

Sacred Heart School Newsletter



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Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (112 families following)

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

From the Principal:

The insert below comes from St. Thomas More's School Newsletter last week. This week we focus sharply on our students who will celebrate the Sacraments this weekend across the Parish.

There is tangible excitement within the Grade 3/4 Grades as a number of our students prepare for their Confirmation and First Eucharist.

A Bit of History

For the first five centuries of the Church's history, the three Sacraments of Initiation: Baptism, Confirmation and First Eucharist, were celebrated together as part of one initiation rite. This was true for adults and children. From the fifth to the thirteenth centuries, infant Baptism then became the norm and Church leaders separated Confirmation and Eucharist from Baptism. This order was then changed again: Confirmation then Eucharist.

Today

In the renewal of the Sacraments, mandated by the Second Vatican Council, the Church was invited to restore the celebrations of the Sacraments of Christian Initiation to their original order of Baptism, Confirmation and Eucharist. This restored order helps us recognise that sharing in the Eucharist completes our initiation into the Church. The Sacrament of Confirmation, prepared for and celebrated together with First Eucharist, initiates the baptized ever more deeply into the Christian mystery of Trinitarian life.

From Pope Francis

"The Eucharist is more than just a mere feast. It's a way to remember Jesus' Passover, a mystery that's central to our salvation. But when we talk about 'remembering' that doesn't mean that it's just a memory. It means that every time we celebrate this Sacrament we become part of the Mystery of His Passion, Death and Resurrection. The Eucharist is the peak of God's Salvation. It's through the Eucharist he explained, that it's possible to be in true communion with the Church. That's why it's key for children to make their First Communion." May 2014

As our Sacramental Candidates finish off their preparation for this upcoming event we pray for God's blessing upon them and that we can support them in this faith journey.



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From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves
Respect for Others
Respect for our Learning

CHECK OUT PINTEREST - SACRED HEART NOW HAVE PINTEREST BOARDS FOR PARENTS TO VIEW AND SHARE

**MARKET ON THE GREEN SUNDAY 9TH NOVEMBER 9:30 – 1:30 PM
ON OUR SCHOOL OVAL- FOOD, DRINKS, WALKATHON FOR STUDENTS AND
STALLS SELLING THEIR WARES.**

10 reminders of why parenting is rewarding:

Parenting can feel unrewarding at times, but sometimes, all we need is a reminder as to why it isn't.

1. You watch your children grow up

We have watched our children grow from little babies who always depended on us to independent children. We have seen the hairs on their heads lengthen, their bodies getting heavier and taller, and watched in awe as they reached developmental milestones.

2. You guide them through new experiences

When children start to learn new things at first they struggle, but then their confidence grows. Remembering the enthusiasm in their faces and excitement at trying something new – makes us feel so happy knowing that we are able to share these new moments with our children.

3. You share in their successes

Encouraging your children to spend extra time on things they may not be particularly interested in, like reading and writing, becomes a celebration when they are rewarded for their efforts by improving their skills and reminds us that we helped them to achieve this.

4. They make you laugh and smile

Stressing and rushing because we are late - take a lesson from our children and be relaxed, sing at the top of your voice in the car, put a massive smile on your face and start laughing.

5. They give you hugs and kisses

Our kids may not be able to solve all our problems for us, but their hugs and kisses remind us that things will be okay.

6. They follow your example

When you see your kids put into practise what you have taught them, it reminds us that what we are doing as a parent is worth it. When our kids say 'please' and 'thank you' without asking, we are reminded that valuing manners is worthwhile. When we see them be kind and loving to others, we know we are setting a good example for them.

7. They make you feel loved and important

As repetitive as parenting can be at times, it's rewarding knowing that someone depends on you, that someone values and appreciates what you do for them.

8. They remind you what's really important in life

It's not easy juggling the responsibilities of being a parent, as well as other responsibilities, but being there for your children and spending time with them is sometimes more important than doing the housework or paying a bill.

9. They make you a better person

Show your kids that you practise what you preach and learn how to be more empathetic, patient, and how to love unconditionally. Every challenge we have ever faced as parents has made us a better person for it.

10. They remind you that one person can make a big difference to someone's life

We have seen the immense impact we can have on just one person's life and it reminds us why it's so important to be kind to each other, to support each other, to love each other. You never know how much your kindness could really change a person's life for the better.

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From the Principal:

PnF Survey

<https://www.surveymonkey.com/s/8H9M7FQ>

Our Parents and Friends Association are very interested in your feedback. If you could spend 5 minutes completing this survey it would be greatly appreciated. You can find a handy link to the survey at the top of the Newsletter page.

