

# Sacred Heart School Newsletter



Phone: 6331 1011

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## From the Principal:

### Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

We teach our  
students how to  
*behave*  
by what we  
*allow*,  
what we  
*stop*,  
what we  
*ignore*,  
and what we  
*reinforce*.

I am not a hoarder in any sense of the word. I don't have the need to keep everything that I have ever owned or purchased or been given, on the chance that on some future rainy day, those items will be needed. I don't think that my view is necessarily right and I know that others will have a completely different view. Trying to get someone who never throws out anything to do exactly that, is a very difficult task.

Schools are terrible at decommissioning what we choose to focus our time on. The number of hours in the school day has basically not changed over time. At the same time demands on time in schools for a variety of 'priorities' has increased. Many of these are imposed through Government Initiatives or accountability measures and we do not have a say in whether we do them or not. In simple terms more things are asked of schools, same time to do them in, means we can't do justice to all of them! Rarely, in response do we accept that we cannot do all things so we prioritise for our school community and students, discarding things that are not core to our core business.

"What would be the number 1 thing that you could stop doing tomorrow that would make the biggest difference to your life?"

In a school it could be not having to do risk assessments or WHS requirements, or maybe, the detailed planning for students. For us as people it could be more money to go on holiday? Work less? Work in a different job? Have more time to spend with family?

What if, the answer was to be more selfless and less selfish? More generous less greedy? Kind in our words about others and less nasty/judgemental in what we say about others? More positive in support of the school when dealing with our children rather than being too sceptical or too quick to intervene? I think very few of us would give these answers, yet I truly believe this would bring about a real improvement in not just our lives but the lives of others we impact, intersect and connect with each day!

I wish all families and friends in SHCS a 'decommissioned' holiday period, free of clutter and 'stuff' that gets in the way of enjoying life, family and friends. Take care and I look forward to seeing everyone back for the second half of the year!

# Sacred Heart School Newsletter

## From the Principal:

<i>Friday 24th June</i>	<ul style="list-style-type: none"> <li>• Last day of Term</li> <li>• FREE DRESS and Sausage Sizzle</li> <li>• 11:30-1pm Winning House Excursion</li> </ul>
<i>Mon 18th July</i>	<ul style="list-style-type: none"> <li>• 8am Interschool Cross Country Training</li> <li>• Megan Badcock in 4 Hegarty for this week.</li> <li>• Parent Teacher Information sent home</li> </ul>
<i>Tues 19th July</i>	<ul style="list-style-type: none"> <li>• Welcome Anita Faulkner volunteering in 3 Symons each Tuesday remainder of the year.</li> <li>• Matt, Phil Illingworth and Kerri Best visit OLOL Devonport school - viewing facilities and design for our building program.</li> <li>• 3:15 Art Club</li> </ul>
<i>Wed 20th July</i>	<ul style="list-style-type: none"> <li>• 8am Interschool Cross Country Training</li> <li>• Matt and Liz attending Statewide Principal /AP Day</li> </ul>
<i>Thurs 21st July</i>	<ul style="list-style-type: none"> <li>•</li> </ul>

### Inter-school Cross Country

We have confirmation that the new date for the postponed NIJSSA Cross Country Carnival is on  
**Tuesday 26th July.**

#### Inter-School Cross Country Training:

**Monday 18th July 8am**

**Wednesday 20th July 8am**

**As the coordinating school for the event Mr. Anderson will need officials and helpers on the day.  
 Please if you can help in anyway contact our school office.**

### SHCS Care Team

We have created the database of parents offering help, their contact details, what they can help with. It is a big list, which is fantastic. We are also have created a simple form that we can give any parents who need some help in short or long term, they can complete and then our CARE Team can move into action. We will start this off to begin Term 3.

