

Sacred Heart School Newsletter



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Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (114 families following)

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

"Time is your most precious gift because you only have a set amount of it.

When you give someone your time, you are giving them a portion of your life that you'll never get back.

It is not enough to just say relationships are important; we must prove it by investing time in them.

Words alone are worthless Relationships take time and effort, and the best way to spell love is "T-I-M-E."

— *Rick Warren, The Purpose Driven Life: What on Earth Am I Here for?*

"To everything there is a season, and a time to every purpose under the heaven: A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; a time to heal; a time to break down, and a time to build up; A time to weep, and a time to laugh; a time to mourn, and a time to dance.." Ecclesiastes 3:1-4

Today many of our Grade 6 students had their first day of a further 6 years of High School, their time at S.H.S. is coming to an end. At the same time new kinder students and families are just beginning what we hope will be 8 positive and productive years at S.H.S. Today Miss Alex Hegarty had her first day of teaching at S.H.S. while Mrs Alison Smith will have her last day as classroom teacher at our school in coming days. Last night many students and families simultaneously experienced their first or last Carols on the Oval.

The influence of our school on many young people and their families for over 140 years has been significant. Not all have succeeded in ways they would like or agreed or appreciated what the school has been trying to do for them. Often, like many things in life, it is only in future years where we understand what was happening in these early years of formation.

I hope that the S.H.S. Community is just as much about helping our parents transition and evolve as our children grow, as it is helping the students themselves. High School is different, for parents, it is not going to be the same as the primary school experience. While keeping this the same appeals to me, it is not what is needed. Our Grade 6 students are ready for High School and for a new experience, our work and time is done and the next phase is about to begin.

Our theme for this school year has been *'Living a Thankful Life'*. In particular to all those in our school community who are finishing their time at S.H.S. I hope in the remaining days you make the most of the time left in giving thanks to the people who have shared this experience with you, helped shape it and been part of it. Our Grade 6 students have written thank you cards to specific teachers and staff within our school who made a real impression on them. Having read some of these cards it is humbling to be part of a community who continue to focus on developing young people, not just students, we should all be proud of.

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From the Principal:

Key dates - December

- Monday 8th : 6.30pm** Grade 6 Leavers Dinner - Raymond Ferrall Centre University of Tasmania and Australian Maritime College
- Tuesday 9th : 2pm** Kinder Halley Nativity Play
- Wednesday 10th : 9am-2.30pm** Gr.6 Excursion to the Tailrace
- Thursday 11th : 10am-2.30pm** Gr.5 Excursion Airtime 360 and Mini Golf
- Thursday 11th : 2pm** Kinder Nas Nativity Play
- Friday 12th : 10am - 2pm** Prep - Gr.2 End of year Picnic
- Monday 15th :** Gr.4 Aquatic Centre - End of year celebration
- Monday 15th :** Gr 5 & 6 Gorge Excursion
- Monday 15th : 7pm** Thanksgiving Mass & Gr.6 Graduation
- Tuesday 16th :** Grade 3 Excursion
- Tuesday 16th : 2pm** End of year Assembly - Grade 6 Awards - Farewell to Gr.6 activity
- Wednesday 17th :** Last day for students, Sausage Sizzle and plain clothes day, Gr.6 End of year water fight

Working Bee Sunday 14th December 9am-12pm

PLEASE NOTE THIS IS THE CORRECT DATE

If parents/guardians are planning to come along to the working bee on the 14th December 9-12 pm, it is critical you let the office know if you are coming.

We need to know how many people are coming on the day to work out which jobs and how many of the jobs can be addressed. We don't want to organise things ready for the Sunday and have too many or too few helpers.

New Polo Tops

The new polo tops have arrived. We have decided to wait until the Uniform Shop reopens on January 28th and 29th to distribute the polo tops. This will support the Uniform shop manage this process much more easily. I am really looking forward to seeing the new polo tops being worn by all of our students in starting 2015.

2015 back to School Uniform Shop Opening Hours

Wednesday 28th of January 2015 10am to 2pm

Thursday 29th of January 2015 10am to 2pm

For further information please
email : shs.clothingpool@catholic.tas.edu.au

Kelly 0400 128 200 Rebecca 0418 721 952

P & F Parent Survey

In next week's newsletter we will share the results from the recent P & F Survey. We had over 70 responses which is very positive and some interesting results.

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Mini Vinnie's News

Christmas Hamper Appeal

Baskets will be placed in all classrooms shortly in the hope that they will be filled with a selection of goodies for families in need this Christmas. Each class has been allocated a family to collect for. The St Vincent de Paul Society have been very grateful for the wonderful support of our school community in past years. Hopefully this year will be no exception!

