

# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



T:(03) 63 311 011

Year of Youth

shsl@catholic.tas.edu.au

## From the Principal:

**Our P.B.S. Values are:**  
 Respect for Ourselves  
 Respect for Others  
 Respect for our Learning  
<http://MyTerncity.com.au>

## What will Lent look like for us in 2018 ?

- Give up complaining - focus on gratitude.
- Give up pessimism - become an optimist.
- Give up harsh judgments - think kindly thoughts.
- Give up worry - trust Divine Providence.
- Give up discouragement - be full of hope.
- Give up bitterness - turn to forgiveness.
- Give up hatred - return good for evil.
- Give up negativism - be positive.
- Give up anger - be more patient.
- Give up pettiness - become mature.
- Give up gloom - enjoy the beauty that is all around you.
- Give up jealousy - pray for trust.
- Give up gossiping - control your tongue.
- Give up sin - turn to virtue.
- Give up giving up - hang in there!

Author unknown

As we begin the Lenten season this week it is a great reminder of how lucky we are. We all know that living in Australia means we have one of the safest and best living conditions on the entire planet.

In recent times I have been reading about First World and Third World problems.

### First World problems include:

- Problems with IT (for example the data has been used up)
- Traffic congestion (especially around Sacred Heart)
- Children not being invited to parties or being selected in sports teams or making school/house captains
- Having to wait for too long before the next holiday
- Family members not contributing to domestic chores

**Third World problems include:**

- Lack of clean running water
- Poor sanitation
- Fear of governments/military
- Overcrowding living conditions
- Safety in and around their own country
- Malnutrition and starvation

When we look like at comparative lists like these it is clear there is no comparison. The problems that we have wouldn't even register in Third World countries. This Lenten season take up the challenge of the first verse.

"Give up complaining – focus on gratitude"

*"Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work."*

*(Mother Teresa)*



**Brent Wilson**  
**PRINCIPAL**



### **Sacred Heart School – Welcome BBQ**

**Come along and welcome in the New School Year  
for 2018**

**All school families are invited to attend the**

### **Annual Welcome BBQ**

There will be a BBQ, provided. BYO drinks. Come along and meet other school families and staff

Sporting equipment will be available on the oval for the children

**THIS Friday 16<sup>th</sup> of February**

on the OVAL 5.30pm – 8.30pm  
BBQ food from 6pm

BYO Drinks, picnic blanket and chairs

Proudly Supported by SHS Parents & Friends Assoc.

## GOAL SETTING

Next week teachers will be conducting Parent/Teacher/Child Goal setting meetings. Remember these meetings have been established for teachers to listen to the needs of your child. We also intend to use these sessions as an opportunity to establish goals for your child.

## PLAYGROUND MASTER PLAN

In 2017 our school completed significant building works. Our school is in the extremely fortunate position of having refurbished every classroom. Our school Board has identified our playground spaces as a focus project. Last year we facilitated "Playground Think Tanks" with Parents, ALL students and Staff.

In the school holidays we met with Miriam Sheveland (Playstreet), our Playground Master Planner, to consider areas, share the responses to the "Think Tanks" and discuss possibilities.

On Tuesday 20th February parents will be invited to look over the "First Draft" of the Playground. Parents are invited to join us for a coffee in the Staffroom at 2.30pm to provide us with feedback. We also intend sharing the document electronically so you can provide us with your thoughts. Children and Staff will also be given opportunities for comment.

## SACRED HEART BOARD

On Tuesday evening SHS held our Board AGM.

Thanks to the following members of our community for your commitment to our school

<b>Chairman -</b>	Shayne Rickerby
<b>Vice - Chair -</b>	Kylie Boyle
<b>Treasurer -</b>	Angela Hartley
<b>Secretary -</b>	Katrina Spencer
<b>Board Members -</b>	Ty Turner
	Susie Lehner
	Jo Widdowson
	Joe Luttrell
	Fr Mark Freeman (Parish Priest)
	Brent Wilson (Principal)

Thanks to our retiring members Anthony Wright and Brynne Tanton. Thanks especially for your significant contributions as Board members and Office Bearers over significant terms.

Thanks to Joe Luttrell, who remains on the Board, but retires as Vice Chair.

Thanks to Susie Lehner, who also remains on the Board, but retires as Chairwoman after 4 years. Our school is deeply indebted to Susie for overseeing very significant building programs, commitment to SHS and her passion for our school.

We will be seeking nominations from the community for "replacement" Board members. Next week's newsletter will include details.