### Federal Election

In the lead up to the Federal election on 2<sup>nd</sup> July, the Tasmanian Catholic Education Office have developed information for school newsletters to raise awareness among parents, teachers and local candidates, of the key issues facing education and Catholic schools. All material has been developed from the best available information and is intended to help parents and carers understand Catholic schools and the importance of government funding. Additional material will be provided in the lead-up to the federal election, including information on how political parties believe their education policies will support school education, and Catholic education in particular. A website, [www.SchoolFundingFacts.com](http://www.SchoolFundingFacts.com) is also available to provide further information on Catholic education and school funding at the national level. The information communicated is not designed to promote or oppose any political party or candidate but display how their education policies will influence Catholic education in Tasmania. The National Catholic Education Commission (NCEC) have also provided material at:

<https://www.youtube.com/channel/UCuG45bfkyNFaoT33Vyqd8cQ>

# Sacred Heart School Newsletter

## From the Principal:

### Car Parking and collecting students

Thank you to parents who have supported our changes to parking, collection and drop off. I know for some this is not convenient and frustrating. I hope parents know and understand that our school is not making these changes to annoy parents. I hope parents also appreciate that the school will do what our students need, do what we must, to keep them safe, even if that means parents may not always like it. It is also a trial period for these changes and we are always open to feedback.

Again the key changes are:

- **Students waiting to be collected from York Street will now wait *inside* the gate closest to the P-2 building, not nearest the Office building.** Teachers will be visible out on the footpath and direct students to cars once they have parked. This area was used previously for York Street collection before the P-2 building was redeveloped, several years ago. This will provide greater safety for our students and allow cars to park further up the street, allowing cars to move in and out more efficiently. This has been happening on Tuesday and Wednesday nights of this week already.
- **Margaret Street and York Street will be the only two areas that students can be collected from. Students will not be able to wait for parents at the Bourke Street gates from this Thursday onwards.**
- Only students catching a bus will be waiting, supervised by a staff member outside the Grade 3 classrooms.
- **Bourke Street gate will not be open after school. Students with parents, once collected can walk out of the gates but there will be no access into the school from Bourke Street.**
- Bourke Street gates at this stage will remain open to parent access before school as traffic issues are much reduced in the mornings compared to after school.
- **Students will either be collected from their classroom by parents directly after school or they will make their way to either:**
  - York St inside the gates adjacent Prep Best.
  - Margaret Street car park, returning to the same waiting and collection routines as before the redevelopment of the car park.



Using Margaret St drop off children can walk safely into school along the path not through the car park



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## From the Principal:



Meditation with Grade 5 as part of our day

## School Oval Frustrations

This term our students have been able to access our oval for 3-4 days only!!!! That is only 4 days of time for students to be able to use our oval out of a possible 50 days. We cannot be ok with this or allow this to continue as a recurring theme each Winter. The oval provides a space for students to play certain games and activities that cannot be played in a school on harder surfaces. This is our only real 'soft' play space for students and currently is failing to meet what we need it to meet. We cannot continue to just accept this, it is not fair on our students and is a major need, in need of being addressed. We are getting advice around solutions that will not be cheap but will allow our students to access our oval regularly. It will mean that for a period of time our oval is out of action while this is done however beyond this period of time, they will be able to access the oval much, much more regularly.

The Cork Tree is now close to being confirmed as needing to be cut down and the toilets adjacent the tree area demolished. We need to think carefully and strategically about how we can reclaim this space for use by students. We need to ask our students for ideas and suggestions as they are the people who are playground is for!!!

Our students will also be given the chance to let us know how they would like to improve our grounds and play areas, through a Google form survey early in Term 3. The students can tell us what they like, what they would also like to see and do in our playground that would excite them and help them enjoy their break times. Why can't we look at swings, slides, garden areas, natural play areas?

This information will help us form a master plan of our playground and play spaces for the next period of time. We would then look to start addressing aspects of this master plan across coming years.

## Updates

### Staffing Updates

- Miss Alex Hegarty will be on leave for the first week of Term 3. We welcome Mrs. Megan Badcock to Grade 4 for the first week. Megan is a former teacher here at SHCS and very familiar with our school and expectations.
- Miss Jessica Gleadow will be on leave in the last week of this term and the first week of Term 3. Jessica will reorganise her co teacher days in the weeks when she returns, no replacement will be in place for the weeks of leave.