Suggestions for hamper items include: cereals, tin fruits and vegetables, pasta and rice, long life milk and custard, sweet and savoury biscuits, chocolates, Christmas treats and small gifts suitable for young children in allocated families. The appeal will conclude on Wednesday 10th December.

Thank you for your anticipated support.
All the best from the Vinnie's team.



Birth - 4 Program

Monday 8th December - Birth to 4 will be going on an excursion to City Park on the tiger bus. We will be leaving school to walk to the bus stop at 10:15 or you can meet us at Royal Park cenotaph to catch the 10:40 bus. Bring a packed lunch and appropriate weather gear! If it's raining we will just have a picnic at school at 10:15

There will be NO Birth - 4 on the 15th December

Sacred Heart School Fair - 20th of March 2015

Preparations are well under way for the 2015 School Fair. The P&F would like to make this a great event after not running a fair this year. We are calling for **expressions of interest** from families who wish to be involved in or find out more about the school fair – MAKE CONTACT NOW!

If you would like to find out about our fair, or offer suggestions or assistance, please contact:

Kelly Cox by Mob: 0400 128 200 or Email: coxk13@gmail.com.

Ways families can assist include:

- Managing a stall on the night with the assistance of parents from your child's grade
- Donating or suggesting prizes for the raffle or chocolate wheel
- Sponsoring a stall or a spin of the Chocolate Wheel
- Assisting with fair preparations when Term 1 commences
- Ideas for new activities or stalls

Together as a school community we can make the 2015 Sacred Heart School Fair a wonderful event for our school and the wider community. We welcome your ideas and assistance.

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R.E News

Dear Children and Families

You are cordially invited to celebrate the
- Sacred Heart School Community
End of Year Thanksgiving Mass -

Our Thanksgiving Mass is for children and families here at Sacred Heart School. It is a beautiful and special thanksgiving time for us all. We especially give thanks for our blessings this year and remember those who need our prayers. We give thanks for and wish our Grade 6 students as well as our leaving children, families and our staff farewell.

Date: Monday, 15th December
Where: Church of Apostles
At: 7.00pm

We would like all children and families
to be seated by 6.50 please
To wear: School summer uniform

Children may sit with their families unless they are involved in some aspect of the mass.

Advent is here!

It's the season of Advent again. The four weeks of Advent is a special season when we prepare our hearts. We prepare our hearts to receive the good news that God has graced our world with the birth of Jesus.



A symbol of waiting is the Advent wreath. The Advent wreath is in the shape of a circle which symbolizes eternity. The green leaves are a sign of everlasting life. The three purple candles remind us of the reflecting we do as we wait to celebrate Christmas and the pink candle is a sign of the joy that we experience in the coming of Jesus at Christmas. The four candles remind us of the four weeks of Advent and the thousands of years that the world waited for the coming of Jesus. It is a time also of our waiting for Jesus to come; to come into our hearts this Christmas time.

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~ December 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
7th	8th	9th	10th	11th	12th	13th
	<ul style="list-style-type: none"> • 6.30pm-9.30pm Gr.6 Liturgy/Leavers Dinner 	<ul style="list-style-type: none"> • 2pm Kinder Halley Nativity Play 	<ul style="list-style-type: none"> • Gr.6 Excursion to the Tailrace 	<ul style="list-style-type: none"> • 10am Gr.5 Excursion to Airtime & Mini Golf • 2pm Kinder Nas Nativity Play 	<ul style="list-style-type: none"> • 10am early Childhood Picnic Prep-Gr.2 • 2.20pm Assembly 	
14th	15th	16th	17th	18th	19th	20th
	<ul style="list-style-type: none"> • Gr 5 & 6 Gorge Excursion • Gr 4 Aquatic Centre Excursion • 7pm End of Year Thanksgiving Mass • No Birth-4 Program Today 	<ul style="list-style-type: none"> • Reports to Parents • Gr.3 Excursion • 2pm End of year Assembly & Gr.6 Awards 	<ul style="list-style-type: none"> • Term 4 Ends Sausage Sizzle & Plain Clothes day 			

Working Bee Sunday 14th December
9am-12pm

S.H.S. Parents and Friends email
shsl.pnf@catholic.tas.edu.au

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

End of Term 4 Sausage Sizzle

Wednesday 17th December

Sausage/Hamburger orders along with payment need to be given to the class teachers by **Wednesday 10/12**

Hamburgers \$2.00

Sausages \$1.50



Living Christmas Cards for Sale

\$6 for 4 cards

Each card contains special paper that can be planted to grow Australian Native Swan River Daisies

