics @ 1.30pm	19th 10am Strings program 1.30pm Band program	20th Touch Football gala day Gr 5/6 2.15pm Assembly	21st
Grade 2-4 Intensive Swim						

Please click on the link below to watch our most recent movies!!

<http://www.sacredheartl.tas.edu.au/news-events/video-gallery/>

Including Book Buddies reading and Keep on Moving

Uniform Shop News

The last open day for the Uniform Shop will be Thursday 19th November.

After this date uniform orders will need to be emailed to shs.clothingpool@catholic.tas.edu.au. Last day for orders will be 27/11/2015.

The Uniform Shop will open on January 28th between 10.00-4.00pm for back to school orders.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Tuesday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

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The Spirit of Jesus is Alive in:

Prep Hills	Tamsyn Brock For great work on mapping this week	William Brewer For good work on creating maps this week in prep
Prep Best	Macy Watts For always being a caring friendly and welcoming student to all Thomas Cameron For being brave and having a go at swimming	Grace Martin For a much improved attitude towards her school work Jeremy Churchill-Bakes For being brave and having a go at swimming
Grade 1 Crawford	Harry Cibik For showing so much determination at swimming this week	Elizabeth Hoyland For being a superstar speller
Grade 1 Underlin	Emily Norton For her amazing work in English	Tyler Scolyer For having a positive attitude this week
Grade 2 Reid	Max Powell For great improvement with writing and spelling this week	Averyl Quinn For an enthusiastic approach to all tasks this week
Grade 2 van Ryn	Sebastian Johnston For developing an inquisitive mind	Isabella Olding For displaying great thinking skills and considering different perspectives
Grade 3 Hood	Kate Rigby For use of creativity and imagination in your narratives	Ava Jones For excellent research skills in science and religious education
Grade 3 Symons	Charlotte Cox For her responsible attitude in class	Oliver Hughes For being a good friend to others
Grade 4 Hegarty	Ruby Howe For great improvements with your reading	Shea Nichols For trying your best with every learning task
Grade 4 Wood	Sam Carins For good work on writing persuasive texts	Lauren Wright For excellent work on Patterns & Algebra
Grade 5 McLeod	Mia Baldock For an outstanding prayer reflection task	Ewan Cooper For gaining confidence and giving tricky maths problems a go
Grade 5 Viney/Badcock	Emmanuel Lockley For your outstanding attitude and effort in dance fever	Laura Hayes For always striving to improve and to be your best
Grade 6 Davie	Esmee Morrow For her outstanding presentation about Singapore and her splendid contribution to our food fest	Nieve Halley For another fabulous film, a well developed silent film with many camera techniques used
Grade 6 Claessens	Ava Connelly For seeking help and questioning her work	Wae-Mico Miller For completing more set work and believing in himself

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Our School Sponsor Child

Our school has a sponsor child through the Presentation Sisters. We have been sponsoring him for some time now. His name is Rhay. It was Rhay's 14th birthday yesterday and we are remembering him in our prayers and classes this week.

In the most recent letter from him, he writes a lovely letter to us. I would like to share some of this ...

In this moment, I will tell you my experiences in High School. On the first day of school I felt a little bi nervous because I met new classmates. When the days passed by I gained friends. I felt comfortable because of my good friends. When the preliminary examination and final examination started, I felt slightly nervous but happy. I studied hard and of course I prayed to God that I wish I can pass the exams with no low grades. I received my grades which were absolutely high. I was top 2 in my class. I will study harder so that you, my parents, my uncle, aunt, friends and to my other inspirations will be proud of me. Hope you are safe. God bless you.

I couldn't help but think how similar the feelings are that we collectively share and yet our worlds are so very far apart. Rhay and his family have so very little and yet make the most of all they have and are so appreciative. It's a simple but beautifully inspirational story.

Thank you again to all those who supported Nagle in our House Colours Day where all money raised was sent to Rhay and his community.

