

Sacred Heart School Newsletter



Phone: 6331 1011

227 York Street, Launceston Tasmania. 7250

Email: shsl@catholic.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

BeAttitudes: *Be Honest*

"More people would
learn from their
mistakes if they
weren't so busy
denying them"

When we are tired, demands professionally and personally are being asked of us that leaves little time to ourselves, our children and students are close to the finish line and ready for rest and holidays, it is tempting to be self indulgent and self absorbed rather than thinking of others and looking outwards. I guess actually most places this time of year can be more stressful or anxious than other times of the year. Yet I think we can often create most of this ourselves!

It is ironic that at this time of year, when the true messages of Christmas should be promoted, we are so busy with the 'doing' and organising and finishing, we forget the 'being' and living out.

Viktor Frankl was a famous Holocaust survivor! His response to surviving the prison camps and atrocity that he witnessed: "....Everything can be taken from a man (woman) but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."

It is as simple and complex as this! We can talk as much as we want, huff and puff about why it isn't the case, or why there are special circumstances that just apply to us and this situation, but in the end we are in charge of what we say and how we respond to any situation. We are in control and we make the choice! Fact! Damn difficult to do but fact!

We have 8 days of school left for this year. 8 days left as a principal, teacher, staff member, parent or student for this year to leave a positive last impression with our class, teacher and colleagues. For the last 8 days be kind to yourselves and to each other! This could be the best present or gift that we can give or receive in this Christmas period.

**SOME PEOPLE
CREATE THEIR
OWN STORMS.
THEN GET UPSET
WHEN IT RAINS.**

Sacred Heart School Newsletter

From the Principal:

CAROLS ON THE OVAL

Wednesday night we held our annual Carols on the Oval. It was fantastic that the weather was kind and families could spread across the oval and share in the Carols sung from our students and classes. Thank you to our students and in particular Mr. Nas for the time and effort put in to sing songs to our families and friends and to each other. As I do each year, I apologise for the quality of the staff item.

LEVIES 2016

We are increasing our levies that you pay with school fees for students in Kinder to Grade 6. The letter was sent out early last week. Rather than having to pay money for things like Camps, Swimming programs, 1:1 iPad program, MJR Journal, Excursions, I.C.T. costs and Dance Fever (every second year) when they come up during the year, they will now be covered through your levy payments. All of these costs will be included in the levies that you can pay off either in full at the start of the year or through installments during the year.

CYBERSAFETY 1:1 iPADS

Earlier this week current Grade 2 parents attended an information session on 1:1 iPads. The parent tips we provided are also a useful reminder to all parents who have students in Grade 3-5. The iPads are school property until students leave at the end of Grade 6. The following are school expectations around using and taking the iPads home:

- iPads are not to be left in bedrooms overnight.
- iPads must be charged in a public area of the house.
- Younger brothers and sisters are not using the iPads.
- Parents need to know the passwords for iPads
- Browsing history cannot be cleared.

THIS WEEK

As we enter the last days of this school year, there are a host of celebrations and activities our students will be participating in. Please if any questions do not hesitate to contact your child's class teacher, if there are some things you are not clear on.

Monday	<u>Volunteer's Morning Tea</u> - any parents who have helped out or volunteered during the year welcome to the morning tea in the staff room - please let the office know if you are attending for catering purposes							
Tuesday	P-2 Picnic B-4 Breakup at City Park 3/4 Excursion 2pm Kinder Halley Nativity Play Presentation Gym							
Wednesday	Gr 6 Kids Paradise Prep Hills Excursion Jailhouse Restaurant							
Thursday	Dance Fever Gala Day: All students to dress in House Colours <table><tr><td>9:15-10:30</td><td>Prep, Grade 1 & Grade 2</td></tr><tr><td>11:30-12:30</td><td>Grade 3 & 4</td></tr><tr><td>12:30-1:30</td><td>Grade 5 & 6</td></tr></table>		9:15-10:30	Prep, Grade 1 & Grade 2	11:30-12:30	Grade 3 & 4	12:30-1:30	Grade 5 & 6
9:15-10:30	Prep, Grade 1 & Grade 2							
11:30-12:30	Grade 3 & 4							
12:30-1:30	Grade 5 & 6							
Friday	Gr 5 Excursion to Airtime 9 - 11am Gr 2 Bike Safety @ SHS							

Sacred Heart School Newsletter

From the Principal:

ORIENTATION DAY

Yesterday many of our Grade 6 students arrived at St. Patrick's to have their Year 7 Orientation. They found out about which class they are in by reading class lists on the wall in the Gymnasium on the day. Where they get allocated is where they have to be!