## THANKS

A very big thanks to Rebecca Millwood and Kelly Cox for their fantastic efforts in the Uniform Shop. Our school is fortunate to have a Uniform Shop on site that is so beautifully maintained. Many of the Catholic Primary Schools no longer are able to offer this service. We all know the convenience and low cost of items at our Uniform Shop makes this an asset for Sacred Heart.

Rebecca and Kelly spend many unpaid hours working to provide an exceptional service for our families.

## Gr 5/6 SWIMMING TRIALS THIS FRIDAY

Grade 5/6 Swimming Trials were cancelled on Wednesday 14th Feb due to the weather, these trials will now be held this Friday 16th Feb

## FACEBOOK

Our Facebook page is linked to Twitter. We are experiencing significant challenges with the Twitter feed to Facebook. This means we are unable to post on Facebook. Our IT guru, Mr Russell is working hard to resolve the challenge.

## 2018 SCHOOL CAPTAINS



**Lucas Powell, Spencer Drew, Molly Tanton, Kate Rigby**

## Swimming Carnival Gr 3-6

**Monday 19th February @ The Riverside Pool**

**Children are reminded to wear sports uniform and bring the following**

- Outstanding attitude and positive spirit
- Bathers and towel
- Goggles and Swimming cap (House coloured caps are available at the office for \$4)
- Plastic bag for wet clothes
- Sunscreen, coat, hat and medication (if needed)
- Morning Tea , Lunch and Water

Children will NOT be able to use the canteen at the carnival. Parents are asked not to purchase items from the canteen for the children.

Thanks to the parents who have offered to assist at the carnival.

The approximate times for events are as follows

9:30 - Grades 3-6 33m Freestyle

10:30 - Grades 4-6 66m Freestyle

11:15 - Grades 3-6 33m Backstroke

12:25 - Grades 3-6 33m Breaststroke

1:25 - House relays



### Parent Student Teacher Reminder

If you have not already done so can you please return your Parent Student Teacher form or see your child's teacher to make an appointment for either Tuesday the 20th or Wednesday the 21st. Parent Student Teacher sessions provide an ideal opportunity for you to meet your child's teacher, share valuable information about your children and set some goals for the year.

#### 2018 Term Dates Catholic Schools

**Term 1 Thursday 8.2.18 to Friday 13.4.18**

**Term 2 Monday 30.4.18 to Thursday 5.7.18**

**Term 3 Tuesday 24.7.18 to Friday 28.9.18**

**Term 4 Tuesday 16.10.18 to Thursday 20.12.18**

**6th July 2018 - Pupil Free Day**

**23rd July 2018 - Pupil Free Day**

**15 October 2018 - Pupil Free Day**

#### NO PARKING IN THE CHURCH CAR PARK

As an inner city school we are challenged by parking opportunities in and around our school. One area that parents are NOT able to park in is the Church of the Apostles car park. Our best advice to parents and grandparents is to arrive at school after 3.10pm when there is far less congestion.

February 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
18th	19th	20th	21st	22nd	23rd	24th
	Gr 3-6 SHS Swimming Carnival @ Riverside Pool	3.15pm-7.15pm Parent/Student/Teacher goal setting interviews	School Banking	Uniform Shop Open 2pm-4pm	2.10pm Assembly Gr 5/6 Excursion to Launceston College	
25th	26th	27th	28th	1st March	2nd March	3rd
		3pm Gr 3 Parent Chrome Book Session 7.30pm P & F Meeting	School Banking 10am Welcome Mass	Uniform Shop Open 2pm-4pm Band Program Instrument Allocation	2.10pm Assembly	

March 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
4th	5th	6th	7th	8th	9th	10th
		7.30pm Information Evening for First Reconciliation @ Parish Pastoral Centre		8.30am Band Program 11.30am Strings Program	2.10pm Assembly	
Grade 5 Camp						

### 2018 Camps

**Monday 5th- Wednesday 7th March**  
Gr 5 Camp to Camp Clayton

**Monday 19th- Wednesday 21st March**  
Gr 6 Steven Camp to Woodfield Lodge

**Tuesday 27th - Thursday 29th March**  
Gr 6 Davie Camp to Woodfield Lodge

**Thursday 3rd May - Friday 5th May**  
Gr 4 Camp to Hagley Farm School

### 2018 Carnivals

**Monday 19th February**  
Gr 3-6 Swimming Carnival

**Friday 18th May**  
Prep - Gr.2 Cross Country

**Thursday 24th May**  
Gr 3-6 Cross Country

**Monday 10th September**  
Gr 3-6 Athletics Carnival

**Thursday 8th November**  
Prep - Gr.2 Athletics Carnival

**Friday 16th March**  
SHS Fair

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** Sacred Heart Catholic Primary School

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**INFORMATION EVENING FOR  
RECONCILIATION - 2018  
TUESDAY 6TH MARCH 7:30PM**

This meeting is essential for parents/guardians to register a candidate for Reconciliation in 2018.

