

Sacred Heart School Newsletter



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Email: shsl@catholic.tas.edu.au

From the Principal:

<http://MyTerncity.com.au>

Our P.B.S. Values are:
Respect for Ourselves
Respect for Others
Respect for our Learning
BeAttitudes: **Be Honest**

" I'm sixty two now. I have three more years. I sold heroin. A lot of it. I had forty people working for me. If you were to ask me thirty four years ago what it was going to be like in prison, I couldn't have imagined. It's been the same thing every day. Everyone I care about is gone. My mother passed. My father passed. My brother and sister. If I look backwards, I'll lose my mind. I've just try to keep busy and take it one day at a time. I've done every self-help program in the system. I'm the lead facilitator for the Men of Influence Program. We teach behaviour skills, financial management and entrepreneurship. In the five years that I've been in charge, we've graduated 250 people, and only one has come back to prison. I tell them: ' Don't let me be your future.' And if I could say one thing to everyone who reads this interview. I want to apologize for the harm that I caused. If I could go back in time and correct it, I would. But that's what I've been trying to do for the past 34 years. I grew up in the Baltimore Projects. Everyone that I know had nothing. I was trying to improve my life with the information I had at the time. I grabbed the wrong rope. I'm sorry if I caused generations behind me to go astray. It wasn't my intention to bring pain to the community. And I really think that when I'm released, I can be an asset to society."

(Source: Humans of New York Facebook)

I would love to know what is your immediate response when you read this?

Our young children here at SHCS are trying to do the best they can with the information they have now! Our parents at SHCS are trying to do the best they can with the information they have now!

Our teachers at SHCS are trying to do the best they can with the information they have now!

We are trying to grab the right rope with the information we have now!

We all grab the wrong ropes at times. Our belief here at SHCS is not to ever give up! To not stop trying! If we don't get up each day believing there is still hope to help, then we are in the wrong job, have chosen the wrong school for our children and we need to seriously reevaluate our choices! Hope is the most important gift we can give our children. That tomorrow or the next day things can be different, better. That after 34 years in prison you can make a difference to society!

Please watch this 2 minute video link below - it demonstrates the need for hope and a clean slate each day!

www.youtube.com/watch?v=R45HcYA8uRA

Sacred Heart School Newsletter

From the Principal:

To forgive others not hold a grudge, talk about ideas not talk about people, continuously learn, not think we know it all, have a sense of gratitude not a sense of entitlement, accept responsibility for our failures not blame others for our mistakes and decisions is damn difficult stuff to do well and do often! It is about getting up again tomorrow and trying to be better than yesterday.

I will always challenge myself, every teacher, every parent and anyone associated with our school, that we forgive yesterday, hope for better today and believe in tomorrow. That we will not give up because someone is troubled, too difficult or too demanding. Yes, we must keep working with all to make better decisions. We must support all of our students not just those who are finding things difficult. All children deserve happiness, safety and kindness. We have to wake up tomorrow believing that they will take another step forward. That is what it means to me to be part of a Catholic School Community! It is one of the things that makes my extremely proud to be associated with S.H.C.S.

CAMPS

This week I attended the Grade 5 Camp, in coming weeks I will also attend both Grade 6 Camps. This is a big commitment in time and does make it difficult to meet demands of other aspects of my role. Spending time with our leaders in Grade 5 and 6, our soon to be 'graduates' is important. Getting to see our students in a different setting and getting to know them more personally is pretty important stuff too! On a camp, I will often have more interactions and time talking to some individual students than I would across a term of a year. It is a privilege and humbling to attend these Camps with our students.

SCHOOL FACE BOOK PAGE

Just a reminder for parents that the school set up the Sacred Heart Facebook Page to further enhance sharing critical information with parents, updates, photos of our students in their learning as well as reminders of upcoming events. The page was not set up as a forum for discussion or a place to ask questions that would require answers in a short space of time. As Principal I primarily am the person writing the Twitter and Facebook updates. If there are queries or questions, contact me or contact our office. This would be quicker and more accurate than writing a comment or question out into 'Facebook Land'

PARENT/CLASS FACE BOOK PAGE

It is great that we have had parents organise and create Facebook pages for parents to connect and get to know each other as well as provide support and information. As raised last year the school asks that if these pages are created that:

- all parents are invited not just some
- teachers are invited to join
- if the name of the teacher is part of the Facebook Page, that the teacher themselves has been asked whether this is ok or not.
- We also really encourage parents to make the most of the social media for information, social events and questions rather than opportunities to write 'editorials' or online 'opinion' messages.