Swimming program

For our Prep and Grade 1 classes swimming begins this week. A note was sent out earlier this week letting parents know that our Grade 2 - 4 classes are having their Swimming focus at the Launceston Aquatic Centre this year.

Classes 2015

Any requests by parents need to be communicated to Principal no later than Friday 31st October.

Loose Parts Play

This Friday, work will begin on a loose parts play space at the back of the Grade 6 classrooms, how this space will be used by the students will be lead by them and how they want to use it. The loose parts trailer is nearly completed. We have purchased a shed to house the milk crates and bits and pieces that the students can take out as they please during recess and lunch to use in these spaces creatively and through self direction.

Book lists - 2014

Officemax will once again be organising booklist requirements for the 2015 year and rather than receive a commission on sales we have asked for stationery items to be reduced in costs so that the impact on parents is lessened. Booklists will be sent home with a flyer from Officemax toward the end of November with instructions for the online ordering which, similarly to last year, we ask parent to use. Some changes to last year are as follows:

1. Mandatory and optional products – we have decided to provide options for purchasing certain products as we are aware that many families have ‘extras’ left over from previous years. However some items such as exercise books and levy will be mandatory items
2. Freight charges – there is a set price per family for freight this year. A charge of \$8.95 **per family** will be added to your list/s.
3. Late orders received after 19th December will have a charge of \$18.95 for freight so please be sure to get your orders in early to avoid the extra cost.

When you order you will need to prepay Officemax when you order and payment options will be MASTERCARD, VISA or PAYPAL. Your card will be charged immediately at the time of placing your order and an order confirmation will be sent to your specified email address.

If you have any queries or if this new arrangement for ordering and paying for your backpack does not suit you, or if the additional cost for freight is a problem please contact the school office and we will organise an alternative arrangement for you.

You will have the choice of where you would like to have your backpack mailed during January – the most convenient would be your home address (delivery cannot be made to a PO Box) or alternatively you can have it sent to the school and you can collect it from us from the 27th January 2015 onwards during normal office hours.

We hope that this information helps in preparing you for your ordering when the time comes

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R.E News

This weekend our Parish Community celebrates the Sacraments of Confirmation and First Eucharist. At school we have been supporting these children in prayer as they have been preparing for this special time. Archbishop Julian will be celebrating these Sacraments with the following children from our school. We congratulate these children and wish them every blessing at this time and always.



Abbey Brewer, Alexander Brown, Ava Dowde, Maiya Dowde, Zane Fagan, William Fox, Sophie Illingworth, Isabella Johnston, Alice Jones, Liam Jones, Jayden Jones, Haylie Lehner, Emmanuel Lockley, Hamish McKenzie, Emma McLeod, Lucy Petrack, Xavier Rawlings, Nicholas Saunders, Parker Shea, Charli Stone, William Symons, Grace Wesley, Chelsea Whitchurch, Jenna Williams, Jacob Woolley, Emma Wright and Lauren Wright.

You are very welcome to attend the celebrations on Saturday, 25th at Sacred Heart Church, Newstead at 6.00pm or Sunday, 26th at Church of the Apostles.

Prayer for a Child's Confirmation and First Eucharist

Lord Jesus,

Bless the children coming forward to receive the Sacraments of Confirmation and First Eucharist.

May this day be an initial step into a life-long love of God - Father, Son and Holy Spirit.

May they know that they can turn to you for comfort, guidance and wisdom as they grow into full discipleship.

Thank you for their goodness.

May their receiving of these Sacraments inspire all of us to cherish God's love in our lives and in our hearts.

Amen



HELEN HALLEY - FAITH, MISSION and WELLBEING

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Annie Lee - Care for Africa Visit

I felt very privileged to be part of an inspiring and personal education and health team – Care for Africa. Care for Africa works in the most needy areas of Tanzania in the Tarime area consisting of six districts and around 420 000 people (nearly the population of Tasmania). We did water education programs in two schools and two health clinics with a worm education program. At the clinics we taught the children how to prevent getting worms and discussed the differences between clean and dirty drinking water, played games, did activities and had an all over fun time. At the health clinics the children were treated for many illnesses. At one school 90% of the kinder children (250 kindergarten children) had malaria. Most days there would be 175 kindergarten children with only one teacher.

Thank you so very very much to the Sacred Heart community, parents, students and staff for their support. Backpacks, school bags, drink bottles and sun hats were donated. Grades 2,3, and 6 contributed bags for the orphanage.

Thank you once again Annie Lee



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Parents and Friends News

Tuesday 28th October will be the Parent's and Friends AGM and General Meeting. It will be held in the staff room at 7.30pm and all families are welcome to attend.