Please join us in the Parish Pastoral Centre, 44 Margaret Street, Launceston



Gr 5/6  
Tuesday Book Club  
**THE LAST THIRTEEN**  
James Phelan



The next meeting is  
Tuesday 27th March  
3.15pm - 4.15pm.

## Birth to 4 Program 2018

It's fun and important to learn through PLAY so come along to discover, learn and investigate with your child each **Tuesday** during school term.

The first session for this year will be held in the Kinder Nas room for a morning session only between-9:00am - 11:00am

The B-4 program will run as normal from Tuesday 27<sup>th</sup> with both morning and afternoon sessions available.

Please bring along a hat, a water bottle, a spare set of clothes and a piece of fruit to share at snack time.

For further enquires email [rebecca.millwood@catholic.tas.edu.au](mailto:rebecca.millwood@catholic.tas.edu.au)

### WANTED

#### Donations for the Twilight Fair White Elephant Stall.

Did you have a clean out over the holidays or have excess items you no longer use.

Donations of house hold items or children's toys/games in good condition would be greatly received for the popular White Elephant stall at this year's Twilight Fair held on Friday 16<sup>th</sup> March.

Items can be left in the foyer area of the Presentation Hall.

Please no clothes or electrical donations.

## 2018 INSTRUMENTAL MUSIC PROGRAM

### REMINDER

Get your enrolments or re enrolments in to learn an instrument at your school, during school time.



### VISIT

<http://www.stpatricks.tas.edu.au/school-life/cultural-co-curricular/music-enrolments>

JOIN TODAY!



## WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

**If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Reminder - Before School expectations

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from **8:00am** each school day for any students.
- ❖ **Students are not to arrive before 8am**
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm

Please note that children arriving late to school need to enter the school via the York St entrance and report to the school office to update our records and avoid unnecessary absentee text messages.

**Reminder that dogs are not permitted on the school grounds without prior permission from the Principal**



## **TOILET ACCESS AFTER HOURS**

Student toilets are locked daily at approximately 3:15pm-3:30pm. There is a toilet located in the administration building, which is opened until 4:00pm daily.

## Sacred Heart School - Canteen Menu - 2018

<p><b><u>RECESS and LUNCH</u></b></p> <p>Salada (Butter, Vegemite) 30c</p> <p>Biscuits and Cheese 50c</p> <p>Choc Chip Muffin 97% Fat Free 1.50</p> <p>Pikelet (Butter) 50c</p> <p>Popcorn 50c</p> <p>Vegie Chips 1.00</p> <p>Chicken Crackers 1.00</p> <p>BBQ &amp; Chicken Noodles 1.00</p> <p>Piece of Fruit 80c</p> <p>Crumpets (Butter) <b>RECESS ONLY</b> 30c</p> <p>English Muffins (Butter) <b>RECESS ONLY</b> 30c</p> <p>Small Hot Cheese Roll (preorder for recess) 50c</p> <p><b>MUST PLACE AN ORDER IN THE MORNING BEFORE RECESS</b></p> <p><b><u>LUNCH</u></b></p> <p>Toasted Sandwiches (White or Wholemeal Bread)</p> <p>Ham 2.50</p> <p>Cheese 2.50</p> <p>Chicken 2.50</p> <p>Ham and Cheese 3.50</p> <p>Chicken and Cheese 3.50</p> <p>Hot Cheese Roll (large) 1.50</p> <p>Hot Cheese Roll (small) 50c</p> <p>Pasta (Fresh Daily)</p> <p>Spaghetti Bolognese 5.50</p> <p>Lasagna 5.50</p> <p><b><u>HOT FOOD MENU</u></b> <b><u>ONLY AVAILABLE FRIDAYS</u></b></p> <p>Sauce 20c</p> <p>Medium Pies 3.00</p> <p>Sausage Rolls 3.00</p> <p>Pizza 3.00</p> <p>Chicken Wing Things 1.20</p> <p>Chicken Nuggets (80% Breast Chicken) 90c</p>	<p><b><u>LUNCH continued</u></b></p> <p>Chicken Burger in Roll 3.50</p> <p>Chicken Burger in Roll with Salad 4.50</p> <p>Salad Sandwich (White or Wholemeal)</p> <p>Ham Salad 4.50</p> <p>Chicken Salad 4.50</p> <p>Salad Roll (White or Wholemeal)</p> <p>Ham Salad 4.00</p> <p>Chicken Salad 4.00</p> <p><b><u>DRINKS</u></b></p> <p>Water 1.00</p> <p>Orange Juice 2.50</p> <p>Apple Juice 2.50</p> <p>Chocolate Milk 2.50</p> <p>Strawberry Milk 2.50</p> <p>Milkshakes (Choc/Vanilla) (only available at recess) 1.50</p> <p><b><u>ICE CREAMS</u></b></p> <p>Icypole 60c</p> <p>Frozen Yoghurt 2.20</p> <p><b><u>EXTRAS (ONLY AVAILABLE LUNCH)</u></b></p> <p>Sun Fruit Licorice (3 for 50c) 20c</p> <p>Sun Fruit Python 80c</p> <p>Yoghurt Babies 10c</p> <p><b><u>HAPPY PACK \$6.00 - FRIDAYS ONLY</u></b></p> <p>1 Medium Pie or 1 Sausage Roll, 1 Drink, 1 Pkt Popcorn or Vegie Chips, 1 Treat or Salad Roll or Salad Sandwich, 1 Drink, 1 pkt Popcorn, 1 piece of Fruit</p>
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**Lunch Orders Available - Monday to Friday**