# Sacred Heart School Newsletter

~ July 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
3rd	4th School Hol's >	5th	6th	7th	8th	9th
10th	11th School Hol's>	12th	13th	14th	15th	16th
17th	18th First Day Term 3	19th 3.15 Art Club	20th	21st 11.30am Strings Program 12.45pm Band Program	22nd 2.15 Assembly	23rd
24th	25th	26th NIJSSA Cross Country 7.30pm P & F Meeting	27th	28th 11.30am Strings Program 12.45pm Band Program	29th 2.15 Assembly	30th

~ August 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31st	1st	2nd 3.15 Art Club	3rd	4th 11.30am Strings Program 12.45pm Band Program	5th 2.15 Assembly 5pm Rock'n'Roll Night	6th



**Tomorrow is the last day for donations**

## Uniform Shop News

Open every Thursday 2pm-4pm

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** Sacred Heart Catholic Primary School

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

# Sacred Heart School Newsletter

## The Spirit of Jesus is Alive in:

Prep Best	<b>Layla Wines</b> For an amazing effort with her learning this term	<b>Tim Innes</b> For learning his first 200 star words
Prep Hills	<b>Ryder Plunkett</b> For great improvement with handwriting this term	<b>Justin Calabro</b> For showing great thinking skills in maths
Grade 1 Murphy	<b>Colby Crawford</b> For always trying his best	<b>Hannah Madden</b> For thoughtful contributions to class discussions
Grade 1 Crawford	<b>Benjamin Hiscox</b> For making excellent choices at school this term	<b>Roma Martin</b> For her amazing aboriginal artwork
Grade 2 van Ryn	<b>Ruby Martin</b> For winning the measurement challenge	<b>Amber Hill</b> For great effort in the measurement challenge
Grade 2 Reid	<b>Annabelle Pyke</b> For always working hard and being respectful	<b>Bailey Marquis-Lopes</b> For his positive attitude and willingness to help
Grade 3 Hood	<b>Zane Headland</b> For always making the most of each day	<b>Meg Rickerby</b> For your thoughtful contributions to your Prayer Journal
Grade 3 Symons	<b>Isabella Olding</b> For great work in groups this week	<b>Fletcher Howe</b> For terrific independent work in class
Grade 4 Hegarty	<b>Noah McCullagh</b> For improved focus and effort when completing tasks	<b>Amelie de Jong</b> For being a positive and enthusiastic class member
Grade 4 Wood	<b>James Humphreys</b> For your great work in Maths <b>Brodie Dobson</b> For your excellent work in multiplying 2-digit numbers	<b>Sam Phillips</b> For your outstanding improvements in completing your work
Grade 5 McLeod	<b>Lauren Wright</b> For consistently encouraging others	<b>Sam Cowley</b> For the consistent positive energy he brings to every activity
Grade 5 Viney/Steven	<b>Jackson Northeast</b> For his positivity and great attitude towards everything he does	<b>Sierra Di-Maio</b> For the care and effort she puts into her work
Grade 6 Claessens	<b>Amelia Duffy</b> For working hard and believing in herself	<b>Laura Hayes</b> For working hard and producing fine work in her Maths and Creative Writing
Grade 6 Davie	<b>Parker Shea</b> For his happy and positive attitude towards all areas of school life	<b>Nicholas Ralph</b> For asking questions and trying his best

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## WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

**If parents do not have registration or registration is pending you may not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Entertainment Book Membership Fundraiser

Thank you to the many school families and friends who have purchased an Entertainment Membership for 2016/17. This means Parents and Friends have been able to raise valuable funds for our school to assist with projects and resources for the children.

The Books memberships have nearly sold out and this will be the last opportunity to make a purchase. Digital Memberships can continue to be made online throughout the year.

