

Sacred Heart School Newsletter



Phone: 6331 1011

227 York Street, Launceston Tasmania. 7250

Email: shsl@catholic.tas.edu.au

From the Principal:

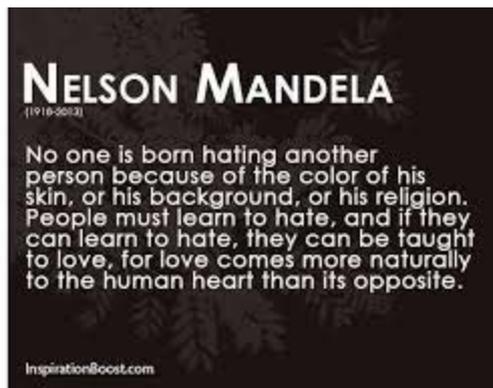
OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

BeAttitudes: *Be Honest*



"We are each given challenges, it happens all the time, some are given small hurdles, others mountains to climb..."

I am guessing we are all partial to a good wallow or sook, feeling at times, we are so hard done by? We then see the worst and look to find blame somewhere other than in us! This thinking is so easy to do, so comfortable to settle into, that it can become a habit or default state of mind. Rarely do solutions to the issue or positive outcomes for those involved happen when we are thinking this way!

I can become so frustrated and annoyed with behaviours, attitudes and people that I start to look for the inconsistencies and hypocrisy to reinforce how I am feeling. Yet there are always people and acts of optimism, hope and kindness. We just need to look for them!

In this last week it has been genuinely humbling to see the willingness of so many people within S.C.H.S. to offer their assistance to people that need it. Often they don't know the people but want to help anyway. In these moments I really do feel privileged to be part of our school and in this position where I can see and witness this. In moments of need, I see so many people being their best, bringing out their best.

It energises me and reminds me that I have to maintain the same mindset. It embarrasses me that I am getting annoyed and frustrated leading to absolutely nothing productive, yet others with the same challenges, get off their backside and do something about it.

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From the Principal:

In simply mathematical terms hate plus hate can only equal hate! The increasing global fear around acts of terror is very difficult to process. It is scary stuff! Unlike in the moments of need within our smaller community, that bring out our best, it appears that this can bring out 'worst' thinking. I still believe though that if we respond to illogical acts of hatred with the same response then we are just moving in the direction that the people involved want.

We can think globally but act locally: spreading optimism, hope and openness each day in our small part of the world. It doesn't solve the bigger issues however it does form and shape the attitudes our young people are going to need in navigating a world where this will happen, hopefully less but possibly more!

STAFF ANNOUNCEMENTS

I am happy to announce the following ongoing teaching positions at S.H.C.S. from the start of 2016.

- Alexandra Hegarty
- Teresa McLeod
- Carolyn Symons.

This means that Teresa, Carolyn and Alex are ongoing teaching staff and do not have to reapply each year for positions (limited tenure or contract). They have shown genuine commitment to their craft, their teams and our school. On behalf of all of our staff I congratulate them on their ongoing appointments at S.H.C.S.

I am also happy to announce that Ms Adele Murphy has been successful in the limited tenure position, (replacing Jaimee Underlin for the 2016 school year). Adele is currently employed at St. Peter Chanel, Smithton. Her current roles include Kindergarten Teacher, Early Years Coordinator Kinder to Grade 2, leadership team member at St. Peter Chanel and mentor/coach for early years teachers. Adele is currently studying her Masters in Theology. Adele was the Catholic Principals Association of Tasmania Emerging Leader Scholarship winner for 2014, receiving funding to do further professional learning.

Lauren Thompson at this stage will also return in 2016 in I.C.T. release on 2 van Ryn as well as 3 / 4 team leader release on 3 Hood. These announcements go along with the following already confirmed staffing appointments for 2016:

- Catherine Steven: Grade 5 Viney/Steven
- Mel Heathorn : Art teacher
- Miss Jessica Gleadow: Prep Co teacher, Team Leader release on Prep Hills and Faith/Spirituality release
- Tia McGillvery: Co teacher Grade 1
- Beth Rickerby: Co teacher Grade 1/ Kinder
- Anna Davie: Co teacher Grade 2
- Bronwyn Lang: Co teacher Grade 3/ 4
- Jane Foster: Co teacher 5 /6, Team Leader release 5M

CYBERSAFETY

www.esafety.gov.au

www.thinkuknow.org.au

Cybersafety is primarily the responsibility of parents, the school while able to manage and support families and students in being aware of cybersafe behaviours, cannot control what happens outside of the school setting. The above resources support parents to parent their children in the use of social media.