**1<sup>st</sup> and 4<sup>th</sup> TERM HOT FOOD WILL ONLY BE AVAILABLE ON FRIDAYS**

**2<sup>nd</sup> and 3<sup>rd</sup> TERM HOT FOOD MENU WILL BE AVAILABLE EVERY DAY**

Help is needed in the School Canteen this year. Your help would be appreciated. If you can help could you fill out the slip below. The hours are 9.00 – 11.30am on Fridays

Name: ..... Contact Number: .....

**Fridays 9.00-11.30am**

Frequency:                      **Weekly**                      **Fortnightly**                      **Monthly**                      (please circle)



We would love your help collecting Coles Sports for Schools for our school. Tell your friends and family to get involved as well, because the more vouchers we collect, the more sports gear our school will receive.

**Gee Tees Netball Club** have positions available for NetSetGO players turning 8-9 years of age by 31 Dec 2018. To register and for further information please contact Hayley [juniors@geeteesnetballclub.com.au](mailto:juniors@geeteesnetballclub.com.au) or 0428 448840 by Friday 16 February.



The Northern Tasmanian Junior Soccer Association, would like to invite boys and girls 5-16 years of age, to join the largest participation sport in the world.

Season 2018 kicks off in April at Churchill Park, Invermay.

The Association is made up of the following clubs;

**Launceston City Devils** - Mitsubishi Park, Westbury Road, Prospect Ph. 0418 316 475  
e-mail Amanda Noble [ccstas@bigpond.net.au](mailto:ccstas@bigpond.net.au) (Registrar)

**Launceston United** - Birch Avenue, Newstead Ph.0408 441 836 (Club Pres)  
e-mail Rod Gardiner [Rod.Gardiner@Mystate.com.au](mailto:Rod.Gardiner@Mystate.com.au)

**Riverside Olympic** - Windsor Park, Riverside Ph. 0475 769 043 (Club SMS)  
e-mail [admin@riversideolympic.com.au](mailto:admin@riversideolympic.com.au)

**Southern Raiders** - Prospect Park, Harley Pde, Prospect Ph. 0407 546 351(Club Pres)  
e-mail [southernraiders@gmail.com](mailto:southernraiders@gmail.com)

**North Launceston Eagles** - Churchill Park, Invermay Ph. 0408 175 224 (Registrar)  
e-mail Alison [kandawoodland5@bigpond.com](mailto:kandawoodland5@bigpond.com)

**George Town JSC** - Blue Gum Park, George Town Ph. 0400 289 417 (Club Pres)  
e-mail Dayle [dayleclark@hotmail.com](mailto:dayleclark@hotmail.com)

**Deloraine JSC** - Deloraine Ph. 0459 032 169  
e-mail [teniellem@me.com](mailto:teniellem@me.com)

**Northern Rangers** - NTCA Ground Ph. 0437 746 794  
e-mail [rangers.juniors@gmail.com](mailto:rangers.juniors@gmail.com)

To register to play, or for more information please contact one of the above clubs, or the NTJSA on 03 6331 911 or e-mail [admin@ntjsa.org](mailto:admin@ntjsa.org).