

**Online Content:****Website:**[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)**School Email**[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)**Facebook:**[facebook.com/sacredheartl](https://facebook.com/sacredheartl)**P & F email**[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

# NEWSLETTER

**Our P.B.S. Values are:**

Respect for Ourselves  
Respect for Others  
Respect for our Learning

**NIJSSA Swimming  
Carnival  
Thu Mar 27th**

**Book Club  
Fri Mar 28th  
Issue 2 Orders Close**

**P&F Meeting  
Tue April 8th  
7:30-9:00pm**

**Nude Food Day  
Wed April 9th**

**Grade 7 St. Pats  
Applications close  
Thu April 10th  
[Enrolments](#)**

**Last Day Term 1  
Thu April 10th**

**Anzac Day  
Fri April 25th**

**Mother's Day Celebration  
Term 2  
Wed May 7th**

**Lent A Season of Kindness and Reflection**

Dear Families,

As we journey through the season of Lent, we are reminded of the importance of reflection, renewal, and most importantly, kindness. Lent invites us to look inward, to consider how we can be better versions of ourselves, and to extend compassion to those around us.

At Sacred Heart, we are focusing on cultivating a culture of kindness, not just in our words, but in our actions. We are teaching our children the power of a gentle word, a helping hand, and a listening ear. We are also reinforcing the importance of respecting each other's personal space and keeping our "hands to ourselves."

We believe that a safe and caring environment is essential for learning and growth. Therefore, we are working diligently to promote respectful interactions among our students. This includes teaching them how to resolve conflicts peacefully, how to express their needs constructively, and how to understand and respect the boundaries of others.

Lent, in its essence, is a time of giving. We encourage our students to give kindness, give patience, and give understanding. By doing so, we are not only enriching the lives of others but also enriching our own.

Coming up, there are a couple of opportunities for our students to show kindness in action:

- **NIJSSA Swimming Carnival:** Currently, our swim team is participating at this event. At our team meeting on Tuesday, I challenged our students to display kindness by displaying good sportsmanship, by encouraging each other and congratulating those who try their best, particularly those from other schools.
- **Grade 5/6 Basketball Tournament:** is being held this weekend. We wish all our participating students the very best as they represent Sacred Heart with determination and good sportsmanship

We were also pleased to receive some positive feedback from a parent who was assisting at the recent Grade 5/6 Gala Day. Our students "...listened, were polite, competitive and ran all day! I was very impressed."

We hope you will join us in creating a school community where kindness and respect are the cornerstones of our daily interactions.

Let us all strive to be a little kinder, a little more patient, and a little more understanding during this Lenten season and beyond.



## Condolences

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The entire school community extends our sincere condolences to our Principal, Brent Wilson and his family on the death of his father, Andy, who died recently at the age of 85. Andy was an educator within the Education Department, with almost 40 years of experience as a teacher and principal.

During Brent's absence, Anita Mercer (Student Support Coordinator) and myself will be available to assist with any questions or concerns you may have.

We appreciate your understanding and support during this time. We ask that you keep Brent and his family in your thoughts and prayers.



*Eternal rest grant unto him, O Lord,  
and let perpetual light shine upon him.  
May the souls of all the faithful departed,  
through the mercy of God, rest in peace.  
Amen.*

## Parent Survey

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Parent Survey Earlier this week, via Compass, Grade 3-6 families were invited to participate in an important survey designed to help us understand and improve our school environment. Your valuable feedback will play a crucial role in shaping our school's future. Please take the time to complete this survey to help us identify our strengths, address any challenges, and discover opportunities for growth.

## Swimming Captains

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Congratulations to Phoebe Roberts and Travis Liddell who have been selected as our 2025 Swimming Captains. I'm sure they will do a fantastic job at leading our swim team at the NIJSSA Carnival today.

With warm regards,

*Paul*

Paul Mannion  
Deputy Principal





### Early payment Discount - School fees

A 5% discount on the fee component will be given for full payment of school fees made by 30th March 2025. If you choose to pay upfront, please deduct the amount below to the total amount outstanding.