Yesterday our students found out which classes they were in for 2015. Mostly I am confident responses will be positive, yet it is not surprising that there will be mixed reactions from children and parents. To be direct, these worries will vary from genuine, to valid but difficult to accommodate to a 'first world problem'.

This period is stressful for teachers (and Principals). We do not go out of our way to deliberately choose the most annoying, unfair and unjust outcome to upset parents and children. We are blessed to have choices of classes and teachers at SHS, at the same time there are 450 students across the school, knowing that there is only choice of class A or class B, teacher A or teacher B. Students may nominate which friends they want but the people on this list may not nominate that person back. Teachers may choose a certain teacher because they genuinely believe this will help the student in their learning but knowing it might mean they will not get all the other things they want.. The motivation is still the best interest of the child !

We cannot choose our colleagues and fellow employees in a work place, we cannot choose our parents, relatives or some people who are part of our lives. We can only choose how we go about managing these relationships and controlling our attitude and response to these people. SHS presents a fantastic opportunity for students to have exposure to larger number of students and to develop a broaden friendship group by the end of their time here. This is an invitation that parents need to support their child to take up and for the school to support students to achieve.

I am sure 2015 will be a great year for all students.

A couple of points that I think we all need to understand:

- This process is not perfect, has never promised to be and never will be. It is flawed and therefore bound to not work for some, however it is as rigorous and the efforts of teachers is significant.
- If a student is hearing, being told or has a belief themselves that they won't like a class, won't like a teacher or not enjoy next year. Guess what? That is what will happen. If the attitude is about opportunity not misfortune, about benefits not disappointments then it is more likely (not guaranteed) their Attitude will help determine their altitude!
- Resilience, tolerance, empathy, persistence and diversity are values critical to our school. Education in our view is using opportunities that present themselves as learning moments.

BAND/STRINGS CONCERT

Our students last Friday night represented themselves and our school with pride and commitment. It was great to see their progress, as well as the quality of musicians at St. Patrick's.

FACEBOOK/CLASS/PARENT PAGES

We are aware that there are some parent facebook pages for some of our classes. They are a chance to help connect parents and network and share. We think this is a positive thing and a way to help parents connect with other parents.

If there are Facebook pages for a specific grade it is important from the school's point of view that the following things are in place and happening, that reflect the core values of our community:

1. all parents on that grade are invited to reflect the value of Welcome as a community.
2. if the name of the page includes the name of the teacher on that grade, as a matter of courtesy the teacher is asked if they are comfortable with this before the page goes 'live'.

If there has been an oversight with this, as can genuinely happen, please ensure that points 1 and 2 are followed up.

Sacred Heart School Newsletter

MINI VINNIE'S

Just a short reminder that Vinnie's will once again be running the Christmas Hampers for needy families this year. Your kind donations will ensure that a number of under-privileged families will be having a better Christmas this year. Any non perishable food items or age appropriate gifts would gratefully accepted and collected by our Vinnie's team from classes.

Thanks in anticipation of your kindness.
From the Mini Vinnie's Team.

