

Sacred Heart School Newsletter



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Email: shsl@catholic.tas.edu.au

Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (106 families following)

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

"Don't fear failure so much that you refuse to try new things. The saddest summary of life contains three descriptions: could have, might have, and should have!"

- Louise E. Boone.

'Please have a look at this clip - Mr. van Ryn gave some of our students yesterday a chance to create makey makey with different items'

<https://www.youtube.com/watch?v=rfQqh7iCcOU>

Please have a look at this link - Musical Fruit

<https://vimeo.com/111682126>

Inter-School Athletics Carnival

For the first time in living memory (at least Mrs. Illingworth's living memory) Sacred Heart has won the Interschool Independent and Catholic Primary Schools Athletics Carnival. It was an outstanding effort by our students and competitors. Not only in the results but the attitude, sportsmanship and team spirit that they lived out.

There were many great results with several outstanding results:

1. *Jordan Iramu* equalling current Grade 6 Boys High Jump Record.
2. *Parker Shea* breaking the current Grade 4 Boys Long Jump Record.
3. *Connor Leeftang* coming within 0.06 of breaking the Grade 4 Boys 400 metre record.

The following were Division 1 winners: *Grade 6 boys High Jump: Jordan Iramu, Grade 6 boys 100m: Jordan Iramu, Grade 6 boys 800m: Bailey Gillow, Grade 6 boys 4 x 100m relay team, Grade 6 girls 800m: Olivia Roney, Grade 6 girls 4 x 100m relay team, Grade 5 girls 800m: Evie Dawkins, Grade 5 boys 4 x 100m relay team, Grade 4 boys long jump: Parker Shea, Grade 4 boys 100m: Parker Shea, Grade 4 boys 70m: Parker Shea, Grade 4 boys 400m: Connor Leeftang, Grade 4 boys 6 x 70m relay team, Grade 4 girls 400m: Sophie Illingworth, Grade 4 girls 6 x 70m relay team, Grade 3 boys long jump: Fletcher Harper, Grade 3 girls long jump: Isabella Davie, Grade 3 girls 400m: Isabella Davie*

Thanks to Mr. Andersen for his preparation of the students and our fantastic SHS Athletics Team for their outstanding achievement.

Sacred Heart School Newsletter

From the Principal:

Market on the Green

For those that came along I hope you found the day a relaxing and low key but very positive experience. We raised close to \$2000. Big thanks to Tracy Meeks, Fiona and Dan Bennetts-Menis, along with all the P & F members.

What this Fair Free Year has enabled our P & F to do is try something that we now know has some merit if we ever want to look into this as a community event in the future.



Before School Care

We have had some inquiries from parents about the availability of before school care – as well as after school care. My understanding is that we need around 10 students for before school care to make this viable. If there are any parents who would use this service regularly, or irregularly, it would be great if you could contact our office and let us know.

We are hoping that if we offered and got a service going before school that we could get enough students to maintain this service.

Working Bee Sunday 14th December 9am - 12pm

We would like to invite any parents able to give a few hours on Sunday 14th December to be part of a working bee at our school. We are looking to:

1. Improve edging around some of the gardens and add some pine bark to these areas
2. Look to clear the area behind Grade 2 Reid and create a path that would allow students to be able to walk all the way around the back of Grade P-2 building.
3. Looking to clear our Cellar to create a space for a learning program (to be announced soon) for our students

If you are able to give some time on this day please ring our office and add your name so we can work out the numbers available for the day. Many hands make light work!

State Primary Basketball Championships

We wish both our Grade 3 /4 Boys and Girls teams all the best in the State Championships this weekend in Burnie, where they will compete against successful schools from recent Southern and North Western regional tournaments.

Grade 2-5 Intensive Swimming Program

Begins next week and thanks to parents for getting payments into our School Office. We hope that the change of venue and program will provide an enhanced swimming experience for our students.

Emergency Practise

We recently held an unannounced emergency practise with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation). Like for fire evacuation drills, we recognised the worth to test this process.

If you have queries you are welcome to call our Safety Officer Simon Natoli on 0400 105 476

Sacred Heart School Newsletter

The inaugural Parents and Friends Market on the Green and Grade 5 Walk a Thon was a great success. Thank you to



All the stall holders for booking a stall and organising your wares

The Grade 5 children for working with the P&F to organise the walk-a-thon and to the children who entered the walk-a-thon raising important funds for the Shelta box charity.