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

CAR PARK UPDATE

We are planning to begin the Redevelopment of our Car park on **Wednesday 30th March**. From this point forward there will be limited or no access to the Car Park across the next 5-6 weeks. We will provide more detailed information closer to the start date.

Sacred Heart School Newsletter

From the Principal:

THIS WEEK

<i>Friday 4th March</i>	World Day of Prayer : Grade 4 (some) students representing SHCS at Church of Apostles 9am Assembly 12:40pm 5 /6 Friday Sport
<i>Monday 7th Mar</i>	Grade 6 Claessens Camp
<i>Tuesday 8th March</i>	Grade 6 Claessens Camp- Matt attending
<i>Wednesday 9th March</i>	Grade 6 Claessens Camp- Matt attending
<i>Thursday 10th March</i>	5 /6 teachers at Network Day 7pm 2017 Kinder Parent Information Evening.

REMINDER - BEFORE SCHOOL EXPECTATIONS

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from 8:00am each school day to supervise any students.
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.



Catholic Primary Schools of Launceston invite prospective parents of 2017 Kindergarten students to Parent Information Evenings.

We encourage parents to attend any information session of potential schools for their child.

Listed below are dates and times for each school. If any further queries please contact individual schools during office hours on numbers provided:

St Thomas More's Catholic School	Wednesday 9th March	7:00pm	6337 7200
Sacred Heart Catholic School	Thursday 10th March	7:00pm	6331 1011
Larmenier Catholic School	Tuesday 15th March	7:00pm	6339 1910
St Finn Barr's Catholic School	Wednesday 16th March	7:00pm	6326 3082
St Anthony's Catholic School	Tuesday 22nd March	7:00pm	6327 3618

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~ March 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
6th	7th Gr 6C Camp	8th Gr 6C Camp 3.15pm Gr5/6 Book Club 6.30pm Board Meeting	9th Gr 6C Camp	10th 11.30am Strings Program 12.45pm Band Program 7pm Kinder 2017 Information Evening	11th 9am Assembly 9am SHS Swim team training Gr 5/6 Summer Friday Sport	12th
13th	14th Eight Hour day Public Holiday	15th NIJSSA Swimming Carnival 3.15pm Art Club	16th SHS Open Day for Kinder 2017 Enrolments	17th 11.30am Strings Program 12.45pm Band Program	18th 9am Assembly 	19th
20th	21st 3.30pm Faith Sharing Session 3.30pm @ The Church of Apostles	22nd Gr 6D Camp 3.30pm Faith Sharing Session 3.30pm @ The Church of Apostles 7.30pm P & F Meeting	23rd Gr 6D Camp	24th Gr 6D Camp 11.30am Strings Program 12.45pm Band Program	25th Good Friday Public Holiday	26th
27th	28th Easter Monday Public Holiday	29th Easter Tuesday Public Holiday	30th	31st 11.30am Strings Program 12.45pm Band Program	1st April 9am Assembly	

Please return your Payment Plans to the office ASAP

Uniform Shop News
Open every Thursday 2pm-4pm
shs.clothingpool@catholic.tas.edu.au

SCHOOL BANKING FOR 2016 IS EVERY WEDNESDAY



Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

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Term Dates Catholic Schools

2016

- Term 1 Thursday 4.2.16 to Friday 8.4.16
- Term 2 Tuesday 26.4.16 to Friday 1.7.16
- Term 3 Monday 18.7.16 to Friday 23.9.16
- Term 4 Monday 10.10.16 to Thursday 15.12.16

Friday 20th May 2016 Student Free day

2017

- Term 1 Thursday 9.2.17 to Thursday 13.4.17
- Term 2 Monday 1.5.17 to Friday 7.7.17
- Term 3 Monday 24.7.17 to Friday 29.9.17
- Term 4 Tuesday 17.10.17 to Thursday 21.12.17

2018

- Term 1 Thursday 8.2.18 to Friday 13.4.18
- Term 2 Monday 30.4.18 to Friday 6.7.18
- Term 3 Monday 23.7.18 to Friday 28.9.18
- Term 4 Tuesday 16.10.18 to Thursday 20.12.18



Lego Challenge 2016

The Tasmanian Brick Enthusiasts Inc. and Brixhibition invite all Primary School students in the Northern Tasmania area to compete in a Lego Competition running in the first term of 2016.