All funds raised go to the P & F

Cards available for purchase at the office



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On Thursday 27th November, I travelled to Devonport to represent Sacred Heart at the 2014 Schools Triathlon Challenge. It was an awesome event with 616 students from 29 primary schools participating from the North and North West. I won the Grade 4 boys race which included a 50m swim, 2.5km ride and 500m run. Hopefully, next year more students from Sacred Heart will participate in the event. You can enter as an individual or part of a team and its loads of fun. More information can be found at www.schoolstriathlonchallenge.com

Hamish Mckenzie

ATWTP

Thursday 27th November

Congratulations to the "Team work makes the Dreamwork" who celebrated ATWTP

Thank you to Mrs.Northeast for making yummy and healthier food

Prep Hills HARRY CIBIK ORLA KELLY	Prep Best MEG KOTYNIA-SOLEY SAM AGELOPOULOS
1 Underlin GEORGIA MILLWOOD ZAC RAYNER	1 Crawford MAX POWELL CASSIDY BOWMAN
2 van Ryn SIENNA DREW ANAIYA MADDEN	2 Reid MOLLY TANTON LUCAS POWELL
3 Hood HAYDEN GARDNER ISABELLA DAVIE	3 Symons SEREYA MILLWOOD-MACKENZIE SAMUEL CARINS
4 Wood MITCHELL NICHOLAS GEORGIA HOYLAND	4 Smith CHARLI STONE AMELIA LEWIS
5 Viney/Sydes ISSY TYS THOMAS FEELY	5 McLeod/Illingworth JONTE ADAMS ELLA MILLWOOD
6 Claessens AMY PEREIRA EBONIE MILNER	6 Davie CHLOE HEATHER ASHLEY RALPH

Key Dates - 2015

January

28th Uniform Shop Open 10am-2pm

29th Uniform Shop Open 10am-2pm

February

5th Term 1 Commences

16th SHS Gr3-6 Swimming Carnival

20th P & F Welcome BBQ

24th 7pm P & F Meeting

March

19th NIJSSA Swimming Carnival

20th SHS School Fair

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Aboriginal Artist - Arthur Conlon

Last Friday Aboriginal artist Arthur Conlon visited our School. Each class went to a workshop for a 40 minute period. Some classes went with their grade buddies while Grade 6 went with their grade 2 buddies and Grade 5 were able to take their Kinder buddies from Kinder Nas.

The workshops were fabulous. Arthur helped every student produce an amazing piece of art. Some classes did Baby Turtles, some classes did Snakes and some classes did a Kangaroo.

It was fantastic that every child was able to consider themselves an artist.

Thanks to Arthur for visiting and for the brilliant, funny and exciting way you taught us to be great at doing Aboriginal art.



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Next year our daily times are changing slightly

Morning block will be from 9-11

Middle block from 11:30-1:30

Afternoon block from 2:00-3:00



We will be encouraging children to eat a more substantial meal at 11:00 (First lunch) and then again at 1:30 (second lunch). The longest period without food is often from breakfast until lunch so this will alleviate this. We will continue with a fruit break at around 10:00.

We believe this will be directly linked to improving children's concentration at the right time of the day. This gives us a 2 hour literacy and numeracy block on most days and a shorter afternoon period to focus on more practical subjects.

We are confident that we can achieve as much in the afternoon block of 1 hour as we currently do in the 90minute block.

Parents may like to do some 'practice' over summer with these eating times to help students cope with the change.

Move Well Eat Well

Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:

- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:

- dancing to music
- backyard play
- chasings or imaginary games with friends

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

MOVE, PLAY AND GO

Sport

Dancing

Chasings

Move Well Eat Well

Less screen time = more time for play!

Screen time is:

- watching TV and DVDs
- playing computer games
- playing electronic and hand held games

Too much screen time can mean less time to be active and play with friends and family.

Turn off the screen and switch to play!

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

TURN OFF, SWITCH TO PLAY

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Arthur Conlon is a 47 year old artist from the Wakka Waak/Kulilla Tribe (South East Queensland).

This painting does not have a title but it represents the mountain ranges, rivers and gathering places. The footprints represent the travelling journey of all.

We chose this painting for the school as we are surrounded by mountain ranges, with our rivers from different directions. We gather here at school as a community of learners, travelling this land, this place together.

The painting can be found in the foyer of the office area.



Does your child want to play basketball in 2015?



Launceston Saints Basketball Club will be holding their Registration clinic and sausage sizzle on February 2nd 2015 at Sacred Heart Catholic school gym

Under 10's and 12's 4:00pm - 5:00pm

Under 14's and 16's 5:00pm - 6:00pm

**Bring your ball and have a bit of fun with other children your age -
sausages will be available for \$2**

**To register your expression of interest or for further information please
email us at launcestonsaints@gmail.com**