Sponsors- Jenna's Hair design (BBQ), Cripps Bakery and Doppio's Coffee

Madden Family, Annie Mathers and Carol Brown for providing the BBQ

Kinder Nas and Kinder Halley families for organising and donating the Lucky Dips

Joanne Fagan for donating all the funds from the Crazy Hair stall to P&F

Bakers for the cake stall

School Families for making monetary donations to the market and Jodie Campbell for donating the teddy bear prize.

Buskers Cam Illingworth, Josh and Kate Rigby for providing the entertainment

Deb Quill and Kate Leonard for organising the Herb Planting Kits

SHS Staff for coming along to support and help on the day, Mr Anderson and Mr Bennett for helping with equipment

"Another Sacred Heart Parents and Friends event, supporting our school and promoting community spirit."

This was certainly achieved last Sunday as the support was great, the atmosphere fantastic and P&F provided an event suggested by our school community at the beginning of the year. The aim of the Market wasn't to be a large fundraiser however from this day we did raise \$1,800 and couldn't have been achieved without the support listed.

Thank you everyone.

Sacred Heart School Newsletter

**Help wanted in the Canteen of a Friday from 11am - 1pm until the End of Term.
Please let the office know if you are able to help.**

SHS Uniform Shop

The **last opening day** for the uniform shop this term will be **Thursday the 20th of November**, to allow stock to be prepared for 2015.

Orders can be placed by email to: shs.clothingpool@catholic.tas.edu.au, or in writing (please include a contact number) at the office until December the 4th. These will be fulfilled (as stock allows) by the end of the term.

If you wish to **Pre-order your 2015 back to school uniforms** now for collection in January, please see the uniform shop or email by November 20th. Pre-orders can be made with the payment of a **\$30.00 deposit**. Pre-orders are calculated using the 2014 pricelist and will be packaged ready for payment and collection at the back to school opening days in January. Any uncollected pre-orders will be available at the school office following the January opening days.

2015 Back to School Uniform Shop opening hours

Wednesday 28th of January 2015 10am to 2pm

Thursday 29th of January 2015 10am to 2pm

For further information please email : shs.clothingpool@catholic.tas.edu.au

Kelly 0400 128 200 Rebecca 0418 721 952

Sacred Heart School Fair - 20th of March 2015

Preparations are well under way for the 2015 School Fair. The P&F would like to make this a great event after not running a fair this year. We are calling for **expressions of interest** from families who wish to be involved in or find out more about the school fair – **MAKE CONTACT NOW!**

An information session will be held on Wednesday 19th of November at 2.30pm in the staff room. If you would like to find out about our fair, or offer suggestions or assistance, please come and have a chat. **Alternatively you can contact Kelly Cox by Mob: 0400 128 200 or Email: coxk13@gmail.com.**

Ways families can assist include:

- Convening a stall on the night
- Donating or suggesting prizes for the raffle or chocolate wheel
- Sponsoring a stall
- Assisting with fair preparations
- Ideas for new activities or stalls

Together as a school community we can make the 2015 Sacred Heart School Fair a wonderful event for our school and the wider community. We welcome your ideas and assistance.

Sacred Heart School Newsletter

~ November 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
16th	17th	18th	19th	20th	21st	22nd
		• 7pm -2015 Band Information Evening @ SPC	• 1.30-3pm Grandparents day	• 11.30am Band Program	• 9.30am Strings Program • 2.20pm Assembly • Prep - Gr.1 Swimming	
Intensive Swimming Program Gr 2-4 Launceston Aquatic Centre						
23rd	24th	25th	26th	27th	28th	29th
		• 7.30pm P & F Meeting	• Band/Strings rehearsal day @SPC	• Band/Strings Annual Concert & Awards Evening @ SPC	• Advent Pageant • 2.20pm Assembly • Prep - Gr.1 Swimming	

~ December 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30th	1st	2nd	3rd	4th	5th	6th
			• Carols on the Oval	• SHS Orientation Morning • St Patricks orientation for Gr 6 students • Band/Strings instrument collection & party	• 2.20pm Assembly • Prep - Gr.1 Swimming	

S.H.S. Parents and Friends email
shsl.pnf@catholic.tas.edu.au

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 17.12.15

Copy of Invitation that will be sent home for Grandparents Day

Dear
 Please join me at school on
 Wednesday November 19th
 as we celebrate
Grandparents' Day
 I have some special activities
 to treat you to in lots of
 different places in my school.
 Time: Starts at 1.30 pm and
 finishes at 3pm
 Where: Come and collect me
 from my classroom
 After our little tour I will take
 you to the old school hall for a
 cuppa and a biscuit.
 Hope you can make it.
 Lots of love