- Each student to have their Lego creation completed and ready for judging by your school by **Monday 21st March 2016**
- Each School to have judged and announce their winning entrant by **Friday 25th March 2016**
- The Winner of your school will win a winners medal and a free pass to Brixhibition at Albert Hall, Launceston
- Each Schools Lego Challenge Winner is invited to display their winning Lego creations, at Brixhibition Launceston on **Sat 11th and Sun 12th April 2016**.
- All Lego Challenge winners displayed at Brixhibition will be judged by Tasmanian Brick Enthusiasts Inc. members
- **Prizes**
 - 1st Place \$300 Birchalls Gift Voucher
 - 2nd Place \$200 Birchalls Gift Voucher
 - 3rd Place \$100 Birchalls Gift Voucher
- Winners and announced at **3pm, Sun 17th April 2016** at Brixhibition
- Application forms and conditions are available from your school

Happy Legoing!



Saturday 16th – Sunday 17th April 2016
9:30am – 4:30pm
Albert Hall, Launceston

The parish now has a blog spot which has links to our weekly bulletin and other information.

blog spot:

launcestoncatholicparish.wordpress.com

WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

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Dear Parent/Carer,

Your child is special and loved. But sometimes your child may feel worried, upset, confused, guilty or angry because your family has changed. They may feel out of place or overwhelmed in your new family situation. Or they may be grieving and sad because of a painful loss in your family.

At school we would like to offer time for your child to get together with other children their age and talk about what is happening in their life. This group is called "Rainbows", based on God's promise of the Rainbow after the storm.

If you think your child would benefit from such a program, please fill out the registration form below and return via your child's class teacher or at the School Office or email consent to the email address below.

Please don't hesitate to contact Helen Halley if you require any further information either in person or at helen.halley@catholic.tas.edu.au

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Child's Name _____ Age ____ Class ____

Parent's name/s _____

Parent's signature _____

Please tick appropriate box

- Family member has died
- Parents are separated or divorced
- My child's experience is _____

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SACRED HEART LEGO CLUB 2016

Please if you have any old or spare Lego to donate to our Lego club that would be fantastic. At the moment we have lots of children wanting to join but not enough Lego for everyone!



PLEASE HELP US IF YOU CAN

GR 5/6 FRIDAY SPORT ROSTER 4TH MARCH

<i>Sport & Venue</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>	<i>Parent</i>
T-Ball Scotch Oakburn (Sarah Viney)	Div 1 Shannon Pedersen/ Sharon Krushka	Div 2 Jane Foster/ Craig McLeod				
Super 10's Faulkner Park	Div 1 Team A Simone Ross	Div 1 Team B Sarah Mineall	Div 2 Mac Northeast/ Robert Meek			
Super 6's Faulkner Park	Team1 Anna Davie	Team 2 Tony Claessens	Team 3 Teresa McLeod	Team 4 Liz Illingworth	Team 5 Liz Illingworth	Team 6 Natasha Brewer
Hard Ball Cricket Scotch Oakburn & Broadland Park	SHS1 Matt Jones SOC	SHS2 Craig Fox/ Julian Davie Broadland Park				

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The Spirit of Jesus is Alive in:

Prep Best	Stella Hogarth For amazing effort with her handwriting	
Grade 1 Murphy	William Brewer For showing the 5 L's	Tyler Graham For trying his best with his work
Grade 1 Crawford	Cameron Nicholas For being a Go-Kart this week	Amy Connell For her beautifully neat handwriting
Grade 2 Reid	Lily Smith For being inclusive and caring towards others	Samuel Tyson For developing a good work ethic
Grade 2 van Ryn	Ava Boyle For great attention to detail in her work	Samuel Lindsay For great retention of Science concepts
Grade 3 Hood	James Hogarth For excellent iPad use in Science	Olivia Worley For always being ready to learn
Grade 3 Symons	Oliver Wright For beautiful participation in our Mass Archie Cooper For beautiful participation in our Mass	Breeanna Harper For beautiful participation in our Mass
Grade 4 Hegarty	Mia Goody For having a fantastic attitude towards all aspects of school	Owen Millar For always striving to do your best work
Grade 4 Wood	Alex Zegveld For your excellent efforts in completing your learning tasks	Annaliese Leeflang For your excellent efforts in completing your learning tasks
Grade 5 McLeod	Alexander Brown For great work in science this week	Alexander Luttrell For super paragraph writing
Grade 5 Viney/Sydes	Sam Carins For an outstanding attitude and motivation towards his learning	Marley Pedersen For the effort and commitment she gives to all tasks
Grade 6 Davie	Maddalena Ercole For a positive start to Grade 6. Keep up the good work!	Abbey Brewer For a positive start to Grade 6. Keep smiling!
Grade 6 Claessens	Aidan Krushka For working hard and trying his best	Nicholas Reid For working hard and being thorough in the completion of his work

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Welcome to Post 1 of MYTERN (Take Emotional Responsibility Now)

MYTERN is a powerful communal language that helps students, staff, parents, carers and grandparents handle the daily stressors of life. The effect of minor stressors such as an argument with a friend, a nasty look or nasty word, lower test results than anticipated, not looking good, or not being chosen for a team, can easily go unnoticed, resulting in the development of more serious problems. We cannot eradicate the daily stressors of life.

Therefore, MYTERN, combined with other strategies that we already have in place, will strengthen our community's ability to handle these everyday stressors.

MYTERN focuses on creating emotional intelligence, health and resilience, helping all of us deal with everyday situations (be they positive or negative) in a realistic and practical manner. Like reading and writing, this skill is acquired through daily practice, and is just as essential a skill to master as literacy and numeracy.

That is why it is so important that the language of MYTERN is practised both at school and at home. To help us facilitate this at home, we recommend that you also download the MYTERN App. This will not only help embed the language into your vocab but also assist in applying the skill daily, as the app delivers a message from Monday to Friday at random times within the hours of your choice.

We will also be providing a weekly/fortnightly post, educating our community on what MYTERN is and how we can embed the language in our everyday experiences.

Family Activity: Have each member of your family discuss the everyday stressors that may leave them feeling sad, tired, angry, or frustrated. There are no wrong or right answers. Can you remove any or all of them or are they just a part of life?

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Sacred Heart School Fair



Friday 18th of March - 5pm to 8pm

Only 2 weeks till our Twilight Fair.....

The excitement is starting to build, the donations are arriving, parents are busily working on a delicious menu, raffle tickets are selling, volunteer rosters are up in classrooms, it is all coming together to make 2016's Fair a great night

Fair Ride Wristbands

The Gee Whizzer is back at the 2015 Fair by popular demand. Other rides include two Jumping Castles, a large castle for the children and adults alike to explore and a smaller castle exclusively for younger children (under 5's). A children's Merry go



Round will also be present. Rides can be purchased on the night individually (prices range from \$4 to \$7 a ride) or a ride wristband can be purchased. A Ride

Wristband gives unlimited access to ALL fair rides from 5pm to 8pm. Wristbands can be pre-purchased at a discounted cost from the school office until 4pm Thursday the 17th of March, pre paid wristbands are then collected on fair night. Pre-purchased wristbands cost \$25, Wristbands can be purchased at the fair cost \$30.

Wristbands available for purchase NOW at the office \$25



Prep - tomato sauce (squeeze bottles), white sugar, lemons

Grade 1 - BBQ sauce (squeeze bottles), tartare sauce (squeeze bottles)

Grade 2 - tomato sauce (squeeze bottles), tin tomatoes, lemons

Grade 3 - sweet chilli sauce (squeeze bottles), american mustard (squeeze bottles), lemons

Grade 4 - Paper towel rolls, vegetable oil, lemons

Grade 5 - olive oil spray, maple syrup, lemons

Grade 6 - tomato paste, egg mayonnaise (squeeze bottle), lemons

**Many thanks for the donations received
Donations can be left in your classroom**

Stall Volunteer Rosters

Volunteer rosters are now up outside your child's classroom. Please put your name down for a time slot. Without parents help the stalls can not run on the night. If we can all help for a time then everyone can enjoy the Fair with their families. If you can't come into school to sign up, please **email the school office with your name, child's class and preferred time slot.**

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2016 Fair food options

- BBQ** - Hamburgers \$4
- Sausages \$2
- Hot food stall** - Calamari & Chips \$6.50
- Nuggets & Chips \$5
- Chips \$3
- Ice Cream & Drinks** - ice cream \$1.50
- soft drinks \$2
- Pancakes with berries & ice cream** \$6
- Fairy Floss** \$3

CRAZY HAIR - Grade 2

HELP!!! We need a stall convener to ensure the crazy hair stall can continue. All products are supplied and a roster of helpers will be available. Contact Rebecca, 0418 721 952.