At this meeting a new Executive Committee will need to be voted in as all P&F positions become vacant. Positions required to be filled are President, Vice President, Secretary, Treasurer and committee members. Nominations are taken on the night of the meeting and positions are for a 12 month period.

Working on the P&F is a great way to be actively involved in school events, consultations, decision making and making a difference in our school community for the children. It's rewarding, a great way to meet and work with school families and staff.

Parent Involvement is essential without it the work of P&F cannot continue.

Please contact Rebecca on 0418 721 952 if you have any questions regarding these positions and the duties required.

**WALK
IN MY SHOES**

Children who have made shoes for the 'walk in my shoes day' are asked to present their homemade shoes at the assembly this Friday. The children will be asked to parade their shoes and then leave them at the front of the hall. In order to use the activity as a bit of a fundraiser we are asking all the other children to bring a small donation and leave it on the pair of shoes they consider to be the winning pair. The children will be asked to leave their money on the shoes as they leave the assembly. The owner of the pair of the shoes that attracts the most money will be deemed the winner. Prizes will be awarded at the following assembly.

THE CARMEL SHOP

The Carmel Shop at the Carmelite Monastery, 7 Cambridge Street West Launceston has a wide range of religious items and books suitable for gifts for First Eucharist candidates.

The shop is open each Wednesday from 11am - 4pm. For assistance out of these hours please ring Joan 6331 3463

Reminder

School banking is every Wednesday, please hand bankbooks to your class teacher.



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~ October 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
26th	27th	28th • Prep excursion to the Circus School • 7.30pm P & F Meeting AGM	29th	30th • 11.30am Band Program • Prep - Gr.2 Athletics Carnival 1.30-3pm	31st • 9.30am Strings Program • 2.20pm Assembly • Prep - Gr.1 Swimming	1/11

~ November 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
2nd	3rd • Public Holiday	4th	5th	6th • 11.30am Band Program	7th • 9.30am Strings Program • 2.20pm Assembly • Prep - Gr.1 Swimming • NIJSSA Athletics Carnival	8th
9th	10th	11th • 6.00pm Board Meeting	12th	13th • Development Band Workshop @ St.Ailbes	14th • 9.30am Strings Program • 2.20pm Assembly • Prep - Gr.1 Swimming	15th

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

Grandparents Day @ SHS
Wednesday 19th November
9-11am

2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14

TERM 2 Monday 05.05.14 to Friday 04.07.14

TERM 3 Monday 21.07.14 to Friday 26.09.14

TERM 4 Monday 13.10.14 to Wednesday 17.12.14

EASTER Good Friday 18.04.14 to Monday 21.04.14

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 17.12.15

UNIFORM SHOP NEWS

shs.clothingpool@catholic.tas.edu.au

2014 Opening Days

Thursday's 2.00pm - 4.00pm

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Recent students of the week

Prep Hills	Ethan Ercole For amazing listening this week	Harry Cibik For fantastic participation in the first aid program
Grade 1 Crawford	Brodie Gardner For a fantastic effort in writing this week	Christian Doran For always trying his very best and using full stops
Grade 1 Underlin	Jordan Enright For being a claimer and stepping up	Tyler Alexander For being a claimer
Grade 2 van Ryn	Seb Stone For making a big effort to turn his behaviour around and set a great example for his peers	Isla Cooper For a great effort in spelling this week
Grade 2 Reid	Jesse Page For working well and completing all tasks this week	Torie Mansell For working hard on all tasks this week
Grade 3 Hood	Lily Scolyer For her excellent work during Maths groups	Conway Bennetts-Menis For doing a small thing in a great way
Grade 3 Symons	Tito Brown For showing great working out in Maths	Abigail van Nierkerk For terrific recount writing
Grade 4 Smith	Parker Shea For being a WEST person	Laura Hayes For her enthusiasm and effort for her mosaic project
Grade 4 Wood	Ebonie Agostini For her excellent work in Patterns & Algebra	Will Fox For his thoughtful and interesting project on Tasmanian History
Grade 5 McLeod/ Illingworth	Sam O'Shea For a fantastic and motivated start to Term 4	Emma Madden For her impressive descriptive writing
Grade 5 Viney/Sydes	Gabby Brohier For bringing her lovely, positive attitude with her into Term 4	Wae-Mico Miller For making an excellent effort in all areas
Grade 6 Davie	Lachlan Dalton For being a diligent student and always living out the Gospel values	Lachlan Mudge For always Greet, Treating and Speaking. A splendid role model
Grade 6 Claessens/ Thompson	Imogen Beardwood For working really hard and being prepared to voice her very worthwhile ideas in class	Mikaela Petty For always being so helpful and thinking of others in class