**Limited copies are still available at the office or contact Rebecca on 0418 721 952 for further information.**

### Term Dates Catholic Schools

#### 2016

**Term 1 Thursday 4.2.16 to Friday 8.4.16**

**Term 2 Tuesday 26.4.16 to Friday 1.7.16**

**Term 3 Monday 18.7.16 to Friday 23.9.16**

**Term 4 Monday 10.10.16 to Thursday 15.12.16**

**Friday 20<sup>th</sup> May 2016 Student Free day**

#### 2017

**Term 1 Thursday 9.2.17 to Thursday 13.4.17**

**Term 2 Monday 1.5.17 to Friday 7.7.17**

**Term 3 Monday 24.7.17 to Friday 29.9.17**

**Term 4 Monday 16.10.17 to Thursday 21.12.17**

#### 2018

**Term 1 Thursday 8.2.18 to Friday 13.4.18**

**Term 2 Monday 30.4.18 to Friday 6.7.18**

**Term 3 Monday 23.7.18 to Friday 28.9.18**

**Term 4 Monday 15.10.18 to Thursday 20.12.18**



Please join us for our

## Family Mass

6pm Saturday  
Newstead Church

19<sup>th</sup> March  
14<sup>th</sup> May  
18<sup>th</sup> June  
20<sup>th</sup> August  
17<sup>th</sup> September  
22<sup>nd</sup> October  
12<sup>th</sup> November

If you or your child/ren would like to help with the Mass please contact Jacque Wood 6344 5714 or [jacque.wood@catholic.tas.edu.au](mailto:jacque.wood@catholic.tas.edu.au)

# Sacred Heart School Newsletter

## MINI VINNIE'S WOULD LIKE TO CREATE A SCHOOL COOKBOOK TO RAISE FUNDS FOR THE NEEDY.

The cookbook will be a collection of all our favourite recipes from families and teachers around the school. We will also have a competitions for the name of the cookbook. Please think about your old favourite recipes that you would like to share and see in the book. Email your recipe to [minnivinniesrecipebook@gmail.com](mailto:minnivinniesrecipebook@gmail.com) including your name, grade, and you may also may like to include a photo of you making your recipe. So please help to make our cookbook a huge success by adding your favourite recipes.

All the best from the Vinnie's team.



## Birth to Four News



One of the many fun activities the children have been doing at the Birth to Four Program this term is reading the story book "Rainbow Fish" by Marcus Pfister. The children created the Rainbow Fish collage by using bottle tops. Doesn't it look great?

We've also played music with pots and pans, created magic hats, made a dinosaur world and even cooked pizzas for afternoon tea. So much to do!

The Birth to Four program offers a variety of age/stage experiences such as creative activities, music and movement, fine/gross motor, dramatic play, exploration and literacy fun.

Birth to Four will return after the holiday break on Tuesday 19<sup>th</sup> July for more fun, learning and PLAY.

Look forward to seeing you in term 3.

From Rebecca and Vera.



# Sacred Heart School Newsletter

**Last week a team of Sacred Heart runners represented our school at the Tasmanian All Schools Cross Country. Once again Sacred Heart performed exceptionally well.**

Thank you to all the parents who have helped train our students and ensured they came to cross country training at Brickfields (even on those frosty mornings). Your support is greatly appreciated.

Congratulations to the following students who finished in the top 50:

- \*1<sup>st</sup> place - Isabella Davie (11 years girls)
- \*2<sup>nd</sup> place - Averyl Quinn (9 years girls)
- \*5<sup>th</sup> place - Max Roney (10 years boys)
- \*6<sup>th</sup> place - Abbey Berlese (9 years girls)
- \*14<sup>th</sup> place - Mia Goody (10 years girls)
- \*17<sup>th</sup> place - Mitchell Nicholas (12 years boys)
- \*18<sup>th</sup> place - Isabella Johnston (12 years girls)
- \*19<sup>th</sup> place - Annaliese Leeftang (10 years girls)
- \*20<sup>th</sup> place - Hamish McKenzie (12 years boys)
- \*23<sup>rd</sup> place - Liam Jones (12 years boys)
- \*23<sup>rd</sup> place - Fletcher Harper (11 years boys)
- \*26<sup>th</sup> place - Ava Jones (10 years girls)
- \*31<sup>st</sup> place - Josh Gillow (12 years boys)
- \*33<sup>rd</sup> place - Liliana Ercole (11 years girls)
- \*34<sup>th</sup> place - Sophie Illingworth (12 years girls)
- \*49<sup>th</sup> place - Oliver Baldock (10 years boys)