Classes are collecting for the following families

Prep - Mother, Boy 9, Girl 12

Grade 1 - Mother, Father, Boy 5, Girl 8, Boy 10

Grade 2 - Father, Boy 8, Boy 11

Grade 3 - Mother, Father, Girl 3, Girl 5, Boy 8

Grade 4 - Mother, Boy 2, Boy 5

Grade 5 - Mother, Father, Girl 1, Boy 3, boy 4

Grade 6 - Mother, Father, Girl 4, Girl 6, Boy 8



End of Term 4 Sausage Sizzle

Wednesday 16th December

Sausage/Hamburger orders along with payment need to be given to the class teachers by Wednesday 9/12

Hamburgers \$2.00

Sausages \$1.50



LOST PROPERTY

There are lots of unnamed items in Lost Property – if you are missing any items of clothing, lunchbox's etc, please check the Lost Property before the end of the year, as they will be forwarded to St. Vincent De Paul if left unclaimed at this time.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the

Sacred Heart School Newsletter

From the Principal:

~ December 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
6th	7th 6.30pm Grade 6 Leavers Dinner & Liturgy	8th 9.30-11.30am Birth - 4 Playgroup, Christmas break up at City Park Prep - Gr.2 Excursion to the Tailrace Gr 3/4 Excursion to St Thomas More's 2pm Kinder Halley Nativity Play	9th Gr.6 Excursion to Kids Paradise 10.45 Prep Hills excursion to the Jailhouse Grill 2pm Gr 3 Dance Performance	10th Dance Fever Gala Day 2pm Kinder Nas/Mercer Nativity Play St Pats College End of Year Mass	11th Gr.5 Excursion to Airtime 2.15pm Assembly	12th
13th	14th Gr.3 Pilgrimage Gr 5/6 Gorge Excursion 7pm SHS End of Year Mass	15th 2pm Gr.6 End of Year Awards Ceremony	16th End of Term 4 BBQ & Plain Clothes Day	17th	18th	19th

FROM THE SCHOOL OFFICE

Your final school fee account will be sent out on Monday.
Please make sure you have finalised all payments for 2016 ASAP.
If you have any problems please contact us to arrange a payment plan.

We are moving into a new fee database in 2016.

To help the roll over process could you please notify the office if you have any changes to your address.

Students should have brought home their 2016 booklists from orientation day. If your child has misplaced their booklist please come to the office to get another copy. Our new book supplier is Birchalls.

Uniform Shop News

The Uniform Shop will open on January 28th between 10.00-4.00pm for back to school orders.

shs.clothingpool@catholic.tas.edu.au

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Tuesday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

Sacred Heart School Newsletter

The Spirit of Jesus is Alive in:

Prep Hills	Payton Heyward For great work in Maths this week	Matthew Doran For being a great friend
Grade 1 Crawford	Annabelle Pyke For much improved reading fluency	Jonah Webb For his dedication to home reading this term
Grade 1 Underlin	Luke Hardy For his excellent effort with Show and Tell!	Emily McMullen For always doing her best!
Grade 2 Reid	Charlie Snare For great recording in Science this week	Brodie Gardner For careful and accurate cutting in art
Grade 3 Hood	Annaliese McNeair For great listening skills at our swimming sessions	Oliver Tys For your understanding of five digit addition and subtraction
Grade 3 Symons	Dylan Norton For an excellent effort in swimming	Anaiya Madden For an excellent effort in swimming
Grade 4 Hegarty	Xavier Duffy For having great commitment and dedication towards every work task	Elina McCormack For having resilience and always being positive
Grade 4 Wood	Paige Warren For the genuine kindness and respect you show for your classmates	Sam Carins For your excellent efforts and tremendous progress in English
Grade 5 McLeod	Connor Dobson For outstanding work on our optical art unit	Jaimie Duffy For trying new things
Grade 5 Viney/Badcock	Cooper Warren For his brilliant effort in Maths during our Algebra and Financial Plans work	Amelia Duffy For her eagerness to learn and dedication to improving
Grade 6 Davie	Nieve Halley For being a creative and hardworking member of Grade 6	Thomas McLellan For his creativity with our Drama performances
Grade 6 Claessens	Ella Millwood For being a 'team player' and helping others with their reading	Amelia Cox For her improved confidence and willingness to have a go

Sacred Heart School Newsletter

SHS P&F Twilight Fair - Friday 18th of March 2016, 5 to 8pm

Raffle and Chocolate Wheel Prizes

The Fair Committee is seeking the assistance of school families. We are looking for quality prizes for the Fair Raffle, Treasure Chest and Chocolate Wheel. Prizes suggestions include the donation of goods or services or offering sponsorship to purchase prizes. Our sincere thanks to the school family businesses that have already committed to donate prizes or sponsor a stall. If you are able to help in anyway with prizes or know of someone who may help, please contact Kelly Cox mob 0400 128 200 email coxk13@gmail.com

To allow time for raffle tickets to be printed, raffle prizes must be found by the end of this term.