1 Child family early payment discount	\$120.00
2 Child family early payment discount	\$240.00
3 Child family early payment discount	\$360.00
4 Child family early payment discount	\$480.00



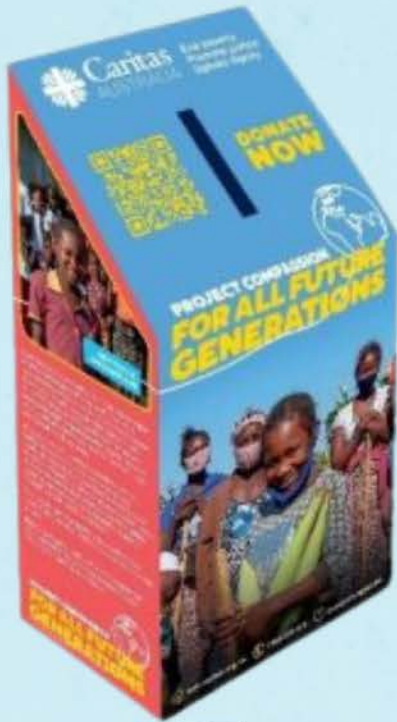
### TABLES 4 SALE

\$5 each

Please contact the office if you are interested.



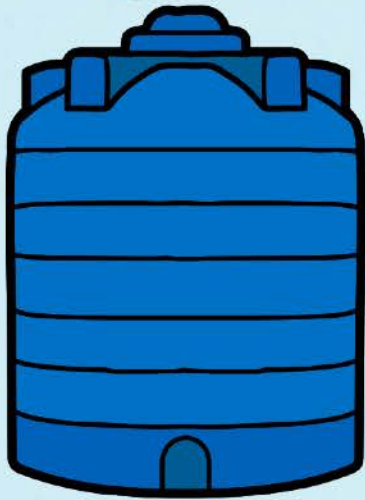
Project compassion is a charitable organization



# Free Clothes Day: Thursday 10th of April

Put money into the box !!

Let's raise money to buy  
water tanks for the  
schools in Samoa that  
don't have enough  
running water.



Bring a gold coin donation  
and wear free clothes  
on the 10 of April -  
with a splash of purple for  
Lent! ❤️

**March 2025**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
23rd	24th	25th	26th	27th Instrumental Band & Strings 8:30am-1pm NIJSSA Swimming Carnival	28th	29th G5-6 BBall
<b>April 2025</b>						
30th G5-6 BBall	31st Assembly 2:05-2:50pm Gr5 SPC Coaching	1st	2nd	3rd Instrumental Band & Strings 8:30am-1pm	4th	5th G3-4 BBall
6th G3-4 BBall	7th Chess Interschool Tournament Gr5 SPC Coaching	8th	9th	10th Instrumental Band & Strings 8:30am-1pm Last Day Term 1	11th Student Free Day	12th
13th	14th	15th	16th	17th	18th	19th
<b>School Holidays</b>						
20th	21st	22nd	23rd	24th	25th	26th
<b>School Holidays</b>						

**2025 Dates**

**March**

NIJSSA Swimming Carnival Thu 27th

**April**

Last Day Term 1 Thu 10th

Student Free Day Fri 11th

Anzac Day Fri 25th

First Day Term 2 Mon 28th

**May**

Mother's Day Celebration Wed 7th

P-Gr2 Cross Country Fri 9th

P&F Meeting Tue 13th

School Photos Tue/Wed 20th/21st

Board Meeting 6:30-8:30pm Tue 20th

Gr3-6 Cross Country Fri 23rd

**2025 Term Dates**

Term 1 Friday 7.2.25 to Thursday 10.4.25

Easter - Fri 18th April - Tue 22nd April

Term 2 Monday 28.4.25 to Friday 4.7.25

Mid Term Pupil Free Day June 6th

Term 3 Tuesday 22.7.25 to Friday 26.9.25

Term 4 Tuesday 14.10.25 to Wed 17.12.25



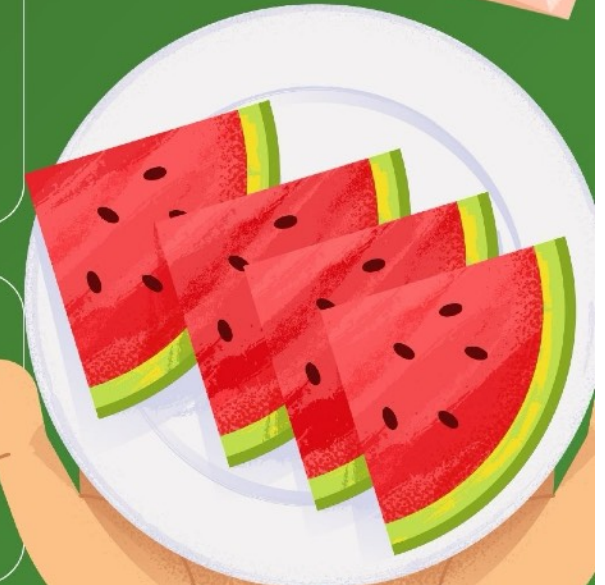


# Nude Food Day

Wednesday  
9th April  
(week 10)



**NO**  
*TO*  
**PLASTIC**



## Details

On Wednesday 9th April SHS will be participating in a Nude Food Day. This promotes sustainability within our school and reduces waste of packaging.