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On the weekend around 120 of our students represented Sacred Heart at the Primary Schools Basketball Tournament and played brilliantly. Some children had played before, while others were having a go for the first time. Everyone represented our school admirably, displaying good skills as well as great sportsmanship. Well done to everyone who participated. It really was a great weekend. Thank you to all the coaches, managers and helpers who prepared our children for this tournament and again gave up their time on the weekend. Without you, such a great weekend wouldn't be possible

Julian Davie



5/6 Boys B - Boric



3/4 Girls B - Pederson



3/4 Girls B - Illingworth



5/6 Girls B - Madden



3/4 Girls B - Mcleod



3/4 Girls B - Warren



3/4 Boys B - Leonard



5/6 Girls B - Heather

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5/6 Boys B - van Ryn



3/4 Boys A - Jones



5/6 Girls B Wise-Brown



3/4 Girls A - Baldock



3/4 Boys B - Cowley



5/6 Boys B - Adams



5/6 Girls B - Halley



5/6 Boys B - McLellan



5/6 Boys A - Davie

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Nutrition for life!

Diabetes & Health Research Centre

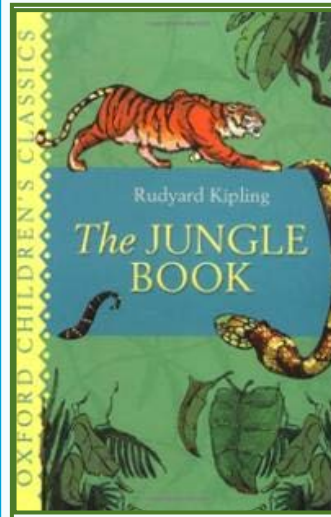

www.DiabetesHealthCentre.com.au

phone 6301 9096

Tuesday Book Club

The JUNGLE BOOK

by Rudyard Kipling



"Led by the lone wolf Akela and the wisdom of respected bear Balloo, the pack stumbles across a baby human. Raised by the pack and by the Law of the Jungle, Mowgli learns to live and fight using cunning and determination. Now with his friends Bagheera and Balloo, Mowgli must confront Sher Khan, the tyrannical lord of the jungle, for the safety of the pack and to uphold the Law. Other stories include: the heroic adventures of Rikki-tikki-tavi a mongoose against the deadly Cobra, a tale of a search by Kotick the White Seal for a safe haven for his kind and the overheard conversation of camp animals by a British soldier conversant with 'beast-talk'.

The next meeting will be **Tuesday 18th November**
from 3.15pm - 4.30pm.

Everyone welcome from Grades 5 and 6.

Move Well Eat Well

Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:



- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:



- dancing to music
- backyard play
- chasings or imaginary games with friends

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleanatwell.tas.gov.au

Department of Health and Human Services

Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - 'Go for your life' Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.



CATHOLIC PARISH OF LAUNCESTON – MASS OF REMEMBRANCE

*Thursday, 6th November 2014 at 7.30pm in
St Finn Barr's Church, 247 Invermay Road,*

An invitation is extended to everyone who has lost a loved one, especially during the last year to come along to our annual *Mass of Remembrance*. Relatives and friends are also invited to attend. You may wish to bring a photo or memento of your loved one and there will be an opportunity to place this at the altar during the Mass if you wish. You are also invited to stay for refreshments after Mass. All are welcome to join in this very special celebration of our faith. For further information, please contact the Parish Office on 6331 4377.

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Come along to the first ever



and

Walk- A-Thon

(Supporting the Grade 5 Charity-Sheltabox)

Sunday 9th November 2014

9.30am to 1.30pm

On the School Oval

Come and grab a bargain from these stalls: Craft, Concrete Pots, Arborne Natural Skin Care, second hand stalls & children's clothing, Herb Planting Kits and Christmas cards, Jellies, Lucky Dips

Buskers, BBQ and Doppio's Coffee

Walk-a-thon registration forms can be collected from the office-
\$2.00 per registration

Trestle table sites still available for \$20-phone Tracy on 0419 568 598 or
email shsl.pnf@catholic.tas.edu.au

Another Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.

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QUILTS IN THE GARDEN

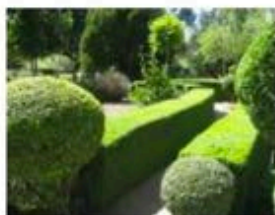
HAWTHORN VILLA CARRICK

Beautifully made Quilts displayed in the Historic 1870's Hawthorn Villa Estate Gardens with National Trust Trees, Hedges, Topiaries, Rustic features. Plant sales & outdoor cafe.



Sat 8th & Sun 9th November
10 AM - 4.30 PM

adults \$6



Quilts by

Devon Patchworkers & Quilters

Raffle Quilt to be drawn 4pm Sunday

Supporting MS Society