Sacred Heart School Newsletter

Recent students of the week

Prep Hills	Maggie Dick For fantastic retelling of the 3 Little Pigs Story	Alec Jeong For great work in Maths
Prep Best	Isobelle Beety For fantastic effort in learning her spelling words and using them correctly in her writing	Luwanna Beeton For great effort in maths when working on more than and less than
Grade 1 Crawford	Cain Lee For excellent improvements in writing this term	Jorja Thomas For great handwriting
Grade 1 Underlin	Erin Hughes For always doing her best	Connor Davis For stepping up with his reading
Grade 2 van Ryn	Kane Russell For setting a great example for others during team sports	Ethan Jeong For making a big effort to become a more confident communicator
Grade 2 Reid	Mia Goody For excellent listening and being a fantastic team player	Sam Dick For excellent listening and being a fantastic team player
Grade 3 Hood	Abi Talbot For great reading	Fletcher Tyson For excellent reading comprehension skills
Grade 3 Symons	Jorja Rayner For being a good listener	Zak Costello For working hard in all areas
Grade 4 Smith	Eoin McMahon For excellent manners and consideration of others	Isaac Hyatt For a consistent and honest approach in all areas
Grade 4 Wood	Lucy Petrack For outstanding work on symmetrical drawings	Jacob Woolley For outstanding work on tessellating shapes
Grade 5 McLeod/Illingworth	Ripley Martin For commitment and effort to the class Shelta-box fundraising	Yasmin O'Keefe For always giving her best
Grade 5 Viney/Sydes	Eleanor March For always approaching tasks with enthusiasm and a positive attitude	Nick Collins For always being willing to share his knowledge and help others
Grade 6 Davie	Bailey Gillow For his determination in solving percentage problems. Fantastic effort!	Ashley Ralph For consistently applying herself. Well done!
Grade 6 Claessens/Thompson	Bethany Vidler For the outstanding determination she shows towards her studies and the helpfulness around the classroom	Lauren Waddington For the guts and determination she shows to develop her understanding of a topic and her positive attitude

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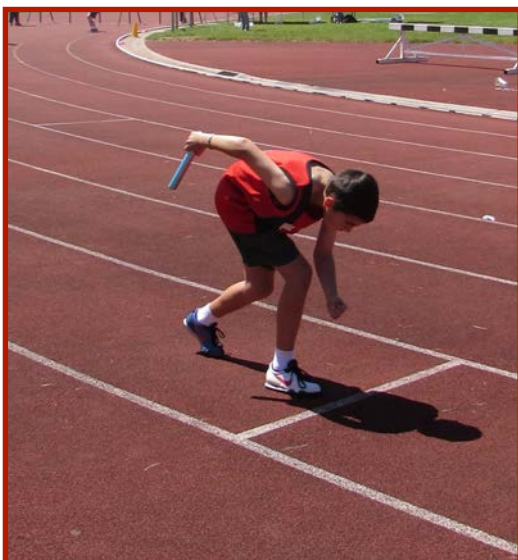
2014 Grade 3-6 NIJSSA Athletics Carnival

Last Friday 68 students represented our school at the NIJSSA Athletics Carnival. For the first time in many years Sacred Heart finished on top of the overall points tally. This is a significant achievement and all of our participating students should be congratulated for their efforts.

Thank you also to the students that didn't go on Friday. The level of competition at the SHS Athletics Carnival was high and this no doubt helped the SHS NIJSSA Athletics Team. Finally, I would like to thank our parents. It's quite obvious that many of you value sport and leading a healthy lifestyle. The time you put into training students for this event is greatly appreciated and helps us achieve outstanding results.

John Anderson

(Health & PE teacher)



Sacred Heart School Newsletter



Sacred Heart School Newsletter

Move Well Eat Well

Make time for play after school

Children need at least 1 hour of active play throughout every day.

Help your child get their 1 hour by providing active options after school.

These could be planned activities like:

- sport
- swimming lessons
- a bike ride or walk

Or unplanned activities like:

- dancing to music
- backyard play
- chasings or imaginary games with friends

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleatwell.tas.gov.au

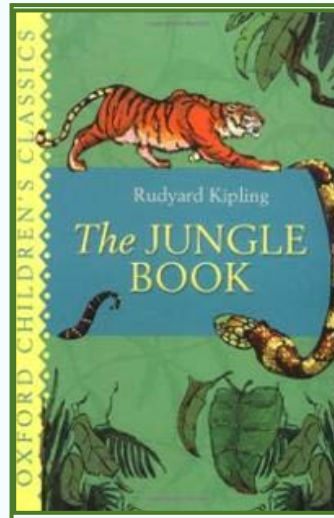
Department of Health and Human Services Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - 'Go for your life' Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.