Plant and Produce Stall

We will again have a plant stall at the 2016 Twilight Fair, anyone with a "green thumb" we would love you to grow some plants or vegetable/fruit produce to sell on the stall. We have 4 short months till our fair, we would love to see what you could propagate in that time. Recycling stations for pots will mostly allow you to take pots to reuse. Cuttings, seedlings, cacti, bulbs etc have all been popular on the stall in past years.

White Elephant Stall

Anyone cleaning out over the school holidays please keep in mind that white elephant stall donations can start rolling once school starts, we would love your trash to turn into someone's treasure. Suggested items include, books, games, toys, DVDs, CDs, computer games, household goods, small furniture items, kitchenwares basically anything saleable. No clothes please (these can be left at the Vinnie's bin in the school carpark)

Together as a school community we can make 2016's Fair a great event for both school families and the wider community.

CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM LAUNCESTON

**THIS MUSIC PROGRAM IS AVAILABLE
AT YOUR SCHOOL!**

**Why join another program when you can learn to
PLAY WITH YOUR SCHOOL FRIENDS?**



Would you like more information?

Would you like an enrolment form?

**See your Front Office now or
visit: tinyurl.com/nsyd3f3**

JOIN TODAY!

Gr 6 ADVERTISEMENTS UNIT

Grade 6 Davie have completed their final English unit for the year. It is incredible how they have developed and improved in all areas. Their work in this unit has been absolutely brilliant. Here are a few samples of their poster advertisements and the imaginative products they have created.

<https://vimeo.com/147670523>

<https://vimeo.com/147670697>

<https://vimeo.com/147670794>

<https://vimeo.com/147670975>

Sacred Heart School Newsletter

Rice

DANCE FEVER GALA DAY THURSDAY 10TH DECEMBER

Young

9.15-10.30 - PREP, GR.1 & GR.2

11.30-12.30 - GRADE 3 & 4

12.30-1.30 - GRADE 5 & 6

DRESS UP IN YOUR HOUSE COLOURS

Nagle



MacKillop

Dear Children and Families

You are cordially invited to celebrate the

Sacred Heart School Community End of Year Thanksgiving Mass

Our Thanksgiving Mass is for children and families here at Sacred Heart School. It is a beautiful and special thanksgiving time for us all. We especially give thanks for our blessings this year and remember those who need our prayers. We give thanks for and wish our Grade 6 students as well as our leaving children and families farewell.

Date: Monday, 14th December

Where: Church of Apostles

At: 7.00pm

We would like all children and families

to be seated by 6.50 please

To wear: School summer uniform

Children may sit with their families unless they are involved in some aspect of the mass.



Sacred Heart School Newsletter

CHESS CLUB

Sacred Heart Chess Tournament

Our annual Sacred Heart Chess Tournament was another big success with an amazing amount of entrants. As always, the competition was very fierce with competitors of all ages battling it out with their peers.

Once again it was great to have so many children from Preps to Gr 6 who gave up their lunch times during the year, which indicates how much interest there is in chess.

As always, all competitors played the tournament with great sportsmanship and it was wonderful to have so many enthusiastic boys and girls playing chess.

Grade Winners:

Gr 1: Luwanna Beeton

R/U: Ethan Ercole

Gr 2: Oliver Viney

R/U: Jack Lehner

Gr 3: Max Roney

R/U: Claudia Kirk

Gr 4: Hayden Gardner

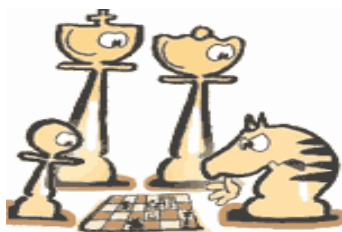
R/U: Sam Barrett

Gr 5: Joseph Mineall

R/U: Will Symons

Gr 6: Joel Pearce

R/U: Nick Collins



Congratulations to everyone!