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SWIMMING PROGRAM GR. 2-4

Our Grade 2-4 students have started their 10 day intensive swimming program. Students have qualified swimming instructors from the Launceston Aquatic working with them according to where they are with their swimming. During the 10 days if students demonstrate that their skill level is more suited to a different group, they will be reallocated. We support and take the advice of the swimming instructors on this, because, they are the qualified people we are paying to run the program, not the teachers.

All swimming abilities benefit from the program, even the more competent swimmers and this is a part of our curriculum for students during the school day.

HOMWORK

Homework survey for parents:

Homework survey is still open until November 27th for feedback from parents around the role and structure of homework for SHCS. Please if you want to help shape our shared views on this, you need to complete the survey. if you don't then it will be shaped by the views of others.

The survey will remain open for the next few weeks and will close on Friday 27th November.

<https://www.surveymonkey.com/r/XGHZBCD>

ART EXHIBITION

On Tuesday, after school, Mel Heathorn held her first (we hope of many) Art Exhibition evenings. Parents and staff and students had a chance to wander around the exhibition seeing the pieces of art created by our students, while having a glass of wine and some nibbles. This event showcased what has been a focus of our Art specialist time as well as Art Club held after school on a Tuesday once a month. Congratulations to our artists as well as Mel for her time putting this together.



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IPAD EVENING:

TUESDAY 24TH NOVEMBER 7PM

This coming Tuesday evening. Existing Grade 2 parents are strongly encouraged to attend, even if they have had students with 1:1 iPads previously. The evening will be held in Grade 3 Symons.



MINI VINNIE'S

Just a short reminder that Vinnie's will once again be running the Christmas Hampers for needy families this year. Your kind donations will ensure that a number of under-privileged families will be having a better Christmas this year. Any non perishable food items would gratefully accepted and collected by our Vinnie's team from classes. Thanks in anticipation of your kindness. From the Mini Vinnie's Team.



WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the

Used Stamps Wanted

The Presentation Sisters collect used stamps for the missions. Any used stamps, from all places including Australia, can be dropped off at the School or Parish office where they will be forwarded on.



School Magazine

Each family will be given a copy of the school magazine towards the end of the year. If you would like to purchase extra copies of the school magazine for \$15 please place your order at the office by Friday 20th November

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From the Principal:

~ November 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
22nd	23rd	24th	25th	26th	27th	28th
	Prep Gymnastics @1.30pm	3.15pm Gr 5/6 Bookclub 7pm iPad Information Evening for current Gr.2 families 7.30pm P & F Meeting	Gr.1 Gymnastics @1.30pm School Banking	Band / Strings rehearsal day @ SPC Triathlon @ Devonport	2.15pm Assembly 7pm Band / Strings Annual Concert & Awards Evening @ SPC	
Grade 2-4 Intensive Swim						

~ December 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29th	30th Nov	1st	2nd	3rd	4th	5th
	Prep Gymnastics @1.30pm	11am Volunteer Morning Tea 3.10pm Art Club	Gr.1 Gymnastics @1.30pm School Banking Carols On The Oval	SHS Orientation SPC Orientation Gr.7 2016 1.30pm Band/ Strings Instrument Collection	2.15pm Assembly	

SCHOOL BANKING WILL BE ON WEDNESDAY'S FOR THE REMAINDER OF THE YEAR



Uniform Shop News

The last open day for the Uniform Shop will be Thursday 19th November.

After this date uniform orders will need to be emailed to shs.clothingpool@catholic.tas.edu.au. Last day for orders will be 27/11/2015.

The Uniform Shop will open on January 28th between 10.00-4.00pm for back to school orders.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16

TERM 2 Tuesday 26.4.16 to Friday 1.7.16

TERM 3 Monday 18.7.16 to Friday 23.9.16

TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

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P-2 Athletics Carnival

Last Friday everyone in Prep, Grade 1 and Grade 2 took part in the Athletics Day on our school oval. The weather was warm and sunny. The day was so much fun and we got lots of ribbons. Congratulations to Nagle house for finishing with the most points. We would like to thank all the staff and all the families who came to watch us.

By Cain Lee and Imogen Bennetts-Menis (Grade 2)



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Student Achievements



Joseph Strickland with the winner of the Tom Strickland Scholarship Award. Stefan Tantara for 2015

Stefan Tantara - Grade 6 Student

Last weekend I attended the NTJSA awards dinner.