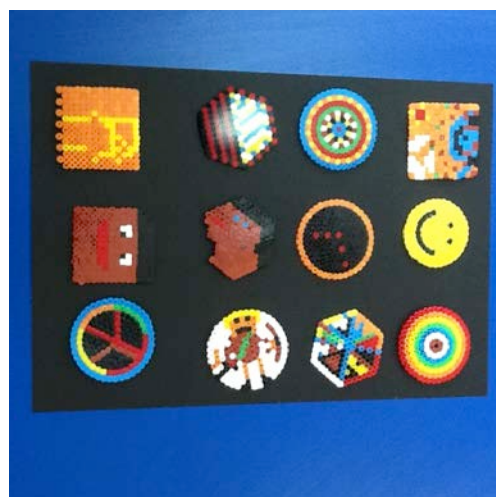
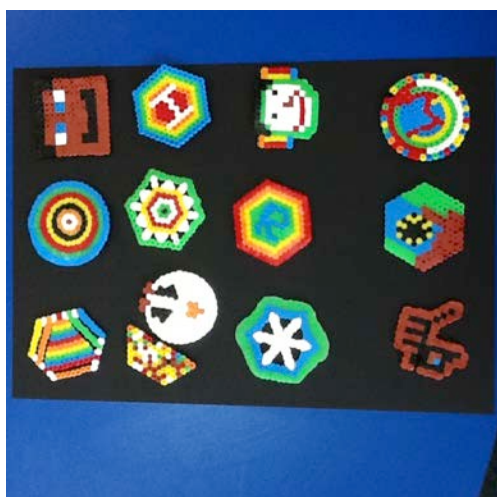
Used Stamps Wanted

The Presentation Sisters also collect used stamps for the missions. Any used stamps, from all places including Australia, can be dropped off at the School or Parish office where they will be forwarded on.



Grade 3 Symons Bead Art

In Grade 3 Symons we have been creating bead art. Mrs Beety bought the bead art kit and Rachel helped us create the designs. The beads were very tiny and it was a fiddly job. The beads were melted together when Rachel ironed over the top of them. They were hard work but worth it in the end. We made lots of ordinal designs. Here are some of them.



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LAUNCESTON CATHOLIC SCHOOLS MUSIC PROGRAM

presents the

13th Annual Concert & Awards Evening

**Friday 27th November 2015
7.00pm
Nano Nagle Gymnasium
St Patrick's College, Launceston**

**Tickets available from your school office
or at the door.**

**Adults: \$5.00
Child: \$3.00 (3-16)**

DONATIONS FOR PREP CUBBY

Dear Parents,

We are designing and building a cubby house in the Prep Hills Project Group. We will be going to the Tip Shop to get some materials for our cubby.

We are also asking if any families have any wood or building materials, nails or screws, curtains or anything that they can donate, please bring them in to Prep.

We will be building on the 24th of November.

Thank you in advance!!

GRADE 6 FOOD FEST

Last Thursday Grade 6 held their food festival which concluded the Countries of Asia unit the children had been studying.

The lunch certainly was a feast, with beautiful and varied foods being sampled and enjoyed by the children. It definitely was a great experience for the children and enjoyed by all. Special thanks to the Mums and Dads who went to so much trouble preparing and organising such beautiful foods. Doing this for the children in amongst your busy weekly schedules and demands was very much appreciated.

Kind regards

Grade 6 Team.



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Jackson Radley - Grade 2 Student

I rode my horses in the Launceston Grand Show and I won. I have qualified for the Grand Nationals. I will be taking my two horses, Cameron and Prickle up to Sydney in March.



Chemistry Laboratory and Australian Maritime College

On Friday the 23rd of October Grade 6 went on an excursion to the Tasmanian University Chemistry Laboratory and Australian Maritime College. We went there to learn about scientific reactions and about survival at sea.

The survival pool was a great experience and was also useful if we were ever stuck in a dangerous situation at sea. Michael and Alpha showed us how to survive in an imaginary storm with thunder and rain coming from the overhead. We were told to climb down the ladders into the life raft. We all had a turn to climb rope ladders and to jump into the pool from a height of about 4 metres.