(All races had 200+ students competing)

\*Congratulations to our 12 years boys for finishing second in the state for the team event (Top 3 - Mitchell Nicholas, Hamish McKenzie and Liam Jones).

\*Congratulations to our 10 years girls for finishing third in the state for the team event (Top 3 - Mia Goody, Annaliese Leeftang and Ava Jones).

\*Congratulations to our 12 years girls for finishing fourth in the state for the team event (Top 3 – Isabella Johnston, Sophie Illingworth and Mia Baldock).

\*Congratulations to our 11 years girls for finishing fourth in the state for the team event (Top 3 – Isabella Davie, Liliana Ercole and Shae Nichols).

\*Congratulations to our 10 years boys for finishing sixth in the state for the team event (Top 3 – Max Roney, Oliver Baldock and Owen Millar).

\*Congratulations to our 9 years girls for finishing seventh in the state for the team event (Top 3 – Averyl Quinn, Abbey Berlese and Georgia Millwood)

\*Isabella Davie and Max Roney have both qualified to represent Tasmania in the Australian Cross Country Championships later in the year.

**We now look forward to the NIJSSA Cross Country Carnival on Tuesday 26<sup>th</sup> July at Windsor Park.**



# Sacred Heart School Newsletter

## Student Reports

### The Purpose of Student Reports

Student reports do a lot more than simply inform parents of their child's achievement rating. Student reports also help parents/carers identify weaknesses and target areas for improvement in their child's academic performance, engagement, application, and behaviour. They are useful tools for fostering communication between parents/carers and teachers, and also, between parents/carers and their child.



### Reporting Achievement

In line with Federal Government legislation, Tasmanian Catholic schools report achievement using a five-point rating scale. From years 3-10 the 5-point scale is an A-E rating. Students from Prep to year 2 receive written descriptor rather than the A-E.

It is important to understand that a 'C' is not a disappointing result. A 'C' on the report card indicates that a student's learning is on track and they are achieving the standard that is expected of them at the time of reporting. In the past, a 'C' might have not have been seen as an indication that a student's learning is at a desired level. This is no longer the case.

For some students the A-E rating is not appropriate for reporting achievement and an alternative narrative report is provided. All students receiving narrative reports have an Individual Education Plan (IEP).

### Achievement Standards

It is a federal requirement that student achievement is reported against recognised achievement standards. Achievement standards outline the knowledge, skills and understanding important for students at each year of schooling level Prep to Year 10.

In 2015 all Tasmanian Catholic schools and colleges are required to report student progress against the Australian Curriculum Achievement Standards in English, Mathematics, Science, History, Geography and Health and Physical Education. Achievement in Religious Education is reported against the Tasmanian Catholic Standards for Religious Education.

### Beyond the A-E Grading

While the A-E rating conveys important information about where a child is in their learning at a given moment in time, it does not tell the whole story when it comes to student achievement. The Tasmanian Catholic schools report includes an indication of areas of strength and weakness within each learning area using a continuum of developing, consolidating and extending. The report also includes an indication of student application and attitude to learning. The information included in this section is a critical lens for interpreting the A-E grading.

A student who receives a 'D' for their achievement rating and whose attitude and application is meeting or exceeding expectations may be achieving their full potential and this result is cause for celebration. Alternatively, a student with an 'A' for achievement but, whose attitude and application is not meeting expectations, may not be working to their full potential.

### A Final Thought

Whether a student is working at, above or below the level of their peers is not the most important piece of information. What is important, is that they are making progress towards the identified goals for their learning and that those goals allow them to reach their full learning potential. It is this that deserves celebration and investigation, not 'A-E's'.