John Hood – Chess Club co-ordinator

CELEBRATING CHRISTMAS 2015

RECONCILIATION

Monday 21st December

7.30pm St Finn Barr's Church, Invermay

CHRISTMAS EVE

Thursday 24th December

6.00pm Sacred Heart, Newstead Family Mass

6.30pm Church of the Apostles Family Mass

9.00pm Church of the Apostles, Launceston

Midnight Church of the Apostles, Launceston
(Carols from 11.15pm)

Midnight Carmelite Monastery, West Launceston

CHRISTMAS DAY

Friday 25th December

8.30am Carmelite Monastery, West Launceston

9.00am St Patrick's College Chapel, Prospect

9.00am St Finn Barr's, Invermay

10.30am Church of the Apostles, Launceston

No evening Mass on Christmas Day

NEW YEARS DAY

Friday 1st January 2016

7.30am Carmelite Monastery, West Launceston

10.00am Church of the Apostles, Launceston

Can You Help?

Hi, My name is Gaylene Brooks. I live in Launceston and travel to Thailand once or twice a year. I visit orphanages and poor schools for Primary students. I have collected writing aids, sport's equipment, music items, craft items, puzzles, board games and lots, lots more.

I really need help with exercise books, pens, pencils, rulers, crayons and paint brushes (no textas). If anyone would like to donate their used items from this school year or new ones this would be greatly appreciated.

I will also be collecting new toothbrushes. The poor Thai children only receive a new toothbrush every two years or so which leads to very poor dental health.

School uniforms are also needed. If any parents have old uniforms, especially our old style summer dress that they would like to donate.

Thank you for any support or assistance you can give.

Please drop all donations into St Finn Barr's Catholic School office by the end of the school year, for collection.

Sacred Heart School Newsletter

Gymnastics at the PCYC

Students in Prep and Grade 1 have been participating in gymnastics lessons at the PCYC this term. Gymnastics has many benefits for younger students including improving strength, flexibility, speed, balance and coordination. The children have really enjoyed the lessons and have done a wonderful job with the activities.

What I liked about gymnastics:

Ivy McCullagh (Prep) – "I loved jumping on the trampoline"

Callum McNeair (Prep) – "I liked the obstacle course"

Harrison Millwood (Prep) – "My favourite part was when we climbed up the rock wall"

Sienna Walker (Grade 1) – "I liked swinging on the bars"

Max Matthews (Grade 1) – "I liked the rock wall"

Quentin Jones (Grade 1) – "The balance beam and rock wall were my favourite activities"

William Zhu (Grade 1) – "I liked to jump like a kangaroo and jumping on the trampoline"

Emily Norton (Grade 1) – "Doing forward rolls and going on the trampoline was fun"



Tasmania Triathlon Schools Challenge

Last Friday 30 of our students participated in the Tasmanian Triathlon Schools Challenge at Devonport. Everyone performed well in challenging conditions. Congratulations to Hamish McKenzie who won the grade 5 boys individual event and congratulations to our grade 5 boys teams who managed to finish 1st and 2nd. The day was extremely well organised and I'm sure all of our students felt a sense of achievement after completing a triathlon.



Sacred Heart School Newsletter



Christmas Eve Family Mass

Church of Apostles 24th December @ 6.30

Any children who want to be involved in this year's Nativity at the Christmas Eve family mass, we will be having two practices on Tuesday 8th and 15th December in the church after school @ 3.15pm

Please contact Helen Halley if needed @ helen.halley@catholic.tas.edu.au

Birth - 4 Christmas at City Park



Join us for our last B-4 for 2015
Tuesday 8th December

9:30 - 11:30

Please bring along a small plate to share for a Christmas picnic (& a gold coin if you would like a train ride).

Meeting at the playground

Move Well Eat Well

Cheap, creative ways to play...



Use:

- Cardboard boxes
- Blankets
- Ropes
- Buckets/baskets
- Balloons

Visit and explore:

- Playgrounds
- Parks
- Beaches
- Reserves



Try:

- Balancing
- Climbing
- Jumping
- Chasing
- Hopping
- Rolling

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au