## Pack

- \*Snacks in reusable containers.
- \*Water in a reusable bottle.
- \*Reusable utensils when needed



## Avoid

- \*Food packed in plastic bags, cling film or foil.
- \*Single-use forks or spoons.
- \*Pre-packaged or single serve food items.





## Last Day of Term 1

On our last day of term, **Thursday April 10**, we will be offering Subway orders for First Lunch.

**All orders need to be completed online:**

[app.canteenhub.com.au](https://app.canteenhub.com.au)

**\*\*\*Please make sure you have updated your child's class for 2025.**

It causes a lot of confusion when distributing several hundred orders if the classes aren't correct.

The ordering process is easy, just follow the attached instructions.

Online orders can be completed up until 11pm on Wednesday April 9.

If you have any trouble ordering, please email [emma@canteenhub.com](mailto:emma@canteenhub.com)

**Please do not contact our school office staff with Subway issues and enquiries.**

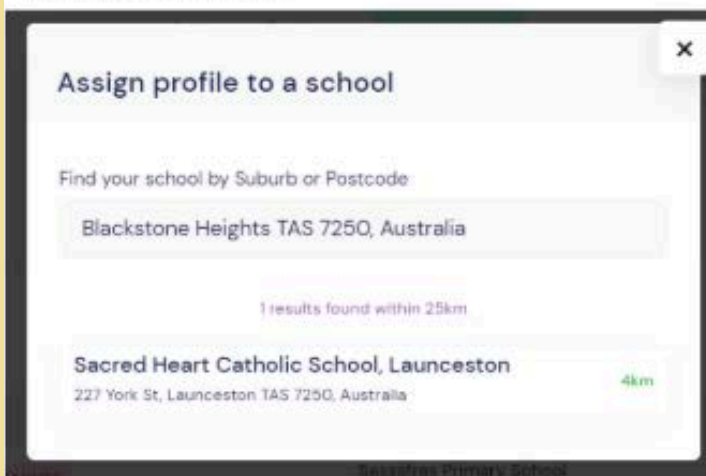


# HOW TO ORDER:

Go to: [app.canteenhub.com.au](http://app.canteenhub.com.au) and create a new account or login to your existing account.

To order you will need to create a profile for each child and assign the profile to our school as per below:

You will need to search by postcode - 7250 - rather than 'Launceston' for Sacred Heart to show up.



Click on Blackstone Heights then Sacred Heart will show up as a nearby school. Choose Sacred Heart then assign your child to their class

Kinder

Prep Red (Prosser)

Prep Green (Wells)

Grade 1 Red (McHarg/Crawford)

Grade 1 Green (Reid/Crawford)

Grade 2 Red (Luttrell/Gregg)

Grade 2 Green (Loone)

Grade 3 Red (Reid)

Grade 3 Green (Gofton)

Grade 4 Red (Bailey)

Grade 4 Green (Lovatt)

Grade 5 Red (Cramer)

Grade 5 Green (Mason)

Grade 6 Red (Illingworth)

Grade 6 Green (Williams)



# Brixhibition 2025 Winners

**Kinder/Prep:**

Louis House - Minecraft Creeper



**Grade 3/4:**

Payton Doddy - Movie World



**Grade 1/2:**

Evie Kuka - Water World



**Grade 5/6 (and Overall SHS Champion)**

Kalen Bassett - Healthy Habits Gym



Kalen's Creation will now be displayed at Brixhibition: April 26/27 at Door of Hope





# Wellbeing Lessons



## GRADE 3 WELLBEING WORKSHOP

Our Grade 3 students had an exciting start to the week with a Wellbeing Workshop. The focus was on Self Belief.

Throughout the day, students learnt what it means to be resilient, confident, persistent and a good friend to others. They explored how these values support us in growing our belief in ourselves, while striving to be the best that we can be.

The day involved games, planning, storytelling and challenges. We explored our emotions and how to connect with others. We talked about our triggers and the tools that can help us to regulate our emotions. We learnt about growing our brains, taking risks and taking on challenges. We also focussed on trusting ourselves and others, as well as giving and receiving compliments.

This work sets a foundation for the wellbeing work that will continue for our Grade 3's this year.

Well done to our students for their respect, enthusiasm and big smiles throughout the day!

Suze Chapple  
Wellbeing Teacher







# KINDER ENROLMENTS 2026 Now Open

Enrolments close 6th June 2025.