## "Lets Celebrate a C"

### Reporting –Mid Year

Mid year reports will be sent home with your child on Thursday June 30th. We will conduct Parent, Student and Teacher Interviews in week 2 of the 3<sup>rd</sup> term. The dates for Parent, Student Teacher night are Tuesday 26 July, Wednesday 27 July and Thursday 28 July. Information regarding making appointments with your child/children's teacher will be sent home in Week 1 of the 3<sup>rd</sup> term.

### Rating Scales

An A-E rating will appear on Grade 3 - 6 Reports.

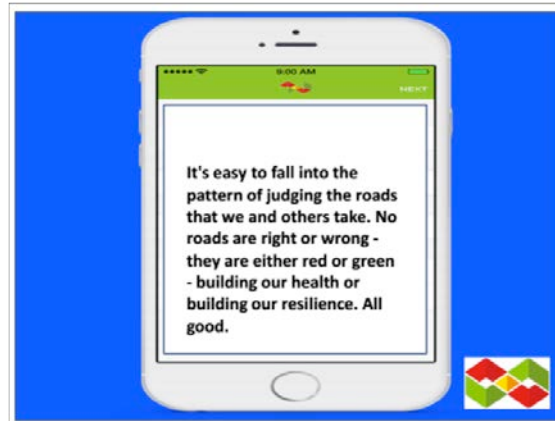
A descriptor will be used for Prep to Grade 2 as below.

### "C" RATING OR SOUND ACHIEVEMENT :

-indicates that a student has sound knowledge, skills and understanding at this year level.

# Sacred Heart School Newsletter

## Unpacking the daily MYTERN Message: Judging ourselves and others



Judging the roads that people have chosen is very easy to do. But not that easy not to do.

### Family Activity:

Discuss the fact that there are no wrong roads, as every road is either building your health or your resilience. Look for examples where you or someone else has been on a red road and were able to navigate back onto the green, outlining the positive aspects of such an experience. Talk about why it can be difficult to identify why you may have chosen a rough road when you are on it, as you are far too busy navigating the bumps. It is often only when it is well and truly in your rear vision mirror that you can appreciate the reasons for travelling such a challenging road.

So don't be too hard on yourself or others. It is not the choice of road that shapes your experience; it is how you respond to it that counts.

## Reports

**All students should bring their reports home today. Please ask for it.**

Parent, student and teacher interviews will be held in week 2 of the 3<sup>rd</sup> term on Tuesday, Wednesday and Thursday afternoons. Information for these interviews will be sent home on the first day of term. We look forward to seeing all parents and carers during this week to celebrate your student's achievements.

At Sacred Heart we love celebrating student learning and reports allow students to showcase to you, their parents and carers what they have learned and achieved so far this year. Sometimes students are not quite there yet, this is OK, they are on the journey. We will continue to encourage them in their learning.

Have a fantastic holiday and it will be great to see everyone in 2 weeks ready to continue on their learning journey.

Liz Illingworth  
AP Teaching and Learning



# Sacred Heart School Newsletter



MINDS & HEARTS:  
Working with the Mind through the Heart



parenting with hope Presents



Prof Tony Attwood

## Emotion Management with Children and Teens with ASD

Launceston, Tasmania

Friday 23<sup>rd</sup> September 2016

9.30am – 4.00pm



Dr Michelle Garnett

**Professor Tony Attwood** is in international authority on Asperger's Syndrome (AS) and autism. His text "Asperger's Syndrome: A Guide for Parents and Professionals" has been translated into thirty languages. His book "The Complete Guide to Asperger's Syndrome" is recognised as the leading textbook on the subject.

**Dr Michelle Garnett** has specialised in autism spectrum conditions for over 20 years. She devised the world's first screening tool for AS in 1993, completed her PhD on Asperger's syndrome in 2007, and co-authored two books on teaching affection to children with AS, which were published by JKP in 2014. She is the Founder and Director of Minds & Hearts, an internationally recognised clinic in Brisbane for children and adults who have an autism spectrum condition (ASC). Minds and Hearts celebrated its 10<sup>th</sup> Anniversary in 2015.