Tasmania
Explore the possibilities

Tuesday Book Club *The JUNGLE BOOK*

by Rudyard Kipling



"Led by the lone wolf Akela and the wisdom of respected bear Balloo, the pack stumbles across a baby human. Raised by the pack and by the Law of the Jungle, Mowgli learns to live and fight using cunning and determination. Now with his friends Bagheera and Balloo, Mowgli must confront Sher Khan, the tyrannical lord of the jungle, for the safety of the pack and to uphold the Law. Other stories include: the heroic adventures of Rikki-tikki-tavi a mongoose against the deadly Cobra, a tale of a search by Kotick the White Seal for a safe haven for his kind and the overheard conversation of camp animals by a British soldier conversant with 'beast-talk'.

The next meeting will be **Tuesday 18th November**
from 3.15pm - 4.30pm.
Everyone welcome from Grades 5 and 6.



Metro Tasmania released a brand new, free mobile App to make it easier for passengers to get around on our buses.

Everything you need to navigate the Metro Tasmania bus network is now in the palm of your hand.

With the Metro Tas App you can

- Plan your next trip
- Save your favourite destinations (including work, school and home) and your favourite trips
- Manage your Greencard account (including check your balance, view trip history, and top up your card)
- View the latest news and updates about bus schedules

At this stage, the Metro App is only available on iPhone or iPad. We will look at releasing it on Android at some stage in the future. However, for those with Android or other types of mobile phones, our new website will scale to fit all devices and phones. That way, all users can still access the same great features.

Many students rely on Metro buses to get to school or social activities. We believe these new products will now make it easier to find information about Metro services. We have even incorporated school services into our Trip Planner, which should make it easier for your students to find the right school bus.

It would be great if you could let your students know that they can download the App from <https://itunes.apple.com/au/app/metro-tas/id933119921> or visit the website at <http://www.metrotas.com.au>

Sacred Heart School Newsletter

Caritas- Just Leadership Day

On Monday the 10th of November, Hannah Sydes, Kate McLeod, Ella Millwood, Jade Nichols, Abby Donald, Isobelle Mathers, Ally Brown and Issy Tys went to St Anthony's School to participate in a Caritas Just Leadership Day with Grade 5 students from other Catholic Schools around Launceston. We had lots of fun and learnt a lot about what Caritas do and how they help poor communities and poor people. We also learnt how to be good, fair leaders and what qualities good leaders have.

We participated in many activities throughout the day that taught us about the problems people who live in poverty face and how unfair the distribution of wealth is in the world.

Some problems we learnt about were:

- There is no nutritious food, the children are malnourished.
- There is no clean water, people are often sick.
- There is no education.
- Girls don't have the same rights as boys.
- There are no jobs.
- The shelters are in bad condition

One activity we found really interesting was when Mary-Anne from Caritas put one hundred boxes on the floor, each box representing one percent of the worlds wealth. She then gave five people some boxes to show the differences in the amount of money people have. The extremely poor person got only one box! The second only got one too! The third got 16, the fourth 24 and the richest got the rest (54)! This activity showed us how unfair the world is in the way money is divided up.

To finish the day, we made an awesome poster to take back to school and share with everyone. Next year, during Project Compassion, we will be trying to teach the school about Caritas and what they do, and how WE can do things to help others who aren't as lucky as us.

By Ally Brown and Issy Tys



Sacred Heart School Newsletter

Move Well Eat Well

Less screen time = more time for play!

Screen time is:

- watching TV and DVDs
- playing computer games
- playing electronic and hand held games

Too much screen time can mean less time to be active and play with friends and family.

Turn off the screen and switch to play!

For more information and for family ideas on healthy eating and physical activity visit:
www.movewelleanwell.tas.gov.au

Department of Health and Human Services Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is selected from the Kids - 'Go for your life' Program © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.

Tasmania
Before the possibilities

JUST SWIM STROKE CLINICS 2015 Swimming Carnival Tips Monday 2nd to Thursday 5th FEB 2015

Time: 3.30 to 4.15pm daily

Mon 2nd: Freestyle and Diving

Tues 3rd: Breaststroke & Diving

Wed 4th: Freestyle & Backstroke

Thurs 5th: Breaststroke & Butterfly

Cost: \$15.00 per 45min session

Bookings available Now

Phone: 63 442244

Larmenier School

FAIR

Station Rd. St. Leonards

Fri 21st Nov. 5:00pm - 8:00pm

Pony Rides, Jumping castle, Food, Beer & Wine stalls!

LARMENIER
 OPEN
 IS OUR