Sacred Heart  
Catholic  
Primary School



IGA are kindly donating fresh fruit weekly for students.  
Please support your local IGA store.



### Webinars for Parents and Carers:

[Webinars for parents and carers](#) | eSafety Commissioner

### Parent Resources:

[Resources for communities and families](#) | eSafety Commissioner

[Parent resources](#) | eSafety Commissioner





St Patrick's College Presents

# MIDNIGHT

The Cinderella Musical

**Dates:** Wednesday, April 30 to Friday, May 2 2025

**Venue:** Princess Theatre

**Book:** [www.theatrenorth.com.au](http://www.theatrenorth.com.au) or 6331 0052

Music and Lyrics by

**John Foreman** and **Anthony Costanzo**

with Additional Music and Lyrics by **Kate Miller-Heidke**

Book by **Dean Murphy** and **Pip Mushin**

Licensed exclusively by Music Theatre International (Australasia).



Applications for Year 7, 2026 enrolments are now being accepted and close on Thursday, 10 April 2025. For further information, please contact the Enrolment Registrar at [registrar@stpatricks.tas.edu.au](mailto:registrar@stpatricks.tas.edu.au) or 03 6341 9988.

[www.stpatricks.tas.edu.au/enrolments](http://www.stpatricks.tas.edu.au/enrolments)



St Patrick's College  
LAUNCESTON

SHAPE YOUR  
*tomorrow*



*Happy Hearts 2025*

We have a choice of two sessions each Thursday

**10:00 - 11:30**

or

**12:30 - 2:00**

[2025 Happy Hearts Setup for Success. SHCS Launceston](#)

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts in 2025!  
Beth & Rebecca

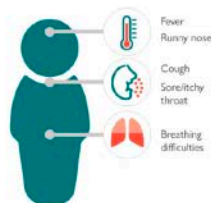
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,  
sore/itchy throat or shortness of breath.

Call your GP or the Public  
Health Hotline 1800 671 738  
to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you  
can travel outside your municipality to have a test.

After being tested, you must self-isolate at home  
until you receive your results.

For more information visit  
[www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)



## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.  
Remember, don't shake hands or exchange physical greetings.  
Wherever possible stay 1.5 metres apart and practise good  
hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)**  
will change regularly. Keep up to date.  
Visit [health.gov.au](http://health.gov.au)

Coronavirus  
(COVID-19)

HELP  
**STOP  
THE  
SPREAD**  
AND STAY HEALTHY



### Clothing Pool Info

Orders can be emailed to

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

and will be left at the school office for collection.

### A reminder of School Uniform for 2025

Kinder to Grade 2 wear sports uniform all year

Grade 3 to Grade 6 wear full school uniform - Summer and Winter

### Uniform Shop News

Soft Shell SHS Jackets

Size 4-8 \$75.00

Size 10-16 \$80.00

This is a soft shell style jacket containing the SHS logo. The current green raincoat style jacket is still available to purchase. Both jackets are an optional item and will not replace the current woollen and rugby jumpers

Please see the Uniform Policy for further information.

- The uniform shop is fully stocked for all your uniform needs.
- Thank you for the second hand uniform donations which are passed onto families or available to purchase in the preloved section of the shop.
  - *Please note that we can only use formal uniform items from size 8 upwards.*
- The updated [SHS Uniform Policy](#) is now available to view on the schools website.
- School hats can be purchased from the office at \$13.00 each.
- Thank you for your continued support throughout 2025

Orders can be emailed or left at the school office.

Email- [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

For further enquiries please contact

Kelly Cox 0400 128 200 or Rebecca Millwood 0418 721 952



**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Uniform Days (2025)**

Kinder to Grade 2 - Sports Uniform All Year

Grades 3&4 (Sports Uniform Wed and Fri)

Grade 5 (Sports Uniform Wednesday and Friday)

Grade 6 (Sports Uniform Thursday and Friday)

**School Times**

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

**2025 Term Dates**

**Term 1 Friday 7.2.25 to Thursday 10.4.25**

**Easter - Fri 18th April - Tue 22nd April**

**Term 2 Monday 28.4.25 to Friday 4.7.25**

**Mid Term Pupil Free Day June 6th**

**Term 3 Tuesday 22.7.25 to Friday 26.9.25**

**Term 4 Tuesday 14.10.25 to Wed 17.12.25**

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

Facebook:

[www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

*S.H.S. Parents and Friends email*

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**Canteen**

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Tuesday February 18th - First Day**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au](http://www.justice.tas.gov.au)
2. Print the "Application Receipt" or write down you reference number.
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**