I was nominated by my club Westside Devils for the Tom Strickland Scholarship Award.

This award is named in honour of the late Tommy Strickland who was a great soccer player and devoted much of his time establishing junior soccer in Launceston.

I was lucky enough to be chosen the winner out of seven nominees.

The scholarship is awarded each season in recognition for players commitments to soccer and to help further their careers.

It's satisfying to know all my hard work has been noticed by the NTJSA and my club Westside. I am honored to have won this award.

I PERFORMED WITH THE WIGGLES

I dance at Kim Roe School of Dance and during the year I participated in an audition, we do practise auditions to prepare us for when we might participate in a real one, I thought this was also a practice audition not a real one. The audition included steps, sequences and moves from both jazz and ballet styles of dance. The audition was videoed and the footage was

used to select six students who would perform with the Wiggles for three shows while they were in Launceston. During the school holidays we were

lucky enough to spend a day rehearsing with Clare Fields from the Wiggles, we learnt seven routines that we performed to well-known classics from the Wiggles. We also spent many hours rehearsing with my dance teacher Kim Roe to make sure we were all performing at our best. The day of the show arrived, it was an early start, rehearsals starting at 7am. We met all of the Wiggles and practised the show from start to finish with the large inflatable sets, quick costume changes and all the characters, Wags the Dog, Captain Feather Sword and Dorothy the Dinosaur. It was very exciting. The first show was a bit nerve racking, the theatre was filled with children and their families and the crowd was very noisy and interactive. We were able to have small breaks in between the shows which was good. The day went quickly and before I knew it we had completed the last show. I feel very lucky to have been offered the opportunity to audition and feel extremely fortunate that I was successful in being selected. Dancing in the Wiggles show was an amazing experience, I hope to be a part of many more fun dancing opportunities in the future.



By Evie Dawkins - Grade 6 Student

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Rice

DANCE FEVER GALA DAY
THURSDAY 10TH DECEMBER

Young

9.15-10.30 - PREP, GR.1 & GR.2

11.30-12.30 - GRADE 3 & 4

12.30-1.30 - GRADE 5 & 6

DRESS UP IN YOUR HOUSE COLOURS

Nagle



MacKillop

Student Achievement

Lincoln Hodgetts (Prep Best) was nominated for a Milo in2 Cricket Most Valuable Player (MVP) award and won one of 12 spots across Tasmania.

He will participate in the MILO Anthem Ceremony at Blundstone Arena on December 10th where the 1st Commonwealth Bank Test match, Australia Vs West Indies will take place. He will be provided with a uniform by Cricket Australia and presented with a medal 15 minutes prior to the start of play by the Australian Cricket team. The match will be aired on Channel 9 so keep a look out for him!

He was nominated for his sportsmanship qualities for encouraging other boys and girls to participate and have a go; for being a team player with genuine leadership potential.



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Christmas in the City

Late Night Shopping

Friday 20th November
6.00pm - 9.00pm
Brisbane St. Mall and Charles St.

Free children's activities

Special appearance by Santa

Christmas Concert

Featuring Matthew Garwood

Late night shopping

Featuring official tree lighting ceremony at 8.30pm

more to explore...

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LAUNCESTON CITY COUNCIL

LAUNCESTON CENTRAL CITY

cityprom.com.au

Get your kids active at

MY GYM
with

Kidz Fizz

Registrations are now open for 2016

Join in the fun of our 30 minute fitness class designed just for primary school aged kids

Fun + Games = Fitness

Suitable for children aged 5 - 10 years
Younger children can participate with adult help and supervision

Contact us today for more info at

66-68 Melbourne Street, South Launceston 7249
Phone: (03) 6343 5366
Fax: (03) 6343 5260
Email: info@mygyntas.com
www.mygyntas.com

Or you can find us on Facebook or Instagram

MY GYM
IT'S YOUR GYM

Move Well Eat Well

Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:

- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:

- dancing to music
- backyard play
- chasings or imaginary games with friends

Sport

Dancing

Chasings

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleatwell.tas.gov.au

Department of Health and Human Services
Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - Go for your life! Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.

Tasmania
Explore the possibilities

Move Well Eat Well

Cheap, creative ways to play...

Use:

- Cardboard boxes
- Blankets
- Ropes
- Buckets/baskets
- Balloons

Visit and explore:

- Playgrounds
- Parks
- Beaches
- Reserves

Try:

- Balancing
- Climbing
- Jumping
- Chasing
- Hopping
- Rolling

For more information and for family ideas on healthy eating and physical activity visit:
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