Craft Stall - Grade 1

If you have a special talent, enjoy sewing, knitting or craft making your donations of craft items would be much appreciated. Items can be sent along to

Prep Hills or Prep Best

White Elephant- Grade 1

A very popular stall as everyone is looking for a bargain at the White Elephant Stall. We can never have enough trash and treasure and now is a great time to be cleaning out those cupboards and sorting through those unwanted toys, games and house hold items. Please leave your **donations in the foyer area in the Presentation Hall**. No clothing please. Contact Natasha Brewer 0427958038

Plants/Produce Stall - PREP

Any donations of seedlings, potting mix and planting containers would be much appreciated by the plant/produce stall. If you've been busy making relish, jams or sauces and have some to spare these would be great for the stall. **Donations can be left in Prep or at the school office**. Contact: Beth Rickerby.

Chocolate Wheel - Grade 3 & 6

It's hard to miss the fun and popular Chocolate Wheel raising valuable funds for SHS. If your business or family could donate a prize for the Chocolate Wheel please contact Maree Wright from Grade 3 & 6. **Donations may be left at the school office**. Thank you for your generous help with donations.

Fair Bags-Grade 5

The children love Fair Bags and are good value for money. Donations of fruit boxes, pop top juices or snack chip packets would be much appreciated. Contact: Simone Ross, Grade 5

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18th of March, 5 - 8pm

FAIR SPONSORS & DONORS 2016



Jenna's Hair Design

FAIR RAFFLE 2016

1st prize: \$400 Coles/Myer gift voucher

2nd prize: \$300 Tint A Car voucher donated by Tint A Car

3rd prize: Schwinn Gremlin 16" bicycle rrp \$199.95 donated by Geard Cycles

4th prize: Boags Brewery Tour family pass value \$126 donated by Tracy & Darren Harvey

Books will come home in the next weeks

Sign up Rosters

Rosters will be on classroom doors next week

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LAUNCESTON AUSKICK SEASON 2016 OPEN TO BOYS AND GIRLS FROM Kinder to 8 years old

Register online now and order your membership pack www.aflauskick.com.au

Select **Launceston Auskick** in the centre locator, Season starts 10am Sunday 3rd April at Windsor community sports grounds

Cost \$95 includes 10 sessions

An information session is on at the LFC rooms Windsor Park Football Ground, Riverside

On Saturday March 19th, 12- 2 pm

For enquiries contact Alison - Mobile 0448 456 886

or

launcestonauskick@gmail.com

Like us on Facebook LauncestonAuskick

Please join us for our Family Mass

6pm Saturday

Newstead Church

19th March

14th May

18th June

20th August

17th September

22nd October

12th November

If you or your child/ren would like to help with the Mass please contact Jacquie Wood 6344 5714 or jacquie.wood@catholic.tas.edu.au

CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM LAUNCESTON

THIS MUSIC PROGRAM IS AVAILABLE
AT YOUR SCHOOL!

Why join another program when you can learn to
PLAY WITH YOUR SCHOOL FRIENDS?



Would you like more information?
Would you like an enrolment form?

See your Front Office now or
visit: tinyurl.com/nsydl3f3

JOIN TODAY!



Sacred Heart Catholic Primary School

Birth to 4 Program 2016

Come along to discover, learn and investigate with your child each **Tuesday** during school term.

Sessions will be held in our Kindergarten room from:

9:15am - 11:15am

or

12:45pm - 2:45pm

Sessions will commence on **Tuesday 23rd February**.

Please bring along a hat, a water bottle, a spare set of clothes (so we can have lots of fun) and a piece of fruit to share at snack time.



Invitation
to play in
THE MUD!