Michelle and Tony are invited speakers for autism conferences and workshops internationally. Both clinical psychologists who together have over 50 years of experience in helping people with autism spectrum conditions, they are warm, inspiring, engaging and knowledgeable presenters.

### Parents, Carers, Family Members, Health and Educational Professionals will benefit.

Children and adolescents with an Autism Spectrum Disorder have difficulty with the comprehension, expression and regulation of emotions, resulting in high levels of anxiety, stress, anger and/or depression and subsequent effects on family, teachers, friends and peers. Conventional strategies that encourage emotion management for typical children do not seem to be as effective with those who have an Autism Spectrum Disorder (ASD). The child's quality of life, self-esteem and well-being will be influenced by their ability to manage emotions and difficulties with emotion management can lead to being suspended and having a notoriety that will affect the attitude of teachers and peers as well as the attitude of the child to themselves. Through several decades of working with children and adolescents with ASD and their families and schools, Michelle and Tony have discovered, developed and evaluated emotion management strategies based on Cognitive Behaviour Therapy that have proven to be effective in assisting children with ASD to learn about, and manage, their emotions from anxiety to love and affection.

### What participants will learn:

- why children and adolescents with ASD have emotion management difficulties
- how anxiety presents behaviourally for a child or adolescent with ASD
- how to manage intense anger
- how to deal with challenging behaviour caused by experiencing a range of intense emotions
- strategies to assist a child or adolescent with ASD to overcome depression
- anxiety management strategies
- how to teach a child with ASD to express affection to family members and friends

**Venue: Door of Hope Christian Church, 50 Glen Dhu Street, Launceston, 7249**

REGISTER ONLINE: [www.mindsandhearts.net](http://www.mindsandhearts.net), complete the registration form below or telephone: (07) 3844 9466



# Sacred Heart School Newsletter

## REGISTRATION FORM

### Emotion Management for Children and Teens with ASD

#### TAX INVOICE

**ABN: 6084 5090 602**

Please complete form and send to Minds & Hearts, P O Box 5675, West End QLD, 4101, OR Fax 07 3844 9533.

#### Details of Person Attending:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Please attach additional sheets if more than one person is attending.

Emotion Management for Children and Teens with ASD Friday 23 <sup>rd</sup> September, 2016 9.30am – 4pm <b>Door of Hope Christian Church</b> <b>50 Glen Dhu Street, Launceston</b>	Number of Tickets	Price
<b>Family Members and Carers</b>		<b>\$99</b>
<b>Professionals</b>		<b>\$132</b>

Prices include GST and catering throughout the day.

**CONCESSION:** In case of financial hardship, please contact Hannah at Minds and Hearts for the possibility of a concession:  
info@mindsandhearts.net

*For cancellations:* Up to 7 days notice payment will be refunded, minus a \$25 administrative fee. At less than 7 days notice there will be no refund, but a credit note with Minds and Hearts for future events, minus \$25, will be issued. Attendance is fully transferable.

**YOUR RECEIPT IS YOUR TICKET. PLEASE BRING YOUR RECEIPT ON THE DAY AS EVIDENCE OF PAYMENT.**

#### Payment Details for Person Paying for Seminar:

Name: \_\_\_\_\_ Organisation (if applicable): \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

PAYMENT METHOD (Please circle): AMOUNT: \$ \_\_\_\_\_

CHEQUE MONEY ORDER CREDIT CARD

#### CREDIT CARD DETAILS:

Name on Card: \_\_\_\_\_ MASTERCARD VISA BANKCARD

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_

**If you require an invoice please supply the details below:**

Name of organisation paying: \_\_\_\_\_ Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Invoices are to be paid within 14 days and the reference number must be stated on the payment receipt.

Most of the books and resources described in our seminars are available from *Resources at Handbook* store  
[www.resourcesathand.com.au](http://www.resourcesathand.com.au)