At the chemistry laboratory Mrs Tyson showed us different chemical and physical reactions. We were then put into groups to conduct our own experiments and decide if the scientific change was a chemical or physical one. It was great to have a turn to work with different chemicals to see the changes.

We greatly enjoyed our time on this excursion and

We would also like to thank all of the parents that helped out.

By Evie Dawkins and Abby Donald

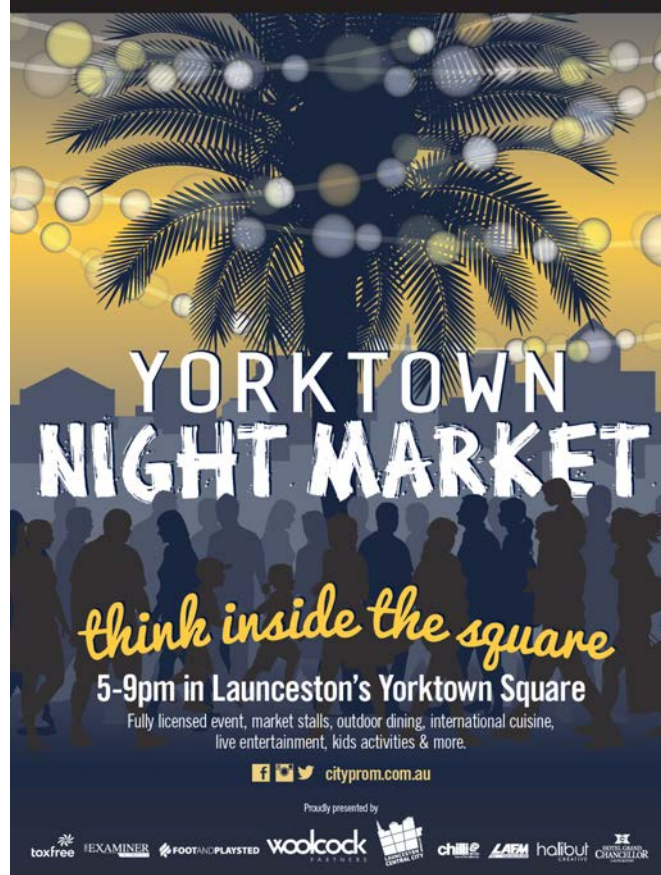


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Star Wars Episode VII: The Force Awakens Fundraiser

Be the first to see the highly anticipated Star Wars Episode VII: The Force Awakens when it is released on Thursday 17th December. Catholic Youth Ministry are holding a special viewing of this film at Village Cinemas as a World Youth Day fundraiser. Get all your friends and family together for this epic cinematic reveal and get ready for one brilliant evening! Come dressed for the occasion and be in the running for the best-dressed competition, as well as other give-aways and competitions before the film begins. Tickets are \$30 pp and include: movie ticket, small popcorn and a 600ml drink (as well as chances for give-aways!). This event is being held at Village Cinemas Eastlands and Village Cinemas Launceston. Book your ticket now at: www.cymtas.org.au or by contacting Rachelle Smith on 0400 045 368

Fridays - 25th Sept • 30th Oct • 27th Nov • 18th Dec



YORKTOWN NIGHT MARKET

think inside the square

5-9pm in Launceston's Yorktown Square

Fully licensed event, market stalls, outdoor dining, international cuisine, live entertainment, kids activities & more.

cityprom.com.au

Proudly presented by

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Move Well Eat Well

Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:

- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:

- dancing to music
- backyard play
- chasings or imaginary games with friends

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

Move Well Eat Well

Cheap, creative ways to play...

Use:

- Cardboard boxes
- Blankets
- Ropes
- Buckets/baskets
- Balloons

Visit and explore:

- Playgrounds
- Parks
- Beaches
- Reserves

Try:

- Balancing
- Climbing
- Jumping
- Chasing
- Hopping
- Rolling

For more information and for family ideas on healthy eating and physical activity visit:

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